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FRIDAY, JANUARY 14, 2005

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Daragh Connolly, Connolly's Chemists congratulates Margaret Coleman, Murphy's Place, winner of the TV Centre in the Main St Retailers, Christmas Promotion Draw. Included are Liam Power, Manager Garveys Super Valu, Saranne O'Rourke, Europound and John Nee, Manager Shaws. The winning ticket was purchased in Garveys. (Photo: Sean Byrne)

Search On To Catch Illegal Dumper

FRIDGES, MATTRESSES, TELEVISIONS DUMPED AT SCENIC LOCATION

KEVIN KIRRANE

Fridges, mattresses, televisions and other household appliances were dumped in ditches and in fields along a scenic road close to Glendine and Knockanore.

Waterford County Council workers began the massive task of cleaning up the area off the Cappoquin to Youghal road yesterday, and are examining the appliances in an attempt to track down the person responsible.

"The rubbish has been thrown inside every fence along the way," Cllr. James

Tobin said. "It was unreal actually."

He has now requested that the serial numbers of the appliances be taken in a bid to track down where they were bought and by whom.

"It's a disgrace," the local councillor said. "From our parish's point of view, our community council carry out a clean up every year. We have great pride in our parish, and we're going to make an all out effort to catch the person who is doing the dumping."

The illegal dumping has been

CONTINUED ON PAGE 15

Stiff Opposition To Massive Refuse Charge Hikes

EXECUTIVE'S APPROACH AN ATTACK ON COUNCIL'S CREDIBILITY - KYNE

BY KEVIN KIRRANE

Dungarvan Town Council Executives are likely to face stiff opposition to the introduction of massive refuse charge hikes when the local authority resumes its debate on the Book of Estimates in two weeks time.

Members adjourned last Monday's estimates meeting in order for the rates in the new premises in Dungarvan Shopping Centre to be taken into account.

Town Manager, Denis McCarthy also said he will look again at the level of increases proposed before the rescheduled meeting, after a number of

elected representatives outlined their strong opposition to the hikes at last Monday's meeting.

Town Manager, Denis McCarthy recommended raising Recycling tags to 2.25 per bag, Brown Bin tags to 7.50 per bin and Grey Bin Labels to 13 euros per bin.

Commercial Rates would increase by 5% to 53.39, Car Park Charges would rise from 70 to 80c per hour and a new mooring charge of 200 euros per annum would be introduced at Dungarvan Harbour

The refuse charges were to be 66% higher he said, but were reduced to bring them in line with the County Council.

DAMAGING CREDIBILITY

However, Labour Cllr. Billy Kyne said the massive hikes would damage the recycling scheme while Cllr. Damien Geoghegan said the hikes, at their current levels, have no prospect of being passed.

"I'm disappointed at the executive's approach to this process," Cllr. Kyne said. "Is it an accident that the charges are the same as the county council charges? I hope so, and I also hope the executive don't consider us as a rubber stamp on this."

"This is a 60/70% increase," he went on to say. "That's a

CONTINUED ON PAGE 15

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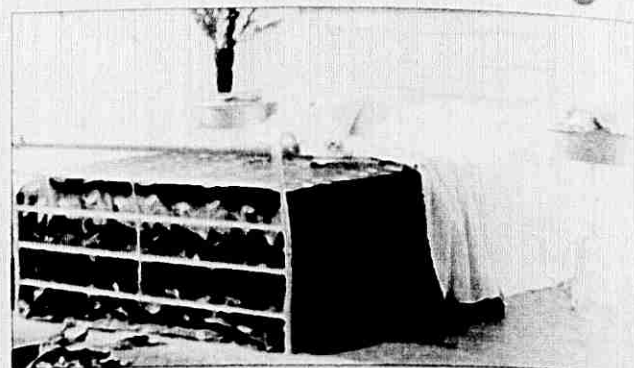


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John Hanlon, Carrigroe, Dungarvan who received a diploma in Applied Social Studies (Disability) from the Higher Education and Training Awards Council which took place at the Law Society of Ireland, Blackhall Place, Dublin recently.

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EFFORTS TO SAVE WILDLIFE

People are beginning to realise that it is possible to live in harmony with wildlife, but it is proving to be a long, hard process. Even governments that agree that something should be done continue to allow hunting, pollution and habitat destruction. However, groups world wide are working to prevent this.

Hawaiian Geese Were Saved From Extinction

About a hundred years ago there were some 25,000 nēnē (a type of goose) on the islands of Hawaii. The bird was killed for food and was also under attack from cats, dogs and pigs.



By 1950 the number had fallen to around 50 and action had to be taken if the species was to survive. A pair of birds were shipped to Slimbridge Wildfowl Trust, England. Within 12 years the project has proved so successful that 30 geese bred at Slimbridge were returned to Hawaii, where the nēnē continues to thrive.

The Oryx Was Bred In Captivity

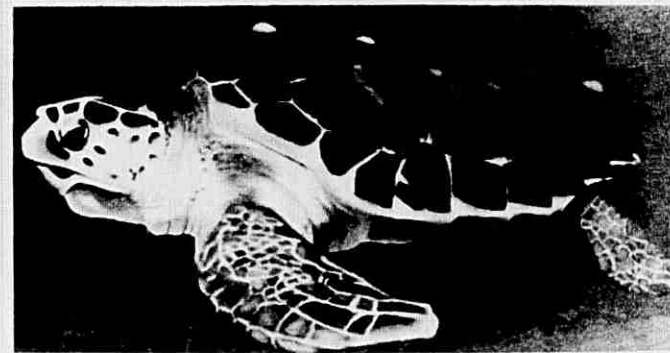
The oryx, a type of antelope that lives in Arabia, was saved from extinction by taking a few animals to the USA, where they were bred in captivity. Numbers increased slowly until it was possible for some of the oryx to be returned to their natural habitat.

Tiger Thrive In India

In recent years there have been many success stories of wildlife that has been saved from extinction. In the 1970's, there were only about 2,000 tigers in India. Wildlife reserves were set up to protect the tigers and the numbers gradually increased. Because hunters were not allowed into these protected areas, other animals as well as the tiger also began to thrive again.

Turtles Are Being Saved

The hawksbill turtle has a beautiful, patterned shell from which people use to make ornaments and jewellery. So many of these turtles have been hunted for this trade that they are in danger of extinction. Many other turtles have been hunted by people and are also in danger of being wiped out. Turtle meat is used for soup and the shells are made into beautiful objects. Now, however, some beaches where turtles lay their eggs have been closed to people during the breeding season, to help save the turtle.



Did You Know?

- The first textbook on conversation, Man and Nature, by George Perkins Marsh, was published in the 1860's.
- By 1997, over 120 countries had agreed to protect wildlife by belonging to CITES (Convention on International Trade in Endangered Species of Wild Fauna and Flora).
- There are over 7,000 protected areas of land around the world.
- The kangaroo, grey whale and Arctic peregrine falcon were all once endangered, but have recovered enough to be removed from the World Endangered Species list.
- In 1997, Dolly the sheep became the first mammal to be successfully cloned.

Leader Crossword

SOLUTIONS Questions on Page 14

ACROSS: 1 Red Brigade, 9 Maine, 10 13 Because it's there, 11 Viceroy, 12 Jilt, 15 HTV, 16 Wahoo, 17 Sea, 18 Surd, 19 Grantham, 22 Introit, 24 Arras, 25 Ninety-nine.
DOWN: 2 Eyebrows, 3 Bobby Charlton, 4 Itch, 5 Abu, 6 Electra, 7 MMIV, 8 Discover, 13-, 14 Fountain, 15 Hessian, 20 Mush, 21 Holt, 23 Ton.



John Skehan presenting a Philips Portable Television, donated by Flancare, Clonmel, to Liam Kelly, Ballinroad, winner of the Dungarvan/Kilmacthomas Area Irish Wheelchair Associations Draw. Also included are (left to right) Pat Coffey, Pauline Flynn IWA, Eileen Kelly, Tony Reynolds, Vanessa Landers, Ann Concannon and Marlene Doyle. The proceeds of the draw will go towards the purchase of a new bus for the IWA Kilmacthomas/Dungarvan Area. —(Photo: Rory Wyley).

Waste Crises To Worsen Before It Improves

By Kevin Kirrane

The waste crises is set to worsen before it gets better, according to a report on Waste Management in Waterford County Council's 2005 Book of Estimates.

The report was written before the announcement that An Bord Pleanála approved Garrynagree landfill. But it's not expected that the landfill will be up and running anytime soon and its go-ahead is dependent on its securing a waste license from the Environmental

Protection Agency (EPA).

The council report that that position for 2005 and subsequent years will be even more difficult until Waterford County Council opens its proposed landfill at Garrynagree.

"Expenditure will rise substantially and will increase even more when the council is forced to 'export' its waste outside the county when Tramore landfill closes..." the report says. It adds this will be the case no later than 31st of

December 2005.

"This will result in increased costs to cover disposal and transportation. It should be

pointed out that charges in Co. Waterford will remain relatively low in 2005 in comparison to other local authority areas.

The Sunshine Herb

By Marie Reilly
BSc(hons), MNIMH, MCPP,
MIIMH, DipCoun.

January can be a difficult time for a lot of people: the stresses endured during the Christmas period, dark days, and winter colds and flu leave many of us feeling low. Thankfully, the well known herb, St. John's wort (*Hypericum perforatum*) offers a real ray of sunshine for anyone experiencing symptoms of depression, anxiety or low mood.

St. John's wort is native to many European countries. Its small, golden-yellow flowers bloom around St. John's Day (24th June) when the days are at their longest. It was once considered to have magical powers and was used to ward off evil spirits.

The effects of St. John's wort are comparable to a number of modern antidepressant drugs, but unlike most modern antidepressants it contains a complex profile of active constituents. These have a range of effects on the hormones and other chemicals which affect mood. Also unlike modern antidepressants, St. John's wort is not habit-forming and has a very low incidence of side effects.

One effect of St. John's wort which has received much attention during the past few years is its tendency to increase sensitivity to sunlight. While this may cause some people to burn more easily if exposed to the sun or tanning beds, it is actually a very useful effect: It is well known that people are just more likely to be in good form when the sun shines, and St. John's wort actually reduces the amount of sunshine required to lift the mood.


For this reason, St. John's wort is very useful in the treatment of Seasonal Affective Disorder (SAD), a form of depression caused by lack of sunlight which only affects sufferers during the winter months. St. John's wort is also extremely useful for many other forms of anxiety and depression including those caused by hormonal imbalances such as pre-menstrual syndrome the menopause.

As well as its ability to relieve depression and anxiety, St. John's wort is also an excellent nerve restorative and pain reliever which is very useful in the treatment of nerve damage, neuralgia, and sciatica. The oil, which is bright red in colour, makes an excellent liniment for back pain. It is also a potent antiviral and is effective against the viruses which cause influenza, cold sores and shingles. It can be used to treat Chronic Fatigue Syndrome (ME), a disorder of the nervous system which may be associated with a viral infection, and clinical trials are currently being conducted using extracts of St. John's wort in the treatment of HIV.

St. John's wort is only available on prescription from a GP or medical herbalist. Herbalists usually prescribe very high quality extracts of St. John's wort in combination with other herbs to help address the cause of the problem and to alleviate any associated symptoms.

Marie Reilly is a qualified medical herbalist practising in Lismore, Co. Waterford. To make an appointment for a private consultation please telephone 058 53200 or 087 934 5910.





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 - Damien O'Brien will accompany on piano.

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RECIPES



COOKERY CORNER

LAMB WITH MUSHROOMS

Preparation: 30 mins
Cooking: 45 mins.

A DELICIOUSLY meat course – ideal for dinner parties.

INGREDIENTS:
(serves 4)

- 4 lamb chops, cut to 3cm thick
- 250g button mushrooms
- 1tblspn lemon juice
- 60g butter or margarine
- 1 small onion, finely sliced
- 1 clove garlic, crushed
- 2 tblspns plain flour
- salt and pepper
- 1 1/4 cups stock
- 1/3 cup dry white wine
- 1/2 tspn dried tarragon leaves
- 2 tspns snipped chives

Trim off any excess fat from the chops. Roll up the tail ends of the chops and secure with toothpicks. Slice mushrooms and sprinkle with lemon juice.

Heat the butter or margarine in a heatproof casserole or heavy-based pan and fry chops until brown on both sides.

Remove the chops and add mushrooms, onion and garlic to the pan. Cook gently for 5 mins until golden. Lift out vegetables with slotted spoon and set aside with the chops.



Add flour, salt and pepper to pan and stir over medium heat for 2 mins.

Add stock, wine, tarragon and half the snipped chives. Bring to the boil, stirring now and then.

Return the chops and the vegetables to the pan, lower the heat and simmer covered for approximately 30 mins or

until chops are tender. Season to taste, adding salt and pepper as necessary.

Remove the toothpicks and sprinkle the chops with the remaining chives before serving. Creamy mashed potatoes make an ideal accompaniment.

WHITE CHOCOLATE MOUSSE

Preparation: 10 mins
Cooking: 10 mins

CHOCOLATE mousse with chocolate sauce. Ideal with fruit or whipped cream.

INGREDIENTS:
(serves 6-8)

- 275g white chocolate
- 2 tblspns liquid glucose (available from chemists)
- 1 pint (600ml) double cream

Topping:
100g plain chocolate
120ml double cream
15g butter

Break up the white chocolate and place in an oven-proof bowl with the liquid

glucose and one tablespoon of water.

Carefully heat the bowl over a pan of warm-hot water and stir until the chocolate has melted.

Remove from heat. Whip the cream until thickened and fold into the melted mixture.

Pour into serving dishes or wine glasses and put into the fridge until it sets.

For the topping: Carefully melt the plain chocolate with cream in a bowl using the same method as before.

Cool the sauce and pour over mousse to serve. Ideal with seasonal fruits.

Stuffed baked tomatoes

Preparation: 15 mins
Cooking: 20 mins

THIS is a very simple but tasty and effective dish that makes a perfect meal or hot snack for vegetarians.

Quick and easy to prepare, this dish can be served as part of a main meal or as a light midday snack.

To make a low calorie meal of stuffed baked tomatoes, serve with a fresh, tasty green salad or fruit

INGREDIENTS:
(serves 6)

- 6 beef steak tomatoes

- 420g can mixed beans in mild chilli sauce
- 2 sticks celery, chopped
- 2 spring onions, sliced
- freshly chopped coriander

Slice the tops off the tomatoes, then scoop out and discard the seeds. Stir together all the beans, celery pieces, spring onion slices and coriander.

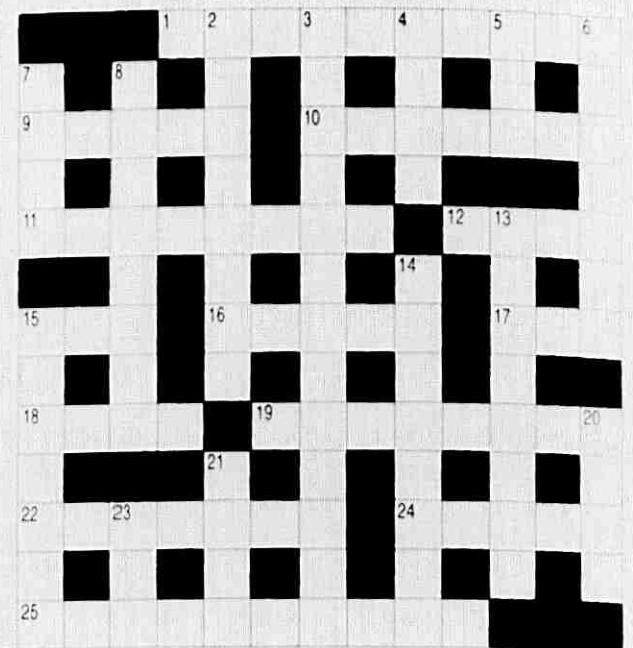
Divide the mixture between the tomatoes and sit them evenly in a roasting tin.

Bake for 10 mins without the lids on.

Replace the lids of the tomatoes and bake for a further 10 mins.

Leader Crossword

SOLUTIONS ON PAGE 4



ACROSS

- 1 Any of a number of left-wing terrorist groups active in Italy during the 1970s and 1980s (3,7)
- 9 American state, capital Augusta (5)
- 10 13 Mountaineer George Mallory's reply when asked in 1923 why he wanted to climb Everest (7,3,5)
- 11 Colonial governors acting in the name of the sovereign (8)
- 12 Abruptly break off a romantic relationship with (4)
- 15 Independent television company serving Wales and the west of England (1,1,1)
- 16 Plant or fish name that can also be an exclamation (5)
- 17 A vast quantity, as of faces (3)
- 18 In mathematics, an irrational number (4)
- 19 EastEnders actor Leslie (8)
- 22 An introductory hymn, psalm or anthem (7)
- 24 French town renowned for tapestries (5)
- 25 The square root of 4,356 upside down (6-4)

DOWN

- 2 Facial features missing from the Mona Lisa (8)
- 3 Former footballer with a famous hairstyle (5,8)
- 4 The Seven Year ..., 1957 Marilyn Monroe film (4)
- 5 ——— Dhaba, largest of the United Arab Emirates (3)
- 6 The ——— complex is the female equivalent of the Oedipus one (7)
- 7 2,004 in Roman numerals (1,1,1,1)
- 8 Anagram of DIVORCES (8)
- 13 See 10
- 14 The reservoir in a type of pen (8)
- 15 Coarse fabric used for making sacks (7)
- 20 Command to dogs pulling a sled (4)
- 21 The den of an otter (4)
- 23 Fashion or a unit of weight (3)

Health Tips from "Remedies"

MILK THISTLE

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someone else who succeeds is often discouraging but the most important part of any weight loss programme is motivation and the best motivation is the knowledge that it actually works for real life people like ourselves.

Success Stories

Sabrina has such a happy success rate with local people who have used the Arasys System that the satisfied clients are happy to tell their stories.

Marie, an older woman whose weight was adding to her medical condition found it impossible to diet and lose weight. "After one month of the Arasys System, I lost two stone in weight and went from a size 18 to a size 14. I feel much healthier and fit and it doesn't take forever".

I had tried everything to tone up my tummy and bum but it was always so slow to start seeing results and by then I would have lost all motivation. So when I saw the advert about the Arasys System, a fast and easy way to lose the inches, I knew straight away I had to give it a go. I did three sessions a week and after just 4 sessions, I was starting to feel my clothes get looser. I could not believe how fast I saw the results. Also my bum felt so firm and toned plus got a lot smaller, and the cellulite on it was reduced. I lost 9 inches and nearly a stone in weight. If you're looking for a fast way to lose the inches then definitely the Arasys System is the way to go.

So today's the day, make that call and lose the inches the easy way for the New Year and feel great.

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No Commitment Towards Funding Helvick Pier Works Says Minister

By Kevin Kirrane

Funding for cliff regrading and stabilisation works at Helvick Pier is dependent on the amount of exchequer funding available for works at fishery harbours generally and overall national priorities, according to Minister of State, Pat Gallagher. Minister Gallagher, answering a Dail question from Deputy Brian O'Shea on behalf of Cllr. Fiachra O Ceilleachair, said the responsibility for the piers repair and maintenance rests with the local authority in the first instance.

"My Department is providing funding of 70,902.76 to Waterford County Council in 2004 towards emergency works and diving survey at Helvick," he said.

The County Council are also seeking funding for cliff regrading and stabilisation at Helvick pier at an estimated cost of 500,000 euros.

However, the possibility of funding these works in the post 2004 period will be decided in the context of a number of factors including national priorities.

Cllr. Fiachra O Ceilleachair, a board member of Udaras na Gaeltachta for the locality, slammed the Department of Marine's refusal to commit to the vital funding needed for Helvick Pier.

"There is pressure enough on the fishing industry without stalling it through lack of development. The limited resources of Waterford County Council have been utilised on the study and preparatory phases of this project. The local authority is presently not in the position to do anything else other than essential repairs at Helvick," he said.

"An announcement was made by the Department of Community, Rural and Gaeltacht Affairs in October 2000 that they were prepared to put a grant of just over one million euros towards the redevelopment plan, provided the local authority and the Department of Communications, Marine & National Resources came on board to provide the necessary additional millions."

"Unfortunately, that partnership has not since been activated or adequately resourced. The livelihoods of Helvick fishermen, consequently, remain under threat amidst bureaucratic and political wrangling. A token few thousand here and there towards a small bit of work at the end of the pier won't address the overall concerns."

Major Conference On Developing South East

A major regional conference will be held in Waterford on Friday 21 January entitled "Driving the South East Agenda". The keynote speaker will be Martin Cullen TD, Minister for Transport. The conference will be devoted to the development of the South East Region as envisaged in the National Spatial Strategy (NSS).

The NSS was launched in 2002 with the aim of establishing centres of growth to counterbalance the ever-continuing expansion of Dublin. Waterford was nominated as the gateway city in the South East, supported by hubs in Kilkenny and Wexford with further support from the other towns.

"The Strategy aims to help regions like the South East to develop their full potential and its implementation requires great co-operation between the local authorities and business interests throughout the South East," said Waterford Chamber President, Liam Fennelly. "The aim is to achieve greater prosperity for everybody and the NSS should provide tremendous opportunities but we have to work in a cohesive way to ensure that it gets implemented. Other regions are doing this and we in the South East must all work together for the greater good," said Liam Fennelly.

UNIVERSITY ISSUE

Included in the excellent line up of speakers is Dr. Edward Walsh who founded the University of Limerick. The title of his paper is "Drivers of Regional Development" and he is sure

to focus on the strategic importance of a university to a region.

Another speaker is Niall Cussen who has responsibility for the implementation of the NSS at the Department of the Environment, Heritage and Local Government. The Head of Corporate Affairs at the National Roads Authority, Michael Egan, will speak on progress on the construction of important roads such as the Waterford City Bypass and the long awaited dual carriageway which will run through the region connecting Waterford, Kilkenny and Carlow with Dublin.

THE ENVIRONMENT AND BUSINESS

Environmental Engineer, Eamon Timoney, will speak on progress being achieved with the SE Waste Management Plan which was developed by his company. Liam Griffin will address the issue of doing business in the Region. He is MD of the Griffin Hotel Group that owns Hotel Kilkenny and the Ferrycarrig Hotel in Wexford; it is developing Monart House Spa which is due to open during 2005 in Enniscorthy. Many people may remember him as Manager of the Wexford Hurling Team which won the All-Ireland in 1996.

Anthony Foley MBS is a senior researcher at the WIT Business School and he has spoken at conferences internationally on the topic of destination branding. He recently established a major EU funded initiative with SE Tourism and all

the Leader groups in the SE to develop an integrated rural tourism strategy for the Region. He will talk on branding a region.

BROADBAND

The conference is sponsored by Esat BT. Mike Buhagiar, Head of Marketing for BT Retail's Government Directorate in the UK, will speak on the important topic of "Developing a Regional Broadband Strategy". He has experience of working with the public sector in the UK to develop broadband in local communities and will be able to describe a very successful project in Cornwall.

The half-day conference is being organised by the other

chambers in the South East, including Dungarvan & West Waterford Chamber of Commerce. Anybody interested in regional development should attend and this includes both business people and those involved in the public sector.

The venue is Dooleys Hotel, Waterford on 21st January 2005. Registration will be at 8.15am and the conference will conclude with lunch. The cost is 95 for members of a Chamber of Commerce and 125 for those who are not. Bookings can be made at Waterford Chamber with Sheila Quinn (051 311136) or to sheila.quinn@waterfordchamber.ie

Dungarvan & West Waterford Chamber of Commerce Notes

- The Chamber's president and directors wish all our members a prosperous New Year.
- The next chamber's networking lunch will take place on 19th January, at 12.45 - 2.15pm in Lawlor's Hotel, Dungarvan. The event is open to members who may bring a guest. Advance booking is not necessary. The lunch takes place on the third Wednesday of every month.
- The chamber's Directory / Diary 2005 has been delivered to members. Contact the chamber to but extra copies at 5.00.
- A major conference entitled Driving the South East Agenda will take place on 21 January, in Dooley's Hotel, Waterford. The half day conference has been arranged by the Chambers of Commerce in the South East. To book your place, contact Sheila Quinn at Waterford Chamber (051 311136) or sheila.quinn@waterfordchamber.ie

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New Application For Multi-Million Hotel Development
GREENBIRCH PLAN 3-STOREY SPA HOTEL

By Kevin Kirrane

A new planning application for the construction of a multi-

million euros Hotel at Kilgrogan, Clonea have been lodged with Waterford County Council.

Dublin based developers, Greenbirch Developments Ltd. plan to build a 3-storey spa hotel, consisting of 15 hotel bedrooms and 43 hotel suites.

Sixty-four holiday cottages are also planned for the site.

The developers say the hotel will provide a range of indoor tourist facilities including a bar, restaurant, lounge, conference centre, seawater Thalasso swimming pool and a spa with ancillary treatment rooms.

Outdoor facilities would include tennis courts, a bowling-green and a putting green.

The new application follows An Bord Pleanala's decision to refuse planning permission for a hotel and holiday home development, last November.

An Bord Pleanala said the initial plans would adversely visual impact the landscape, the character of the area, a coastal zone and, cause a traffic hazard due to its scale and the standard of the local road network.

Waterford County Council has two months from the date the new application was received to reach a decision or seek further information on the proposal.

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(Photo: Sean Byrne)



Santa departing from Whitechurch National School on his Sleigh. A big thank you for giving the pupils and teachers should a memorable and magic event. Looking forward to seeing you next year.



Marguerite Lavin and Louise Hallahan presenting a cheque for €600 to West Waterford Hospice Chairperson John Moran, proceeds from their sponsored walk in this years 25th Dublin City Marathon. The Jack & Jill Childrens Charity also benefitted.

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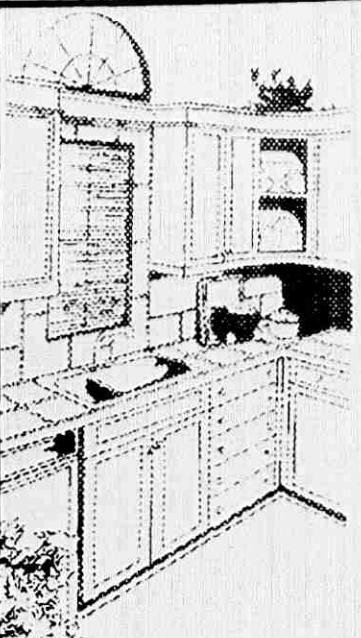
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ABBEYSIDE SCOUT NOTES

Last Saturday night a new year began for the cub and scout sections of the 4th Waterford Abbey-side troop. This year is a special year for all involved with scouting in the village as it is seventy five years since scouting first came to the village. One often wonders if those involved all those years ago ever thought this milestone would be reached. Indeed it is thanks to all those who gave of their time and efforts so willingly down through the past seventy five years that the troop is still in existence and going strong today.

The scout section will be marking the special year as has been the case in the past with specific anniversaries, by holding their 75th annual camp on the continent in Switzerland. Already this camp is proving a great attraction to scouts and parents alike. Other events are planned for the year and details will emerge closer to the events themselves.

At the cub meeting Saturday night some of the basic knots were learned in double quick time by Jake, Adam, Jack and Daniel who will be passing on their newly learned skills at the next meeting to all concerned. The meeting finished up with a number of games being played.

The scout meeting began at eight and immediately saw the patrols planning ahead for the New Year. Some items that were discussed were annual camp- Switzerland, the annual indoor cooking competition, orienteering in Tramore. The orienteering was top of the discussion list as it is the first scout event of the New Year as it will be happening this coming Sunday the 16th of January. All scouts will gather at the den at ten thirty on Sunday morning and from here all will depart for this event. In case of bad weather rain gear should be brought as well as a euro to pay for maps. A packed lunch will not be necessary as the local chipper and amusements will be visited as soon as the orienteering event has been completed.

The scout meeting this Saturday night will be a multi one and will begin at eight and finish at the earlier time of nine due to the orienteering the next day, this meeting will also be concentrating on the upcoming cooking competition which takes place the following week!

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Pan-fried Breakfast Mushroom in a Tomato & Garlic Sauce gratinated with Parmesan Cheese

Forced Terrine of Prawns & Spring Onion with Caramelised Lemon & Tomato Cream



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Roast Pork Steak stuffed with Potato & Pear in Thyme & Honey Jus

Pan-fried Fillet Steak served with Shallots & Shitake

Mushrooms with a light Peppercorn Sauce or Blue Cheese & Prosciutto Butter

Roast Boneless Striploin of Lamb on Braised Provencale Vegetables

sautéed with Garlic & Rosemary Jus

Roasted Vegetables in a Tomato & Gruyere Sauce served in a Puff Pastry Cup on tossed

Leaves with a Sweet Chilli & Soya Drizzle

Trio of Seafood - Cod wrapped in Bacon, Salmon in a Sweet Crepe & Langoustine

in a Prawn Bisque

Baked Supreme of Chicken stuffed with Barbequed Smoked Salmon & Cream Cheese

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stirred with Nutmeg

Roast Crispy Duckling with Braised Red Cabbage & Plum & Berry

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Horoscopes with Ali

This week's horoscopes are provided by Ali, one of Ireland's most gifted mystics.

For a more complete reading dial the 1550 number listed beside each star sign.



ARIES
Mar 21 to April 20
Someone violates your private space or time, moving in on your territory uninvited. Remain polite but remind this person of important boundaries. At home, an unexpected turn of events takes you by surprise. This week, you have great visions for the future but perhaps you should keep some of your wilder plans filed away until the time is right. ☎ 1550-920-257

TAURUS
April 21 to May 21
Work to maintain domestic harmony by giving in occasionally and most of all, make room for romance and displays of caring affection. Security means everything to you at the moment but try not to be so possessive of loved ones or their time. A heightened sensitivity causes you to see slights where none are intended. Try not to take things so personally or too seriously. ☎ 1550-920-258

GEMINI
May 22 to June 21
An act of kindness on your part will be repaid in dividends even though you won't have wanted anything in return. Opportunities are all around you so don't be short sighted or you could miss out! New friends prove interesting and exciting company. It is a fine time to make investments, start saving schemes or simply put a little away for that inevitable rainy day. ☎ 1550-920-259

CANCER
Jun 22 to July 22
In personal issues have the courage to change. Don't expect everyone and everything to remain the same. Pride pushes you to be stubborn and makes it almost impossible for you to admit your mistakes. Be prepared to listen to criticism or reasonable argument. Remember too that turning life into a drama can be your downfall, particularly when it comes to personal issues. ☎ 1550-920-260

LEO
July 23 to Aug 22
Don't allow others to pressurise you into taking on more commitment than you can handle. You are a good money organiser but recognise that you can only stretch it so far. Your soft heart could sway you to spend more of your hard earned cash than you can really afford. Enjoy a fun flirtation but if attached - watch out. You could be playing on your partner's insecurities. ☎ 1550-920-261

VIRGO
Aug 23 to Sept 22
Food for thought and inspiration come from an unusual source this week. It is a good time to make long term plans but don't get so bogged down in tiny details that you lose sight of the overall picture. A reunion puts you back in touch. Mixing business with pleasure could prove productive and profitable so be prepared to make those contacts social. ☎ 1550-920-262

LIBRA
Sep 23 to Oct 23
Some things may be better left unsaid at the moment so think before you speak. With all-seeing eyes and an almost magical intuition, you can see through any false front to the real person underneath. When it comes to love, stop analysing. Go with your heart and your inner-voice. An unexpected windfall comes your way and helps to solve a cash-flow problem. ☎ 1550-920-263

SCORPIO
Oct 24 to Nov 21
Tread carefully in all monetary matters and beware of being too trusting, gullible or naive. Try to be more sceptical and don't take everything and everyone at face value. In love, come down to earth fast. Your idealising could lead you to heartache. Try to calm down and cool down before you over-react to well-meant criticism. ☎ 1550-920-264

SAGITTARIUS
Nov 22 to Dec 23
You can start afresh now that the cards are on the table and game playing is over. Look into ways of making money, supplementing your income and investing for the future but watch your motives. Money will never be the most important thing in life. A friend can offer insights into a pressing problem. Beware of extravagances that you might regret later. ☎ 1550-920-265

CAPRICORN
Dec 24 to Jan 20
It is difficult to define what is or is not someone's business. Others are interested in your affairs and mean well. Don't let money matters get you down. This seems to be a classic "borrow from Peter, to pay Paul" phase but it will soon pass. Be patient until then. Others may expect you to be on twenty-four hour call but it is up to you to set limits and to draw the line. ☎ 1550-920-266

AQUARIUS
Jan 21 to Feb 19
Someone is playing on your generosity and none too ready to pay a fair share. Be assertive with loved ones and say what needs to be said. You may find yourself the victim of displaced anger and you are in your rights to protect yourself. Talk things out and avoid buying into the blame game. Your creativity is at an all time high. ☎ 1550-920-267

PISCES
Feb 20 to March 20
Lend support, a strong shoulder and a helping hand but be careful of how you offer advice. Being busy is easier for you than standing still but recognise that you need to pace yourself. At home, someone needs a confidence boost that only you can give. If someone keeps changing their story, you will have to consider that it is a creative tale rather than a factual account. ☎ 1550-920-268

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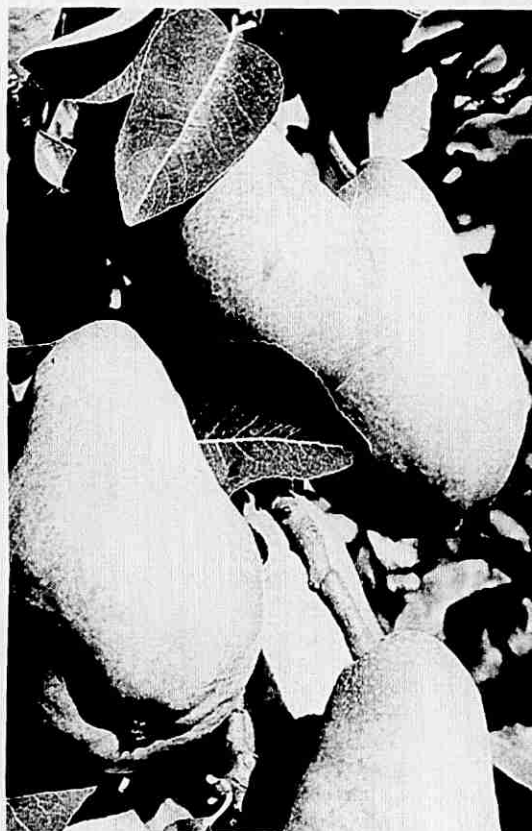
Dungarvan Leader - GARDEN FEATURE

Everything Is Pear-shaped

MOST people think pears are very like apples but the growing conditions for the two fruits are different. Pears do need more consistently warm conditions than apples to crop reliably. Late-ripening varieties need dry and warm conditions throughout late summer and early autumn. Pears may be trained in a similar way to apples - bush, dwarf pyramid, cordon and espalier forms are the most suitable for small gardens. They are usually grown on quince rather than pear rootstocks as this produces smaller trees. Pears flower earlier than apples in mid-to-late spring and may be damaged by frosts. Pear trees require a warm, sheltered and sunny site and they tolerate wetter conditions than apples. The soil should retain moisture but should be well drained, particularly for trees on quince rootstocks. Trees on poor or sandy soils produce fruits of inferior flavour and those on shallow soils overlying chalk may suffer from lime-induced chlorosis. Such sites can be improved by regular mulching with large amounts of organic matter. As well as producing relatively small trees, growing pears on quince rootstocks induces early fruiting. Provision for cross-pollination should always be made by planting two compatible cultivars.

Some cultivars are triploid and a very few are male sterile. These require two pollinators nearby. Pear trees should be planted in the autumn when the soil is still warm or by mid-winter at the latest as long as the ground is not frozen. This allows trees to establish before coming into growth which could occur early in a mild spring. Pear trees are relatively easy to care for but they do need regular maintenance. Pears may be affected by birds, rabbits, hares, wasps, aphids, winter moth caterpillars, fireblight, pear midges, scab or brown rot. Pear leaf blister mites can also produce pustules in the leaves, which should be removed and destroyed during the summer. Some pears, especially Conference, may develop misshapen cylindrical fruits, produced when only partial fertilisation has occurred. If this occurs this means a suitable pollinator is required and the tree needs to be given more shelter to encourage more pollinating insects. Generally, after the trees have shed immature fruitlets around mid-summer, thin out to leave one fruit per cluster if the crop is heavy but two if the crop is lighter. Fruiting occurs predominantly on trees which are two or more years old. Once they start to crop, the trees need to be pruned rigorously. Spurs should be

thinned regularly on established trees. There are more than 45 different varieties of pear tree to choose from so there is no excuse for not having a go at growing your own fruit to enjoy fresh off the tree!



This week in the garden

RETURN CHRISTMAS PLANTS TO THE GREENHOUSE

All plants that were brought into the house to provide decoration over the Christmas holiday should be returned to the greenhouse as soon as possible. They cannot withstand the dry, ever-changing temperature and environment of the average modern, centrally-heated living room. To help them, put a few drops of milk in some water and sponge the plants down before returning them to the outside. They should be kept in a relatively warm atmosphere, and be sprayed daily with clear water.

Flowering plants should be given as much light as possible and given only as much water as they need.

SUCCESSIONAL SOWINGS

Mustard, cress and radishes can be sown now, the same way as in November - in a greenhouse or a frame with soil warming cables. Sow them at a temperature of between 10 and 21 degrees, the warmer the better.

HERBACEOUS PLANTS

Tender herbaceous plants could have their crowns damaged by the hard frosts. Protect them by placing wire mesh over them, covering that with fleece and dry straw, then pin down another cover of wire mesh to keep the insulation in place.

STERILISE ANY INFECTED SOIL

This task can be done at any time of the year but it is essential that the ground has no plants in it. Where it has been sterilised by chemical means it should be left vacant of growth for at least a month afterwards before it is properly ready for planting. If your plants have been pestered by diseases and other soil-bound pests, sterilising the soil may prove helpful to your garden next year - otherwise you can expect the same pests, fungi and diseases to return and plague your plants as they emerge once again following the winter spell.

Stiff Opposition To Massive Refuse Charge Hikes

CONTINUED FROM FRONT PAGE

massive hit and it's damaging the whole credibility of the recycling scheme. While I don't want to seem to be too dramatic, I think the approach of the executive on this, is an attack on the credibility of the Town Council."

He also criticised the 220,000 euros to be spent on consultant's reports and studies this year.

Fifty thousand euros is planned to be spent preparing remedial and protection works at Landsend, 20,000 euros each for the preparation of designs for the improvement of the Town Square and Walton's Park, and 80,000 euros for the recruitment of a planner to prepare the draft Town Plan Development Plan and an action plan for Monang.

DOWN THE DRAIN

Cllr. Geoghegan said the first thing to go should be the public convenience.

"We're spending 35,000 euros and taking in 2,000 euros. It was different when there was no public toilet in the town. But there's a public toilet in Dungarvan Shopping Centre now. It's losing 32,000 euros a year. It has to go. As far as I'm concerned it's a total 'no-brainer'."

While Sinn Fein Cllr. Brendan Mansfield welcomed "vast parts of the estimates" - in particular the allocation of 80,000 euros towards the cost of re-

placing windows and doors in the council housing stock, and the 45,000 euros towards central heating - he would not support the estimates due to the inclusion of service charges.

"Someone has to ask how the charge has risen from 4 euros a lift for the green bin in 2001 to a proposed 13 euros a lift in 2005, and how recyclable charges have risen from 3 euros for four bags in 2001 to a proposed 2.25 per bag in 2005," Cllr. Mansfield said.

"Tonight, the Town Manager

informs us that the Officials had been looking at charges 66% more than those proposed. When will this madness end?"

Fianna Fail Cllr. Nuala Ryan said the refuse charges for the town should be lower than the county.

"An awful lot more bins are collected in the county, more bin men are employed and it's a bigger distance to cover. There's no way I would agree with a 5.50 euros increase just to be in line with the county," he said.

Town Manager, Denis McCarthy said all private collectors South-East were charging more than the proposed refuse charges in Dungarvan, and others had fixed charges.

"We will take the concerns of the members on board and return to the issue of charges at the next meeting".

The level of opposition to the hikes leaves the prospect of the Book of Estimates being approved hanging by a thread when the debate resumes on Monday 24th of January.

Public Charged Higher Rate Before Estimates Passed

KEVIN KIRKANE

Town Manager, Denis McCarthy, apologised to members of the Dungarvan Town Council after a letter was circulated to shopkeepers asking them to increase refuse charges before the local authority's Book of Estimates was passed.

Shopkeepers were told to sell refuse labels at the levels agreed by Waterford County Council but which are yet to be agreed by Dungarvan Town Council.

Cllr. Billy Kyne (Lab) said the letter, which came from Waterford County Council, showed either bad management or a lack of appreciation of the Town Council's role.

"I think it shows a lack of respect and appreciation for the town council. I believe lumbering us with the same charges as Waterford County Council is one element of a failure to appreciate our role," he said.

"How any one would leave a

notice go out to shops about charges and not appreciate we have a town council in Dungarvan, it's either very bad management - which I'd hate to think - or a lack of appreciation of us which is probably worse because it is a slight on us."

Mr. McCarthy said he would investigate how the mistake had occurred and the council would be in contact with the shops about the problem. He said refunds would have to be paid.

Search On To Catch Illegal Dumper

CONTINUED FROM FRONT PAGE

going on for some time, but the latest incident marks a worsening of the situation.

But, Cllr. Tobin believed the recent rise in the bin charges aren't to blame.

"These aren't items that can be put out for collection," he said. "This is just pure dumping. It's criminal and we can't blame the bin charges for everything

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CUSTOMER INFORMATION

After Saturday, 15th January, 2005

Please note

Our 06.25 hrs (Monday to Saturday)

service from

Dungarvan to Cork Airport

and

21.30 hrs (Monday to Sunday) service

from

Cork Airport to Waterford

Will no longer operate.

For further information please contact

Bus Eireann Waterford (051) 879000

Or visit our website www.buseireann.ie



Waterford County Council

Comhairle Contae Phort Láirge

Grant Scheme for the Conservation of Protected Structures

Waterford County Council is now accepting applications for the 2005 Conservation Grant Scheme. The objective of the scheme is to assist the owner or occupier of a structure which is protected because of its architectural, historical, archaeological, artistic, cultural, scientific, social or technical interest to undertake conservation works on such a structure.

Qualifying works include: -

1. Works necessary to secure the stability of a structure or part of a structure,
2. Works necessary to make a structure weather-proof or damp-proof,
3. Works necessary to conserve or repair external walls or internal features,
4. Works consisting of temporary repairs, where it is necessary to protect a structure from immediate risks.

Application forms are available from the Planning Office, Waterford County Council, Civic Offices, Dungarvan / tel 058 22000. Completed applications must be submitted to the Planning Office by 31st January 2005.

Denis McCarthy
Director of Services



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10,000 euros Raised For Flood Victims At Concert

By KEVIN KIRKANE

Up to 10,000 euros was raised for the victims of the flood and earthquake disaster in South East Asia at a concert in Dungarvan, last Sunday.

Seven top-class bands entertained the crowds at the concert and merchandise and hampers kindly donated by businesses in Dungarvan and beyond were

auctioned.

Due to heavy rain the concert had to be moved from Gratten Square into the Dungarvan Shopping Centre, but it proved an outstanding success.

A copy of U2's latest album signed by the members of the group was auctioned for an incredible 1,300 euros and in a total 10,000 euros was raised for the Mayoral Appeal for the

Tsunami victims of South East Asia, which goes directly to the International Red Cross.

One of the organisers of the concert, Cllr. Fred Forsey thanked everyone involved for getting behind the effort and bringing about a tremendous success. These included Billy Clancy, Pat Whyte, Dungarvan Gardai and Civil Defence, Tom Curran's Hard-

ware, Patsy Dec, Noel Grant, Waterford Crystal, Whelan Signs, Richard (Dick) Whelan, Denis Sheehan of U2, Nicky Power, Fraher Tool Hire, Dungarvan Scaffolding, Abbey Campers, Dungarvan Transport, Tim Foley and the staff of Dungarvan Shopping Centre, the Council's Outdoor Staff, Conor Power and Brian Shanley.

MINNIES BAR & NITE CLUB ABBEYSIDE, DUNGARVAN

Saturday Night—
BUNRATTY RASCALS
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Sunday — **DJ GEOFF**

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Wednesday January 12th—
MAN. UNITED V. CHELSEA

Saturday 15th —
DJ GRAHAM 9.30
Playing the latest and greatest hits

Monday January 10th—
TRAD IRISH MUSIC SESSION
with "Cú na Mara"

Open Session. All are welcome to join in the craic!
LIVE SPORT
Sport shown live on 3 Giant Screens

11th Waterford Dungarvan Beavers

Happy new year to our beavers and their families. Beavers will be back on the 13th January. We look forward to seeing you back for another great year. All new beavers are welcome (aged 6 upwards).



Photo shows a group of beavers enjoying a great day out, visiting Santa in Perks at Youghal. We look forward to many more great outings in 2005.

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THE INCREDIBLES

(PG) 115 MINS. SAT, SUN 3.00

THE POLAR EXPRESS

(G) 90 MINS. SAT, SUN 3.00

www.ormondecinemadungarvan.net

Touraneena Notes

AGM

Naomh Brid will hold their AGM on Monday 17th January in the Community Centre, Touraneena. All are welcome.

CONGRATULATIONS

Congratulations to Mr and Mrs K. Foley, Tinalira on the recent birth of their baby. We take this opportunity to also welcome the Foley family who have only recently moved to the Parish. We hope they will be very happy in our midst.

Congratulations also to John Walsh, Croughteskin, who recently celebrated his 80th birthday with family and friends at Melody's Bar, Ballymac.

BENEFIT NIGHT

A benefit night in aid of the tsunami appeal will be held in Dunnes Bar on Wed night 12th January. Music will be supplied by the Sliabh gCua Ramblers. Your support would be greatly appreciated.

SYMPATHY

We extend sincere sympathy to Seamus Lenane and family, Lismore on the recent death of his father. May he rest in peace.

SLIABH GCUA LOTTO

Week ending 9th Jan
Winning Numbers 11,13,14
Winner Burke Family
New Jackpot 200 euros
Promoters Prize eur15
Nuala Dunne.
Next draw Dunnes Sunday 16th Jan
Badminton Quiz Dunfords 28th of Jan



The Friary Choir performing at the end of year party held in The Old Market House Arts Centre, Dungarvan recently.

SHANDON ARMS
DUNGARVAN

Thursday 13th — **POKER CLASSIC**
COMMENCING 9 P.M.

Saturday 16th—
MARK ANSBRO

Sunday Night—
SONIC SOUND

ALL MATCHES SHOWN LIVE ON BIG SCREEN

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LIVE ENTERTAINMENT

Saturday January 15th —
BIM & BEN

Sunday January 16th —
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Thursday January 13th —
TEDDY & CATHAL BARRY

Saturday January 15th —
THE COMETS
with Tom Hayes and Dessie Norris

Sunday January 16th —
RAMBLING HOUSE

Lismore Hotel
Main Street, Lismore, Co. Waterford
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Parkview Restaurant
Evening A la Carte 6.30pm to 9.00pm
Sunday Lunch Menu
(3 Course Lunch and Coffee) €17.95

Cloisters Bar
Carvery Lunch 12.30pm to 3.00pm Mon to Sat
& Sunday Lunch Carvery 12.30pm to 3.00pm
Bar Food Everyday Until 8.00pm

Live Entertainment
Saturday 15th— **DOUBLE TRICK**
Sunday 16th — **AIDAN G**

The Parrish
MARY STREET, DUNGARVAN

Friday 14th—
BIG IN JAPAN

Saturday 15th—**D.J. SMOKEY**

Sunday 16th—
DOUBLE TAKE

ANCHOR
@ THE QUAY DUNGARVAN

Thursday — **DJ SHAY** at 9 p.m.

Friday — **ROBERT MERCHANT**
from The Stores Nite Club in Wexford

Saturday — The Anchor is the place to be when
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DJ RAY MORRISEY
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best hip hop around.

Sunday — **WLR DJ**
OLIVER CARROLL
(at 9pm) with another stomping set of classic tunes.
Heineken Cup returns to The Anchor
Friday and Saturday Evenings
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BRIDGIE TERRIES



KILLINEEN, THE PIKE, DUNGARVAN

Wednesday 12th — **CARDS**
in aid of TSUNAMI FUND

Friday 14th —
POKER CLASSIC

Sunday 16th — Music by
BACK 2 BACK

Food served until 8 p.m.

News of Town & Roundabout

DUNGARVAN PREMIER PIGEON CLUB
These are the results of the recent draw held at Paddy Foley's; 1 Liam Fitzgerald, c/o John Keane's; 2 Paudie Power, c/o SPP; 3 Lisa Cliffe, 7 Comeragh Crescent; 4 Dylan Fraher, 29 Caseyville. The club wishes to thank all the supporters and sponsors. We wish all our benefactors a happy and peaceful New Year.

HARBOUR BRIDGE CLUB
Results 6th Dec. 1 Jenny Kiely and Joan Colbert. 2 Mary Kiely and Ann Casey. 3 Donal Kelleher and Pauline Enright. 4 Kitty Power and Ann Fitzgerald.

CUNNIGAR BRIDGE CLUB
Results for Wed. 5th January. 1st Aida O'Neill and Justin Spratt. Joint 2nd Ann Veale and Margaret Clancy. Eileen O'Donoghue and Sheila Lane. 3rd

Mary Dee and Kay Shanley. Joint 4th Julianne Morrissey and Yvonne Power. Una Drennan and John Phelan.

DUNGARVAN GAA LOTTO NUMBERS
13-6-24-3. No winner. Next weeks jackpot 7,350 euro. Two winners of 35 euro each. Tina Healy, Caseyville. Pepe Ferncombe, Wolfe Tone Rd. Next draw at the Shandon Arms. Many thanks for your continued support.

ABBEYSIDE PATTERN AGM
Abbeyside Pattern AGM in Abbeyside School Hall on January 17th at 8 pm.

ABBEY BRIDGE CLUB
Results 4th Jan. 1st Sheila Veale and Avicé Cusack. 2nd Annabelle Lannen and Des O'Toole. 3rd Mary Fenton and Mary Radford. 4th Brid Dunphy and Austin Fenton.

Modeligo Notes

LOTTO - ALL PROCEEDS TO ASIA FUND

No winner of last weekends lotto. We raise the stakes again and so Saturday nights jackpot draw will be for €1,050, so mark those tickets. In fact when you are getting your usual tickets we would encourage you to get a few extra as all proceeds from this weekends lotto draw will be donated to the Asia Tsunami Disaster Fund. Whatever is raised will help make a difference to the lives of some of those left homeless and injured after the horrific devastation they suffered on 26th December. Your continued support is greatly appreciated but none more so than with this Saturday nights draw. Tickets can be got from the usual promoters in your area or in Deckies on Saturday night. Last weeks numbers were 6, 7 and 22.

€15 Winners: Eugene O'Halloran, Clashmore; Seán O Cuirín, An Rinn; Joan Hodnett, Ballyhane; Geraldine Bumster, Lyrattin; Gerard Walsh, Churchquater.

SYMPATHY

Heartfelt and sincere sympathy is expressed to the family, relatives and friends of the late Mrs Nell Walsh, Farnane, who was called to her eternal reward last week. May she rest in peace.

NAOMH BRID CLUB

The Annual General Meeting of Naomh Bríd Juvenile G.A.A. Club will take place on Monday next, 17th January, in Touraena Community Centre, at 9:00pm sharp. All members and intending members are asked to attend.

SET DANCING

Want a fun way to get back in shape after all that Christmas indulgence! Why not join set dancing classes! Classes take place every Wednesday night, at 9:00pm, in Modeligo Community Centre. Anyone who is looking for an enjoyable way to spend an evening is more than welcome to call along and join the fun. Beginners are especially welcome as are a few more males!

WINTER STRIKES

We have been suffering at the hands of stormy winter weather recently and the forecast ahead is for much of the same. Take this opportunity to check on elderly neighbours, or those who may need a little help, that they have firing stocked, windows secured or any other jobs needing attention. Let's hope and pray we get some spring sunshine soon!

Stradbally Notes

STRADBALLY TOURISM AND ENTERPRISE

Stradbally Tourism and Enterprise will hold their AGM on Monday night 17th January in the GAA center. (all are welcome).

Immediately after the AGM, 7.30pm. an open meeting will be held to consider a submission for inclusion in the "Waterford Development Draft Plan 2005-2012," anybody interested is invited. Maps of the "Development" are on display in the two local Churches and the local shops, in the village and Durrow, the maps will also be available at the open meeting on Monday night.

This is our future, our children's future. Why not discuss it?

CONFIRMATION

The boys and girls of 5th and 6th classes have returned to their schools after their Christmas holidays. Suddenly they have only six weeks to their big day when they will receive the Sacrament of Confirmation from his Lordship Bishop William Lee on Tuesday 23rd February in Holy Cross Church, Stradbally. In the few weeks left of preparation the boys and girls from the four schools will gather in Stradbally Church for three rituals, one having already taken place before Christmas. The next ritual at the vigil Mass on 15th January at 7.30 pm will feature the pupils from St. James School, their teacher and adults who are encouraged to support their children. The ritual is a Gathering Ritual featuring a large candle with the theme Fanning The Flame showing that the Holy Spirit, who came in tongues of fire, will inspire the children of their lives. There will also be rituals on 23rd and 30th January.

SYMPATHY

Sincere sympathy is extended to Fr. Pat Moran O.S.A. on the death of his mother Margaret who was buried in Ballybacon, Co. Tipperary on Wednesday 5th January.

DISASTER APPEAL

Many people have organised fundraising events for the Tsunami appeal. One local who organised a collection around her neighbourhood of Kilminion was Biddy Morrissey. Biddy collected 215 euro which she has passed on to Fr. Enright for the Trocaire collection and wishes to thank all who supported her efforts.

CHURCH UNITY

The week of Prayer for Church Unity begins on 18th January and continues until 25th January the day that the Church celebrates the conversation of St. Paul. The annual Ecumenical Service involving the congregation from St. James Church of Ireland and Holy Cross Church, Stradbally will more than likely take place in Holy Cross Church on Sunday 23rd January at 7 pm.

NEWS FROM

ST. JAMES CHURCH

On Sunday 23rd January there will be a Service of Communion taken by Dean Billy Beare. This service will be broadcast live on RTE 1 medium and longwave radio from St. James Church of Ireland, Stradbally at 11 am. The Dean requests that all parishioners be seated and in their places at 10.15 am for 10.45 am on the morning of the broadcast.

CARDS

A Whist Drive will take place in the GAA Centre on Friday next, 14th January at 8 pm sharp. This is being organised to support the Tsunami appeal. Your support is requested.

DUNGARVAN MUSEUM NOTES

Exhibition

Our new Exhibition on the late Dungarvan born boxer Pete Crotty is now open to the public. Peter Crotty was born in Dungarvan in 1925. He was a pupil at the Convent of Mercy and the Christian Brothers. It was at the C.B.S. that he took part in his first fight. Peter joined the Clonmel Boxing Club. All of his titles were recorded for the Clonmel club. However he was unable to continue travelling to Clonmel and joined the Dungarvan F.C.A. in order that he could use their facilities. In 1949 he won the first welterweight title for St. Mary's in the National Championships. Having won the National title Peter was given the

Green Singlet. He represented Ireland in International contests. He took part in the Golden Gloves contest in Chicago in 1951 and the programme for the contest noted that he "has over 80 bouts and has lost only six". In 1952 he took part in the Olympic Games in Helsinki. Peter retired and went to England. In 1998 Peter was presented with the Hall of Fame Award. In February 2000 Peter was honoured in the National Boxing Stadium in Dublin as one of the 1950 National Champions. To learn more about Peter Crotty why not visit our new exhibition in the Museum. Items on display include Peter Crotty's boxing gloves, singlets, photographs, programmes etc.

Lecture

Our next lecture "Genteel Revolutionaries" by Dr. Carmel Quinlan takes place on Tuesday 18 January at 7.30 p.m. in Dungarvan Library so make a note of this date in your diary as a lecture not to be missed. In February 2000 Peter

Museum Dinner

Our Annual Dinner takes place this year on Friday 28 January at the Mill Restaurant and early booking at the Museum is essential, as places are limited. So if you want an enjoyable night out hurry along and book your place.

Preserve the History of Your Town or Village

Are you interested in preserv-

ing the history of your town, village or locality? Join Dungarvan Museum's local history outreach initiative. If you are interested in joining this program please contact William Whelan at 086 2748377 Email: william@deisedesign.com or leave your details into Dungarvan Museum, St. Augustine Street, Dungarvan.

Opening Hours

Monday to Friday - 10 a.m. to 12.45 p.m. and 2 p.m. to 4.45 p.m. daily.

Dungarvan Museum, Old Town Hall, St. Augustine Street. Phone: 058-45960

Web site: www.dungarvanmuseum.org

E-mail: history@dungarvanmuseum.org*

BALLYSGAGGART NOTES

CARDS RESULTS

6th Jan. Mary Power and Ber Coughlan. John Kenefick and Joe Power. Sheila Lonergan and Bertie Neville. Tony McGrath and Rita Doocey. Lucky tables Dan Howard and Finola Hynes. Jackie Houlihan and Cassie Hyland. Stephen Cunningham and Pa Geoghegan. Raffle Tony McGrath and Sheila Lonergan. Cissie Power and Rita Doocey.

GAA

Lotto Results

Numbers drawn January 4th 12-15-23-24. No jackpot winner. 15 euro winners as follows: Mike and Ger O'Gorman. Eoin O'Brien, Dan O'Brien. Jackpot for Tues. 11th 3425 euro. Results next week.

AGM

Our AGM was held on Friday last, 7th in the Community Centre. It was one of the best attended meetings of recent years and it was heartening to see so many players present and though relegation was our lot last year, the attitude was up beat with a resolve to work very hard in the junior grade.

Election of officers resulted as follows: Hon. Life President; Pad Fennessy. Vice Presidents David Fennessy, Willie Roche, Pat Veale, Jim O'Brien, Eddie Veale, Ml. Clancy, Tom Walsh. Chairman John Devine. Vice Chair Ml. Clancy. Secretary; Breeda Clancy. Asst. Sec. Anthony Glavin. Treasurer; Pat Bennett. Asst. Treasurer and Deise Draw Coordinator Seamus Clancy. Membership Officer Matty Meagher. First Aid Tina Meagher. Hurling captain Fergal Meagher.

Membership to be paid to Matty Meagher as soon as possible, this is very important, especially for players, as they are not insured if not paid up members. Players weekend away is on the weekend of 19th Feb. Names and money to be given to Matty Meagher and Eugene O'Brien.

ASIAN DISASTER FUND

Once again the people of Ballysgaggart have come up trumps when the need is greatest. The collection at Mass on Sunday morning was beyond anyone's expectations and one felt that maybe the fundraiser on Sunday night would not be

great as most people would have contributed, but we were wrong again. The fundraiser was a great success and 1,000 was raised - actually it was 975 euro and somebody threw in 25 euro to bring it to a round figure. That money will go to goal and we want to thank everybody who gave items for the raffle and who bought tickets, your generosity is very much appreciated.

St. Mary's Parish Notes DUNGARVAN

Sunday 16th January: Second Sunday in Ordinary Time

Introduction to Readings: Isaiah reminds us that God's Chosen One, Jesus will bring salvation to all nations. Paul expresses gratitude for all the graces given to the community at Corinth. In the gospel we are introduced by John the Baptist to Jesus, the Lamb of God.

Listening Process Meeting

Will be held on Monday, 17th January, 2005, in the Park Hotel, at 7.30 p.m. All are welcome.

Baptism

Baptism takes place on the 1st Saturday of the month at 6.00 p.m. and the 2nd & 4th Sunday of every month after 12 noon Mass. Parents must take part in the preparation meeting - enrol at the Parish Office please.

Parish Office

Is located in St. Mary's Church and is open Monday - Friday 10.00 a.m. - 12.00 noon, and 2.00 p.m. - 4.00 p.m. If you want to book Masses or Baptisms call during these times. Phone 42374.

Daily Mass broadcast on 98.5 F.M.

St. Vincent De Paul: Help-line 44033

Phone Numbers

Fr. O'Mahony 42374; Fr. O'Riordan 42384; and Fr. O'Connor 42381.

Emergency Telephone No. To Contact Priest on Duty - 086 - 2334282.

DUNGARVAN MUSEUM LECTURE

Genteel Revolutionaries

A lecture by Dr. Carmel Quinlan



The first in-depth study of the lives and politics of two of the most interesting social radicals of their time. Quakers, Anna and Thomas Haslam campaigned for social reform in the late nineteenth century, and played a central role in the formation of an early Irish feminist agenda in the early twentieth century.

Anna and Thomas Haslam were born ten years before Victoria ascended to the throne, both into Quaker families. Dr. Quinlan's book 'Genteel Revolutionaries' is both an exploration of their lives and a history of the first forty years of feminist activism in Ireland.

Thomas was a man of much and varied learning and was certainly years ahead of his time. He wrote on birth control as early as 1868 and, in the 1870s, on prostitution and on sexual morality. He published a journal on female suffrage in 1874 and continued to write on the subject until his death in 1917 at the age of 92. Dr. Quinlan traces the Haslam's work for women suffrage from their founding of the Dublin Women Suffrage Association in 1876 to the granting of the franchise in 1918.

She examines the campaign for the repeal of the Contagious Diseases Acts in the 1870s, a campaign regarded at the time as disgraceful because it discussed prostitution and venereal disease, subjects they should have known nothing about. Anna was active in the movement for the education of women and was also instrumental in winning for women the right to stand as candidates in local elections. She was a member of the International Council of Women from the 1880s.

In this lecture Dr. Quinlan will reveal an Ireland where people with religious and political differences worked together for a common cause and whose conservative demeanor belied their radical ideals. The first in-depth study of the lives and politics of two of the most interesting social radicals of their time. Quinlan effectively integrates the achievements of the Haslams into the economic, social, and intellectual climate of the period. She highlights how their work combined methods of non-violence with deep religious commitment.

Carmel Quinlan is a Post-Doctoral Research Fellow in the Department of History, University College Cork where she is also co-ordinator of the MA course in Women's Studies.

This lecture is not to be missed. It takes place in Dungarvan Library on Tuesday January 18th at 7.30 pm and as always all are very welcome.

Dungarvan No Name Club

INDOOR SOCCER

On Wednesday we had a great turnout for our first indoor soccer tournament. The 1st Yr Final was decided after an exciting penalty shoot out. The winners were Adam O'Riordan, Eanna Power, Roisin Caulfield, Michael Hennebry & Aisling Scanlon. The category for 2nd & 3rd Yrs was also keenly contested. The winners here were Sinead Kiely, Chloe Lawlor, Elaine Flavin & Raymond McCarthy.

The stage was then set for the Senior Category. Because there was such a large entry it was decided to award prizes for both the outright winners and also for the winners of the losers group. The competition was fierce and all teams gave of their best. Several of the boys were surprised by the skill of the girls and many were left scratching their heads as the girls registered score after score. The overall winners from the eight teams which started were the AA Team made up of Gillian McGrath, Fionnuala Breathnach, Marie Ahearne, Killian O'Keefe, Conor McGrath & Shane Flavin. The winners of the B Final were Knockacoola Utd which consisted of Aine Breathnach, Kate Kiely, Aoife Nagle, James Ryan, Colin McGrath and Eoin Walsh. A great day was had by all and many tired but happy bodies hobbled home after the competition. Among those who competed also were the Barcelona Bandana Itchers, the A-Team, Ballydurn AFC, Returned Rangers, The No Name Team and the X-Factors. To all these we say well played and better luck next time. The transfer window is now open for the next competition.

OUR 2ND DISCO

Following the soccer tournament we held our second Disco. Davitt's Nightclub rocked once again to a big attendance from teenagers from all over West Waterford. These Discos are a core part of our operations. It is great to see so many young people enjoying a night out and behaving themselves in the absence of alcohol. How often we hear comments about the poor behaviour of our young people. Many older people would do well to copy the behaviour of the vast majority of those who attend our Discos.

It is very apparent that there is a demand for tickets to our Discos from a wide area. In order to maintain control of this situation, and still meet this need we are considering issuing i.d. cards which would confirm eligibility to attend our events.

SELECTION OF HOST & HOSTESS OF THE YEAR

Our next club meeting is a very important one. It will be held in the Pearse Room of Lawlor's Hotel at 8:00 on Wednesday 12th of January. At this meeting we have to select our nominees to go forward for the Regional Host & Hostess of the year competition. This competition will take place in New Ross on Monday 24th of January. At next Wednesday's meeting candidates will go through a 3 part selection process. This consists of

- A short private interview
- A short public interview &
- A party piece. - This can be a soap box, a song, music, dance or a poem of no longer than 3 minutes.

The successful candidates will need to demonstrate good personality and knowledge of the No Name Club.

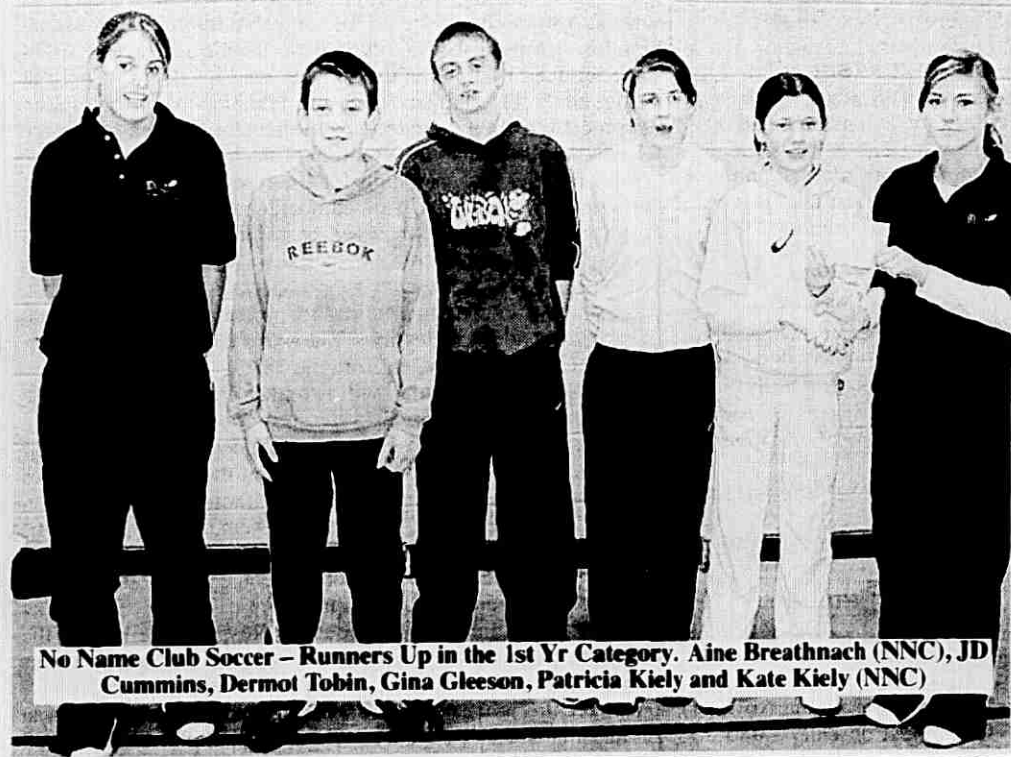
Also at next Wednesday's meeting we have a very exciting announcement to make about a great activity coming our way in a few weeks time. This is one you don't want to miss!



No Name Club Soccer - B Group - Senior Winners. Michael Dunford (NNC), Robert Phelan (NNC), Colin McGrath, Eoin Walsh, Kate Kiely, Aine Breathnach, James Ryan and John Donovan (NNC). Missing is Aoife Nagle.



No Name Club Soccer - Overall Senior Winners. Back row: Roisin Fahey (NNC), Marie Ahearne (Cappagh), Fionnuala Breathnach (Ring), Shane Flavin (Ballinameela), John Power (Manager), Gillian McGrath (Ballinameela) and Michael Dunford (NNC). Front seated are Conor McGrath (Dungarvan) and Killian O'Keefe (Dungarvan).



No Name Club Soccer - Runners Up in the 1st Yr Category. Aine Breathnach (NNC), JD Cummins, Dermot Tobin, Gina Gleeson, Patricia Kiely and Kate Kiely (NNC)



No Name Club Soccer - Winners of the 1st Yr Category. Aine Breathnach (NNC), Adam O'Riordan, Eanna Power, Roisin Caulfield, Michael Hennebry, Ashling Scanlon and Kate Kiely (NNC)

RECENT DEATHS

LATE NELL WALSH (NEE BARRON)

Profound feelings of sorrow and regret were expressed with the passing of Nell Walsh (nee Barron), Farnane, Cappagh. Over the last few years Nell hadn't enjoyed the best of good health. We sympathise with husband Sean, her son Ned, daughter Helen, daughter-in-law Ann (nee O'Brien), son-in-law Jim Walsh, sister Bernadette Fenton, Fermoy, brothers-in-law Fr. Larry P.E., Fr. Michael P.P. (Denver), sister-in-law Alice, Florrie, Jessie, Rita, Elsie, grandchildren, nephews, nieces.

Removal took place on Saturday evening from her residence to Modeligo Church. Following funeral Mass on Sunday the interment was in the adjoining cemetery.

(Full obituary next issue).

(Funeral arrangements by James Kiely & Sons, Funeral Directors, Dungarvan).

LATE MURIEL CHARLOTTE COWMING (NEE HILL)

Sunday evening last brought the sad news of the passing of Muriel Charlotte Cowming (nee Hill), New Line, Abbeyside. Predeceased by her husband Thomas, she was daughter of the late William and Florence Hill. We extend to her sons Tom, Billy and Michael, daughter Theresa our condolences at this time. Removal took place on Tuesday evening from the Kiely Funeral Home to Abbeyside Church. Funeral Mass will be celebrated this Wednesday at 10 o'clock with the interment afterwards in the Old Church-

yard Cemetery, Dungarvan. (Full obituary next issue).

(Funeral arrangements by James Kiely & Sons, Funeral Directors, Dungarvan).

LATE ROGER McGRATH

Just days before Christmas we mourned the passing of St. Joseph's Hospital, Dungarvan of Roger McGrath, who was hospitalised for a number of years, and who was a native of Boolavounteen and of advanced years. Of farming stock, we sympathise with his sister Catherine Power, his nephews Maurice, James and Joe. Removal took place from the Kiely Funeral Home to Touraneena Church and funeral Mass was offered on Thursday for the happy repose of his soul. Fr. Kelleher P.P. and Fr. P. Hallahan P.E. officiated at the funeral obsequies. The lessons at Mass were read by Bridget Farrell, and her daughter Jenny O'Riordan. The interment followed in the family grave in Touraneena Cemetery.

(Funeral arrangements by James Kiely & Sons, Funeral Directors, Dungarvan).

LATE MICHAEL HOGAN

We express our condolences to Michael's brothers Patrick, Thomas and John, his sisters Chrissie, Kathleen, Mary and Annie, his sisters-in-law Margaret, Mary and Joan, his brothers-in-law Mossie, George and Michael, his nephews, nieces, other relatives and friends at this time. Michael, of Ballinacourty, who went to his eternal reward on Monday 3rd January was well known and in his younger days was an accomplished hurler

and footballer. In 1948 he was a member of the County Minor team that brought Munster and All-Ireland titles to the Deise.

Removal of Michael's remains took place on Thursday last from the Kiely Funeral Home to Abbeyside Church where after funeral Mass on Friday he was laid to rest in the adjoining cemetery.

Suaibhneas siorrai go raibh aige.

(Full obituary next issue).

(Funeral arrangements by James Kiely & Sons, Funeral Directors, Dungarvan).

LATE THOMAS (GUSTY) TOBIN

It is with feelings of profound regret we record the passing of Thomas (Gusty) Tobin, 15 Shandon St., Dungarvan which sad event occurred on Christmas Day, 25th December.

Gusty who was in his late eighties was born and reared in Killineen and in his youth worked with local farmers.

In the early forties he emigrated to England where he worked as well as in Scotland and Wales before returning to Dungarvan where he took up employment in the Leather Factory. He was held in high esteem by all who had the pleasure of his acquaintance. His passing is much regretted. May he rest in peace.

Following rosary on Sunday evening recited by Canon O'Connor his remains were removed from Drohan's Funeral Home to St. Mary's Parish Church where they were received and blessed on arrival by Canon O'Connor and followed by a large cortege of mourners.

Requiem Mass was celebrated by Fr. Cooney O.S.A. on Monday morning after which interment took place in Kilbrien Cemetery. Canon O'Mahoney P.P. and Fr. O'Riordan assisted at requiem Mass. Fr. Cooney O.S.A. assisted by Fr. M.I. Kennedy P.P. officiated at the graveside again in the presence of a large gathering.

The lesson was read by Andrea Curran and Derek Sheehan.

The chief mourners were John (London), Willie (Dublin) and Michael (Dungarvan), (brothers), Maisie Fitzgerald (Ardmore), (sister), nephews, nieces, relatives and friends.

(Funeral arrangements by Tom Drohan, Funeral Directors, Dungarvan).

LATE PATRICK (PADDY) FLYNN

It is with regret we record the death of Patrick (Paddy) Flynn, Kyne Park, Abbeyside which sad event occurred on Thursday, 16th December.

Paddy was well known in the locality, born and reared in Durrow, Stradbally. He was the gardener for the local Council all of his working life, there was nothing he enjoyed more than the out door life. His priorities were his family, he was a kind, loving husband and father. Paddy had reached his eighty second year and spent the past eight years in Dungarvan hospital where he bore his final illness with true Christian fortitude. He will be sadly missed. May he rest in peace.

Rosary was recited on Friday evening, 17th December at the

Hospital Chapel by Fr. Keogh C.C. and his remains were removed to Abbeyside Church where they were received and blessed on arrival by Fr. Keogh C.C. and followed by a large cortege of mourners.

Following requiem Mass on Saturday morning celebrated by Fr. Keogh C.C. the funeral proceeded to the Old Church Yard Cemetery, Dungarvan for interment.

The chief mourners were Donal and Pat (sons) Gwen (daughter), Bridget Lynch and Josie Wade, Durrow (sisters), Mickie Wade and John Power (brothers-in-law), grandchildren, nephews, nieces, relatives and friends.

(Funeral arrangements by Tom Drohan, Funeral Directors, Dungarvan).

LATE THOMAS WHELAN



It is with sadness we write of the passing of Thomas Whelan, 12 Mitchell St., Dungarvan which occurred on Tuesday, 14th December.

Thomas was a Baker all his working life. He lived for his family and grandchildren Patrick, Grace, Anna and Ellen. He was married to Nell for 44 years, they had a long and happy marriage. He was a good, loving and caring husband and father.

Thomas was a very committed, faithful, dedicated and staunch member of the Legion of Mary for over 30 years. He visited the local hospitals every week and did home visitation with Our Lady of Fatima Statue. He looked after the sale of the Catholic papers every weekend at all the Masses in the Parish Church. He enjoyed a week in different parishes in England and Scotland on Legion of Mary work. He was also a promoter and a very genuine member of the St. Joseph's Young Priests Society - the local branch, since the late sixties, and he was a member of the local Pioneer Council, a choir member at the 7.30 evening Mass on Sundays some years ago. He visited the Blessed Sacrament Chapel regularly, and was in the Rosary Group at the Friary Church until he got ill a short time ago. He was a patient in the Sacred Heart Unit and the District Hospital, Dungarvan, the places that he loved to visit. May he rest in peace.

Rosary was recited by Fr. Cooney O.S.A. at Dungarvan hospital after which his remains were removed to St. Mary's Parish Church where they were received and blessed on arrival by Canon O'Connor, assisted by Canon O'Mahoney P.P. and Fr. Slater O.S.A. and followed by a

large and representative cortege of mourners.

Following requiem Mass on Thursday morning celebrated by Fr. Collender O.S.A., assisted by Canon O'Connor, Canon O'Mahoney P.P., Fr. Geoghegan C.C., Fr. O'Riordan C.C. interment took place in the adjoining cemetery, again in the presence of a large gathering.

The lesson was read by Colum Flynn (son-in-law), Siobhan Whelan (daughter-in-law) and Kay Casey. Prayers of the Faithful were recited by Edward Browne, Eleanor Hickey, Yvonne Sheehan and Mairead Casey. Offertory gifts were brought by Patrick and Grace. Appropriate Hymns and music were rendered by Lorna Jane Daly Murray.

The chief mourners were wife Nell, son Martin, daughter Josephine, son-in-law Colum, daughter-in-law Siobhan, grandchildren Patrick, Grace, Anna and Ellen, sister Monica, brother-in-law Tom, nephews John, Edward, John and Malcolm, nieces Cora and Miriam, sister-in-law Alice and all his relatives and friends.

The Months Mind Mass for the late Thomas Whelan will take place on Friday 14th January at 7 pm at the Friary Church.

(Funeral arrangements by Tom Drohan, Funeral Directors, Dungarvan).

LATE BIDDY COFFEY



On Sunday morning, December 12th we learned of the passing of Biddy Coffey, Lisard, Bonmahon at Waterford Regional Hospital, after a short illness at the age of 89, Biddy was a native of Kilnagran. She was a loving wife to the late Larry Coffey, who predeceased her by 15 months, and a devoted mother to her sons Michael and Paddy, daughter Maura, grand-

children and great grandchild. Biddy had a deep faith and in later years looked forward to the visits of the local clergy on the first Fridays. She was very fortunate to have such kind neighbours who visited her regularly as she enjoyed a good chat and loved people to call to her home.

Rosary and prayers were recited at Drohan's Funeral Home on Sunday night. Removal took place on Tuesday evening at 8 pm to St. Anne's Church, Ballylaneen, where the remains were received by Fr. Gregory Power and Fr. John DeLaney, Kilrossanty. On Wednesday morning after 11 am Mass celebrated by Fr. Power, Biddy's remains were removed for burial to the adjoining cemetery, borne to the graveside by family members. During the Mass the lesson was read by Paul Lennon, grandson and Tommy Flahavan, nephew. Prayers of the Faithful were recited by Karen Coffey, Michelle Sullivan and Eoin Coffey, grandchildren and by Maura Berry and Noreen Lewis, nieces. Offertory gifts were brought to the altar by Brian Lennon and Conor Coffey, grandchildren. Beautiful Hymns were rendered by Liamy Doherty and Mary Heffernan and Paddy O'Brien sang "Never Grow Old".

Chief mourners were sons Michael and Paddy, daughter Maura, grandchildren Brian, Paul, Conor, Patrick, Eoin, Michelle, Karen and Kevin, and great granddaughter Katie, daughters-in-law Kathleen and Mai, son-in-law Sean, nieces and nephews and a large circle of relatives and friends.

(Funeral arrangements by Tom Drohan, Funeral Directors, Dungarvan).

LATE PATRICK (PADDY) FRAHER

It is with profound sorrow and deep regret we record the passing of Patrick (Paddy) Fraher, 2, Shanbally, Cappelquin which sad event occurred on Thursday 6th January at Waterford Regional Hospital. Removal took place on Friday evening from Walsh's Funeral Home, Cappelquin to St. Mary's Church, Cappelquin. Funeral Mass was celebrated on Saturday morning and burial took place in St. Declan's Cemetery, Cappelquin. We extend our deepest sympathy to his brothers Eddie and Michael, sisters-in-law, nephews, nieces, grandchildren, grandnieces, relatives and friends. May he rest in peace.

(Full obituary next issue).

(Funeral arrangements by Aidan Walsh & Sons, Funeral Directors, Cappelquin).

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RECENT DEATHS

LATE BILLY BARRY



This script was written with profound feelings of sadness on the sudden death of Billy Barry, Garrahlish, Kilmacthomas who died on Tuesday 28th December. His passing cast a gloom over the parish of Stradbally and beyond. But the shock of his death of course was felt more so by his dear wife of 40 years Joan, his sons Gerard, Noel, Liam, Tom, Tony and David, daughters Susan, Mary, Helen, Paula and Lynda, his brother Ned, sisters Eileen and Mary.

He was born in Garrahlish, Kilmacthomas in 1931 into a family of four boys and four girls. Billy worked for the past many years for Tony Kirwan, retiring just over a year ago. Billy was well known in card schools (particularly 45), politics and GAA circles. Billy was an excellent Gaelic Footballer. He joined Stradbally in 1953 from Kilrossanty as a call went out from the Stradbally club to the players residing inside the parish. At the time they were experiencing difficulty in fielding a team that had been regraded to Junior level and Billy filled a post. With Billy's football skills and his partner in the middle of the field, the late Mossy Casey, they pulled Stradbally up to Senior status. It was a "red letter" day in November 1957 when that team beat Gaultier in the Junior County Final. However, Billy's ambition was to win a Senior final when with seven minutes to go, Billy crashed a penalty to the net, only to be denied by this great Mount Sion team of 1957-59 when they scored a last gasp winning goal.

From that year, the clock ticked on, and the elusive county medal escaped him. Billy continued to play hurling in goal until 1964. He was an avid follower of the Cork hurling and football team as his father was a native of West Cork.

Billy was a life long supporter of Fine Gael, but it was as a card player Billy will be remembered most. Billy had a passion for the game of 45 and would play a game with the "drop of a hat". Wherever Billy played, he brought character to the table. He played in Doneraile once a month and weekly at Bridgie Terries, the Pike, Kilmac and Stradbally at Whelan's pub. Billy had a canny way of injecting "bite" into the game by calling himself the "Champ". Billy's game plan was the difference from making it a good game to a great game. His annual visit to Listowel races with his friends and the late night game of cards, will

be remembered for generations to come. As one pundit said, "it will never be the same without Barry".

Billy's last game of cards was played at Tommy Power's in the Square, Dungarvan on the night before he died. Along with his family in that game, was his life long friend, Tom Foley. Tom said in his Eulogy at the funeral Mass that those players should savour those moments as we will never hear Billy's joyful banter again and to hope that there's a deck of cards up above.

We will miss his style and panache. He was a loveable "Champ" and a most respected gentleman. Our sympathy to his family.

LATE JAMES YOUNG



It is with feelings of sincere regret and sadness we record the passing of James Young, St. Monica's Terrace, Abbeyside, which occurred on Sunday 2nd January.

James who had reached his 81st year was born in Abbeyside in 1923. He was educated at the Primary School at the Pond and at the CBS Secondary School, Dungarvan.

In 1943 he joined the Royal Air Force and served until 1946. He took part in the D-Day Landings in June 1944. To mark the 50th Anniversary in 1994 he sailed with the commemorative flotilla to the Normandy beaches to partake in the memorial services.

When he returned from the navy he worked in Dungarvan Leathers until 1951. A fitter by trade, he worked for the Co-operative Fruit Growers Society (Apple Factory) for some fifteen years where he was held in high esteem by all who knew him. The last thirty years of his working life were spent with Waterford Co-op until he retired in 1987. His attention to detail put him in a class of his own and if there was difficulty in repairing a machine he was always called upon.

In his youth he also spent some time in the Civil Defence. His love of the sea and all things maritime were apparent by the many friends who called on him regularly with copies of "Sea Breeze" and historical snippets.

He had a great interest in many things especially GAA. He played hurling with Abbeyside in his youth. An avid reader, he did the crosswords daily, his favourite gifts were puzzles and he possessed great patience. A man with a wonderful sense of humour, affectionately known to his friends as "Happy," he loved to share a

joke. He was a people person and had time for everyone. A kind neighbour and friend, he was deeply religious. He was a devoted husband, and loving father and a wonderful grandfather.

He was predeceased by his daughter Marion, brother Sean and sisters Breda and Nuala and his passing leaves a void in the community that will not be easily filled.

He was indeed a true gentleman and the huge turnout at the obsequies leaves no doubt as to his wide popularity. May he rest in peace.

His remains were removed from Droghans Funeral Home following rosary, recited by Fr. Keogh, C.C. on Monday evening to Abbeyside Church where they were received and blessed on arrival by Fr. Enright, P.P., followed by an immense cortege of mourners.

On Tuesday morning Requiem Mass was celebrated by Fr. Keogh, C.C. assisted by Fr. O'Callaghan, O.S.A. and interment took place in St. Lawrence's Cemetery, Ballinroad.

The readings were by Billy Hickey and Anna Young (grandchildren). Prayers of the Faithful were shared by granddaughters Denise Young, Kate Hickey, Deirdre Young and Louise Young. In the Offertory Procession were Nellie Young (sister-in-law), Met Egan (sister), Sean Young, Conor Hickey (grandsons). Emblems placed on the coffin were a puzzle and an emblem from the Royal Navy and a photo.

Communion Reflection "Footsteps," reflective of his gift of faith was read by granddaughter Siobhan Young. Graveside recitation "Crossing The Bar," by Alfred Tennyson, the expression used when a shipmate dies, was read by Elaine Hickey.

John and Deirdre Collender sang "Be Not Afraid" and "Going Home" at the removal of remains. Lorna Jane Murray and Paddy Daly sang "Alice Benbow," "Safe in the Harbour" and "Be Not Afraid" at the funeral Mass.

Chief mourners — Wife Madge, son Johnnie and Kier-

an, daughter Elaine, brother Dermot, sister Met, nephews and nieces, grandchildren and greatchildren, son-in-law Edmond Wade, brother-in-law Tonnie Houlihan and a wide circle of relatives and friends.

(Funeral arrangements were by Tom Drohan, Funeral Director, Dungarvan).

LATE THOMAS (TOM) GEARY

It is with deep regret and sadness we record the passing of Thomas (Tom) Geary, Sapper-ton, Knockanore, which sad event occurred on Saturday, 1st January at St. Joseph's Hospital, Dungarvan. Removal took place on Monday evening from St. Carthage's Mortuary, Lismore to the Holy Cross Church, Kilwatermoy. Funeral Mass was celebrated on Tuesday morning and burial took place in Knockanore Cemetery. May he rest in peace.

We extend our deepest sympathy to son Patsy, daughters Joan, Ina and Teresa, sisters Magie and Maureen, daughter-in-law, sons-in-law, sisters-in-

law, grandchildren, nephews, nieces, relatives and friends. (Full obituary next issue).

(Funeral arrangements by Aidan Walsh & Sons, Funeral Directors, Cappoquin).

LATE THOMAS (TOM) MOLONEY

It is with great sadness and regret that we record the passing of Thomas (Tom) Moloney, Ballyphilip, Knockanore which sad event occurred on Tuesday, 4th January at Waterford Regional Hospital. Removal took place on Thursday evening from St. Carthage's Mortuary, Lismore to the Church of the Sacred Heart, Knockanore. Funeral Mass was celebrated on Friday morning and burial took place in the adjoining cemetery.

We extend our deepest sympathy to his niece Cora, nephews Frank, Seamus and Oliver, the Baldwin family (Killeenagh), relatives and friends. May he rest in peace. (Full obituary next issue).

(Funeral arrangements by Aidan Walsh & Sons, Funeral Directors, Cappoquin).

KILROSSANTY NOTES

AGM

Kilrossanty Hall Annual General Meeting will be held this Thursday night in Crotty's Inn at 8 pm. As the Hall is officially closed it has to be held in Crotty's Lounge. Work on the hall will start shortly.

AUCTION

Thanks to all who supported the auction at Micilins last Friday night in aid of the Asian Disaster Fund. Thanks to all who donated money and other items for the fund. All who attended locally and from other areas the bidding was very good with Pat Dunphy being the Auctioneer on the night. 7,200 was raised on the night for the Irish Red Cross to aid the people of Asia.

DINNER

I.C.A. Annual Dinner on 1st February. More details next week.

CLOTTO

Clotto this Sunday night for 1,700 euro will be held in Micilins. Proceeds will go to the Asian Appeal Fund.

FAS

FAS scheme is being filled at the moment. List of names will be given at a later date.

KILROSSANTY GAA NOTES

Clotto — The weekly Clotto will resume next Sunday, 16th January. Instead of 6th Feb, it will be held in Micilins for Asian Relief Fund. The jackpot is 1,700 euros.

Presentation — Presentation of Minor Football medals will be held in Crotty's on 4th February. Hot meal and music on the night will be part of it with guests on the night. Tickets will be 20 euros and can be had from Pat Prendergast. It is important that tickets will be purchased well in advance of the night so as to give numbers attending to the caterers. Tickets also available from Ger Walsh, Tom Prendergast and Liam Brazil.

Annual General Meeting

The club held their Annual General Meeting last Friday night. It was well attended. The Chairman John Kiely welcomed all to the meeting and said he was delighted to see so many present.

Pat Prendergast and Harry Quinn spoke about underage in the club and said they were happy with the past year. They thanked the sponsors and the parents who helped out during the year. Mairead Coffey coordinator of Deise Draw gave a detailed account of the draw during the year. It was nice to see money at the end of the year in spite of refurbishing the Clubhouse and sanding of the field. Mike Baldwin did likewise a very detailed account as Treasurer of the club. He said it costs a lot of money to run the club. He did say that membership should be increased next year as insurance costs are very high.

Ger Walsh as Secretary gave an account of the club during the year. The highs and lows, it was a great achievement for the minor footballers to win the County. Pat Whyte spoke on behalf of the selectors, he hoped that 2005 would be a better year on the field if more commitment was given by the players we could be still within a championship win in Senior Football. Pa Walsh also spoke as did John Kiely. Sean Lennon spoke on the Junior Football scene during the year. Tony Coffey and Richard Hayes spoke on the Junior Hurling and said there is no point in putting in a team if the players don't give the commitment to play hurling. A long debate on this took place but it was decided to put in a bigger effort this year in Junior Hurling. The selectors of the Minor Football team thanked all for their support during the year and the sponsors on County Final day. The Chairman gave his address to the meeting, thanked all offi-

cers for their help to him during the year. He also thanked Harry Quinn, Ger Walsh and Pat Whyte for the refurbishing of the meeting room. Jenna Whyte was thanked for doing up the book for the Annual General Meeting. He said the outlook in football in the club was good as the minors had made it this year. Jimaneen Sean Veale and John Mansfield who keeps the field in good shape were thanked. Councillor Liam Brazil was congratulated on becoming a County Councillor during the year. Fr. John Delaney P.P. said a few words said he was delighted that he could attend and wished the club well for the coming year.

Election of Officers; President; Fr. John Delaney P.P. Vice President Sean Ormonde. Vice Presidents; John Walsh, Jimmy Maher, Mike Walsh, Jimmy Power, Jimaneen Power, Sean Baldwin, John Kett, Mick Veale; Jimmy Doocey, Joe Hayes, Dinny O'Brien, John Flynn, Paddy Dee, Paddy Flynn. Chairman: John Kiely. Vice Chairman; Pat Whyte.

Secretary; Ger Walsh. Ass. Secretary; Maurice Dee. Treasurer Mike Baldwin. Ass. Treasurer; Liam Brazil. PRO Mairead Coffey. Membership; Ger Walsh. Insurance; Mike Baldwin. Kit Officer; Theresa Kiely. First Aid; Eddie Walsh. Physio John O'Donnell. Field Officers; Jimaneen Power, John Mansfield. Underage Chairman; Harry Quinn. Underage Secretary; Pat Prendergast. Deise Draw; Mairead Coffey. Senior and Junior Football selectors; Paddy Dee, John Walsh, Pat Whyte, Sean Lennon, Tom Keating. Under 21 Football Selectors; Pat Whyte, Pat and Tom Prendergast, Brian Kirwan. Minor Football Selectors; Pat and Tom Prendergast, Ger Walsh, Brian Kirwan. Junior Hurling Selectors; Tony Coffey, Richard Hayes and Pa Walsh. Membership Fees for 2006 40, 20, 10 euros passed at this AGM.

Meeting — The first committee meeting of the year will be held on Wednesday 19th at 8.15 pm. Hope to see new faces on the committee.

BALLINROAD I.C.A. NOTES

Happy New Year to all our members. To get us into the Christmas spirit, we had a lovely trip to Kilkenny with dinner to finish. Thanks Monica and Marian — our advance scouting party who tested the cuisine and livened up the days activities.

We had a great night out in Crotty's for the International Night. There was such variety representing all the countries, with singing, dancing, poetry, story telling, our own representative Kathy Spenceer (Wales) did us proud.

We hope to have a photographer in place for the guild photograph at the February meeting — so we would love to have as many members as possible attending.

Ballinroad Guild wishes to thank Ballinroad Choir for making the Christmas celebrations so special, Christmas Eve Mass was such a joy. The Altar Crib, flowers etc looked beautiful in the special atmosphere of the candlelight and the night was enhanced by the lovely Carol singing. We had the same on Christmas Day and on Sunday.

Our meeting takes place tonight in St. Lawrence's Hall at 8pm and we would ask out members to be in place at 8pm.

BALLYMACARBRY NEWS

40th WEDDING ANNIVERSARY

Congratulations to Pat and Mary Power, St. Martin's Place, Ballymacarbry who celebrated their 40th wedding anniversary with the celebration of Mass at Saint Laurence's Parish Church, Fourmilewater. The celebrant was Rev. Fr. Cornelius Kelleher P.P., Nire/Touraneena, after Mass the many guests present went to the Greenview Lounge, Goatenbridge where a great night, song and dance to the music of Richie Halpin was had by all present for many hours. Pat and Mary were married in 1964 in the Parish Church, Dungarvan by the late Rev. Fr. Daniel Byrne C.C.

FOURMILEWATER GUN CLUB

Fourmilewater Gun Club held its New Year Hamper draw at the Bridge Bar, Creggane on Sunday, 2nd January 2005.

Hamper winner Joan O'Dwyer, Newcastle (brandy), Michael O'Sullivan, Ardpaddin (chocolates), James Phelan, Shanballyanne. In House draw, Donal Foley, Clonmel. Land Owner, Thomas Lyons, Boolabrien Lower.

THE PEAKS MOUNTAINEERING CLUB

After the break for the festive season the club walking rosta got into gear for the coming months. The first walks of 2005 began on Sunday last in the normal established fashion. All walks started from Eldons at the given time with the first walk of the year in the Comeragh's. Those walks are only available to paid up members of the peaks mountaineering club for reasons of insurance. All walkers are required to be properly equipped for a day on the mountains with boots, jackets, backpack and lunch. The leader will not take a walker out on to the mountains unless equipped for the type of mountain walking that the club does, it is dangerous to the walker and unfair on other club members.

FOURMILEWATER HURLING CLUB 45 CARD GAME WINNERS

1st 9 games Billy Carroll and Jimmy Quinn, Clonmel. 2nd 8 games James Phelan, Graignagower and Larry Ryan, Clonanov. Lucky tables (2) Mary Walsh, St. Martin's Place and Mary Ryan, Graignagower. Pat and Mary Guiry, Rathgormack. Cards each Friday night at 8.45 pm sharp.

LOTTO

Numbers drawn 1-2-16. No winner. As only 3 people had 2 numbers they receive 50 euro each. Martin Wall, Knockaunbrandaun. Ellen Power, St. Martin's Place. Tony McCarthy, Ballymacarbry. Jackpot this week 1,050 euro.

PLANNING BOARD SAYS NO TO CREMATORIUM

Bord Pleanala has refused permission for the proposed development of a Crematorium at Mocklerstown, Clerihan, Clonmel. Last May 04, South Tipperary County Council refused planning permission to Strikement Limited for the Crematorium development. An oral hearing was held by Bord Pleanala in Clonmel and on December 22nd Bord Pleanala took a decision to refuse permission. Bord Pleanala ruled that the proposed development would conflict with the policy of the planning authority in South Tipperary County Development Plan to resist proposals for commercial/industrial activity in the open country side except where there is a proven need for the proposal to be located there and where such a proposal does not impact on traffic safety. Bord Pleanala said the proposed development would conflict with the policy of the development plan and would be contrary to the proper planning and sustainable development of the area.

Councillor Derry Foley (FG) welcomed the decision of Bord Pleanala to refuse permission for the building of a Crematorium at Mocklerstown, Clerihan. "The decision vindicates the local people who originally objected to the proposed development by Strike Mount Limited.

The decision also vindicates South Tipperary County Councils subsequent decision to refuse this application. The development would have had a detrimental impact on the local road network in the area. Darcy's Cross is a dangerous junction that required recent improvements. The application if granted would have caused traffic congestion in the village of Clerihan and caused traffic delays on the Clonmel/Cashel Road".

Climber Dies in Fatal Fall

The man who lost his life in a tragic climbing accident in Kerry on Monday week last was well known in the Clonmel area and was married to Clonmel girl from Coleville Road. Gerry O'Connor who lived in Cloghroe, near Blarney in County Cork with his wife Elizabeth (nee Bond) from Clonmel and their three sons, Brian, Dan and James. He was a member of the Peaks Mountaineering club, he was a former manager of the Blarney Park Hotel in Cork and former President of the Irish Hotels Federation. In latter years, he worked as a consultant to the Hotel trade. He died after a fall of over 100m while climbing alone near Carrauntohill in the MacGillycuddy Reeks, he was seen falling by three other climbers who raised the alarm, his body was found shortly afterwards by members of the Kerry Mountain Rescue team, who were already in the area to search for Swedish climber Olos Jansen, Binnchaorach Ridge where Gerry O'Connor was climbing when he fell, is regarded locally as a treacherous piece of ground. The recovery of Gerry O'Connor's body from 'Brother O'Shea's Gully where he was found, was difficult and had to be negotiated through rough terrain and in windy and wet conditions. His body was removed to Tralee General Hospital where a post mortem was carried on Tuesday night. A native of County Meath, he was a regular visitor to Clonmel with his wife Elizabeth who is daughter of Jim and Kathleen Bond who live on Coleville Road, below Clonmel on the Waterford side. When in the area he often participated in walks organised by the Peaks Mountaineering Club and members of the Clonmel group were stunned this week to hear of his tragic death.

Gerry was an experienced and accomplished climber and scaled many of the world's toughest mountains in recent years including Mont Blank and Kilimanjaro. As well as taking part in local climbs on the Comeragh's and Galtees and the Knockmealdowns with the Peaks Mountaineering Club. He also went on trips to France and Switzerland with other members. On Thursday evening his remains were removed to Saint Senan's Parish Church, Cloghroe, and after requiem Mass on Friday afternoon he was laid to rest in Saint Senan's Cemetery Tower.

Maireann an chraobh ar an bhfal ach ni mhaireann an lamh do chuir.

RECENT DEATHS

LATE MR. THOMAS WALL

It is with deep and sincere regret we pen the death of Mr. Thomas (Tommy) Wall, Ard na Greine, Clonmel which sad event took place recently at his home. His death has marked the end of an era, as he was one of the last rare breed of Craftsmen, who could be relied on to do those odd jobs, which few were interested in doing, and which were so very necessary to people, especially those advancing in years of Meagre Means. Tommy, noted for being obliging, would never leave anyone down, recording to his wife, who said no matter how busy he was he would always be only too willing to help someone out, even to fixing a lock or whatever the problem might be.

His personality was summed up very aptly and succinctly by Sister Bridie of the Loreto Convent, Clonmel, when she said in the course of a well deserved tribute to him at his funeral Mass, his way of living life had stamped on it the hallmark "Christian". He was kind, courteous and gentle. He was a man of his word, if he said he would come to mend your chute on Tuesday afternoon you could be sure that he would arrive.

He was one of nine children, three boys and six girls of Jack and Mary Wall, Sheehy Terrace, Clonmel. Working from an early age on the buildings, he often recalled some of the bigger schemes in which he was involved, the Christian Brothers Primary School, Clonmel Arms Hotel, Dunnes Stores of Oakville.

Married to Patricia Carroll, Hopkins Lane off O'Connell Street whose grandfather was a "Cooper" an old prestigious craft now virtually extinct, they reared five children, the yresided for a couple of years in Thomas Street before settling almost forty years ago in Ard na Greine. As Sister Bridie mentioned in her tribute, Tommy dearly loved his wife Pat, and the two of them, together for more than forty years built a loving and happy home for their children.

A family man first and foremost it could be said of Tommy, she said that when he was not out to provide for his family he was at home enjoying their company. Family and work were the twin loves of his life, he never needed to go anywhere as his home was his castle and he was happiest there. Well known for his practical jokes, his wife said he loved to play tricks on people, but always in the most harmless and good humoured way.

Tommy used to look forward to Sundays, when he could spend lots of time with his family. His day began with first Mass of S.S. Peter & Paul's Church, his routine after lunch was taking his family for a walk around by Connolly Park or Powerstown where relatives resided which meant treats for the children. The Walls household always had animals about the place, dogs, cats, rabbits, all of which at one time had either been left in because they were injured and were never collected or were strays, in any case Tommy hadn't the heart to turn them away.

For the past two years Tommy was in bad health and was house bound, but as his wife Pat said he never complained nor lost his good spirits. Tommy was in and out of South Tipperary General Hospital, Clonmel where the staff were wonderful to him. It was a comfort and consolation to Pat and family that he slipped away so peacefully at home.

His remains were removed to S.S. Peter & Paul's Parish Church, Clonmel where they were blessed and received by Rev. Fr. Brian Power C.C., S.S. Peter & Paul's.

On the following morning requiem Mass was celebrated for the happy repose of his gentle soul, the celebrant was Rev. Fr. Brian Power C.C. After Mass the funeral took place

to Saint Patrick's Cemetery, Clonmel where a kind and loving man was laid to rest. To his wife, sons, daughters, sisters and his many relatives we extend our sympathy.

Faoi scrath na croise go raibh a hanam uasal.

LATE MR. EDWARD MULCAHY

With deep and sincere regret we record the death of Mr. Edward (Ned) Mulcahy, Orchardstown, Lisronagh, Clonmel which sad event took place at his residence on Thursday, 23rd December. Deceased was a member of a well loved and respected family whose late father David Mulcahy hailed from Kilkenny, Ballymacarbry and he passed to his eternal reward on the 31st January 1951 and is laid to rest in the family plot in St. Helena's Cemetery in the Nire Valley.

His remains were removed to Lisronagh Parish Church on Christmas evening and on Sunday the feast of Saint Stephen (First Martyr) 12 noon Mass was celebrated for the happy repose of his eternal soul. After Mass he was laid to rest in the adjoining cemetery.

To his wife Mary, sons and daughter and his many other relatives we extend our sympathy.

Go dtugadh Dia solas na bhflatheas da anam.

(Undertakers Condon's, Clonmel).

LATE MRS. DOLLY BYRNE

It is with regret we pen the death of Mrs. Dolly Byrne (nee Reardon), Saint Finnan's Avenue, Ardfinnan which sad event occurred on Tuesday 28th December. A kind and loving woman she was a native of Spitalands, Ardfinnan and was a member of the staff for many years of the now defunct Ardfinnan Woollen Mills. She was also a member of the Ardfinnan Church Choir and the local boy scouts committee and at the Community Council. She was predeceased by her husband Paul who was a regular at the 45 Card Game of the Oriel Bar, Ballymacarbry for many years.

Her remains were removed to the Parish Church of the Holy Family, Ardfinnan on Wednesday evening, and on Thursday after requiem Mass, interment took place in Saint Finnan's Cemetery, Ardfinnan. To her family we extend our sympathy.

A chroí ro Naofa dean trocaire uirthi.

LATE MRS JOCIE DOWLING

It is with deep and sincere regret we pen the death of Mrs. Jocie Dowling (nee Mackin), Castlegrace, Clogheen, her passing was received with much sorrow. She was a kind, hard working and loving wife, mother, grandmother and great grandmother. She had a heart of gold and almost everybody in the locality was touched by her kindness, concern and generosity and she was always available whenever the need was.

Her great wish was that she would see Duhill Church fully restored but alas this was not to be, instead her funeral was the first in the newly renovated Church. The church was scheduled to open on Christmas Eve but in order to have it ready for the funeral a large group of men and women got together and made it possible. A fitting tribute to Jocie, as she would have done herself.

She was laid to rest on Tuesday 21st December, the feast of Saint Thomas (Apostle) after Mass in Duhill Cemetery.

To her husband, sons, daughter, brother and her many relatives to them we extend our sympathy.

Ni bheidh a leithead aris ann.

**DAIRY****Pre-Calving Care**

Pre-calving animals are under so much stress that their appetite is severely reduced and their immune system is so low that they are very subject to infection. Therefore, it is essential to minimise stress by not having any overcrowding, by having easy access to feeding, by having good ventilation but no drafts (deadly). Cubicle beds should be cleaned and 'limed' twice per day and cubicle passages and yards should be cleaned more frequently than usual. Continue feeding 2 - 3 oz (60 - 90g) per cow per day of pre-calving mineral, spread on the silage in two or three divides a few times per day.

If silage is poor and cows are thin it will be necessary to feed 1 - 2 kgs of meal right up to calving.

Calving Care Pays

Poor management at calving will result in calf and cow deaths and more infections in cow and calves.

Result:- Reduced profits, because of higher vet and medicine charges and infertility will be the result.

Be prepared! Know when cows are due, have water, soap, disinfectant, iodine, calving jack, ropes, gloves (nitrile or neoprene), and possibly oxygen set at the ready. You will need at least one calving box for every 20 cows. A 'maternity ward', where 6-10 cows within 7 days of calving, are kept on straw. This makes supervision, easier and cleaner. Night-time feeding of silage with no silage available during the day encourages more daytime calving - 2 ft/cow feeding space is required.

For your own sake always wear gloves at calving to avoid being infected with brucellosis or leptospirosis.

Don't rush calving, the cow needs time to 'open-up'. From the time the crubes appear leave heifers 2 hours and cows three hours before intervening. If in trouble get the vet in time if you cannot deal with a problem.

Early Nitrogen

Background Nitrogen is released from the soil all year round. At some time during January or February the demand by growing grass for N exceeds this background release. At this point, there is likely to be a response to applied N. This is when first N should be applied. The recommendation is that 30 kg/ha N (23 units/ac) be applied then, and four to six weeks later follow with 60 kg/ha (46 units/ac).

This strategy reduces the risk of N loss (due to high rainfall and low uptake of N) as the majority of N is applied closer to the time of higher uptake. This strategy worked for farmers in 2004.

In general, the first application could be as early as mid January. With higher Nitrogen prices in 2005 you can ill afford to waste Nitrogen.

SHEEP**1. Vaccination**

All mature ewes should get their clostridial "booster" 4-6 weeks pre-lambing. This boosts the level of antibodies in the ewes system and also gives protection to new born lambs via the colostrum.

Clostridial bacteria are widespread on farms and this vaccine is good insurance cover against a wide range of diseases.

Farms with a previous history of pasteurilla should continue to vaccinate for the disease. Although expensive, it is not one to be skipped in these situations.

E.coli and orf vaccines are also due - again, they only apply to farms with a past history of these diseases.

2. Lambing

Now is the time to plan lambing as there are still a couple of weeks to go. During the four weeks lambing there are two aims:

- Get lambs out to field
- Use time effectively

TIPS

- Lambing area - All pens should be lambproof. An unmarked lamb wandering around a passageway takes time to sort out.
- Get ewe lambs to grass before the start of lambing - give more space, don't require feeding.
- Individual pens - Use a hay rack rather than silage. Source a few bales of good hay if necessary.
- Water - Don't end up holding a pipe filling buckets. Fill a few barrels around the shed in strategic locations.
- Colostrum - Source plenty of cow colostrum in February.
- Letting out lambs - Check that gates and fields are lamb proof. Use a marking system that identifies whether the lamb is a single or twin, and what ewe they belong to.

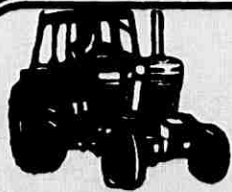
National Reserve

The closing date for receipt of applications for Single Farm Payment from the National Reserve is Friday January 14.

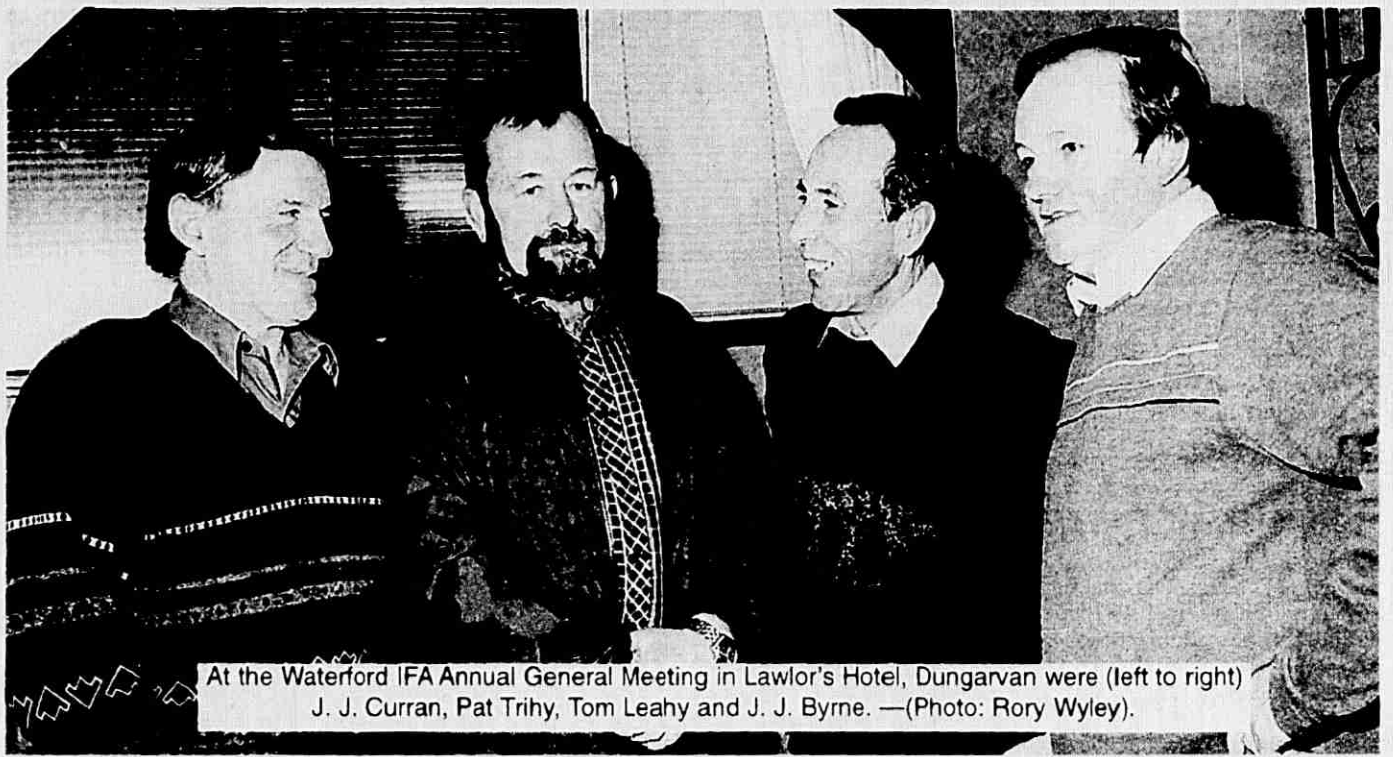
The categories of farmers who are entitled to make an application to the National Reserve for free entitlements include:

- a) Farmers who inherited land that was leased out during the reference period.
- b) Farmers who made investments in production capacity between 1 January 2000 and 19 October 2003.
- c) Farmers who participated in the milk quota restructuring scheme between 1 January 2000 and 19 October 2003.
- d) New entrants to farming after 31 December 2002.

Applications are available from the Department website www.agriculture.gov.ie and from Teagasc offices.



FARMING LEADER



At the Waterford IFA Annual General Meeting in Lawlor's Hotel, Dungarvan were (left to right) J. J. Curran, Pat Trihy, Tom Leahy and J. J. Byrne. —(Photo: Rory Wyley).

Dillon tells IFA AGM...

Farmers Need Government Measures for the Future

At the IFA's 50th Annual General Meeting in Dublin on Friday, 7th January, IFA President John Dillon said to the Taoiseach Mr Bertie Ahern TD "the principle challenge for farmers, for IFA, for food processors and for the Government is to ensure we have a strong viable full-time farming sector going forward".

"Farmers will have to build up their scale and capacity to survive and we will need Government measures to remain competitive." "I am asking you today, Taoiseach, to engage with us in developing a programme to achieve farm viability. I am calling for the removal of Stamp Duty and Capital Gains Tax, where the sale or purchase of land is essential for farm viability."

Mr Dillon totally rejected the conclusions of the Government's 2015 Committee, which reported before Christmas, that by 2015 there would be only 8,750 viable full-time farmers left in the country. He described this as "a doomsday scenario which would also be a catastrophe for the food industry, as the supply of farm produce for processing would wind down."

"IFA recognises the important contribution of part-time farmers. However, if the Government believes that subsidising low farm income with an off-farm job is a policy for agriculture, they are wrong. This is no long-term strategy, and will weaken the whole production base of Irish agriculture within a generation."

The IFA President said "farming with decoupled payments is the greatest change for Irish agriculture in over 30 years, since we joined the EEC in 1973. Decoupled payments are there for a very specific reason - to pay for the restrictions and higher standards imposed on European farmers."

"I give you one hard example: beef hormones, which the Americans allow their feedlots to use, add a net profit of \$100 per beef animal to American farmers. Farmers and Irish food processors

face a tough trading environment." "While significant imports are already entering the EU, Europe remains the best market for Irish produce. Irish farmers and Irish processors are in a battle to gain a greater presence in the European consumer market."

Mr Dillon said the message from IFA's AGM was:

- Full-time farming must be profitable.
- Product prices must return a viable margin for efficient farmers.
- Full-time farmers need a sufficient margin to develop, invest and expand.

Government policy must promote and support farm consolidation to give farmers the scale and ability to compete in the difficult environment ahead.

Referring to this year's critical EU Budget negotiations, Mr Dillon called on the Government to back the EU Commission and reject the position of the "Gang of Six" countries that are against the EU Budget increase.

"Between 2007 and 2013, agriculture will be the main vehicle to draw down EU funding for Ireland. Apart from the importance of this to the farming sector in Ireland, I believe it is in Ireland's long-term interests to support the development of the economies of the new member states. Ireland has done well from EU membership. The new countries deserve a similar opportunity."

The IFA President told the Taoiseach that the EU's sugar reform proposals would "wipe out the Irish sugar industry". He said "the entire Government - including the Taoiseach, the Minister for Agriculture, the Minister for Foreign Affairs, and Commissioner Charlie McCreevy - must defend Ireland's vital interests in these negotiations."

Mr Dillon described the EU review of the Disadvantaged Areas scheme as "a major political challenge for the Government, with over 100,000 low income farm-

ers, with limited resources, depending on an average payment of 2,340 under the present scheme".

With the EU Commission is proposing to use natural handicap as the new criteria for payment, Mr Dillon said "natural handicap will have to include not just high mountains, such as the Alps, but the difficult land and farming conditions typical of the existing Disadvantaged Areas in Ireland".

Mr Dillon said IFA would shortly be negotiating a new Charter of Farmers' Rights with Minister Mary Coughlan, covering all aspects of regulations and cross-compliance.

"Farmers are entitled to respect and dignity. Like other citizens, we are entitled to proper procedures, adequate notification and courtesy. Farm inspections and penalties must take account of the realities of practical farming."

Mr Dillon said the battle was not yet over on the nitrates issue. "The Denis Brosnan recommendation for an organic nitrogen limit of 250 kg/ha was a sound position, but the Nitrates Action Programme has to be approved by the European Commission,

and the Water Framework Directive is next."

"There has to be a lead in time of five years for the full implementation of the Nitrates Directive, and for IFA, the Action Programme is conditional on a general grant rate for storage facilities of 60%, and 75% grant rates in Cavan, Monaghan and Leitrim."

Mr Dillon acknowledged the strong commitment of the Government and Minister Mary Coughlan to the live export trade. "We now have two companies interested in launching a new service and we want to see a new ferry operational within weeks."

This year's AGM was held at the new Conference Centre at the Irish Farm Centre in Dublin.

The Taoiseach Mr Ahern opened the Conference Centre, which is part of a new extension and redevelopment of the Irish Farm Centre, which houses Ireland's leading farming organisations, including IFA, the Farmers' Journal, Macra na Feirme, FBD Insurance, Foróige, the Irish Charolais Co-operative Society, the farm accounts body IFAC and Co-op Travel.

Cappoquin Macra na Feirme Notes

Congratulations to Dan O'Donnell and Amy Kearns on their recent engagement. Best of luck to ye for the future and wishing ye every happiness.

Also congratulations to John Kelly who lately turned 21. Hope ya didn't get up to too much mischief.

The debating competition is on Saturday night, 15th January in The Park Hotel at 8pm.

OUR OUTING TO FOTA

Looking for a bit of excitement to start the year off, Hazel, Gearoidin, Anita, James, Thomas and Pdraigin headed off to Fota ice-skating on the 2nd of January with a few from Kilmac Macra. Anyway that was exactly what we got. Everything was going fine until a minute before the end of the session, when Gear and Mark were being very brave and skating in the middle of the rink. The outcome was that poor Gear ended up in A&E with a broken ankle. Best wishes to ya sis! Hope ya get well soon. — Pdraigin Flynn (Club PRO).

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Planning Notices

Dungarvan County Council — Permission is sought for the conversion of existing attic space to residential use, plus alterations to existing elevations at the house known as "Hermitage", Friars Walk, Abbeyside, Dungarvan, Co. Waterford. The planning application may be inspected or purchased at the offices of the planning authority and a submission or observation in relation to the application may be made to the authority in writing on payment of the prescribed fee (€20) within the period of 5 weeks beginning on the date of receipt by the authority of the application. Signed: John and Maeve Fitzgerald.

Dungarvan Town Council — Indefinite retention permission is being sought for public house redevelopment including external rear yard smoking area at Merry's Bar, Parnell/Church Street, Dungarvan, Co. Waterford. Signed: P. Dwane. This planning application may be inspected or purchased at the offices of the Planning Authority, Civic Offices, Dungarvan, Co. Waterford during normal opening hours i.e. 10.00 a.m. to 1.00 p.m. and 2.00 p.m. to 4.00 p.m. Monday to Friday (excluding bank holidays). A submission or observation in relation to the application may be made in writing to the planning authority within the period of 5 weeks beginning on the date of receipt by the authority of the application on payment of a fee of €20.

Waterford County Council — Alf and Annette Whitford applies to the above authority for Planning permission to construct a garage/store at Knockaloorican, Ballyduff Upper, Co. Waterford. The planning application may be inspected or purchased at the offices of the planning authority and a submission or observation in relation to the application may be made to the authority in writing on payment of the prescribed fee (€20) within the period of 5 weeks beginning on the date of receipt by the authority of the application.

Waterford County Council — We intend to apply to the above authority for Outline Planning Permission to construct new storey and a half dwelling house, entrance, septic tank, percolation area & associated site works. At: Ballynacourty (E.D. Clonea), Dungarvan, Co. Waterford. This planning application may be inspected or purchased at the offices of the Planning Authority, Civic Offices, Dungarvan, Co. Waterford during normal opening hours i.e. 10.00 a.m. to 1.00 p.m. and 2.00 p.m. to 4.00 p.m. Monday to Friday (excluding bank holidays). A submission or observation in relation to the application may be made in writing to the planning authority within the period of 5 weeks beginning on the date of receipt by the authority of the application on payment of a fee of €20. Signed: Maurice and Betty Dee.

Waterford County Council — Planning permission is sought on behalf of Willie Power for the construction of one single storey dwelling with ancillary site works and new entrance, with connection to public foul water sewer and public mains water supply at Newtown, Tramore, Co. Waterford. The application may be inspected or purchased at the offices of the Planning Authority, Waterford County Council, Civic Offices, Dungarvan, Co. Waterford, between the hours of 10 a.m. to 1 p.m. and 2 p.m. to 4 p.m., from Monday to Friday (excluding bank holidays). A submission or observation in relation to the application may be made to the planning authority in writing on payment of the prescribed fee (€20) within the period of 5 weeks beginning on the date of receipt by the authority of the application.

Waterford County Council — We Patrick and Mary Power intend to apply to Waterford County Council for planning permission for bungalow, waste water treatment system, percolation area and entrance at Feddians, Rathgormack, Carrick-on-Suir, Co. Waterford. The application may be inspected or purchased at the Planning Department, Waterford County Council, Civic Offices, Dungarvan, Co. Waterford and a submission or observation in relation to the application may be made in writing to the planning authority on payment of the prescribed 20 euro fee within the period of five weeks beginning on the date of receipt by the authority of the application.

Waterford County Council — I, Jean Kirwan intend to apply to Waterford County Council for planning permission for dormer style dwelling, waste water treatment system, percolation area and entrance at Ballynevin, Ballylynch, Co. Waterford. The application may be inspected or purchased at the Planning Department, Waterford County Council, Civic Offices, Dungarvan, Co. Waterford and a submission or observation in relation to the application may be made in writing to the planning authority on payment of the prescribed 20 euro fee within the period of five weeks beginning on the date of receipt by the authority of the application.

Waterford County Council — Permission is sought for the construction of a dormer style dwelling, domestic garage, septic tank, percolation areas, entrance, driveway and all associated works, at Dromana, Cappoquin, Co. Waterford. This planning application may be inspected or purchased at the offices of the planning authority and a submission or observation in relation to the application may be made to the authority in writing on payment of the prescribed fee (€20) within the period of 5 weeks beginning on the date of receipt by the authority of the application. Signed: P. O'Brien.

Waterford County Council — Marie and Jeanie McCarthy intend to apply for outline permission to build 6 no. town houses and 2 no. apartments at West Lodge, Townparks West, Tallow. The proposed development will include the provision of a new site entrance from the public road. This planning application may be inspected or purchased at the offices of the planning authority and a submission or observation in relation to the application may be made to the authority in writing on payment of the prescribed fee of €20 within the period of five weeks beginning on the date of receipt by the authority of the application.

Waterford County Council — I, Billy Dunn, wish to apply to Waterford County Council for outline planning permission for one dwelling house, septic tank and entrance at Ballyguiry, Dungarvan, Co. Waterford. This planning application may be inspected or purchased at the offices of the Planning Authority, Civic Offices, Dungarvan, Co. Waterford, during normal working hours, i.e. 10 a.m. to 1 p.m. and 2 p.m. to 4 p.m. Monday to Friday (excluding bank holidays). A submission or observation in relation to the application may be made in writing to the planning authority within the period of 5 weeks beginning on the date of receipt by the planning authority of the application on payment of a fee of €20.

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IN MEMORIAMS

BURKE — Twelfth Anniversary — In loving memory of Julia Burke, late of Barrack St., Tallow who died on January 15, 1993. You always had a smile to share. Time to give and time to care, Years may pass and tears may dry, But memories of you will never die. (Always remembered by your husband Sean).



BURKE — Twelfth Anniversary — In loving memory of Julia Burke, late of Barrack St., Tallow who died on January 15, 1993. We think about you always, We talk about you still, You have not been forgotten, You know you never will, Those who think of Mam today, A little prayer to Jesus say. (Always remembered by your loving daughter Carmel and son-in-law Philip).

CUNNINGHAM — Third Anniversary — In loving memory of a dear son, brother and uncle John, late of Abertagh, Clashmore whose anniversary occurs on January 13th. Third Anniversary Mass on Saturday, January 15th at 7.30 pm in Clashmore Church. The midnight stars are shining, On a grave not far from home, Where we laid our darling John, 3 years ago, It broke our heart to lose you, But you did not go alone, For part of us went with you, The day God called you home. (Dad, Mam, Margaret, Frances and nephew Kyle).



DOLAN — In loving memory of my daughter Linda Dolan, Knockanore, whose second anniversary is on January 16. God must have thought you special, To take you the way He did, They say He only takes the best, And this He surely did, Look around Your garden, Lord, For an angel with a smile, She won't be hard to recognise, She must stand out a mile. (Love always Dad XXX).



EGAN — Twenty Second Anniversary — In loving memory of our dear father, Peter Egan, late of 7 Boreenatra, Dungarvan who died on 14 January, 1983. R.I.P. A loving spray of memories, Tied up with all our love, Memories we will treasure, Of the one we dearly loved, In the centre of God's garden, There is someone special there, That someone is my father, The best beyond compare, Your name is often mentioned, We talk about you still, You haven't been forgotten, By us you never will, Will those who think of him today, A little prayer to Jesus say. (Always loved and remembered by your daughter Margaret, sons Tommy, David and John, son-in-law, daughters-in-law and grandchildren).



FOLEY — Seventh Anniversary — In loving memory of Mary Foley, late of Gortnadiha, Ring who died on 14th January, 1998. We lost a mother with a heart of gold, How much we miss her can never be told, She shared our troubles and helped us along, If we follow her footsteps we will never go wrong, We miss you from your fire-side chair, Your loving smile and gentle air, Your vacant place no one can fill, We miss you mother and always will. (From your loving daughter Mary Ann, grandchildren Stephanie, John Paul and Lisa XXX).



MCCARTHY — Sixth Anniversary — In loving memory of John Joe McCarthy, late of Ballinroad who died on January 13, 1999. We often sit and think of you, And think of how you died, To think you could not say goodbye, Before you closed your eyes, Your life was one of kindly deeds, A helping hand for others needs, Sincere and true in heart and mind, Beautiful memories left behind. (Always remembered by your wife Mary Ann, daughters Stephanie, Lisa, son John Paul XXX).

BURKE — Twelfth Anniversary — In loving memory of Julia Burke, Barrack Street, Tallow who died on January 15, 1993. A lot in life has altered, A lot of life is new, But the things that never altar, Are the memories of you, It isn't what we write, It isn't what we say, It's how we feel inside, When we think of you today. (Always remembered by your loving daughter Patricia, son-in-law Michael and grandchildren Michael and Niamh).



CURRAN — First Anniversary — In loving memory of Patrick Curran, Lr. Coolboa, Clashmore, who died on January 18th, 2004. God bless you Patrick, you were one of the best, We lost a father with a heart of gold, How much we miss him can never be told, He shared our troubles and helped us along, If we follow his footsteps we will never go wrong, It does not take a special day, For us to think of you, Each Mass we hear, each prayer we say, Is offered up for you. (Always lovingly remembered by your family).

DOLAN — In loving memory of my sister Linda Dolan, who was taken from us on 16 January, 2003, sadly missed. Two years have passed since you have gone, Not a chance to say goodbye, For everyday within my heart, I try to keep you alive, The memories that we shared as sisters, No one can ever take, For the time we had together, No one can ever replace, I know you're safe within God's arms, And watching over us, I pray to God to tell you Linda, I love and miss you lots. (Love your sister Jackie, brother-in-law Sean and niece Kathryn XXXXXX).



FLAVIN — In loving memory of Willie Flavin, Windgap, who died on January 13, 1977. Mass at St. Mary's Parish Church on Thursday 13th at 7.30 pm. R.I.P. There is no night without a dawning, No winter without a Spring, And beyond deaths dark horizon, Our hearts once more will sing, For those who leave us for a while, Have only gone away, Out of a restless careworn world, Into a "brighter day". (Always remembered with much love Joan and family).

HENNESSY — Seventh Anniversary — In loving memory of John Hennessy, late of Dromana, Cappoquin whose anniversary occurs on January 17. No longer in our lives to share, But in our hearts you are always there, The way you were, you will always be, Very special in our memory. (Sadly missed by your loving wife Babs, sons, daughters-in-law and grandchildren).

MCCARTHY — Sixth Anniversary — In loving memory of John Joe McCarthy of Ballinroad who died on 13 January, 1999. Time slips by but still you stay, As near and dear as yesterday Dad, Even though you may not be in our lives, You are always in our hearts, The family chain is broken, But one day shall join again, As God calls us one by one. (Dearly missed and always loved your loving daughter Stephanie).



MOORE — Sixth Anniversary — In loving memory of William Moore, late of Bawnfoun, Cappoquin, who died on January 19, 1999. A silent thought, a secret tear, Always wishing that you were here, Life goes on, we know that's true, But it's not the same since losing you. (Sadly missed by your loving wife and family, your sister, relatives and friends).



COAKLEY — First Anniversary — In loving memory of a dear father and grandfather Michael Coakley, late of Inchindrisla, Dungarvan who died on January 18th, 2004. Anniversary Mass at 11 am on Sunday 16th January at Kilgobnet Church. Will those who think of him today, A little prayer to Jesus say. (Sadly missed by Lauri, Imelda, Denis, Una, Kevin and Michael).

CURRAN — First Anniversary — In loving memory of my dear father, Patrick Curran, Lr. Coolboa, Clashmore who died on 18 January, 2004. R.I.P. When the emptiness of missing you, Is more than I can bear, I whisper Dad I love you, And always find you near, For in a world of memories, You fill my heart with pride, I will never walk alone, Dad, I know you're be my side, I often wonder where you are, I pray you're not alone, And hope that you are truly loved, Just like you were at home, Simple words but very true, We will always love and remember you. (Sadly missed by your son Johnny, daughter-in-law Mary).

DOLAN — In loving memory of our Mum Linda Dolan whose second anniversary is on 16 January. Rest with the Angels Mummy. God chose to take our Mum, To his beautiful garden of flowers, O God above please tell us, Why it had to be our Mum, To know her was to love her, Her kind and loving smile, To have her as our mother, Made everything worthwhile, No length of time will heal the grief, Our love is far too deep, With broken hearts we whisper low, God bless you Mum, we love you so. Love always your son Ken, daughter Kirsten and Kenny).

FOWLER — Eighteenth Anniversary — In loving memory of Anthony Fowler, late of 13, Byrneville, Dungarvan, who died on January 16, 1987. Will those who think of him today, A little prayer to Jesus say. (Always remembered by your loving sisters Lorraine and Theresa, nephews, nieces, aunt, other relatives and friends).

MCCARTHY — Sixth Anniversary — In loving memory of Michael Mulcahy, late of Ballinaha, Tallow whose anniversary occurs on January 17. To your graveside I do wander, I can picture your face so dear, In silence I stand in sorrow, For a husband I loved so dear, The flowers I place upon it, Will wither and decay, But the love I buried with you, Will never fade away, When I am sad and lonely, And everything goes wrong, I seem to hear you whisper, Cheer up and carry on, I miss you sitting in your chair, And your smiling face, For there is no one in the world Mick, Could ever take your place. (Your loving wife Babs).

LENIHAN — Sixth Anniversary — In loving memory of Danny Lenihan, late of Clonea Road, Abbeyside who died on 13 January, 1999. Anniversary Mass on the 30 January in Abbeyside Church at 12 noon. Silent memories keep you near, As time unfolds another year, Each of us in our own way, Have special thoughts of you today. (Sadly missed by your loving wife Helen and daughters Catherine and Helena XXX).

FOLEY — Seventh Anniversary — In loving memory of my dear Nan, Mary Foley, late of Gortnadiha, Ring who died January 14, 1998. Silent memories keep you near, As time unfolds another year, Deep in my heart, you will always stay, Loved and remembered everyday, Look after her Lord, In your garden of rest, Because in this life, She was the best. (My love always Nan, Martina XXX).

IN MEMORIAMs



MORRISSEY — Eighth Anniversary — In loving memory of our mother Christina Morrissey, 66 Childers Estate, Dungarvan, who died on 13th January 1997. R.I.P.

Our thoughts are always with you,
Your place no one can fill,
In life we loved you dearly,
In death we loved you still.
Your resting place we visit,
There we stand and pray,
But no one knows the heartache,
As we turn and walk away.
If tears could build a stairway,
And memories a lane,
We would walk our way to heaven,
And bring you back again.
(From your loving sons Padjoe, Michael, William, James and Timothy, daughters Mary Catherine, Nora Teresa, Christina, Esther, Ann, Bernie, Margaret and Tricia, Paul Keating and family, sons-in-law, daughters-in-law, grandchildren, great grandchildren, brother-in-law, sisters, nieces and nephews.)



MURPHY — Eighth Anniversary — Treasured memories of a dear mother, Mary Agnes Murphy, 4 West Street, Tallow who died on January 14, 1997. Aged 66 years. R.I.P.

January comes with sad regret,
It brings a day we will never forget,
Life goes on, we know it's true,
But it is not the same since we lost you,
A life made beautiful by kindly deeds,
To a beautiful life comes a happy end,
She died as she lived, everyone's friend.
(Always remembered by your loving husband Michael, son Michael, grandchildren and great grandchildren).



NAVIN — Eighth Anniversary — In loving memory of a wonderful husband and father, Tom Navin, late of Killeton, Stradbally, who died on January 16th, 1997.

You can shed tears that Tom has gone,
Or you can smile because he has lived,
You can close your eyes and pray that he will come back,
Or you can open your eyes and see all he has left,
Your heart can be empty because you cannot see him,
Or you can be full of the love you shared,
You can turn your back on tomorrow, and live yesterday,
Or you can be happy for tomorrow because of yesterday,
You can remember him and only that he has gone,
Or you can cherish his memory and live on,
You can cry and close your mind, be empty and turn your back,
Or you can do what Tom would want,
Smile, open your eyes, love and go on.
(Forever in our hearts, Ann, Siobhan and Jack).

PRENDERGAST — Thirty-second Anniversary — In loving memory of Joseph Prendergast, late of Barrack Street, Tallow, who died on January 14, 1973. Mass on Saturday night in Tallow Church.

No special day is needed,
For me to think of you,
For you were someone special,
And I thought the world of you.

(Always remembered by your loving daughter Frances and grandchildren Rosemarie, Noel, Linda, Amanda, Christine and John).

PRENDERGAST — Thirty-second Anniversary — In loving memory of Joseph Prendergast, late of Barrack Street, Tallow, who died on January 14, 1973.

God must have thought you special, Dad,
To take you the way He did,
They say He only takes the best,
And this He surely did.
(Loved and missed always — your loving daughter Kathleen, son-in-law Mike and grandchildren Michael, Sinead and Sharon).

WHELAN — Eighteenth Anniversary — In loving memory of my dearest father Michael Whelan, late of 54 Cathal Brugha, Dungarvan whose anniversary occurs on January 15, 1987. Mass offered.

Although you've left your favourite chair,
And your smiling face has gone,
Although we cannot hear your voice,
Your spirit still lives on,
How much you are missed around the house,
No one can ever tell,
But you seem to come back now and then,
To see if all is well,
Your photo stands with pride and place,
A gentle smile lights up your face,
You always seem to be so near,
Oh how we wish you were still here.

(Loved and missed so much Dada, your loving daughter June, Monnie and granddaughter Helen).

MOLONEY — Fourteenth Anniversary — In loving memory of William (Bill) Moloney, late of Lismore and London whose anniversary occurs.

Will those who think of him today,
A little prayer to Jesus say.
(Always remembered by his sister-in-law Breda, relatives and friends)

NOVENAS

NOVENA TO SACRED HEART — Dear Heart of Jesus, in the past I have asked you for many favours. This time I ask for this special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where your Father sees it. Then, in his merciful eyes, it will become your prayer, not mine. Amen. Say this prayer for three days, promise publication and favour will be granted. Never known to fail — M.O.C.

THANKS — To our Lady and Sacred Heart for favours Received — A.H.

THANKSGIVING — May the Sacred Heart of Jesus be praised, adored and glorified throughout the world, now and forever. Amen. Say 6 times a day for 9 days. Publication promised. Request granted — K.C.

NOVENA TO SACRED HEART — Dear Heart of Jesus, in the past I have asked you for many favours. This time I ask for this special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where your Father sees it. Then, in his merciful eyes, it will become your prayer, not mine. Amen. Say this prayer for three days, promise publication and favour will be granted. Never known to fail. — K.

Acknowledgments

LATE MAY LENIHAN Western Terrace, Dungarvan

The family of the late May Lenihan would like to thank everyone who sympathised with them in their recent sad bereavement. Especially those who attended rosary, removal and burial. Everyone who sent Mass cards, sympathy cards, letters, phone calls and floral tributes. A special word of thanks to Canon O'Connor, Canon O'Mahony and Fr. O'Riordan C.C., to Sr. Therese, Mass servers and grave diggers and Sacristan and to Drohan Funeral Directors for their help and kindness. Thank you also to Dr. Sullivan and staff at Mary Street Medical Centre. We trust that this acknowledgement will be accepted by all.

The Holy Sacrifice of the Mass has been offered for all your intentions.

LATE MARY CATHERINE GUIRY (née Flynn) Ballyknock

The daughter, son, son-in-law, daughter-in-law, grandchildren and other relatives of the late Mary Catherine Guiry wish to express their sincerest thanks to all who shared their recent bereavement. Thank you for your expressions of sympathy, your Mass cards, letters, floral tributes and your comforting presence at the funeral obsequies. A special thank you to the local clergy, to Waterford Regional Hospital, to Dr. Stacey, to our neighbours and friends, to the sacristan, gravedigger, alter servers and especially David Kiely Funeral Director, for their services. A special thank you to the staff at Herlihy's Super Valu, O'Connell Street, who were so helpful to Mary Catherine.

The holy sacrifice of the Mass has been offered in gratitude for all your intentions.

Month's Mind Mass for Mary Catherine Guiry will be offered this Sunday, January 16th in St. Mary's Parish church, Dungarvan at 12 noon.

BEREAVEMENT SUPPORT GROUP

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Tuesday Afternoon, 2.30 p.m. — 11, Childers Estate, Dungarvan

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GAMING AND LOTTERIES ACT 1956 SECTION 15 APPLICATION FOR A CERTIFICATE

District Court Area of Dungarvan District No. 21

TAKE NOTICE that the above-named Applicant Damian Doyle nominee of At Your Leisure Limited of 9 Grattan Square, Dungarvan, Co. Waterford will apply to the Court sitting at Dungarvan on Wednesday the 9th of February 2005 at 11.00 am for a certificate under section 15 of the Gaming and Lotteries Act, 1956 (No. 2 of 1956), authorising the issue of a licence permitting gaming at an amusement hall, namely John Doyle's Amusement Arcade situate at 9 Grattan Square, Dungarvan, Co. Waterford in said court area. The number and kind of games proposed to be carried on are as follows:

- 50 seater Bingo.
- 25 amusement machines AND FURTHER TAKE NOTICE that the applicant will rely on the following matters in support of the application. 1. The applicant is not disqualified by section 8 of the said Act from the promotion of gaming under section 6 or section 7 thereof.
- The other forms of amusement to be provided are as follows. 1. 35 gaming machines.

Dated this 6th day of January 2005.

Signed:
DAVID BURKE & COMPANY SOLICITORS,
24 Mary Street,
Dungarvan,
Co. Waterford.

The District Court Clerk,
Library Buildings,
Church Street,
Youghal,
Co. Cork

The Superintendent
An Garda Siochana
Dungarvan
Co. Waterford

The County Manager
Waterford County Council
Civic Offices,
Davitt's Quay,
Dungarvan,
Co. Waterford.

The Town Clerk,
Civic Offices,
Davitt's Quay,
Dungarvan,
Co. Waterford.

The Fire Officer,
Waterford County Council,
Civic Offices,
Davitt's Quay,
Dungarvan,
Co. Waterford.

DUNGARVAN LIONS CLUB CHRISTMAS DAY SWIM



Brave participants in the Dungarvan Lions Club Christmas Day Swim at Clonea Beach, led by the Lions Club President, Eamon Moore. —(Photo: Sean Byrne).

New School in Dungarvan in 2005 or 2006?

While only unforeseen circumstances will stop the Educate Together school opening in Dungarvan there is now doubt as to whether the ambitious deadline of September 2005 will be met. Educate Together schools are now in over 30 locations in Ireland and operate from the core principles of inclusion of all children regardless of their religion, ethnic or cultural background and believe in the principle that children who learn together can live together.

The Dungarvan Educate Together committee says that while the initial take up for places was brisk it will now be difficult to achieve the target of having 17 infants pre-enrolled by January 31st. "The Dungarvan Educate Together committee have put a lot of effort into getting the school up and running by September 2005 and would be very disappointed to have to delay until 2006. While there was interest and support at the public events and at the door-to-door leafleting, parents just have translated this support into registering their children" Martin Fitzgerald a committee member added. The Committee is confident that given the additional time to 2006 the school will open but are now making a last effort to get the additional names to open the school this year.

To this end parents who are interested in pre-enrolling their child for the next school year (September 2005) or subsequent years are invited to attend at the Park Hotel, Dungarvan on Saturday 15th January at 10.00 a.m. – 1.00 p.m. Parents are invited to pre-enrol their children on that day and/or get more information about Educate Together. Parents can feel free to bring their children along on the day. The actual process of pre-enrolling will be quiet short but there will be an opportunity to talk about this new school, meet other parents who are also interested in the school, and let your children meet other children – toys will be provided!

Parents can also pre enrol their children by collected forms from Daragh Connelly at Connolly's Pharmacy, Main St., Dungarvan for a registration form. Further information is available from Dara Connelly at 058 – 41064 or Ursula Browne 087-7535903.

DUNGARVAN DRAMATIC CLUB NEWS

Readings will take place this Thursday (13th Jan) at 8 pm in the Park Hotel for the club's next production, "The Beauty Queen of Leenane" by Martin McDonagh. Scripts are available in advance from reception in the Park Hotel. This production will be produced and directed by Pat O'Halloran and features two male and two female parts. Anyone interested in auditioning or just wishing to get involved in the club should come along on the night. New members are always welcome.

Dungarvan-based Century Homes says Government Failure to Reduce CO2 Pollution Costs Taxpayer €185 million

Gerry McCaughey, chief executive of Dungarvan-based Century Homes, the largest timber frame home builder in Europe, today severely criticised the Government's payment of 185 million for failing to reduce CO2 emissions by Irish industry.

"The Government has been forced to stump up 185 million of taxpayers money to purchase carbon dioxide credits, between 2008 and 2012, to compensate for its failure to reduce our levels of CO2 polluting emissions," he said.

"If the Government held its nerve, instead of buckling like a cheap deck chair under the pressure of interests groups, a carbon tax that would benefit the environment and consumers would now be in place. Instead, they caved in and allowed big business to continue polluting under the emission trading scheme," he added.

"In order for Ireland to meet its commitments under the Kyoto Protocol CO2 emissions need to be just 13% above 1990 levels in 2012. This 185 million cost may only be the tip of the iceberg and the eventual cost to the taxpayer if we don't meet our target is a potential fine of 5 billion."

An emission trading system which involves more than 100 Irish companies, took effect from January 1st as part of a wider European Union initiative. But the allocation of very generous carbon dioxide quotas by the Government allows each company participating to continue producing CO2 at their current levels free of any charge, and has drawn stiff criticism from the European Commission.

"Rather than face up to this problem the Government decided to abandon its plans for a



carbon tax and let the taxpayer shoulder the payment burden of this pollution. This was despite the disagreement of senior executives who had been given responsibility for implementing the Government's National Climate Change Strategy," said McCaughey.

"Thirty per cent of all CO2 pollution being produced is on the heating of houses. When you consider that Ireland is one of the most prolific housing markets in the World, with a requirement to build 50,000 per year over the next 10 years, you can see the potential massive impact that home heating could have on our ability to meet our Kyoto Protocol commitments."

"In order to reduce the exposure of taxpayers to any further environmental costs, I am calling on the Government to re-evaluate its approach to CO2 pollution by:

- introducing a carbon tax,
- significantly reducing the free carbon credits allowed to the 100 Irish companies participating in the Emissions Trading Scheme and,
- introducing an energy efficiency grant for first time buyers who are buying homes which meet certain specific environmental standards."

Spar Supports GOAL's SE Asia Appeal

Customers of Spar shops nationwide will have the opportunity to support GOAL's work in South East Asia as receptacles for donations are placed in 400 of the chain's shops around the country.

GOAL is helping thousands of survivors in Southern India, Sri Lanka, Indonesia and the Andaman Islands by providing food, shelter and healthcare.

GOAL CEO John O'Shea said: "The response to this tragedy has been outstanding. The public has been queuing up to donate money for our work in SE Asia and now even more people will be able to give what they can in Spar shops."

GOAL's experienced aid workers are giving hope to those who have lost everything but we need your help to continue this work," said O'Shea. In Tamil Nadu, Southern India, GOAL is working in the worst hit district, where many of the villages have been abandoned by their populations, who are seeking shelter further inland. GOAL has set up a feeding programme, medical camp and community kitchens, where people will receive three meals a day.

Hundreds of thousands of people are in need of urgent assistance in Sri Lanka. GOAL is responding by implementing public health and engineering programmes in three of the worst hit districts in Sri Lanka.

GOAL is the only international humanitarian organisation working in the remote Andaman Islands, where it has established a feeding programme in the capital Port Blair, as well as distributing non food items such as blankets, sleeping mats, cooking utensils, soap and containers are being distributed to those who have lost everything.

DUNGARVAN CAMERA CLUB

The past year must surely have been the most active one in the history of the club. Membership jumped by what seemed like 100%, and all activities were proportionately hectic. As usual the Annual Exhibition was an outstanding success and An Leabharlann must be thanked for allowing the use of such an ideal venue and the provision of exhibition stands. Likewise, the Park Hotel must be thanked for allowing the use of the foyer for the official opening, and those ceoltoiri from An Rinn who performed so well at that opening.

Murray's Pharmacy Fuji Digital Image Service must be thanked for their very generous financial sponsorship of the club for a twelve month period, also Waterford Co. Council for generous funding from their Arts Grants Scheme 2004. A special word of gratitude to Pat Ahearn of Dreoilin Glass, for his expertise in mounting and framing large numbers of prints for members frequently at short notice. Permanent gallery space for a large number of members, framed prints is another generous gesture by Dreoilin, which will be available within weeks.

Finally, buiochas to County Arts Officer, Margaret Organ, for her work with the club, the organising of a Christmas card competition for Waterford County Council, and allowing a certain amount of members' work to be exhibited during the year and at the Christmas arts and crafts display. Winner of this important competition was committee member, David Ind, of Lismore, the club's technical officer with a fine photograph of Lismore at dusk from the Millennium Garden. The work of ten runners-up in the same competition have been mounted and framed and will be displayed the Art Centre during January/February. Watch local papers for dates and times.

Club competitions during the year were a continuing success, with an average of forty-four entries for enprints competitions (monthly) and twenty-four for enlarged print competitions (quarterly). On four such occasions, when both monthly and quarterly competitions would co-inside, the number of entries was always in the region of seventy. The Christmas card competition attracted no fewer than 80 entries. All such activities kept members very much on their feet, as did the many Sunday or evening outings. Best of the former must surely have been the Backwater Valley outing, which included a visit to and a talk on Ballyphilip Castle. A special word of thanks to the proprietor for his excellent hospitality.

Some members submitted work for national and regional competitions. One member had a string of such wins, whilst two had their work published in the year-book, (EPhotography Ireland 2005), one achieving front cover status. The same member's work adorned the front and back covers of both the summer and winter issues of (EHarvest), the Diocesan magazine and a local calendar. Some members who are (Einto), the digital manipulation of photographs, have had their work greatly exposed to the public, with such subjects as the Waterford County Hurlers (a great fund-raiser), panoramic shots of Dungarvan and the harbour, Harley Davidson bikes, the manufacture of the Dublin Spire, Churches in the county, and much more. All this work is of an extremely high standard, and some has been snapped up by business establishments and private individuals.

Members should note the following important dates: February 1st closing date for IPF inter-club slide competition and national print competition. Feb. 19th IPF inter-club slide competition, and Feb. 20th inter-club national print competition; both at Limerick Strand Hotel, Ennis Road, Limerick, at 10.00 a.m. each day. Enquiries to Neil O Riain SAC Sec. at: neiloriain@hotmail.com

The club's AGM will be held at the January meeting in the Park Hotel on Tuesday January 11th, at 8.00 p.m. This date is a departure from the usual date, which is first Tuesday of each month. A large attendance is expected, so come early as space is getting more and more scarce. The Annual Dinner, combined with an inter-club photographic weekend, is just weeks away, and workshops and outings galore are being planned for the year ahead. Rath De oraibh go leir agus Beannachtai na hAthbhlhiana!

BALLYDUFF NOTES

BALLYDUFF CARDS RESULTS

December 22 1st Johnny Prendergast and Stephen Cunningham. 2nd and 3rd divided John and Eileen O'Keefe. Jim Leahy and Larry Byrne. Liam Leahy and Kevin Cronin. Lucky Tables May Higgins and Rita Leahy. Kit Scanlon and Dan Howard. Maureen Magnier and Peg Shanahan.

Christmas Raffle; Larry Byrne, Christy Higgins, Pad O'Gorman, Helen Cunningham, Peg Shanahan, Dave O'Brien, Lena Martin, Mary Byrne, Mary Casey, Pat Kirby, Kit Crowley, Jenny Fraher, Ann Byrne, Dan Howard, Mary Byrne, Ann Fitzgerald, Toss Murphy, Jackie Houlihan, Albina Cunningham, Jenny Fraher, Toss Murphy, Will Whelan.

December 29th 1st Larry Byrne and Jim Leahy. 2nd and 3rd divided Tom and Mgt. Ryan. Mary Fitzgerald and Peg Murphy. Lucky tables Christy Higgins and Mary Whelan. Bill and Bridie Flanagan. Raffle;

Rita Leahy, Pat Kirby, Maureen Magnier, Sean Higgins, Ciss Power, Eileen O'Callaghan.

5th Jan. 1st Mary Ellen Geary and Lizzie Keane. 2nd and 3rd divided Ann Byrne and Liam Leahy. Mick Higgins and Tom Byrne. Lucky tables Kit Crowley and Helen Cunningham. Jenny Fraher and Pat O'Connor. Denny Tobin and Jimmy Quirke. Raffle Pat O'Connor, Pat Roche, Joan Hannon, Mary Casey, Mary Ellen Geary, Eileen O'Callaghan and Pat O'Connor.

Ballyduff Comhaltas Notes

Firstly, We would like to wish all of our members a very happy and peaceful 2005. We had a very busy 2004, which included among many events, hosting the County Fleadh, and the Booley House trip to America. Great credit is due to the organising committees. We rounded the year off nicely with a super concert in which the kids from all classes took part, and it must be said, performed

excellently. Well done to all involved! And a huge Thank you to the teachers: Gerry Harrington, Aine Fitzpatrick, Tony Dunne, Bobby Gardner, Michael Ryan, Thomas Hyland and Ciara Dunne.

With everyone well rested after the Christmas break, all music and dancing classes have recommenced since Monday 10th, and are taking place at the usual times and venues.

Finally, Our sincere sympathy to the Reid family on the death of their daughter Emer.

Ballyduff Walking Club

On Sunday 9th we met at 1.30 pm at Carrigane cross for the Tobernahulla, Knocklassa, Black ring. Walk leader was Ann Cotter.

Please note the time change for next week's walk. On Sunday 16th January we will walk the Galtee Lakes area (Bansha side), walk leader will be Sheila Lenihan and we meet for car pool at 11.00am sharp in the Firgrove car park, and not 12.30pm as previously advertised.

Proper walking gear is essential for our walks. All outstanding membership dues are to be paid to Jacqui Hannon before Sunday 16th.

Ballyduff Macra Notes

Congratulations to Ballyduff Macra who represented the county at the weekend in Gormanstown in Co. Meath in the All-Ireland indoor soccer finals the girls put on a great display on the day and did their trainers proud!

The county officers held their first meeting of the new year last Thursday and discussed various fundraiser activities that need to be carried out within the clubs.

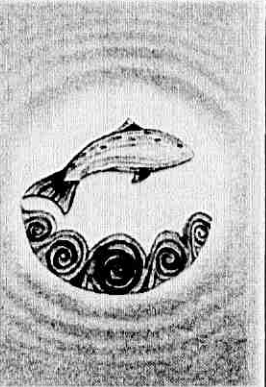
This Wednesday night the county executive meeting is on at 9pm in the Park Hotel and all club officers attending are asked to have their PRO and Minute books with them. Also clubs are asked to know if they have teams for basketball, drama and the dublin city talent show.

Blackwater Community School Notes

EDUCATION THROUGH THE AGES

This is the first of three articles related to Education in the area in the lead up to the Official Opening of our school, Blackwater Community School.

Education in this area goes right back to the foundation here in Lismore in the year 636 of a monastic university by St Carthage, also known as St Mochuda. This university grew to prominence as one of Europe's most prestigious seats of learning and its high regard and reputation around the world continued right up to the 13th century.



ENTRANCE TO LISMORE CATHEDRAL.

St Carthage or Cárthach, a Kerryman, in the year 636 was compelled to leave his loved sanctuary at Rahan by some envious clerics. He headed for Munster and appears to have come from Cashel by an old road across the mountains eventually arriving at a Mágh Sciath - the plain of the shields - which the king of the Deise, Maelotrích, had granted for a monastic settlement for himself and the monks who accompanied him. The name was changed when the first huge circular fence was built to surround the new foundation, to Lios Mór.

Lismore from then on led the way as a centre of learning and by the eighth century students were coming here from abroad to study. It grew to be a great monastery and also a centre of learning to which students came, not only from all parts of Ireland, but even from foreign lands. Among the illustrious men associated with Lismore are St Malchus, Bishop of that See, St Cataldus, Bishop of Tarentum in Italy, St Malachy, Bishop of Armagh and Primate of Ireland and also Apostolic/Papal Legate, St Christian, also Apostolic Legate, St Celsus of Armagh, and Cormac MacCarthy, royal builder of the famous church which bears his name on the Rock of Cashel. Alfred the Great of England is also said to have studied for a while in this famous school.

Such was the fame of this place as a centre of reputable learning that no fewer than 20 churches were founded in its vicinity.

So eminent European figures studied at its celebrated school and despite being sacked many times by the Vikings it retained its high influence in the kingdom of the Deise and in the wider world.

From here in the 7th century St Cathaldus went forth to found a monastery at Taranto in southern Italy. In the 12th century Lismore was at the forefront of a great movement to reform the Irish church and bring it into line with continental Europe, a goal which was achieved by a former student of Lismore named St Malachy who as Archbishop of Armagh was Primate of all Ireland and who after his death was the first Irish saint to be canonised.

So, few, indeed, are the places in the Insula Sanctorum et Doctorum that conjure up to the mind of the patriot, scholar, or antiquarian visions of a glorious past so bright, so honourable, and so inspiring as does Lismore, the See and Sanctuary of Carthage the Wise. Lismore monastic past has seen a long line of saints and scholars and crowds of students thronging round its studious cloisters and lecture rooms.

Scholars and students were attracted in great numbers to this sanctuary of learning, and it became the most famous of the great schools of Munster.

The Young Scientist Competition

Best of luck to our students with their respective projects who are competing in this competition in Dublin this week.

LCVP — Our 5th year LCVP are at present putting in the final preparations for their forthcoming Careers Night which will take place in the school on the night of January 20th.

On this night 17 different career areas will be represented and also many colleges and third level institutions and FAS personnel will be present to speak to the students on the wide range of career opportunities available.

"ROOTS AND RELATIONS" -

The Fiddle Music of Donegal Comes to Christ Church Waterford

It's "All the Way Back" Again in Coolnasmear

KCK Drama Groups Production of Bernard Farrell's Comedy "All the Way Back" which took to the stage in early December is back due to public demand and will take to the stage again next weekend 21st, 22nd, 23rd January.

The previous shows received great reviews and were a great hit with young and old alike, with full house signs up each night. And with such a great response from the public the group are delighted to be able to stage this Farrell Comedy again.

KCK Drama Group have a long and proud tradition in amateur drama circles and all are now actively seeking new members for forthcoming productions. "All the Way Back" has been a wonderful adventure into the world of theatre for the group and with a new lighting system installed and a wonderful set constructed the cast are looking forward to once again providing a wonderful night's comedy and entertainment for all the family.

The play is directed by James Lenane, Set Construction is by Maurice Walsh, lighting and sound are by Jim Dee and Michael Kavanagh. The play tells the story of Ireland in the early 1980's when redundancy with the economic dilemma.

The main character, Brendan Ryan finds himself both unemployed and at 52, too old to be reemployed, his marriage suffers, his friends disappear, his children at first sympathise and then despise him. His wife thinks of building a Hair Dressing salon in the garage, unknown to her husband in an effort to keep the family from going under, add some characters like the live in sister-in-law, a lodger who sells mechanical limbs and the builders who construct the salon, demolish it and construct it again, which all adds up to a wonderful night of laughter and comedy.

The cast is a mixture of experienced and also new members who come to the stage for the first time.

The main cast is as follows; Brendan Ryan (Jim Dee), Sheila Ryan (Ann Walsh), Paul (Kevin Walsh), Mary (Donna Coady), Michael (Stephen McCarthy), Catherine (Ann Sullivan), Mr. Mulligan (Michael Murrinan), Mr. Davis (Jim Brien), Bimbo (Gerard Dunford), Bill Patterson (Scott Simons).

Ladies in the Hairdressing salon are played by Miss Quinn (Aine Sullivan), Mrs. O'Sullivan (Kathleen Tobin), Mrs. Prendergast (Mary Fahy), Mrs. Brophy (Kay Casey).

For a wonderful nights entertainment for both young and old come along to Coolnasmear Hall next weekend 21st, 22nd, 23rd January for a show not to be missed!

The show begins at 8.15 pm nightly and booking can be made at 058-42515.

Christ Church Waterford kick off the spring season with the electrifying fiddle music of Donegal from Mairéad Ní Mhaonaigh (fiddle, vocals) Dermot Byrne, (accordion) and Ciarán Ó Maonaigh, (fiddle).

It is remarkable just how many of Ireland's most famous musicians come from the Donegal region - from Clannad and Enya to Mícheál Ó Domhnaill and Tommy Peoples - and as members of Altan, Mairéad Ní Mhaonaigh and Dermot Byrne need little or no introduction. For this tour, they are joined by Mairéad's nephew Ciarán Ó Maonaigh, a rising star voted TG4's young musician of the year in 2003.

In addition to the more universal jigs, reels and airs, expect to hear some of the flings, strathspeys and barn dances that reveal the influence of Scottish fiddlers and pipers on the music of the region. Popularised by legends such as John Doherty and Paddy Glackin, the pulsating Donegal style is marked by a swing and exuberance that distinguishes northern fiddlers from their southern counterparts. Such is its influence that even Dermot Byrne's delicate accordion playing cannot escape from being sucked into its whirling vortex! The concert is part of Music Network's 'Best of Irish' Traditional Irish Music Tour. Tickets 12 / 10 (concession) (051) 858 958 or available at the door. It is advisable to book in advance.

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Abbeyside Reference Archive

NUMBERS

Due to the inclement weather, visitors to the recently opened Abbeyside Archive have been few and far between. However, listening to the rain and wind howling outside the windows, and occasionally glancing out at the raging tide in the harbour, did lend an enjoyable "Kitty the Hare" atmosphere to an afternoon's browsing!

One visitor, last Sunday week was Mrs. Phil Mansfield, over from Wales, a granddaughter of the late Lar Condon of Abbeyside. She has kindly presented both the Archive and Dungarvan Museum with bottle labels from her grandfather's public house in Sexton Street. The house is still a licensed premises, known today as "The Diplomat." Hopefully, the weather will improve, and next Sunday Eddie Cantwell will be in charge of our 'treasures,' and attending to the enquiries of many more visitors to the Abbeyside Archive.

**Sherry
FitzGerald
Reynolds**

The Agent you'd recommend to a friend

22 Grattan Square, Dungarvan, Co Waterford. Tel. 058 23444 Fax 058 23111

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LEACH FROTH TOWN, LACHENWOLF, DUNGARVAN, CO. WATERFORD

For Sale by Private Treaty

Quality large 3 and 4 bed houses located within walking distance of Dungarvan town centre. The spacious interior meets the requirements of family living. Ideal for first time buyers or investors. Show house now open every Saturday 2-4 pm or any other time by appointment.

112 sq.m. (1,212 sq. ft.) approx.
1,567 sq. ft. approx.

Show house open every Saturday 2 p.m. - 4 p.m.
Price from €174,500



DUNGARVAN

BORT NA NEORHAIN, RING, CO. WATERFORD

For Sale by Private Treaty

Simply stunning. This select development (12 only) of 4 bed homes enjoys magnificent sea views. The spacious interior is finished to an exceptionally high standard with all modern conveniences. O.C.H. Acc. Ent. hall, lounge, living, sun lounge, kitchen, utility, w.c., 4 beds (2 en suites), bath. 205 sq.m. (2,200 sq. ft.) approx.

Show house open Saturday 2 - 4 p.m.
Price on application



RING

TINALYA, BALLINAHULT, DUNGARVAN, CO. WATERFORD

For Sale by Private Treaty

Recently built 4 bed bungalow located 8 miles approx. from Dungarvan and 16 miles approx. from Clonmel. The spacious interior offers substantial family accommodation with all of the conveniences necessary for today's busy lifestyle. O.C.H. Acc. Ent. hall, lounge, kitchen, utility, 4 beds (1 ensuite), bath. 125 sq.m. (1,355 sq. ft.) approx.

Viewing strictly by appointment.
Price on application




BALLINAHULT

4 WOLFE TONE FEWS, WOLFE TONE ROAD, DUNGARVAN, CO. WATERFORD

For Sale by Private Treaty

Beautifully presented 2 bed town house in a private courtyard setting with an immaculately presented interior. Step out of your front door and take a stroll to Dungarvan town centre or picturesque Dungarvan Harbour. O.C.H. Acc. Ent. hall, lounge, kitchen, 2 beds, shower room. 75 sq.m. (800 sq. ft.) approx.

Viewing strictly by appointment.
Price region €179,000



DUNGARVAN

17 ABBEY GLEN, CAPPOQUIN, CO. WATERFORD

Located a stones throw from Cappoquin town centre, this 5 bed semi detached, end residence is in excellent condition throughout. Mount Mellary Abbey, and picturesque Glenahilly Woods are located a short drive from the property. O.C.H. Acc. Ent. hall, lounge, kitchen, 5 beds, bath. 105 sq.m. (1,100 sq. ft.) approx.

Viewing strictly by appointment.
Price region €185,000



CAPPOQUIN

QUARTER, CAPPOQUIN, CO. WATERFORD

For Sale by Private Treaty

Traditional style 5 bed cottage standing on 1 acre approx. Although in need of modernisation, the cottage has much potential in the right hands. The layout of the cottage includes spacious attic/loft area while externally there is a garage and outbuildings. Acc. Porch, lounge, kitchen, 5 beds, lobby, bath. 60 sq.m. (660 sq. ft.) approx.

Viewing strictly by appointment.
Price on application



CAPPOQUIN

LAGHAGAUSSHEE, BYRNES CROSS, RING, CO. WATERFORD

For Sale by Private Treaty

Recently renovated 5 bed cottage located a mere 5 miles approx. from Dungarvan with beautiful sea and mountain views on its doorstep. This compact cottage stands on 1/4 acre approx. which includes two small stables. Perfect holiday home location. Acc. Porch, lounge, kitchen, 5 beds, bath. 42 sq.m. (460 sq. ft.) approx.

Viewing strictly by appointment.
Price on application



RING

CURTISWOOD, BALLYMACARBERY, CO. WATERFORD

For Sale by Private Treaty

Warm and comfortable, this 5 bed residence is ideally situated just 8 miles approx. from Clonmel and 14 miles approx. from Dungarvan. Located in most picturesque area of County Waterford with all village amenities on your doorstep. O.C.H. Acc. Ent. hall, lounge, kitchen, 5 beds (1 en suite), bath. 115 sq.m. (1,250 sq. ft.) approx.

Viewing strictly by appointment.
Price on application



BALLYMACARBERY

MOANFOAM, OLD PARISH, CO. WATERFORD

For Sale by Private Treaty

Recently constructed 4 bed bungalow standing on 0.5 acres approx. a short drive from the wonderful West Waterford coastline and 10 miles approx. from Dungarvan. The bungalow enjoys distant sea views from the rear. O.C.H. Acc. Ent. hall, lounge, kitchen, utility, 4 beds (2 en suites), bath. 160 sq.m. (1,700 sq. ft.) approx.

Viewing strictly by appointment.
Price on application



OLD PARISH

17 GLENDINE DRIVE, SEAPARK, ABBESIDE, DUNGARVAN, CO. WATERFORD

For Sale by Private Treaty

Private 5 bed semi detached bungalow with large rear garden. A recent extension to the rear has created fabulous space that makes life easier all round. Houses in this mature development always create great interest, so early viewing is recommended. O.C.H. Acc. Ent. hall, lounge, kitchen, 5 beds, bath. 85 sq.m. (920 sq. ft.) approx.

Viewing strictly by appointment.
Price on application




ABBESIDE

COOLISHEAL LOWER, BALLYDUFF UPPER, CO. WATERFORD

For Sale by Private Treaty

Pretty traditional 4 bed cottage located in picturesque County Waterford, only 5 miles approx. from Lismore and 1.5 miles approx. from Ballinacorney. Standing on 0.5 acres approx. the cottage enjoys a lovely setting and is the perfect rural retreat. O.C.H. Acc. Ent. hall, lounge, kitchen, 2 beds, w.c., store. 25 sq.m. (270 sq. ft.) approx.

Viewing strictly by appointment.
Price on application



BALLYDUFF UPPER

56 CHILDERS ESTATE, DUNGARVAN, CO. WATERFORD

For Sale by Private Treaty

Private 5 bed terraced house with a recent rear extension which has created further living space. The property is in excellent condition throughout with double glazed windows and oil fired central heating. O.C.H. Acc. Ent. hall, lounge, kitchen, 5 beds, shower room. 85 sq.m. (900 sq. ft.) approx.

Viewing strictly by appointment.
Price on application




DUNGARVAN

22 HILLVIEW DRIVE, DUNGARVAN, CO. WATERFORD

For Sale by Private Treaty

Private 5 bed semi detached corner bungalow located in private cul-de-sac, adjacent to bus route. Double glazing throughout and 1st floor level has been created a comfortable living environment. O.C.H. Acc. Ent. hall, lounge, kitchen, utility, 5 beds, bath. 95 sq.m. (1,050 sq. ft.) approx.

Viewing by appointment.
Price region €179,000




DUNGARVAN

ROSEBERRY COTTAGE, BALLINAMEELA, CO. WATERFORD

For Sale by Private Treaty

Pretty as a picture, this 5 bed cottage stands on 1 acre approx. in a countryside setting. The fully equipped under taken by the current owners have created a beautiful, fully furnished interior with immaculate front and rear gardens. O.C.H. Acc. Ent. hall, lounge, kitchen, 5 beds, shower room. 105 sq.m. (1,150 sq. ft.) approx.

Viewing strictly by appointment.
Price region €199,000




BALLINAMEELA

BALLYMACMAGUE NORTH, DUNGARVAN, CO. WATERFORD

For Sale by Private Treaty

Standing on a large site consisting of 1 acre approx. with two stables and workshop, this 4 bed cottage enjoys wonderful countryside and distant sea views. The adjoining site has further potential subject to planning permission. O.C.H. Acc. Ent. hall, lounge, kitchen, 5 beds, bath, 2 stables, 2 workshops. 75 sq.m. (810 sq. ft.) approx.

Viewing strictly by appointment.
Price on application



DUNGARVAN

CURRABAHA, DUNGARVAN, CO. WATERFORD

For Sale by Private Treaty

Comfortable 5 bed semi detached standing on 1 acre approx. with a lovely view of the surrounding countryside. The property offers substantial family accommodation with 5 miles from Dungarvan town centre and 10 miles from Clonmel. O.C.H. Acc. Ent. hall, lounge, kitchen, 5 beds, bath. 105 sq.m. (1,150 sq. ft.) approx.

Viewing strictly by appointment.
Price on application



DUNGARVAN

Thinking Of Selling?

DUBLIN

LONDON

We're taking all kinds of property to the Big Smoke (theirs and ours)

In 2005 the annual Sherry FitzGerald showcase of Irish property will be in Dublin on 29 January, then on to London on 12 February. We'll be showing a vast variety of residential and commercial property on the market - throughout Ireland. From townhouses to farmhouses, public houses to guest houses, grazing land to development land. So if you're looking for a new audience of buyers for your property and would like to join us in showing it off in early 2005, contact Sherry FitzGerald Reynolds at 22 Grattan Square Dungarvan (058 23444) or Unit 17, Dungarvan Shopping Centre (058-24588)

**Sherry
FitzGerald**

**Ireland
Countrywide
property show**

KNOW YOUR RIGHTS

QUESTION

Can you please give details on the new rates for hospital charges announced recently?

ANSWER

From 1st January 2005 the charge for attending Accident and Emergency increases from 45 to €55. If you are a Medical Card holder or have a letter of referral from your doctor you do not have to pay this charge.

The charge for in-patient services in a public ward has also increased from €45 to €55 a day (subject to a maximum of €550, i.e. 10 days, in any 12 month period). If you stay in two or more hospitals in the course of the year and your stay exceeds 10 days in hospital you should bring this to the attention of the last hospital you attend. Everyone is entitled to public in-patient services regardless of their income but subject to the statutory charge mentioned above. There are a number of groups who do not have to pay the statutory charge such as medical card holders, women receiving maternity services, children up to the age of 6 weeks and children suffering from prescribed long-term illnesses. In cases of undue hardship a Health Board may provide the service free of charge.

The charges for private and semi-private accommodation in public hospitals also increased by 25%. There is one exception: Health Board charges are the same as in 2004. The daily rates for 2005 are:

Hospital Category	Private	Semi-private	Day-care
Health Board Regional Hospitals	€501	€393	€361
Voluntary and Joint Board Teaching Hospitals			
Health Board County Hospitals, Voluntary Non-teaching Hospitals	€418	€336	€299
Health Board District Hospitals	€179	€153	€133

These charges are additional to the public hospital statutory in-patient charge given above.

Further information is available from the Citizens Information Centre below.

This column has been compiled by Dungarvan Community Information Centre which provides a free and confidential service to the citizens at the Courthouse, Dungarvan, office hours 11a.m. - 1p.m. Monday to Friday. Tel. 058-44633.

MONEY MATTERS

BUYING A CAR

There are many ways to finance the purchase of a car and it pays to take some time out to study the different types. The following are some details of the different types of loans etc. available:

LEASING:

Leasing (called consumer hire under the Consumer Credit Act) generally involves paying monthly instalments over a fixed period, say three or five years. At the end of this term however, you will still not own the car. You won't be able to sell it as it does not belong to you.

HIRE PURCHASE:

A HP Agreement involves paying monthly instalments over a fixed period, the difference is that when you make the final payment you will own the car and will be able to sell it. Remember you must keep up your payments or else the lender may threaten to seize the car in line with the terms of the agreement.

BANK LOAN:

There are basically two types of loan, a personal loan for a stated purpose (to buy the car) and a term loan that can be used for any purpose. If you take out a personal loan, you must use it to buy a car if that is the purpose stated in the agreement. If you spend the money on something else you may find yourself breaking one of the conditions of the loan. The major difference in using a bank loan is that the car will be yours from the day that you buy it. Shop around when you are financing your car purchase as the Annual Percentage Rate (APR) may vary from lender to lender. Compare the deals offered. The lower the APR the better the deal.

The Money Advice & Budgeting Service is based at Civic Offices, Davitts Quay, Dungarvan (Tel 058-44922) and provides a service throughout the West Waterford area. It is part of the national MABS Service and is free, confidential and independent. Visit our web site at: www.mabs.ie

Over Half A Million Paid To Co. Councillors Representational Payments Will Increase

By Kevin Kirrane

Over half-a-million euros was paid to the 23 members of Waterford County Council in allowances and expenses, and for membership of committees, the local authority's 2004 Book of Estimates reveals.

This doesn't include the 3,500 euros for expenses for members attending conferences abroad or the 3,000 euros in entertainment.

The 27,500 euros for the Mayor's allowance is also under a separate heading.

However, the total paid out in members expenses was lower than projected at the 2004 Budget but still came to 631,400 euros.

The breakdown is as follows: Representational payments 348,500; Members expenses 108,000; expenses for Irish Conferences 116,000; membership of Strategic Policy Committees 21,000; Committee expenses 500 and Retirement Gratuities 37,400.

However, the Book of Esti-

mates for 2005 projects increases for expenses.

Representational expenses are understood to increase as part of an agreement to 370,000. This increase makes up the bulk of an overall increase in estimated expenses for next year to 676,000 euros.

A new payment of 2,000 euros per annum for the position of Deputy Mayor will also be introduced. And the Mayor's allowance is expected to increase to around 30,000 euros.

Figures, which could be lower than estimated for entertainment - which was just half the amount estimated in the 2004 Budget.

Expenses for conferences abroad were just over a quarter of the projected figure.

Meanwhile the Budget also revealed that 108,000 was spent on Tourist promotion; 420,000 on Community and Enterprise, 58,000 on Copper Coast Inter-Reg Project, and 25,400 on Waterford Sports Partnership.

€160,000 Raised for the Poor in Waterford

Once again the WLRfm/Lions club Christmas appeal has been a resounding success.

This year the total raised through various events and the on-air auction, far surpassed the target of 115,000 Euro.

The Appeal has become very much part of Christmas in Waterford and this year almost 2,000 households throughout the city and county were helped as a result of the effort.

A four day on-air auction was broadcast from John Roberts Square in Waterford city and Grattan Square in Dungarvan. A huge amount of fundraising events, big and small, were organised by hundreds of groups county-wide. Funds were also collected from the sale of the all-new Christmas appeal pins. The silver Christmas trees were sold by a number of businesses across the county.

This year all the WLRfm on-air DJ's took on a fundraising effort;

The Breakfast Show staged a hugely successful 5-a-side soccer blitz with teams from many of the city's businesses taking part. Timmy Ryan once again took over the main bridge in Waterford City and charged a toll while broadcasting "The Home Run" show from the control tower. Billy McCarthy from Deise AM hosted a "Music of Christmas" concert

at The Cathedral of the Most Holy Trinity, while sports editor Catherine Power was Baineisteoir at the Waterford senior Camogie panel's charity match at the RSC.

DJ Oliver Carroll ran an 80s retro night, Head of news Liz Reddy hosted a fashion show and even our late night host, Roddy Clere left the studio for the "Candlelight Sessions".

Managing Director of WLRfm Des Whelan said "It was another wonderful year for the appeal with everyone playing their part. Not only is this annual event a terrific charity effort, it's also great fun. This is our 26th year running the appeal in association with the Lions Club and we look forward to many more years. Thanks to all our listeners across Waterford for their support."

President of the Lions Club Billy Sullivan said "Once again I have been amazed at the extent of support for this appeal in Waterford. On behalf of the Lions club I would like to thank everyone who supported us, either through donations or through active participation in the running of the appeal."

In conjunction with the St Vincent De Paul and the Lions Club almost 2000 hampers were packed and distributed to the needy in Waterford on Christmas Eve.

Keeping an eye on what you eat can help you see more clearly

Specsavers Opticians offers advice on food for healthy eyes

A HEALTHY diet can encourage good eyesight and help reduce the risk of macular degeneration and cataracts, says Specsavers Opticians.

While people often start watching their waistlines in the New Year, or consider their heart or cholesterol levels and eat accordingly, few people think of their eyesight when planning their dietary requirements.

Says Specsavers' founder Mary Perkins: 'The macula is the part of the retina that enables our most acute and detailed vision for tasks such as reading, driving, recognising faces and watching television, so it is important to protect it. It has been proven that eating a diet rich in antioxidants, especially carotenoids, is particularly beneficial.'

A study by America's National Institutes of Health*, found that people eating the highest amounts of carotenoids have a 43% lower risk of developing macular degeneration than those who have very low amounts in their diet.

Studies have also shown that people with higher than average intakes of antioxidants - beta-carotene, lutein and vitamins C and E - appear to have a reduced risk of developing cataracts. Foods such as pepper, broccoli, sweet potatoes, citrus fruits and dark green leafy vegetables, like spinach and kale, are rich in these antioxidants.

Independent dietitian and author of Super Nutrients (Dorling Kindersley, 2001**), Lyndel Costain, says: 'Cataracts and age-related macular degeneration (ARMD) are the leading causes of impaired eyesight in the UK. The good news is that certain foods can help to keep them at bay.'

'Lutein and zeaxanthin, along with other antioxidants such as beta-carotene and vitamins C and E, work to neutralise potentially cell-damaging molecules called 'free radicals' which are thought to harm the eye's lens and macula. So for your health and your eyesight's sake, enjoy a variety of fruit, vegetables and wholegrains every day.'

Top ten foods to feast your eyes on:

1. Carrots - it's not entirely a myth that eating carrots can help you see in the dark as they are high in beta-carotene, which the body can convert to vitamin A. People who consume foods high in beta-carotene have been shown to have better night-vision than those who don't.
2. Dark green leafy vegetables - these contain beta-carotene and vitamin C. Preliminary data shows that vitamin C can help slow cataract progression once the lenses of the eyes have become cloudy.
3. Peppers - peppers contain lutein that scientists believe protects the sensitive retina from light-induced oxidation damage and may be responsible for reversing macular degeneration in very early stages.
4. Broccoli - contains beta-carotene and lutein.
5. Brussel sprouts - contain lutein.
6. Pumpkin, yams, squash and sweet potatoes - contain beta-carotene and lutein.
7. Citrus fruits - contain beta-carotene.
8. Apricots - contain beta-carotene.
9. Sardines - contain zinc and vitamin E. Zinc is beneficial for wound healing and maintaining the immune system. The body needs zinc to form certain anti-oxidant enzymes in the eye. Preliminary studies suggest that vitamin E is protective against the development of cataracts.
10. Nuts - Contain zinc, vitamin E and selenium, another antioxidant.

Deadline Nears For Sporting Groups' Lotto Funding

Sports and recreational groups across Waterford have just one month left to apply for Lotto funding under the Sports Capital Programme 2005, according to local Fianna Fáil TD Ollie Wilkinson.

'Sports organisations in Waterford must apply for funding under the programme before February 4. The sooner applications are submitted the better because there is enormous demand each year. This is an excellent opportunity for sports organisations to develop their potential.'

'Many sports groups in Waterford have seen the clear benefits of this funding. Cappaquinn Development Company, Dungarvan GAA Club and Blackwater Community School are all good examples. 'The funding has allowed them to develop their sports facilities and to put in place new amenities that serve the recreational needs of local people. Our young people deserve the best coaching facilities available to help put Ireland at the forefront of international sports and athletics,' said Deputy Wilkinson.

He urged sports groups to apply directly to the Department of Arts, Sports and Tourism under the Sports Capital Programme before next month's deadline, saying the funding demonstrates this Fianna Fáil-led Government's commitment to providing financial support at grassroots level.

'We must get it right from the start because it is here that a love of sport is cultivated among young people who could be the sporting heroes of the future,' said Deputy Wilkinson.

Tallow Notes

Brideview Drama's Next Production



Photo shows Cast, Director and Author of Moonshine: Sean Tobin, George Peet, Jenny Fennessy, Jack Ahern, Jim Nolan, Eddie Kelly, Vanessa Hyde and James Lenane.

Last Sunday saw Brideview Drama Tallow kick off their 2005 season with serious rehearsals for their production of the full length play 'Moonshine' by Jim Nolan. Moonshine is set in a small village in County Waterford in 1991, and is a great drama with many strong characters. Audiences will definitely identify with, and enjoy the themes and characterisations in the play.

Jim very kindly came down from Waterford City for the day and chatted at length with the

cast and crew about his play. He watched the actors run through many of the scenes and kindly encouraged everyone to keep going in the directions they'd chosen. This was very supportive, as it means nothing is 'set in stone' - i.e. must be acted in one particular way. Jim was keen that each actor find their own vision of their character and bring him or her fully to life to the best of their ability.

Moonshine is directed by Jack Ahern and has a cast of six: Eddie Kelly, George Peet,

Vanessa Hyde, Jenny Fennessy, Sean Tobin and James Lenane. This is Jenny's first time with Brideview Drama, so everyone wishes her lots of luck. Stage production is being led by David Murphy, and we'd like to thank Keira Gormley of Lismore for her initial stage designs.

As with our enormously successful production of Cash On Delivery last year, the group will be taking Moonshine around the country in March, as part of the 2005 series of Drama

Festivals - we're aiming to scoop up as many awards as possible! Jim also has another play in production with a nearby drama group, so this year could see Waterford County in both the Open and Confined sections of the All-Ireland Finals!

You'll be able to see Moonshine in the Community Centre in Tallow on the 3rd and 4th weekends of February this year, so all are welcome. It's suitable for all ages and has some fantastic dramatic scenes that'll be the talk of the area!

BRIDEVIEW UNITED A.F.C. NOTES

WEST WATERFORD/EAST CORK JUNIOR LEAGUE

Utd Face Ardmore At Home

On Sunday morning next our Premier side take on one of the leagues favourites namely Ardmore in Tallow. On Saturday our U-14's and U-18's play at home. Our division two side have no game.

Our lotto jackpot was not won and now stands at 1,800 euro. A big fashion show will take place in Lismore Castle on Thursday 3rd March and Friday 4th March run by the league. To benefit from these nights will be the East Cork Hospice and the West Waterford Hospice.

These nights will be sell outs and even though it's still weeks away requests for tickets are already coming in. A major attraction on both nights will be the first appearance on both nights will be the first appearance in her home town of international model Vicky Kieran. Vicky models with Take 2 Model Agency, London

modelling in Milan, Rome, Paris, New York and of course London. The tickets are 30 euro and you can order them now from Liam Fraser.

BLANK WEEKEND

Last weekends was a blank one due to the weather. Let's hope we get back into the action this weekend.

LOTTO JACKPOT 1,800 EURO

Last weeks numbers were 3-13-18-23. No winner. Match 3 winners Michael Delaney, Vicki Grey, Kathleen Delaney. Draw this Friday night in the Dev. Arms at 10 o'clock.

SYMPATHY

The club extends its deepest sympathy to the Henley family, 13 New St. on the sudden passing of Jimmy (Sonny) in Holycross. May he rest in peace. Sympathy also to the Geary family, Sapperton on the sad passing of Tommy. May he rest in peace.

BIRTHDAY GREETINGS

To Sheila McGrath who celebrated her 21st birthday ahem ahem! On Saturday night last in the Corner House. Greetings also to Oisín Casey who celebrated her 18th birthday in the Weigh Room on Saturday night last.

The youngest birthday last week was that of Chloe Landers who was 7 years old on Thursday last. Well done folks but spare a thought for Lauren O'Sullivan who had to cancel her birthday on Friday last due to the flu.

FIXTURES FOR THIS WEEKEND

Saturday January 15th U-14 League Brideview Utd v Ballybridge Utd, kick off 12.30. U-18 League Brideview Utd v Cappoquin, kick off 2 pm. Sunday January 16th Red House Bar Premier Division. Brideview Utd v Admore, kick off 11.30 am.

SYMPATHY

To the Connolly family, Woodview Park on the sad passing of Maureen Devlin, Strabane. May she rest in peace. Sympathy also to the Sheehan family on the sad passing of their sister Maureen Deane.

CONGRATULATIONS

To Ger and Mary Beecher on the happy event of the birth of two, yes two bouncing baby girls and yes folks all four are doing well. Well done.

ST. PATRICK'S PARISH HALL, TALLOW

Progressive '45' Results — January 5th 1st Alice Henley and Dick Tobin. 2nd and 3rd divided Maura Lyons and Josie Curley. Jack Cotter and Linda McCormack. Table prize Nan Kelly and Mary Stakam. Raffle winners Liam O'Brien and Sean Kelly. Cards every Wednesday at 8.30 pm.

CLG Tulach an Iarainn

(SPONSORED BY TALLOW AREA CREDIT UNION)

Tallow GAA Lotto - supported by Kearney's Restaurant.

4/1/05: Nos. Drawn: 7, 14, 20, 24. 1 winner. Congratulations to Amy Mulcahy who scooped the jackpot. Consolation prizes: Timmy O Flaherty, Colin Cunningham, Myles Tobin, Paddy Martin, Seamus Rohan. Promoter: Fiona.

Cobhron

Tallow GAA club extends deepest sympathy to the Henley family Holycross and Tallow on the death of Jimmy Henley. Ar dheis lamh De go raibh se.

Club Meeting

The first committee meeting of the year will take place this Thursday night in St. Patrick's Hall. Field development and club dinner in February will be among the issues on the agenda. Full attendance requested.

Cobhron

Tallow GAA club extends deepest sympathy to the Burke family on the sad passing of Paddy Burke. Ar dheis lamh De go raibh a anam uasal.

"Mystery of the Trinity"

It would appear that the GAA has conferred divine status on our third level institutions. W.I.T., U.C.C., U.C.D., Queens etc. now qualify for college, club and county championships. Three entities in one. It's a mystery to me. The college teams can naturally play in the Siegerson, Fitzgibbon and competitions for third level institutions. Donning their club guise they then field out in the club championships of Waterford and other counties. They will now compete in the McGrath cup and similar type secondary inter county competitions in other provinces. In truth they belong more at this level than at club level. The only step left is to allow the combined colleges into the Railway Cup.

Some fellah asked me during the week what I had against students. Nothing whatsoever. I know some people who are students. Many of our best players come through the college system (second and third level) where the standard is high and team preparation is very professional. They come back to the club better players (although a friend of mine maintains they are put on pedestals in some of the colleges and in some cases develop an inflated sense of their own importance). The colleges are certainly an integral and vital component of the GAA structure but they cannot be given free rein. It seems what the colleges want they get. We had the situation recently, where the GAA in Ulster refused to introduce the experimental rule changes in the McKenna Cup because it would upset the colleges preparation for the Siegerson Cup where the old rules will apply.

A club member said to me a few weeks back, more or less, that I was making a fuss about nothing and it wasn't as if UCD or any of these colleges win the county titles that often. I think he missed the point completely. (and would not reflect the majority view.) Once is too often. A county title is the Holy Grail for the club. To a club like Tallow the opportunity may only come around every 20 years. Some clubs may never get a chance. For Ballyboden it would have been a first county title. It is a devaluation of the competition and an insult to real clubs to allow third level institutions participate.

Croke Park

It is likely that that there will be a motion in some form before congress on the opening of Croke Park. Whatever way it goes I trust clubs will be given adequate notice to discuss the matter and vote to empower their delegates who in turn will vote to empower the delegates who will represent Waterford at congress. All club members are entitled to their say on this and other major issues. Half the time we are too concerned with the real work at grass roots, putting teams on the field etc to question what decisions are made by "board men" in our name.

Cobhron

Tallow GAA club extends deepest sympathy to the Geary family on the death of Tommy Geary, Sapperton. Ar dheis lamh De go raibh se.

Club Dinner

Friday 11th February. See Lindsay for tickets.

DISABILITY AWARENESS

ADHD

(Attention deficit hyperactivity disorder)

What is ADHD?

Most children show signs of hyperactivity and are distracted or impulsive at times, so what is different about a child who has ADHD? The child with ADHD will show these symptoms and behaviors more frequently and severely than other children of the same age and developmental level. The disability is evident from an early age and is usually present by the age of seven. Symptoms often become less severe during the late teens, but a small proportion may continue into adulthood.

What are the symptoms of ADHD?

The child with ADHD often displays the following characteristics:

- Trouble paying attention
- Easily distracted
- Changes from one activity to another
- Restless
- Always on the go
- Fidgets
- Impulsive
- Trouble following multiple adult commands

What causes ADHD?

Extensive research has found that attention disorders tend to run in families, so there are likely to be genetic influences. Children who have ADHD usually have at least one close relative who also has ADHD. And at least one-third of all fathers who had ADHD in their youth will have children with the disability. ADHD may also be the result of a head trauma before, during or after birth, or the result of brain damage from bacterial or viral toxins. Research has not found any one single cause for ADHD as yet. There is no blood test or brain scan available to diagnose this disability, but developments in international research may soon make it easier to understand the factors causing this complex disorder.

How is ADHD assessed and treated?

ADHD may be associated with speech and language difficulties or behavior problems. A comprehensive psychological assessment is needed to rule out other causes. An early diagnosis is vital to ensure the child's development in social and educational skills. Research has found that around 70% of people diagnosed with ADHD continue to have problems during adolescence. ADHD is presently under-diagnosed and only a small number of children with the disorder have received appropriate treatment. With increasing awareness of this, it is hoped that this situation will be reversed and that the outlook for this group of children will be improved. If you require any further information relating to ADHD, please contact this office.

(This article is to make people aware of different disabilities, and is information only; it is not a replacement for professional medical advice). We provide information, support and advocacy for people with disabilities, (Physical, Sensory, Learning, Mental and Emotional Health).

For further information relating to Disability issues please contact or visit:

WATERFORD DISABILITY NETWORK (P.W.D.I.)
 22 LOWER MAIN STREET, DUNGARVAN
 CO. WATERFORD

Phone/Fax No. 058 - 23740

Email: pwdi@cablesurf.com

Website: www.waterforddisability.com

(This project is supported by The Social Inclusion Programme of Waterford Leader Partnership).

DUNGARVAN LEADER

Telephone: 058-41203 Fax: 058-45301

Email: dungarvanleader@cablesurf.com

ISSN No. 058-20032/3

DEISE ASTRONOMY SOCIETY

COSMIC SNOWBALLS

I know we've had a bit of snow recently but not like the big dirty snowball that's on its way to us now.

Its official name is Comet Machholtz, after Don Machholtz the amateur astronomer from California who discovered it last August.

"Dirty Snowball"? Yes basically that's what they are made up of, ice and some rock.

When can I see it and Where? If you followed my advice and bought binoculars you'll be able to see it just north of a small star cluster called the "Seven Sisters" or Pleiades, high in the southern sky at the moment, if you're lucky enough to live in a dark location it will be visible as a small fuzzy ball its tail is barely discernable. It's at its brightest now but will be in the sky for the next few months.

BIG DEAL some of you might say, but it turns out that these "snowballs" may hold the key to life on Earth, they are now recognised as being so important that different space agencies have sent craft to recover material from them (returning to Earth presently) to landing a probe on one (on its way) and even shooting an 800lb copper bullet at one, that's happening on the 4th of July next. I'll fill you in on these missions in my next article.

The real **BIG NEWS** is that man is attempting to land a craft on another Moon.

The difference is that this is no ordinary moon, as we know it. This is TITAN the planet Saturn's largest moon, difference being that Titan is bigger than two of our planets and has an atmosphere containing methane and various hydrocarbons and although so far from the Sun is about 60 deg C warmer than it should be, possibly due to a greenhouse effect, there may also be petrol-like lakes or even seas - definite no smoking area - Titan may resemble a primordial Earth.

Hope fully we wont have too long to wait as on FRIDAY 14th JAN next the joint ESA NASA and Italian Space Agency probe, Huygens will enter Titans atmosphere and parachute down to the surface.

The descent will take about 2 hours and Huygens will be taking a series of measurements and photos, should it survive the landing, hopefully on liquid, it will transmit data for another 2 hours to the mother ship, Cassini, which will then relay this to Earth, even at the speed of light it will take more than an hour for the signals to reach us.

You can watch this live from ESA Mission Control in Germany on BBC 2's "STARDATE, MISSION to TITAN" AT 23:30 on the 14th.

The International Space Station will be flying over Waterford again this week

- Wed 12th 18:57:55 for 2 min
- Thurs 13th 17:49:43 for 3 min
- Thur 13th 19:23:21 for 1.5 min
- Fri 14th 18:14:21 for 4 min
- Sat 15th 18:39:43 for 3 min.
- Sun 16th 19:05:37 2.5 min
- Mon 17th 17:56:12 5 min
- Tues 18th 18:21:50 4 min
- Wed 19th 18:47:30 3min

For further info Check out www.ardkeen.ie/siarman

DAS will have an observing session at the Mahon Falls Car park members will be informed of details by text as usual. Clear Skies and a Happy New Year

Hopes for Ring Speed Limit

With the nationwide introduction of new kilometred speed limits, a local representative in the west Waterford Gaeltacht hopes it may co-incide with the placement of one at one of the more populated parts of Ring.

Cllr. Fiachra Ó Céilleachair, that locality's Udarás na Gaeltachta member, says regulations presently referred to when local authorities are deciding on speed limit locations should be reformed where non national primary routes are concerned.

Cllr. Ó Céilleachair says the built up area of Maoil a' Chóirne in the Ring Gaeltacht is a case in point, arguing that it has not make sense to date to leave it out of the equation for a speed limit, whilst less populated locations around the county receive designation due to their position on what are considered more busy traffic routes.

Re-iterating a view that a speed limit apply to the main Dungarvan/Heilbhic road through one of the principal population and community centres of the Ring area, Cllr. Ó Céilleachair said:

"There's a fine wide road coming down into Maoil a' Chóirne from Robert's Cross. Coming into the built up area, there are 35 households on or just off the main road at this point. A development of 12 houses is also underway here and a further 17 are in the pipeline. Consider also the primary school and the communi-

ty hall in the in the area which also features a health centre and a playschool. There are also two industrial facilities and a Garda station in the vicinity. Coláiste na Rinne, which is busy all year around, is also a prominent feature in this locality."

"Although extensive pavement works, additional signage and the erection of railings at the primary school bend in recent times have been very much appreciated, I still can't figure out why such a

sweep of main road down hill, through a substantial residential area and into an acute bend could have had requests for a speed limit turned down. There are hamlets around the country with far less concentration of community activity that have a such a limit in the interests of public safety."

"Maoil a' Chóirne's case for receiving it's due and getting the long sought speed limit has been well made."

Anti-Social Behaviour Plan To Come Before County Council

By Kevin Kirrane

Waterford County Council may refuse to allocate a local authority home to people with a history of anti-social behaviour.

The measure is being considered as part of a new plan to tackle anti-social behaviour among tenants. The Housing and Social Policy SPC is discussing a range of measures at the moment, and a recommendation is likely to come before Waterford County Council this March. Although the council believe anti-social behaviour is generally quite low the plan will recommend a tough course of action against repeated bad behaviour.

"Partnerships will be formed with the Gardai and the Health Board and other state agencies. Tenant liaison and warning letters are the first course of action, followed by legal action requiring exclusion orders and in extreme cases repossession.

"Refusal or deferral of allocation to people with a history of anti-social behaviour will be considered and a formalised complaints procedure put in place," the report states.



the big blaa

THE ONLY WAY TO HAVE YOUR BREAKFAST

Take a bite of the BIG BLAA on WLR FM - Monday to Friday from 06.30 to 10.00 with aadhán fallaí and darragh roberts. Get all the latest news and sport from the radio, up to the minute traffic and weather reports from multi beam, array competitions and of course mouthwatering music from the 70's, 80's, 90's and 00's.

E: thebigblaa@wlrfm.com www.wlrfm.com



First For Waterford

LISMORE NOTES

Lismore Golf Club Notes



John O'Mahony, Mens Captain and Bree Condon, Ladys Captain at the Captains Drive in at Lismore Golf Club on New Years Day.

WEEKEND RESULTS

Saturday 8th and Sunday 9th January 12 Hole Stableford — 1st Ted O'Leary (14) 31 pts. Christmas 9 Hole Ongoing — 1st James Bennett (13) 22 1/2 pts; 2nd Stephen Hales (20) 22 pts.

FIXTURES

Saturday 15th and Sunday 16th January 12 Hole Stableford.

DERMOT O'LEARY AGRICULTURAL LIMITED SPRING LEAGUE

The entry sheet for this years Spring League is now posted on the notice board.

Please put your name up ASAP. Closing Date Sun 16th @ 5. Pm Sharp. 1st Round Commences Monday 17th of January

LISMORE LADIES GOLF CLUB

Results — 9 Hole Ongoing S/F until 4th Jan. 1st Mary

Beecher (23) 18 1/2 pts.

Fixtures — Wed. 12th to 18th Jan. 9 Hole ongoing S/F. Match Play Ladder time sheet in Club House to be played before 23rd Jan.

Spring League commencing mid Jan entry list now posted in Clubhouse.

Lismore Soccer Notes

Due to the incredibly bad weather there has been no soccer played for any of our sides in the last number of weeks. Hopefully we might get soccer this weekend. Meanwhile before Sunday we are holding a very important meeting in the Classroom Bar at 8 o'clock. All players and members from both our sides are asked to attend. There will be a pleasant surprise for all who make the effort to attend on the night as after the meeting we have a social evening to look forward to thanks to our friends in Guinness Breweries who will be present as part of their ongoing promotion to all team events. Don't be late Friday 8.30!

DEEPEST SYMPATHY

Finally we pass on our deepest sympathy to the Landers family of Towns Park on the recent death of Michael Landers. The name is synonymous with soccer in Lismore through Billy and Dave's great loyalty on the field and up to recently Dave's partnership with Joe Tobin as Manager. May he rest in peace.

Lismore Mochuda

Draw Date: January 4th 2005

Super Jackpot Draw €1950. CHNX. No winner. Bonus Jackpot Draw €150.00. HMNP. No Winner. Consolation Prizes €15.00 each to — Mary O'Farrell, New Street, Lismore, Dan Joe Cashman, South Mall, Lismore, Joanne Roche, Lismore, Dr. P. Burke, Fermoy. Next Draw January 11th, 2005. Maddens. Super Jackpot €2100.00

Pretty Wedding



Pictured above is Helen Landers, Ballysaggart, daughter of Michael and May Landers and Edward Flynn, son of Danny and Nora Flynn, Lacken, Cappoquin who were married recently in Ballysaggart Church. The reception was held in

LATE MICHAEL LANDERS

The death took place on January 2nd at St. Joseph's Hospital, Dungarvan of Michael (Mick) Landers. His remains were removed from St. Carthage's mortuary, Lismore on Monday evening to St. Carthage's Church and the burial took place on Tuesday, after 11 am Mass to St. Carthage's Cemetery. Sincere sympathy is extended to his wife Nora, sons Billy, Michael, John, David and Joseph, daughters-in-law Mary, Christine, Helen, Jean and Ann, sisters-in-law, grandchildren Ellen, Sharon, Kenneth, Mike, Mary-Ellen, Stephen, Jack, Kellie and Ronan, nephews, nieces, relatives and friends.

SYMPATHY

Sincere sympathy is extended to James Lenane, Gansleit, Townspark West, Lismore on the death of his father James (Jimmy) (Seamus O Lonain), Meelnaorna, Ring who died recently.

Sincere sympathy is extended to Denis Morrissey, Bank Field, Lismore on the death of his father Michael Morrissey, St. Michael's Ave., Tipperary who died recently.



Lismore Golf Club, Ladies Competition, kindly sponsored by Glenbrower Veterinary. (l. to r.) Connie Dowd (2nd), Jack Aherne (sponsor), Mary Beecher (winner), Shelia O'Leary, (3rd) and Gerty Murphy, Lady Captain. (Photo: Sean Byrne)

THE PLAYGROUND COMMITTEE

The Playground Committee will be having a Churchgate Collection this weekend of Saturday 16th and Sunday 17th January. We would like to thank everyone for their continued support in our ongoing efforts to reach our proposed targets. Watch this space for the many scheduled events for the next two months.

GREETINGS

A happy and peaceful New Year to all our readers.

LISMORE BRIDGE RESULTS

1/12/04. Turkey Competition — 1 Mary Hanrahan and Andrew McGrath. 2 Greta Barry and Maureen Hales. 3 Chris O'Sullivan and Una Mason. 8/12/04 1 Margaret O'Leary and Marjorie O'Brien. 2 Andrew McGrath and Lil Costin. 3 Chris O'Sullivan and Tom Roche.

Christmas Party Results 15/12/04 — 1 Brid Bergin and Jenny Allen. 2 Greta Barry and Tom Roche. 3 Kay Barry and Claire

(Photo: Sean Byrne)



Winner of vouchers in the opening of the Dungarvan Shopping Centre competition, run in conjunction with WLR/fm and the Shopping Centre. Included centre is the overall winner of the 1000euro worth of vouchers, Denis Butcher, Knockalahara, Cappoquin with Oliver Carroll, WLR/fm and Tim Foley, Manager Dungarvan Shopping Centre. (Photo: Sean Byrne)

CAPPOQUIN COMMUNITY DEVELOPMENT COMPANY LTD.

LOTTO RESULTS JAN, 4 2005

Jackpot €2,700. Numbers drawn were 3, 8, 16, 20. No winner. Consolation prizes — McGrath Family, Ann Curran, Liam Lacey, C. Goode, Maura Roche and Ann Brackett. Next week's jackpot will be €2,800.

LOTTO RESULTS JANUARY 10, 2005

Jackpot €2,800. Numbers drawn were 8, 11, 22, 25. No winner. Consolation prizes — Mary McGrath, c/o Sarah, Yvonne Harrington, Cathal Wilkinson, Noreen Collins, Sir Richard Keane, Maria Browne. Next week's jackpot will be €2,900.

SYMPATHY

Sympathy is extended to Michael Fraher and family Mill St. and Edward Fraher and family Shanbally on the passing of their brother Paddy Fraher.

SPEEDY RECOVERY

Speedy recovery to Ger Mason Barrack St who is recovering at home after his recent stay in hospital.

Cappoquin Notes

CAPPOQUIN/AFFANE G.A.A. NOTES

LOTTO DOUBLE

At Fawly's Bar on Monday, 4th January the numbers drawn in the first club lotto draw were 5-9-16-18 and there was no jackpot winner. The numbers drawn out in the second lotto draw were 2-4-20-23 and again there was no jackpot winner. Consolation prizes of 20 euro went to each of the following: Brian McCarthy, Main St., Mikey Flynn, Lismore; Breda Lehane, Macroom, C. Good, The Annex, Glenshelane and Denis Dalton, 18 Estuary Heights.

This weeks draw was held on

Monday last 10th January in the Tavern Bar. Both jackpots stood at 10,000 and 7,000 euro respectively. Results will appear in this section next week.

SYMPATHY

The Cappoquin/Affane GAA Club extends its deepest sympathy to Eddie and Mikey Fraher and all those closely related to Paddy Fraher, whose death occurred last Thursday. May he rest in peace.

THREE TO ANSWER

1 When did Ballymacarbry win their first All-Ireland Ladies Football Title and who did they defeat in the final?

2 What two colleges have won the Dr. Harty Cup on most occasions?

3 What county won the First All Ireland U-21 Hurling Title?

LAST WEEKS ANSWERS

1 The only Dublin born player to win an All-Ireland Senior Hurling medal was Jim Byrne.

2 Tony Keady played with Laois in the New York hurling championship in 1989, which caused him to be suspended for the All-Ireland Semi Final against Tipperary.

3 Rule 27 "The Ban" was abolished under President Pat Fanning in 1971.



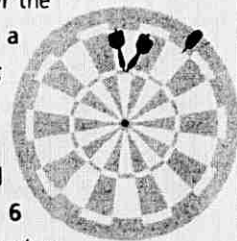
Kevin Wilkinson, J.J. Scanlon and J.D. Leahy, delegates from Tourin GAA Club at the Co. GAA Board Convention in Lawlors Hotel. (Photo: Sean Byrne)



Waterford Co. Enterprise Board, presentation to Blackwater Community School, National winners of the Senior Students Enterprise Award 2004 with "Puppet Master". Photo shows (l. to r.) Ray O'Dwyer, Co. Manager and Chairman Co. Enterprise Board, Loraine McNamara, William Rotts, Aisling O'Rourke with teacher Maria O'Brien. Included is Ger Enright, CEO Waterford Co. Enterprise Board. (Photo: Sean Byrne)

West Waterford Darts News

Well, we started back last week after the Christmas break. Hope ye all had a good Christmas. Last weeks results; Lindsey's 6 O'Donnell's A 2. Tigh an Cheoil 4 Red House A 4. Games played over Christmas; Tigh an Cheoil 2 O'Donnell's A 6. O'Donnell's A 6 Lukies 2. Outstanding games; Morrissey's v Tigh an Cheoil. Lukies v Old Mill, B League Red House B 2 Marine 6. O'Donnell's B 3 Swallow Inn 5.



Games not played — Deckies v Village Inn. John Paul's v Paddy Mac's.

Lads I can't put a league table on the paper till all first round games are played. Thomas Burke of O'Donnell checked out on 120 and Anthony Troy of Paddy Mac checked out on 160.

There is a meeting in the Red House Bar, Lismore on next Monday January 17th at 8.30 pm. Two delegates from each club must attend. All outstanding monies must be paid. I will contact clubs.

AN GHAELTACHT SOCCER CLUB NOTES

After a three week break it was back to league action on Sunday morning last as we welcomed Cappoquin to Old Parish.

The long break and the Christmas and New Year festivities seemed to take its toll on both sets of players as they found it difficult to settle into the pace of the game. We took the lead after 15 minutes when an inch perfect cross by Mike Tobin found Timmy Power unmarked in the area and he had the simplest task of slotting the ball to the back of the net. From here until the half time whistle it was a case of missed chances by both sides with the heavy pitch not helping the cause.

Cappoquin upped their games after the break and got a deserved equaliser after 60 minutes when they scored a super goal from all of 25 yards. This strike seemed to ignite our lads and it was birthday boy Darragh Hurley who restored our lead with a wonder strike from the edge of the box after 70 minutes. Then after 85 minutes the victory was sealed when Sean Wade headed home from 10 yards expertly set up by Daithi O Condúin.

This was our 7th win in a row but we have to now get back to training each Tuesday at 8:00pm if we hope to continue this unbeaten start.

Sincere sympathy is expressed to our leading goal scorer Liam O Lionain and family on the death of his grandfather Jimmy, a minutes silence was observed before our game as a mark of respect.

Ar dheis de go raibh a anam.

On behalf of the club I would like to wish all our players, members, supporters, staff of the Dungarvan Leader and the W.W.E.C. committee a very Happy and Peaceful New Year.

Foireann: A. Power, D. Power, T. Curran, M. Toibin, M.J. Murphy, S. Wade, D. Condon, R. Terry, D. Hurley, S. Kelly, T. Power.

Subs used: D. O Condúin, E. Power and P. Keane.

NATIONAL AND COMMERCIAL CLUB NEWS

Progressive 45

Last weeks winners on twelve games were Tom Foley and Brian O'Brien. Runners up on eleven games were Joe Murray and Patsy O'Donnell. Lucky table winners were Kathleen Collins, Hannah Foley, Marie Hanley and Onra Fennell.

Christmas weeks winners on eleven games were Patsy O'Donnell and Joe Murray.

Runners up on ten games were Onra Fennell, Marie Hanley, Maizy Drohan and Mike Hennessy.

Lucky table winners were Eleanor McCarthy, Hannah Flynn, Mike Donovan, Helen McGregor, Tim Clancy, Tina Havens, Kathleen Collins, Hannah Foley, Pakie McCarthy, Mark Cummins, Martin Duggan and Dec Hourigan.

Winners on 16/12/04 on twelve games were Onra Fennell and Maria Hanley.

Runners up on eleven games were Joe Murray and Patsy O'Donnell.

Lucky table winners were Noel Doherty, John J Sheehan, Eleanor McCarthy and Hannah Flynn.

Cards continue every Thursday at 8:30pm and all are welcome.

Best wishes

Best wishes are extended to Club Stalwart Nicky Power who is down with the flu at the moment.

Ardmore G.A.A. Club Notes

Happy New Year

Before we commence the business for the coming year we would first like to wish all our club members, parents, children of the parishes of Ardmore and Grange a Happy and prosperous New Year.

Ardmore GAA Club AGM

A good attendance was the hall mark of this AGM which was presided over by my chairperson Jay Prendergast. Our chairperson welcomed all before he commenced the business of the evening. The standard protocol of an AGM was followed and commenced with the minutes of the previous years AGM read out by our Secretary James O'Donnell which were adopted by all present. This was then followed by the secretary report which was excellently detailed and presented to the meeting. The report was adopted and praised for its detail and presentation. James also thanked his Assistant Sec - Claire Flavin for all her help and work during the year. Louise Harty then presented the Treasures report which once again highlighted the cost of running a GAA club and the work involved in keeping such books in order. With each income & expenditure line well detailed on the report it was easy for the meeting to adopt its content.

Denis Conway gave a detailed account of Juvenile affairs with highlights such as the great achievement of our Under-16's and the great success of our summer camp.

It was then down to our chair-

person to finish off the reports for 2004. Jay congratulated both sets of senior players/mentors & selectors for their commitment and noted that success was well within reach for this bunch of players. The juvenile committee was congratulated for their role played as was Billy Harty for his success with the Under 16's in both grades. Jay had a special word for Seamus & Declan Prendergast on winning their second Munster Senior Hurling medal and for representing their club with great honour and commitment on the field of play. Jay paid special thanks to his young officers and commended their commitment to their roles over the year.

The executive Committee for 2005 was then elected...

Chairperson: Jay Prendergast; Vice-Chairperson: Joe O'Brien; Secretary: James O'Donnell; Asst-Secretary: Claire Flavin; Treasurer: Lindsey Harty; PRO: Nick Keating; Deice Draw coordinator: Noel Conway; Membership officer: Caroline Tutty Power

Senior football: Manager/Coach: Ger Twooney; Selector appointed by Club meeting: Tomas Power (Jnr). A second selector will be appointed in the coming weeks.

Senior Hurling: Manager: John Power (John to appoint his own selection team). The one very obvious omission from the Senior Hurling is that of coach. Tadhg Murphy who has been coach/mentor for the past 4 year has taken on the coaching role of his own club

Sarsfield. We wish him the best and if Sarsfield are to have the same success this year as we in Ardmore have achieved under his wing then the winning of the Cork Senior Hurling c/ship is a good bet.

Under 21 football and Hurling will be helped along by Austin Falvin (Snr), Mossy O'Connor, Declan O'Donnell. The final selection team will be completed in the coming weeks.

The meeting was completed with the election of the general committee for 2005. Our Chairperson did request that club meetings be better attended for the coming year as the place to discuss or raise issue is at such meeting's and not at public venues.

Weekly Lotto:

We ask all reader that you support the Ardmore GAA Weekly Mini Lotto. This lotto is the means of cash flow for our club and helps in the day to day running and other administrative duties. It is the sole means of income on a weekly basis throughout the year.

This week winning numbers were 3-19-20 with a jackpot 450 euro (no winner).

The five lucky 15euro winners were Jamie Moraney c/o Kiely's cross; Marie Power c/o Round Tower; Mary B French c/o Flemings Bar; Bridget Holohan c/o Flemings & Tommy Maher c/o Kiely's Cross.

Club Meeting:

The first club meeting of the 2005 season will be held in the club house on Monday 17th Jan at 8pm. As we kick/puck into a

new year we ask that this meeting be well attended.

A Night of Nostalgia:

The Ardmore GAA club will be holding a Special night of nostalgia (in association with our Annual Social) on Saturday 26th Feb at the Park Hotel in Dungarvan. The event will consist of remembrance award ceremony for the great achievements of our Junior Hurling Team on winning the County title in 1979. Also a Hall of Fame awards ceremony for members of the club that have given loyal service to the club down through the years. Special recognition awards will also be presented. We will have more details next week and in the weeks leading up to the event. Tickets will be limited so please contact any of the committee members regarding booking of tickets. This will be a night to remember so put a mark on your calendar and book a babysitter.

Dungarvan GAA Notes

Nomination forms are available from the club secretary Grace O'Callaghan for anybody interested in getting involved as a team manager, selector or member of the executive committee. If you are unable to attend the AGM you can still put your name forward for a position once you fill in a nomination form.

MANCHESTER UNITED SUPPORTERS CLUB

WATERFORD BRANCH

MEETING: The first meeting of the new year will take place on Friday next, 14th January at 8.15 pm. It will be preceded by a committee meeting at 7.30 pm. Lawlor's Hotel the venue.

F.A. CUP

A poor display against Exeter adds another fixture to a congested month. If successful United will play Middlesborough at Old Trafford.

CHAMPIONS LEAGUE

We should have news regarding tickets for the A.C. Milan game in the next few days so fingers crossed for those who have applied. It's not ideal with flights rising daily but we can't do anything about it.

SMILEY'S MOAN

Everytime Man U play Spurs contact is made by Smiley Mullarkey and as he reads these notes I decided to give him a mention. Just remember Smiley "a goal can only be disallowed if given". The many text messages received definitely outways the Spurs supporters known to me so thanks for all the kind messages like "Robbed", "Cheats" and "The Referee's a Manchurian".

NEWCASTLE IN APRIL

Money for this trip will be due from Friday so if you want to get it out of the way, 45 euro adults, 22.50 euro juniors can be paid at the meeting on Friday night. Anyone travelling on this trip is urged not to book travel until the date and time are confirmed.

WATERFORD RACEWAY NOTES

Next Sunday January 16th we have the second round of the Bridgie Terrie's winter championship at the Pike first race at 12.30. The first round was held on St. Stephen's Day and proved to be a great success with some really fine driving especially in class 6 with Ray Darcy, Ian Laracey and Eoin Mackey entertaining the crowd with some very exciting racing.

Results of the First Round of Races are as follows; Class 1 1st 389 Jerry Tobin. 2nd 13 Kevin Healy. 3rd 229 Keith Kirwan. Class 2 1st 261 Richard Harney. 2nd 616 Niall Fitzgerald. 3rd 60 John Banville. Class 3 1st 207 Charlie McNamara. 2nd 319 Ian O'Leary. 3rd 165 Kevin Power. Class 4 1st 504 David Banville. Class 5 1st 78 Jason McGrath. 2nd 16 Kevin McGann. Class 6 1st 178 Tom Buckley. 2nd 368 Ray Darcy. 3rd 504 Paddy Sinnott. Juniors 1st 389 Janice Tobin. 2nd 13 Seamus Healy. 3rd Michael Dunphy.

C.L.C.G. Lios Mor

PRESENTATION NIGHT

On Thursday 30th December the club held a presentation night in Lismore Hotel to honour our two County Stars namely Dave Bennett and Dan Shanahan and to give recognition to their fantastic achievements on the pitch. Chairman Bernard Dooley welcomed everyone present and stated that the club is very proud of the fact that both of the lads were nominated for All-Star Awards this year and the great honour it is for Dan, his family and the club that he received such an award. Fellow club man and Munster Council Vice-President also addressed the gathering. He congratulated both lads, their families and those who helped them over the years at underage level and beyond. Dan and Dave both spoke and thanked everyone and said that hopefully they would be bringing more awards and rewards back to the club in the near future. A most enjoyable night was had by all and we would like to thank everyone for attending.

MEMBERSHIP

Please note that Membership is now due and is payable to Tom Hannon.

GYM

Membership to the Gym is still available. Annual membership fee is 115 and can be paid to any officer of the club.

SYMPATHY

Sincere sympathy is extended to the Landers family, Lismore on the recent death of Mick. Mick had long associations with the club as did his sons John, Mike, Joe, Billy and Dave. Ar dheis De go raibh a h-ainm dilis.

LOTTO

3rd January, 2005. Winning Numbers - 13,16,19. There was no winner of the jackpot. The E15 winners were as follows: Maurice Power, Shrough, Tom O'Grady, West Street John Flynn, New Street, Annette Keane, Parks Rd. 10th January, 2005

There was no winner of the E1950 jackpot. Winning numbers were 11, 18, 26. Next weeks jackpot will be E2100. The E15 winners were:

Oliver O'Dowd, West End, James Dalton, New St Kieran Walsh, Parks Road, Alice O'Donoghue, Parks Road.

C.L.C.G. na nOg Lios Mor/Baile na Saggart Annual General Meeting

Please note that the AGM of Lismore/Ballysaggart Juvenile Club will take place next Monday night 17th January at 8.00 p.m. in the School Hall. Please note the change of date. We would ask that all parents and those involved with the club or those would like to get involved attend this meeting.

WEST WATERFORD ATHLETIC CLUB NOTES

Ann Dunford Is 2004 Winner Of Athlete Of The Year

Isn't it hard to believe that yet another year has come and gone in the athlete of the year competition? As the saying goes "time flies when you're having fun". This year was certainly an action packed year with numerous races all around the country. An interesting note to make is that in the twelve months of the competition there were West Waterford athletes taking part in 95 events. These events were either cross-country, track and field (indoors and outdoors), marathons (at home and abroad), our own Spring, Summer, Autumn and Winter Series and the infamous Ballycotton Series in the Summer and the ten-mile Munster Classics. This is a major achievement by any standards and great credit goes to all athletes of the club. It was a great year and the best of luck to all our athletes in the year ahead.

Pride of place must certainly go to Ann Dunford who is the 2004 winner of the competition. Ann notched a very impressive score of 75 points which led to her being crowned 2004 champion. It was a richly deserved award for an athlete as dedicated and committed as Ann. Ann trained hard all year around and gave it her all in every race. Well done Anne.

Ann was in the leading group from the outset but it wasn't until the final stages that she came out a clear winner. For all those of you wondering what resolutions to make for the new year, you can't go far wrong on setting your sights on the friends of West Waterford Cup and getting fit and healthy as well. The Friends of West Waterford Perpetual Cup will be

presented to Ann at a date in the near future.

The points scored by all athletes were extremely impressive and long may it continue. The basis of the competition is that for every race a West Waterford athlete competes in they get one point and if it is a championship race they get two points. As it is based on participation only this competition is open to every single member of the club. As winner for 2004 Ann Dunford has the task of looking after the competition for this year 2005, so if any member competes for the club outside of any local competition the onus is on them to contact Ann and let her know, so she can award them their points. At this point we also wish to thank Norma wall for her diligence in looking after the competition last year, a job well done and she also proved to have a flair for the old pen, you'd never know, maybe?

The following are the top ten finishers in 2004

ANN DUNFORD	75
Josie Ui Chuirrin	69
Pat Morrissey	66
Judy Hanrahan	63
Anne Whelan	61
Diane Behan	59
Corinna Walsh	57
Michael Deegan	56
Connie Kelleher	55
Johnny O'Connor	51
Jason Travers	51



Winner of West Waterford Athletic Club's "Athlete of the Year" Ann Dunford being congratulated by club secretary Tony Ryan.

Irish Sugar Mallow 10 Mile Road Race West Waterford A.C. Results

Place	Time	Name	Team	Age Cat	min/mile
1	0:55:43	LANGFORD, Mark	West Waterford AC	M	05:34.2
2	1:02:10	MASON, Trevor	West Waterford AC	M	06:12.9
3	1:03:12	DWYER, Micheal	West Waterford AC	M	06:19.1
4	1:03:36	KELLEHER, Con	West Waterford AC	M50	06:21.5
5	1:04:57	CANTWELL, Gerry	West Waterford AC	M45	06:29.6
6	1:04:59	DUNFORD, Pat	West Waterford AC	M	06:29.8
7	1:06:22	BEHAN, Diane	West Waterford AC	F35	06:38.1
8	1:06:23	VEALE, James	West Waterford AC	M40	06:38.2
9	1:06:24	HARTY, Phillip	West Waterford AC	M	06:38.3
10	1:06:41	DWYER, Athony	West Waterford AC	M45	06:40.0
11	1:07:06	MAGUIRE, Billy	West Waterford AC	M40	06:42.5
12	1:07:14	FLEMMING, Jim	West Waterford AC	M	06:43.3
13	1:07:36	O'RIORDAN, Eoin	West Waterford AC	M	06:45.5
14	1:07:55	COONEY, Michael	West Waterford AC	M	06:47.4
15	1:09:41	HAYES, Martin	West Waterford AC	M40	06:58.0
16	1:09:51	JACKMAN, Joanne	West Waterford AC	F	06:59.0
17	1:13:47	DUNFORD, Ann	West Waterford AC	F35	07:22.6
18	1:13:59	MASON, Darren	West Waterford AC	M	07:23.8
19	1:14:12	VERLING, Nick	West Waterford AC	M	07:25.1
20	1:14:44	TUTTY, Vincent	West Waterford AC	M	07:28.3
21	1:16:54	EARLEY, Pal	West Waterford AC	M	07:41.3
22	1:19:18	DEEGAN, Michael	West Waterford AC	M50	07:55.7
23	:21:42	O MUIRIOSA, Pdraig	West Waterford AC	M	08:10.1
24	1:21:59	VEALE, Martin	West Waterford AC	M	08:11.8
25	1:22:00	HANRAHAN, Judy	West Waterford AC	F	08:11.9
26	1:24:45	TUTTY, Michael	West Waterford AC	M40	08:28.4
27	1:25:12	EARLEY, Granne	West Waterford AC	F35	08:31.1
28	1:27:31	LEARY, Stephanie	West Waterford AC	F35	08:45.0
29	1:29:55	UI CHUIRIN, Josie	West Waterford AC	F40	08:59.4
30	1:30:50	RYAN, Martina	West Waterford AC	F35	09:04.9
31	1:31:42	HOGAN, Laura	West Waterford AC	F	09:10.1

GREAT TURN OUT IN MALLOW 10 MILE

Diane, Ann And Con All Collect

Race number one in the John Buckley Sports Munster 10-mile Classic Series was held last Sunday when the Irish Sugar Mallow 10-mile road race took place in very wintry conditions with 301 finishing the race. The club was well represented at the race with 31 athletes finishing the race. Diane Behan recorded her fastest time ever for the 10 mile distance 66.22 and was fourth Lady overall. The Dunford's Pat and Ann made it a family double when both recorded personal bests for the distance Pat ran very strongly finishing in a time of 64.59 while Ann the newly crowned club athlete of the year was not to be outdone by himself and she clocked an impressive 73.47 and took first over 35 Lady into the bargain, cause for celebrations in the Dunford household on those two performances. In the men,' over 50's Con Kelleher was 2nd in a time of 63.36. Impressive ain't it. Mark Langford was our first finisher in 55.43 this gave Mark 9th overall. Others performances of note came from Michael Dwyer 63.12, Darren

Mason 73.59, Michael Tutty 84.45 and Grainne Earley 85.12, while husband Pat recorded a good time of 76.54. New club member Pdraig O Muiriosa ran well to clock a time of 81.42 and Pat Morrissey finished on exactly the same time as him? It was refreshing to see Philip Harty back racing in the club colours again and giving himself a little time and patience we will see him back at the front of affairs where he belongs.

The race was won by Gerry Ryan, Galway City Harriers, in a very fast time of 49.40 — a super performance on a difficult day. Sandis Bralitis, Ballynonty, was second in 53.08 with St. Finbar's Cathal O'Connell third in 53.30. Well known Latvian runner Raivis Zakis, Ballynonty, was fourth in 54.18.

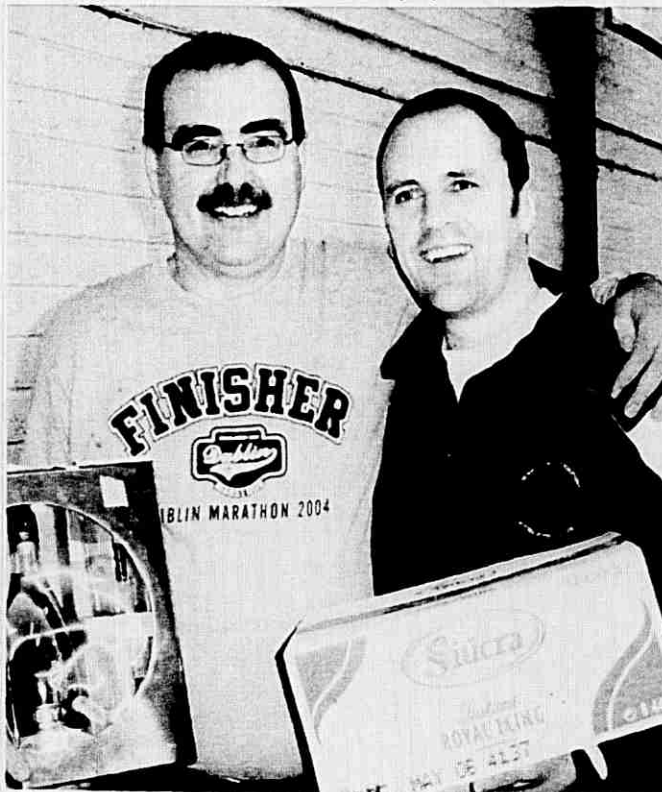
The Ladies race was won by Orla Tuohy, Grange, Fermoy in 62.57 with the improving with age Mary Sweeney, St. Finbar's second in 63.11 and Teresa Tuohy, Bilboa, third in 65.52.

All in all a good start to this years series in Mallow with numbers well up on last year.

Hopefully now the trend will continue for our own Crystal race in February.

Snippets from last Sunday's outing included — Who took the bags out by Mick Verling? What's wrong with my car by Michael Deegan? Time is on

our side by Gerry Cantwell? Oh you've got to have a desert or two by Raivis Zakis? and I'm all right over here by Pat Morrissey or was it Pdraig O Muiriosa. Finally sweets for my sweet and sugar for my honey by Martin Veale.



Two major prize winners at the Mallow 10 last Sunday were Michael Deegan and Martin Veale.

CO. BOARD MEETING
A County Board meeting will be held on Monday 17th next at 8 p.m. at D.L.S. School, Waterford.

WEST WATERFORD ATHLETIC CLUB NOTES

Allrounder Sports Winter League Starting To Hot Up

It was a case of all system go at the resumption of the Allrounder Sports Winter League last Wednesday night. It was time for many of us who were carrying those extra few pounds after the Christmas break to get back down to business, get back into the groove, make that start back. The next couple of weeks will decide who this year various divisional winners will be and, of course, who the supreme champions will be for 2004/05. We now have seven nights remaining with plenty of road to cover yet. I must mention one individual who was running the league for the first night last Wednesday, he got so carried away with the whole affair that he took the wrong course, after entering for the 6 miler he followed the group running the 2.7 mile route, after completing that on arriving back at the Sports Centre he discovered his

error, that he had taken the wrong course he then set off and ran the 6 mile course and I can also reveal he wasn't last to finish. I for one was behind him, not bad for one night's running for a new comer. Fair play Brendan.

PARKING REMINDER

We remind all runners taking part in the Winter League not to park in front of any house in the area of Boreenatra. There is plenty of parking in the car parks in and around the Sports Centre, your co-operation with this matter would be much appreciated.

MAIREAD IS BACK

Looking through the results of the 2.7 mile run many good times were recorded considering it was our first night back, Joe Gough ran an impressive 14.07. Running his first Winter League night this year was Mark McConnell son of club

ultra distance runner Ray and he covered the distance in 16.15. Vince Donovan is making great strides and that extra few nights training is starting to pay dividends he clocked 20.26. Mairead Flynn was also running the league for the first night and ran a time of 20.01. We hope that Mairead has a little more luck on her return to running after a long lay off through injury which she picked up when going great guns in her preparation for last October's Dublin City Marathon, this will be your year Mairead! Marie Barron had an impressive 18.18.

Last week saw many new faces taking up the challenge along with our regulars and good performances were recorded by Mary Lynam, Helen Frost, Caroline Russell, Bernard Cassidy, Sandra Hogan and Patricia Mulcahy just to mention a few of note. Remember still seven weeks to go with much running still to come.

We will have an update on the league tables next week

FAST TIME RECORDED BY ALAN KINSELLA

On the resumption of the 6 mile league last Wednesday the times were relatively slow

going by the pre Christmas standards, nevertheless there were some who performed well. Alan Kinsella recorded a fast 38.13.

It was great to see Philip Harty back in the fold and taking part in the league for the first time he recorded a handy 41.22. Triona Shalloe was also running Wednesday last and her time of 45.29 was a solid performance. Eugene McCarthy was another impressive performer when clocking 38.07. Claire Connors 48.31 took over a minute off her previous best and I know how she did it? Anthony Dwyer and Martin Hayes kept in close contact with just one second between them, 39.23 and 39.24.

Sinead O'Rourke was delighted with her 52.15 while Triona Wall celebrated the old birthday in style last week running 48.51 - age is no barrier here. Norma had a good cut too clocking a fast 42.22.

Most of the big players in division 1 were out in force, with the exception of Tony Shalloe who was sidelined with an injury and we wish him a quick recovery from it. Nevertheless Tony made himself available to do some stewarding out on the course.

WINTER LEAGUE 6 MILE WEEK 8 RESULTS

Pos	No.	Name	Time	Pos	No.	Name	Time
1	217	CANTWELL, Gerry	0:41:20	53	101	MCGRATH, Paul	0:46:44
2	215	MCCONNELL, Ray	0:41:21	54	118	KIRWAN, Bryan	0:42:51
3	212	HARTY, Philip	0:41:22	55	117	FEENEY, Des	0:38:04
4	218	COLLINS, Brian	0:43:19	56	190	BRUNNOK, Johnny	0:33:28
5	216	DUNFORD, Michael	0:43:20	57	049	TUTTY, Pat	0:42:07
6	219	SHALLOE, Triona	0:45:29	58	135	WALSH, Tomas	0:42:52
7	222	O'HARA, Brendan	0:53:28	59	011	COLLINS, Gary	0:38:59
8	214	BRENNAN, Jean	0:58:29	60	074	O'GRADY, Owen	0:41:45
9	208	MCGRATH, Albert	0:58:30	61	067	O'GRADY, Thomas	0:47:21
10	213	QUINLAN, Martin	1:00:56	62	048	HAYES, Martin	0:39:24
11	033	MCCARTHY, Eugene	0:38:07	63	016	DWYER, Anthony	0:39:23
12	163	MOORE, Edward	0:43:37	64	189	KIELY, ROSARIE	0:50:42
13	093	DE SIUN, Jacqui	0:52:17	65	104	TUTTY, Michael	0:47:43
14	015	FRAHER, Gerard	0:41:59	66	146	STILLWELL, Sean	0:35:30
15	123	DEE, Nicola	0:55:19	67	182	BRENNAN, Luke	0:40:56
16	152	CONNORS, Claire	0:48:31	68	059	EARLEY, Grainne	0:47:40
17	064	FOLEY, Tim	0:41:23	69	079	KENNEALLY, Kevin	0:36:35
18	036	LYONS, Derek	0:37:16	70	003	WYLEY, Ger	0:39:31
19	042	HAMILTON, Tony	0:46:48	71	119	CURRAN, Martin	0:41:33
20	125	DEE, Michael	0:42:57	72	052	WHELAN, Arne	0:45:18
21	044	HOUILHAN, Martin	0:48:01	73	073	KEANE, Tony	0:41:25
22	040	KAVANAGH, Aine	0:48:33	74	060	BANNON, Aisling	0:45:36
23	063	KEATING, Paul	0:48:34	75	167	EARLEY, Pat	0:43:15
24	108	DEEGAN, Michael	0:44:10	76	078	KENNEALLY, Keith	0:44:58
25	166	HAMILTON, George	0:46:36	77	037	MORRISSEY, Pat	0:45:08
26	084	UI DHUIBHIR, Jen	0:48:54	78	021	CURRAN, Ray	0:48:13
27	099	LENNON, Pat	0:48:00	79	056	NUGENT, Paula	0:58:59
28	029	COLEMAN, Billy	0:44:43	80	072	HEARNE, Nuala	0:59:00
29	175	CHRISTOPHER, Pat	0:47:55	81	017	WALSH, Emmet	0:43:17
30	186	KINSELLA, Alan	0:38:13	82	121	HANRAHAN, Judy	0:45:28
31	054	LYONS, Colin	0:38:03	83	090	COLEMAN, Kieran	0:45:26
32	035	FOLEY, Maurice	0:38:20	84	094	SHEEHAN, Betty	0:55:06
33	124	LAMBEN, Eamonn	0:48:33	85	187	VEALE, Brid	0:45:35
34	097	DUNFORD, Pat	0:37:19	86	112	O'GORMAN, Maria	0:48:33
35	102	MURRAY, Tony	0:40:04	87	169	HANSBURY, Paul	0:50:50
36	168	O'RIORDAN, Eoin	0:37:41	88	148	SALMON, Joe	0:39:18
37	116	O'RIORDAN, Patrick	0:38:14	89	171	DUNFORD, Joanne	0:48:37
38	034	CURTIN, Kevin	0:41:18	90	203	CAHILL, Kieran	0:48:39
39	193	SHANLEY, Tom	0:44:54	91	111	PHELAN, Eamon	0:39:32
40	065	LYNAM, Brett	0:37:45	92	069	ZAKIS, Raivis	0:34:12
41	031	NAGLE, Colm	0:49:26	93	068	O'BRIEN, Eoin	0:45:10
42	110	O'GORMAN, Paul	0:44:37	94	196	KEARNS, John	0:39:55
43	085	DUNFORD, Ann	0:41:34	95	091	BUTLER, Linda	0:56:30
44	137	LANNEN, Patrick	0:45:09	96	008	VEALE, James	0:39:36
45	004	WALL, Norma	0:42:22	97	098	MORONEY, Kevin	0:48:50
46	210	HICKEY, Ann Mari	0:49:31	98	120	MOORE, Liam	0:56:41
47	061	BANNON, Ray	0:42:25	99	195	WALL, Triona	0:48:51
48	053	GOUGH, Thomas	0:42:36	100	058	CURRAN, Alan (D)	0:44:37
49	162	O'ROURKE, Sinead	0:52:15	101	024	CROTTY, Sinead	0:44:36
50	126	HENNESSEY, Michael	0:48:27	102	006	STREET, Paddy	0:46:03
51	083	O'SULLIVAN, Sheila	0:48:25	103	002	CONDON, Tom	0:49:36
52	100	WHELAN, Michael	0:38:05	104	141	CLARKE, John	0:53:52

WINTER LEAGUE 2.5 MILE WEEK 8 RESULTS

Pos	No.	Name	Time	Pos	No.	Name	Time
1	813	GOUGH, Joe	0:14:07	49	645	WHYTE, Mary	0:21:55
2	816	MCCONNELL, Mark	0:16:15	50	658	MOORE, Liam	0:18:10
3	723	POWER, Killian	0:15:53	51	506	MOORE, Liam	0:19:08
4	687	O'DONOVAN, Vincent	0:20:26	52	585	LYNAM, Mary	0:24:56
5	804	KEANE, Pat	0:22:14	53	583	CAREY, Catherine	0:23:22
6	734	O'SULLIVAN, Collette	0:25:42	54	606	FROST, Helen	0:22:05
7	818	FLYNN, Mairead	0:20:01	55	620	MCCARTHY, Anne	0:19:48
8	746	RUSSELL, Caroline	0:21:13	56	519	STACK, Stephen	0:18:01
9	748	CURRAN, Aisling	0:20:16	57	662	CASSIDY, Bernard	0:20:25
10	812	POWER, Niall	0:20:24	58	542	TUTTY, George	0:16:53
11	612	BARRY, James	0:15:56	59	526	SHEEHAN, Claire	0:24:31
12	732	MOLONEY, Michael	0:15:02	60	591	COLLENDER, Mary	0:22:11
13	617	DRENNAN, Angelina	0:20:53	61	628	CROTTY, Rose	0:23:41
14	517	O'RIORDAN, Jason	0:23:09	62	726	POWER, John	0:26:11
15	631	BARRON, Marie	0:18:18	63	604	RYAN, Mary	0:27:35
16	700	NOLAN, Pdraig	0:17:43	64	530	HARTY, Richard	0:20:38
17	709	POLLOZA, Dane	0:20:17	65	535	FITZGERALD, Pat	0:18:27
18	636	POWER, Eileen	0:22:20	66	724	POWER, Rosemary	0:20:58
19	514	PHELAN, Joy	0:21:46	67	661	TUTTY, Sarah	0:26:42
20	594	SHANLEY, Alice	0:20:03	68	509	FAHEY, Anna	0:26:43
21	501	BURKE, Michael	0:22:24	69	630	CURRAN, Pat	0:18:07
22	641	RYAN, Martina	0:18:51	70	651	LANNEN, Conor	0:18:08
23	677	NUGENT, Gillian	0:22:57	71	622	FLYNN, Michelle	0:24:30
24	733	MCCARTHY, Anthony	0:16:38	72	527	CLIFFE, Sandra	0:24:36
25	560	BURKE, Cordelia	0:23:16	73	5710	DWYER, Claire	0:22:45
26	608	POWER, Onra	0:20:14	74	694	SHASBY, Stephen	0:15:04
27	714	HAYES, Mary	0:23:17	75	648	HOGAN, Sandra	0:24:26
28	744	LONGAN, Mary	0:21:49	76	540	FLAVIN, Eamon	0:17:50
29	582	BANNON, Colette	0:23:48	77	639	CASEY, Seamus	0:20:30
30	689	MULCAHY, Patricia	0:20:01	78	735	MULCAHY, Leonie	0:21:27
31	520	QUILTY, Maire	0:21:19	79	613	DOBBYNN, Kathy	0:21:42
32	619	BRADFIELD, Linda	0:19:06	80	682	KIELY, Mary Kathryn	0:23:45
33	642	KIRWAN, Jenny	0:19:37	81	592	NI AODHA, Muriel	0:23:18
34	586	POWER, Richie	0:14:47	82	607	KAVANAGH, Matt	0:18:47
35	678	POWER, Ray	0:21:45	83	555	FRAHER, Ashling	0:23:13
36	670	KELLY, John	0:18:32	84	634	COATES, Kim	0:19:57
37	713	BARRY, Peter	0:17:39	85	637	RIELLY, Pa	0:19:19
38	557	SHEIL, Nicola	0:25:00	86	508	NAGLE, Linda	0:31:40
39	640	HALLIHAN, Ann-marie	0:18:33	87	518	RYAN, Dermot	0:19:51
40	537	SINNOTT, Fiona	0:20:08	88	532	O'ROURKE, Fiona	0:21:27
41	561	WALSH, Clare	0:23:50	89	598	YOUNG, Kathleen	0:33:02
42	541	BULLEN, Geoff	0:17:04	90	525	TUTTY, Kevin	0:21:21
43	712	LONGAN, John	0:18:23	91	815	KEANE, John	0:23:24
44	690	O'RIORDAN, Lynn	0:21:59	92	544	FITZGERALD, Trisha	0:23:19
45	573	WHELAN, Carol	0:20:21	93	820	FOLEY, Rosemary	0:26:39
46	680	HARTY, Kevin	0:14:15	94	821	ENNIS, Therese	0:34:52
47	575	O'CONNOR, Anne	0:22:06	95	817	LARKIN, Emma	dnt
48	510	COFFEY, Kim	0:22:07				



Pictured recently at the launch of the West Waterford Athletic Club Annual in association with Blackwater Homes were (l. to r.) Judy Hanrahan, Norma Wall, Triona Wall, Kevin Curtin M.D. Blackwater Homes (sponsors) and Jacinta Sheil.

WEST WATERFORD ATHLETIC CLUB NOTES

THE PASSING OF MICHAEL HOGAN

It is with deep regret we record the passing of Michael Hogan, Ballinacourty, whose sudden death occurred last Monday week at his residents. Michael was involved with our club over the last couple of years as our resident public address man, a job which he did with the utmost of pride and dedication. Michael was totally reliable never ever on any one single occasion did he leave us down when due to have his public address system available to cover a race, not alone did he never leave us down but he would be first to arrive at race head quarters where ever it may be to make sure all was ready for the upcoming event. One could safely say his P.A. business was really more of a labour of love than a job. He was also available when called upon to give a hand on the ground as to speak. Even at our Allrounder Winter League, which is running presently, when his P.A system was in place he did an invaluable job recording all the finishers on the dictaphone. Michael never made any mistakes when doing this job, he never missed a single finisher. Only just before Christmas Michael presented our club with an absolutely magnificent silver cup which he was proud and privileged to do as he said himself. The silver cup is inscribed CORN IAR-DHEISE PRESENTED BY MICEAL O HOGAIN. This typified the man, he wanted no fuss, and presented the cup to us quietly without any fan fair. The club will cherish it and a worthy winner of our Ger Wyley/Nike Summer Series will have their name inscribed on it each year from this forward.

To his family we extend our sincere condolences on their sad loss. The passing of Michael leaves a huge void in our club. He will be very difficult to replace, but the show must go on and Michael wouldn't want it any other way. May he rest in peace.



West Waterford mens 4x200m relay team, silver medalists in the Munster Indoor Championships. Photo shows (l. to r.) Richard Power, Joe Gough, Con Kelleher and Danny McGrath.

MUNSTER SENIOR AND JUNIOR INDOOR CHAMPIONSHIPS

Bannon Sets New Standard HOULIHAN CAPTURES TWO GOLD

At the Munster Indoors Senior and Junior championships last Sunday in Nenagh, West Waterford had two representatives taking part and between them they took home three gold medals and a new Munster record. Liam Houlihan in the senior pole vault added another Munster Gold to his collection when he cleared 3.80 and then later in the day he took gold yet again when winning the high jump with an impressive leap of 1.80. Young Mark Bannon who is quickly turning out to be a very good prospect in the pole vault event took Gold in the junior event with a vault of 3.40 decimating the old standard of 3.10 and winning the event by some 20 cm. Well done to both boys on a great days vaulting and jumping.



SISTERS ARE DOING IT FOR THEMSELVES — Pictured nearing the finishing line in the Friends of Mount Sion 5 Mile Charity Run are sisters Triona and Norma Wall, West Waterford A.C.

RUN FOR ASIA

Run for Asia - Wednesday January 19 @ 7:30pm:
Cork sporting organisations have got together to organise a 3k run/walk on
Wednesday January 19th @ 7:30pm.

This has been endorsed by Cork's Lord Mayor Sean Martin. The run/walk will start and finish on the South Mall. The route is currently being finalised. The organisers wish to show the support of the Irish sporting community for the victims of the recent tsunami as well as raising a financial contribution to help to alleviate their plight. The committee of Cork B.H.A.A. are assisting in the organisation of the event and strongly urge athletes and friends to support it. A website has been set up and more information will be placed on this, as and when it becomes available - www.runforasia.com

Next Cork BHAA fixtures:

January 16, 2005 11:00am Cork BHAA Cross Country Challenge at Mahon
Community Centre - Enquiries: 087 9790806
January 23, 2005 11:00am
F.M.C. "4" Mile Road Race at Little Island

CLUB CROSS COUNTRY TEAMS FOR MUNSTER CHAMPIONSHIP

The following club members are entered for the Munster Senior and Junior Cross Country Championships which are being held in Clare on Sunday next January 16th. Please note transport will leave the Park Hotel at 9.30 a.m. sharp on this day.

SENIOR MEN	SENIOR LADIES	JUNIOR MEN
Mark Langford	Diane Behan	Sean Stillwell
James Ledingham	Corinna Walsh	Shane Power
Rory Wyley	Ann Dunford	Stephen Shasby
Joe Kelly	Joanne Jackman	Kevin Harty
Johnny O'Connor	Brid Veale	Padraig Healy
Jason Travers	Anne Whelan	Brendan Walsh
Garry McCormack	Judy Hanrahan	Diarmuid O Foghiú
Trevor Mason	Norma Wall	Ferdia O hAodha
Con Kelleher	Eibhlis Ni hAodha	
Dermot Dwyer		

DAVID McCARTHY A RISING STAR

Local athletics got another big boost last week with the announcement that one of West Waterford's young rising stars was announced as the Park Hotel Sports Star for the Month of December. Club juvenile athlete David McCarthy was the recipient of this award. This was David's first Park Hotel Award but it would certainly be safe to say not his last. One of the hottest young talents in the country presently at the tender age of just 16 years he is a young man totally dedicated to athletics with just one objective in his chosen sport and that is to be the very best he can be. After a memorable cross country season where he captured the All Ireland title on home turf at St. Augustine's followed up with a superb performance to take the Reebok International Cross Country fixture in Liverpool, this is a just reward for David, his family, his club and we all join in congratulating him. Well done young man.

COMMITTEE MEETING

Committee members please note first meeting of the new year will be held at the Park Hotel on tomorrow night Thursday January 13th at 8.30 pm.

Waterford Crystal 10 Registration

The next race in the Munster Classic series is the Waterford Crystal 10 on Sunday, February 13th. All local runners are asked to pre register this race so as to make things easier on race day at registration. Forms can be got from Gerry Cantwell or Finbar Kelly, or at the Winter League any Wednesday night they will also be available at Ger Wyley Sports. All forms must be returned to Gerry with the 7 Euro entry fee. A special draw will take place for all those who pre register the race with a beautiful piece of Waterford Crystal up for grabs to the winner. Thanks for your co-operation with this matter.

SYMPATHY

Sincere sympathy is extended on behalf of West Waterford Athletic club to Fr. Pat Moran and the extended Moran family on the death of their mother Mrs. Margaret Moran, Ballybacon, whose passing occurred last week. May she rest in peace.

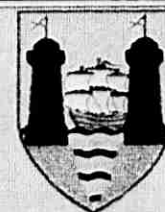
JUVENILES PERFORM WELL IN BELFAST

West Waterford's juveniles made the long journey to Belfast last weekend for the Reebok International Cross Country Challenge Series at Stormount. The long journey North was well worth the time as there were many fine performances from our juveniles against top opposition. Full results can be seen in our juvenile notes.



W. W. E. C.

West Waterford/East Cork Junior League



Weather A Spoilsport

NO GAMES PLAYED

For the first time this season, the weather played havoc with the fixture list last weekend when all games in the league were cancelled. The committee met on Saturday morning and made the decision to call off all games down for decision on Saturday and Sunday. With the weather we had over the weekend it was the correct decision even though it pushes all fixtures back by a week, but as league chairman, Michael McBride told us when we contacted him the safety of the players is always paramount, and there is no need to risk injury to any player especially with pitches being so at present.

We contacted Fixture secretary Noel Hegarty who said that while the fixtures have gone back a week it should be possible to have all fixtures played, with the co-operation of all clubs, by the end of April which is normal finishing of the league. Noel told us last Sunday's fixtures will now be played next Sunday and with cup games over the next few weeks we should be able to pick up on back games.

COACHING TIPS

COOLING DOWN

Today we deal with cooling down after a game. I wonder how many of our teams actually do this after a game. What has been picked up by all clubs, I would say, is that now all players warm up before a game and rightly so.

Experts tell us that it is also important that teams cool down after a game. This news is important for players but also for coaches.

I think I am right in saying that many of our teams out there do not have a proper cool down as part of their regular training sessions. By not doing so the experts say players are losing an invaluable part of the training process.

The reasons are numerous:

Firstly, flexibility is an extremely important part of being a soccer player. The best time to increase your flexibility is not when you first start stretching but rather when your muscles are completely warmed up and actually ready to start shutting down. By not stretching at the conclusion of your training session, you lose the opportunity to increase flexibility, which will end up hurting you in the long run.

Secondly, by slowly stretching after a hard workout, you can help your muscles relax - enabling you to prevent soreness the next day.

Coaching tips series continues next week!



Blackwater Rangers team defeated by Mogeely in the final of the Liam Fitzgerald Cup (sponsored by Bertie O'Mahony Fitted Furniture). Pictured below is Ann Fitzgerald presenting the Liam Fitzgerald Cup to Mogeely's captain Jake O'Shea. Photo shows (l. to r.) Michael McBride, Chairman W.W.E.C., Jake O'Shea, Bertie O'Mahoney (sponsor), Ann Fitzgerald and grandson Liam.

YOUTHS FOOTBALL

(Sponsored By Mari Mina Pharmacy Lismore)

Centre Stage For Youths Football

Chairman of the W.W.E.C. Junior League, Michael McBride, hopes the league will give more attention to youths football in the months ahead.

"We need more clubs to enter teams in the Youths League," stated McBride. "I know that getting people to look after youth teams is not easy, but we need to focus more on the players."

"I hope that we will have at least one person, if not two, totally focused on Youth Football. Over the last few weeks, and indeed again over the coming weeks, we have groups of people coming together with ideas of where we should be going to in the future and looking at all aspects of the leagues."

"A lot of work will be done in the weeks ahead," he added.

BACK IN ACTION

Well lets hopes so. After last weekends games were again cancelled due to the weather its back to the action this week.

At the moment, Cappoquin are the league leaders, followed by Castlebridge Celtic, Brideview Utd and Inch. It is hoped these sides will face one another this weekend for what should be vital games for these sides.

We are well behind in the fixture list at the moment. But, hopefully, we can catch up on some games in the coming weeks.

SATURDAY JAN 15TH

Youths League - Brideview Utd v Cappoquin 2pm W Collins
Castlebridge Celtic v Inch 2.30pm E Cusack



TSUNAMI APPEAL

Michael McBride, league chairman made a presentation of a cheque on behalf of our league of one thousand to GOAL last week towards the Tsunami relief fund. The disaster in Asia which we have been witnessing on our television screens every day for the past three weeks has touched everyone, as we see whole communities wiped out and as we pen these notes leaving over 150,000 people dead or missing. We hope our contribution will help towards the rebuilding of many peoples lives as they try to come to terms with what has happened.

Lismore Castle To Host Charity Fashion Show

As reported exclusively in this paper before Christmas, the West Waterford/East Cork Junior Soccer League are hosting a Fashion Show at Lismore Castle (By kind permission) on Thursday 3rd and Friday 4th March next with proceeds going to the West Waterford Hospice and Youghal Hospice Association. As we wrote at the time we are indebted to League Chairman Michael McBride, Vice Chairman, Liam Fraser and league PRO Paddy Pollard for giving us time from their busy schedules to tell us of the plans that will be in place for staging of this very prestigious show.

The chairman told us that for many years, the league has been supporting various charities in both areas of the league in alternative years and this year when the suggestion of a fashion show for the hospice was made it was decided unanimously by the management committee to do this. Liam Fraser said this was a totally new venture for the league and when it was put to the clubs at a delegate meeting there was 100% backing.

Liam went on to say that when the Exclusive Model Agency Cork was ap-

proached they were more than helpful and that various boutiques have already been booked for their clothes.

Paddy Pollard was loud in his praise of Michael Penruddock Estate Agent Lismore Estates for his time and help in arranging dates as when Lismore Castle would be available. Paddy continued that he was delighted they were able to acquire the services of local model Vicky Kiernan who is modelling with Take 2 Agency London. Vicky who is very busy at present modelling in Milan, Paris, Rome, New York and London will take time out of her busy schedule to come home to model at the castle.

Michael McBride said the reaction to the fashion show has been tremendous since it was announced and tickets will be on sale at the end of January. Liam stated that due to the limited number that can be seated the show will be held over two nights, and this will give people a choice of nights. And he went on to add that there will also be top class entertainment during the interval each night. Paddy said that tickets will also be on sale for those who will not

being to the show but want to support such a worthy cause as every family has been touched directly or indirectly by cancer at one time or another. Paddy concluded by saying on a personal note he was delighted the league undertook this venture.

We agree entirely with Paddy, Liam and Michael and know that they and their committee will leave no stone unturned to make the 3rd and 4th of March an unqualified success. We wish them the very best on both nights. The date of ticket sales and outlets will be announced shortly. Watch this space!!



Vicky Kiernan

W.W.E.C. FIXTURES

As we wrote at the start of our notes last weeks fixtures will be played next Sunday.

FIXTURES FOR SUNDAY 16th JANUARY

Red House Bar Premier Division

Bride View v Ardmore 11.30 A Horgan
Ballyduff v Cappoquin 11.30 P Pearson
Accrington Celtic v Lismore 11.30 T Griffen

Keaneally Rochford Associates 1st Div

Blackwater Rangers v Araglen 11.30 E McCarthy
Pinewood Rgs v Gortroe 11.30 W Collins
Modeligo v Castlebridge Celtic 11.30 P Marks
Mogeely v Inch 11.30 M Condon

East Cork Oil 2nd div

Lismore v Glen View 11.30 J McMahon
An Gaeltacht v Cllashmore 11.30 N O'Donoghue
Cappoquin v Valley Rgs 11.30 P Browne

CHANGE OF FIXTURE TIMES

We would ask clubs when they have a request for a certain time for a fixture that they give at least three weeks notice to fixture secretary, Noel Hegarty. Clubs must remember that fixtures are made out by Noel well in advance to accommodate clubs and referees and it is asking the impossible to change times when the fixtures appear in the local press. The committee are telling us times will not be changed once they are published only in the case of an emergency. Clubs please take note, as our notes are always penned on a Sunday evening and will not be changed once they go to print. If memory serves us correctly we had to make the same request last season and clubs responded positively.

Juvenile GAA News from the Deise County

A NEW YEAR ARRIVES

These been the first juvenile G.A.A. notes to appear in print for the new year I would like to take this opportunity to wish all involved in juvenile hurling and football a prosperous new year. I include in this players, coaches, administrators, parents, supporters, referees and sponsors. I would also like to wish readers of this weekly column in the areas leading local newspaper a prosperous new year.

2004 was a very good year for the G.A.A. in Waterford. We all know that our county senior hurling team contested the National League Final back in May against Galway and in June beat Cork in the Munster Senior Hurling Final and went on to play against Kilkenny in the All-Ireland semi Final.

In football our junior footballers won their second Munster and All-Ireland finals in five years during the course of 2004. Mount Sion, Stradbally, Gaultier, and Tramore who all won county finals at various grades during 2004 went on to contest Munster Club Finals and did remarkably well. In under 14 hurling the Waterford team reached the final of the Tony Forrester inter-county tournament and the Waterford under 14 B. hurling team reached the semi finals of the Sony Walsh competition. In Football Waterford reached the final of the plate section of the Jim Power under 14 football tournament which was played in Tallow and Ballyduff where they were beaten by a very strong Limerick side who were unlucky not to have won the competition outright.

These were just some of the highlights on the field of play in hurling and football during 2004. I guess many people will say that to equal or better these achievements in 2005 will be very hard to do but I believe that it can be done.

Waterford are no longer a sleeping joint in hurling. We have contested the last three Munster senior hurling finals winning two of them. We already have contested a National League Final in that period of time. I believe that in 2005 a major national title will come to the county. In the league Waterford will one of the favourites to win the title this year. In the championship if Waterford can overcome Cork in the semi final then Waterford will have to be regarded as favourites to win the provincial title.

Even if Waterford are defeated by Cork in the opening round of the championship I believe that we have a very good chance of bring the Liam McCarthy Cup into the county for the first time since 1959. We have seen over the past few years that teams that are often beaten in the provincial championships get better when they take part in the All-Ireland Series.

In football it is fair to say that we cannot go down any further in the rankings than we all ready are. I believe that in John Kiely we have a very good man over the team and look forward to seeing an improvement in our results. A few years ago the likes of Limerick, Wexford, Westmeath and Fermanagh were no better than what Waterford were. We have all seen that they have achieved over the past few years. I believe that given a fair crack of the whip with everybody playing their part, Waterford could achieve similar results to these and other counties that are not regarded as the top teams in the game.

At underage level I believe we also have some very good teams in the making. In under 21 in particular which is a very important championship at inter-county level we could have two good teams who with a bit of lady luck on any given day could be as good as any other county in the province or in the country.

Down along the grades it is hard to tell how our various teams will fair. In minor we should be able to hold our own with anybody else in Munster. In hurling I am told for a reliable source that we have a very young team for 2005 and that the team is been build with more of 2006 in mind.

In under 16 football I am told again that a good football team is been put together and that the mentors think that Waterford have a good chance of winning the annual provincial tournament in Limerick.

In under 15 hurling I am sure that the team mentors will be trying to build on the success achieved in under 14 competitions in 2004. Again in football there wont be a bad under 15 football team in place and will be given their chances to show the selectors what they can do in a number of tournament and challenge games.

In under 14 Waterford hosts two very good tournaments each year. At this point in time I don't know what kind of panels are been put together but I know that when the big tournaments come around at the end of the summer all Waterford teams will be in there giving it their all

TROPHIES AND SHIELDS

Clubs are reminded that all trophies and shields won by clubs in West Waterford in 2004 have to be returned for the first delegate meeting of the year which will take place on Friday January 21st. This is because it was noticed last year when they were been presented that some of them were in need of repair or replacing.

By getting them back for the first delegate meeting it will allow the officers the maximum time to repair or replace trophies before the various competitions begin.

Clubs that won county finals at juvenile level in 2004 will be asked to return them back to the county Bord officers at the first delegate meeting of the County Bord in a few weeks time.

SPONSORSHIP

During the past twelve months a plea was made through these notes for new sponsors to come forward to sponsor underage hurling and football competitions in West Waterford. This week in Juvenile G.A.A. News from the Deise County a renewed plea is made to business people across West Waterford to come forward and to offer the Bord officers sponsorship for the 2005 competitions.

Anybody that say the treasurers report from the divisional Bord na nOg convention last November will remember that the cost of medals for the various winners of the competitions ruin by the Bord is a huge expense for the Bord.

If any business person in West Waterford or beyond is interested in becoming a sponsor for a competition in 2005 they are asked to contact any of the divisional officers whose names appear further down.

As P.R.O. of the Bord I promise to get anybody who comes forward as a sponsor the maximum amount of advertising as is possible. Each week in the weeks leading up to and during the various competitions the names of the sponsors will appear in the local newspapers alongside the weeks fixtures.

Every effort will also be made to Waterford Local Radio to read out the various fixtures and sponsors names called out over the airwaves as the various fixtures are due to be played.

The officer Bord of the West Waterford Bord na nOg is Eddie O'Shea - Chairman, Paddy O. Grady - Vice Chairman, Bridget Murray - Secretary, Sean Walsh - Assistant Secretary and Referee, s co-ordinator, Jimmy McCarthy - Treasurer, Paddy Foley - Assistant Treasurer, Seamus O'Brien - Registrar, Thomas Keane - P.R.O., Alan Whyte and Billy Devine - Committee Members.

HELMETS TO BE WORN

Clubs are reminded that from January 1st 2005, when players are participating in hurling events for the club from the lowest grade up to and including minor level all players must wear a full faced helmet. This new rule comes about following a successful motion passed at the G.A.A. Annual Congress which was held in Killarney earlier this year.

Leading eye specialist have been campaigning for this rule to be brought into the G.A.A with a number of years as they have become increasingly worried with the amount of eye and facial injuries they and their other medical Colleges have been seen at the Accident and Emergency units in hospitals across the country.

Although clubs were not told about this new ruling at the recent Annual Bord na nOg Convention due to an oversight. Clubs are here told about this ruling. When the new G.A.A. Rule Book becomes available after Christmas I am sure that this rule will appear in it. This is not just a rule for Waterford it is a rule for clubs all over the country.

FIRST BORD NA NOG DELEGATE MEETING OF 2005 TAKES PLACE ON JANUARY 21ST

By now all clubs in West Waterford will know that the first delegate meeting of 2005 will take place in Lawlors Hotel on Friday January 21st at 7-30pm. This is the most important meeting of the year as it is here that the Championship formats for the year are agreed upon as well as the grading, s for the year, the transfer of players between clubs are agreed and sent before county Bord na nOg for ratification and affiliations for the year are ahead are dealt with.

Also to be dealt with on the night are two motions from the Nire Club which are carried forward from the Annual Convention. One of these motions asks that neutral referees are supplied for all games. This is a very good motion and I expect that all clubs will agree to it. The second motion from the Nire asks that the under 14 and 12 football championships be played earlier in the year.

In relation to the under 14 football championship in particular I can see where the Nire are coming from with this motion. Over the past number of years this competition has not started until lat August or early September a time in the year when the long evenings are starting to creep in.

For all clubs taking part in the under 14 football championship the vast majority of the players they will be picking from are going to secondary school and for the clubs in the border regions of our county and division many of the players may not be getting home from school until 5-00pm.

After getting in from school and having something to eat there is very little time for the players to do anything before it is time to head out to play a match or to a training session that begins sometime between seven o'clock and half past seven. On the evening there is a match or training session it will be none o'clock at the earliest before the players get home and at this time have to sit down to do some homework and study for the next day at school.

It is hoped that the meeting will be addressed by some specially invited guests who hopefully will address delegates on matters relation to the G.A.A. for the present and for the years ahead.

The importance for each club to be present at the meeting by delegates cannot be highlighted enough. It should not be left to club members who are officers of the Bord to represent the club at these meetings as it means that if club officers feel strong about something that goes to a vote, they are losing out on possibly swinging the vote in favour of the way they see things. Each club can have two representatives at the meeting.

GRADING

Just before Christmas in these notes I included the proposed grading as agreed by the officers at an officer Bord Meeting of the Bord in early December. I am sure all club officers will have seen the proposed grading but in case they may not have I will include them again in this weeks notes. The proposed grading for the 2005 competitions controlled by West Waterford Bord na nOg is as follows.

UNDER 16 FOOTBALL - Division one - Ballinacourty, Brickeys, Clashmore, Dungarvan, Nire and Stradbally. Division Two - Affane, An Gaeltacht, Cois Bhride, Kilrossanty and Naomh Brid/St. Patrick, s. Division Three - Ardmore, Ballyduff, Lismore and St. Olivers.

UNDER 16 HURLING - Division One - Abbeyside, Cappoquin, Cois Bhride, Dungarvan and Lismore. Division Two - Ballyduff, Brickeys, Clashmore, Fourmilewater, Naomh Brid/St. Patrick, s and Stradbally. Division Three - An Gaeltacht, Ardmore, Kilrossanty and St. Olivers.

UNDER 14 FOOTBALL - Division One - Ballinacourty, Clashmore, Dungarvan, Kilrossanty, Naomh Brid/St. Patrick, s and Nire. Division Two - Brickeys, Cois Bhride, Lismore, St. Olivers and Stradbally. Division Three - Affane, An Gaeltacht, Ardmore and Ballyduff.

UNDER 14 HURLING - Division One - Abbeyside, Cappoquin, Clashmore, Cois Bhride, Dungarvan, Lismore, Naomh Brid/St. Patrick, s. Division Two - Brickeys, Fourmilewater, Kilrossanty, and St. Olivers. Division Three - An Gaeltacht, Ardmore, Ballyduff and Stradbally.

UNDER 13 HURLING - Division One - Abbeyside, Cappoquin, Cois Bhride, Dungarvan, Lismore and Naomh Brid/St. Patrick, s. Division Two - Brickeys, Fourmilewater, Clashmore, St. Olivers, An Gaeltacht and Kilrossanty. Division Three - Ardmore, Ballyduff and Stradbally.

UNDER 12 HURLING - Division One - Abbeyside, Brickeys, Cois Bhride, Dungarvan, Lismore and Naomh Brid/St. Patrick, s. Division Two - Cappoquin, Clashmore, Fourmilewater and St. Olivers. Division Three - An Gaeltacht, Ardmore, Ballyduff, Kilrossanty and Stradbally.

UNDER 12 FOOTBALL - Division One - Ballinacourty, Cois Bhride, Dungarvan, Kilrossanty, Nire and Naomh Brid/St. Patrick, s. Division Two - Ardmore, An Gaeltacht, Brickeys, Clashmore, St. Olivers and Lismore. Division Three - Affane, Ballyduff and Stradbally.

UNDER 11 HURLING - Division One - Abbeyside, Cappoquin, Cois Bhride, Dungarvan, Lismore and Naomh Brid/St. Patrick, s. Division Two - Brickeys, Clashmore, Fourmilewater and St. Olivers. Division Three - An Gaeltacht, Ardmore, Ballyduff, Kilrossanty and Stradbally.

TRANSFERS

A reminder to all that the last date for applying and returning juvenile transfer forms for clubs transferring from any club to any other club in Waterford is this Friday night. This date has been well publicised with a number of weeks. If any transfer form is applied after or if a transfer form is returned after this date it will not be allowed to go through by the officer Bord.

When transfer forms are been filled in they must be done in the correct manner for them to be approved by the Divisional Bord officers and then be forwarded to the County Bord for ratification

AFFILIATION

The cost of affiliating clubs to West Waterford Bord na nOg in 2005 will be €150 per club and €15 per team there after. People may think this sum is very high. The reason it is set at this price is that up until the knockout stages of the various competitions the divisional officers do not collect any admission fees at the gates where games are played.

CLUB A.G.M.S.

Over the past few weeks and for the next week or two I guess clubs

across the division are holding their Annual General Meetings. It is important that all clubs forward a list of their officers to the Divisional Bord as soon as possible. This list should include the Chairman, vice Chairman, Secretary, Assistant Secretary, Treasurer and P.R.O.

The divisional officers once they have received this list of officers can refer to it at any point during the year if personnel within the club has to be contacted for what ever reason.

CHAMPIONSHIP FORMATS

Before Christmas I said in these notes I said that the clubs had the right to send in proposals to the different Bords giving details how they see the various championships should be run. At the time I said that I could not see too many proposals been sent in by the clubs and to the best of my knowledge no proposals have been sent into the divisional secretary.

At the time I said that I would let readers of these weekly notes know how I would like to see the various competitions run off by the various Bords. I said at the time that what I have to say may not be agreed to by everybody and I have not changed how I think since the notes appeared in print. I must also point out that what I have to say need not necessary be the views of my fellow officers on the West Waterford Divisional Bord na nOg Officers Bord.

To me playing divisional and county leagues at under 14 and 16 hurling leagues are serving no purpose. I think one of the competitions as a league have to go. If I had my way the competition that would go are the county leagues. I think and I know that many agree with me that there is something special about winning a divisional competition and then going on to represent your division in a county final.

This sort of competition served the county well over the years and was doing so at the time the county championships were brought in during the 1990's. I can see no reason why these sort of championships could not serve the underage players of the county again in the future.

Maybe it could also be possible to fit in an all county knockout championships. These competitions could be run off over a few short weeks and could be build in around the divisional competitions. Two teams from each division would advance to meet in a county final at one of our county grounds.

If we were to have a knockout county championship then we could not call the meeting of the two divisional winners in all divisions a county championship final. We could call it however a county league final. If such competitions were to be set up I think that within a short space of time we would be up there with the best of the other counties in Munster contesting Munster Finals like we were before the all county championships were started in the 1990's. playing divisional games would also cut out some of the many one sided games that we see at present in the all county championships. Again in the long term this can only be good for our Minor, Under 21 and Intermediate and Senior teams in the years ahead.

We also need to look at the way we run off our under 11 ground hurling competition. I have been saying for a number of years that playing the competition off over one or two days in the divisions and then having a county final does very little to promote the art of hurling without putting the ball into the hand.

I think if we were to look at the rules, bringing in a rule whereby a player can pick the ball up with his hurl but not put the ball into his hand would help the standard of hurling in this county. We also need to encourage our young players to pull on the ball in the air more often.

Maybe an incentive to do this in the under eleven competition would be if a player was to score by pulling on the ball in the air and not team mate was to touch the ball before it went through the posts would be to double the value of the score. The rules of the G.A.A. say that we can experiment with the rules of the games in league and secondary competitions. As under eleven in not a recognised championship there is no reason why we cannot experiment with such ideas.

If ideas such as these were to be brought into the game, I think clubs would be more willing to play the competition off as a league competition over a six or seven week period rather than as one or two day blitz with a county final to follow for the divisional winners.

There is also a need to play our competitions in or around the same time that the various divisional and inter county teams are involved in the various competitions. As things stand at present we begin each year playing the under 16 football championship. At the same time the county and divisional under 16 hurling selectors are trying to put together a team to compete in the Munster Inter divisional competitions which are usually held in or around Easter Monday.

On the other hand we play our under 16 hurling championship at county level after the Junior Cert has finished. At the same time the county under 16 football team selectors are trying to put together a team to take part in the annual tournament in Limerick in mid July each year.

To me and I am sure to many others if they took time to think about it, it would make far more sense if we were to change the timing of the two competitions. I know that those involved with the under 16 hurling county team will tell you that the under 16 hurling championship is played at the right time of the year as they are getting ready for the Annual Arrabawn Tournament in Tipperary which is held each year at the end of August.

We cant please everybody with this one. We have to ask which to we put most value on, the Inter Divisional Tournament or the Inter County Tournament. My call would be the Inter Divisional One, as if the county selectors were to attend these games they would be able to get a chance to see the very best under 16 players playing hurling for their division and after this can bring together who they think are the best of them to form a county panel. They selectors could prepare for this by arranging a number of challenge games from Easter to late August to keep their players hurling.

We also need to allow the duel players to play both games if they so wish. For too long in this county a gun is laterly been put to the heads of our best young players and are told to pick one game or the other to concentrate on.

It is no good for anybody to tell me that this does not happen because it does and I have seen some of our so call top coaches doing it. I have seen a coach and manger of one of our inter county teams over the past few years go as far as go to a ground where a inter county team were training early on a Sunday morning and take a number of players who wanted to be considered for both codes off the field, put them into two cars and drive them almost the entire length of the county to train with the team that were training for the other code. From the very lowest grade up we have to structure our championships and competitions in such a way whereby those who want to play both hurling and football for their club, their division and county get the chance to do so.

EMAIL

Anybody wanting to get any bits and pieces about their club mentioned in Juvenile G.A.A. News From The Deise County can do so by e-mailing the relevant details to me. My e-mail address is keanethomas@eircom.net. Thomas Keane, P.R.O. West Waterford Bord na nOg

West Waterford East Cork Schoolboys Soccer

SPONSORED BY IMOKILLY PEOPLE

RESULTS W/E JANUARY 8TH & 9TH

Under-12 League — Ballybridge 1 Ardmore 5
Valley 2 Ballybridge 4
Castlebridge 4 Valley 2

Under-14 League — Clashmore 2 Ardmore 1
Castlebridge 2 Valley 4

Results should be phoned to 024-94335 after games.

MEETING REMINDER

All clubs are asked to note that the next Schoolboy delegate meeting will take place on Thursday the 13th of January in Devonshire Arms Hotel in Tallow. All clubs are expected to attend, as some important matters will be on the agenda.

KENNEDY CUP

We are getting a good turnout of players at present. One or two clubs are however letting the side down at the moment but we hope to rectify this at Thursday nights delegate meeting.

BAD WEATHER AGAIN DISRUPTS FIXTURES

A number of games had to be cancelled due to the bad weather conditions last weekend but we hope to catch up this week. Clubs are asked to make every effort to get the games played or else we will have a backlog of fixtures.

LEAGUE CUP DRAW FOR GROUPS

Teams who are entering for the Under-11 and Under-13 League Cup are asked to note that we will be drawing for the Groups at the meeting on Thursday night so please know if you are taking part or not on the night.

FIXTURES FOR SATURDAY 14TH JANUARY

Under-12 League
Watergrasshill vs. Ballybridge 2.30pm. Maurice Condon
Cappoquin vs. Tourig Rovers 2.00pm. Paul Browne
Valley Rangers vs. Gaeltacht 12.30pm. Eamon Cusack
Lismore vs. Pinewood 2.00pm. Stephen Pratt

Under-14 League
Castlebridge vs. Clashmore 2.30pm. Eamon Cusack
Ballybridge vs. Ardmore 2.00pm. Johnny McMahon
Brideview vs. Valley Rangers 12.30pm. Paul Marks

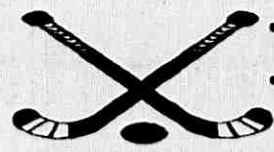
Under-16 League
Watergrasshill vs. Mogeely 12.30pm. Maurice Condon

SUNDAY JANUARY 15TH IN ARDMORE

Under-15 League Play Off Final
Pinewood vs. Cappoquin 2.00pm. Willie Collins

LEAGUE TABLES

Club	Pld	Won	Drawn	Lost	Pts
Ardmore	9	9	0	0	27
Cappoquin	7	7	0	0	21
Castlebridge	9	4	2	3	14
Lismore	7	2	3	2	9
Pinewood	6	3	0	3	9
Brideview	7	3	0	4	9
Gaeltacht	7	2	1	4	7
Ballybridge	9	2	1	6	7
Watergrasshill	5	2	0	3	6
Tourig Rovers	7	1	1	5	4
Valley Rangers	7	1	0	6	3
Under-14 League					
Cappoquin	6	5	0	1	15
Ballybridge	5	4	1	0	13
Watergrasshill	7	3	1	3	10
Clashmore	5	3	1	1	10
Pinewood	4	3	0	1	9
Brideview	6	2	1	3	7
Valley	5	2	0	3	6
Ardmore	6	1	0	5	3
Castlebridge	6	0	0	6	0
Under-16 League					
Cappoquin	6	5	1	0	16
Ardmore	5	4	0	1	12
Pinewood	5	5	0	0	15
Mogeely	6	3	1	2	10
Brideview	4	2	0	2	6
Watergrasshill	6	2	0	4	6
Valley Rangers	12	0	0	12	0



Dungarvan Ladies Hockey Club

DUNGARVAN SWEEP THE BOARD IN NEW YEAR'S BLITZ

Monday the 3rd of January 2005 the Dungarvan Ladies Hockey Team who were without the services of many of their key players such as Maria Conroy, Sharon Duggan and Lucinda Shrubbs to name but a few, took off to the Garryduff Sports Complex in Cork to participate and win a one day Division 5 Tournament. Six Munster Teams took part in the blitz which was split into two groups of three teams, each team having to play two thirty minute games, the winners of each group qualifying for the final.

DUNGARVAN 1 FERMOY 0

Our first match was against our Cork rivals who beat us in the Cup Final last year Fermoy. Sheer grit and determination on the Dungarvan side saw the Waterford side win out their first game, despite being a player short. A quick paced game saw both sides battling on with Dungarvan coming out on top when right mid-field Marie Sheehan took a super swift short corner pass onto Captain Tina Landers who was like a predator waiting to pounce on the Fermoy Defence at the top of the D. Tina saw her chance and sent the ball rattling into the back of the Cork goal. Fermoy failed to equalise. The Dungarvan Defence was made up of Sinead Hehir, Lizzy Walsh, Newcomer Thea O'Riordan, Louise Conroy and Sarah Power who stepped into the keeper kit for the day. Such defence being too strong for the Cork side.

DUNGARVAN 1 CHURCH OF IRELAND 0

Dungarvan's second group match was against Cork's Church of Ireland. Another fast feisty game with both sides anxious to get in front. Dungarvan had the advantage with a winning game under their belt. The confidence eased through the team with the arrival of dependable defender Carol Elstead giving Dungarvan a full team. Sinead Hehir switched up to midfield and resumed her usual antics of running rings around her opponents never tiring of snatching

balls away from the Cork ladies. Church of Ireland fought hard to gain control but they couldn't get past the Dungarvan Defence line with Louise Conroy covering the centre back position where she dominated, running left and right clearing away any balls that came into the danger zone and further frustrating the Cork forwards. Praise to full forward Ann Brennan who lined up the winning goal with a free taken from outside the circle. Ann wasted no time taking the free and took on the un-alerted Church of Ireland defenders making a sharp pass into right wing forward Louise Enright who was waiting. Louise swept past on into the circle and blasted the ball into the Cork goal giving Dungarvan their second well deserved win. Well done to captain Tina Landers and Marie Sheehan at midfield who ran the length and breadth of the pitch throughout the game, driving the Dungarvan team forward. And more praise to Thea O'Riordan who made her blinding debut performance at left back.

DUNGARVAN 5 ASHTON 2

Two wins under their belt saw Dungarvan through to the Final where they met another Cork Team Ashton. Two matches on both teams had tired legs all round. The toughest of the three games, Ashton were quick on passes, appeared to be out in front at every opportunity and initially had the upper hand on Dungarvan. Indeed they got in front 10 minutes into the first half with a ball blasted into the circle. The Cork forwards swarmed in on top of the Dungarvan Defence and got their leading goal. Dungarvan were not impressed, the Tournament Cup seemed to be slipping from their grasp. They battled on. It was left wing forward Debbie O'Shea who equalised with her first goal scored for the Dungarvan Team. Well done to Debbie who snuck around the Cork sweeper and swept the ball into the Cork goal. The equaliser. Dungarvan anxious to get in front. Extra time and penalty flicks loomed in the air. Ten minutes of

extra time later and no leading goal for either team despite Dungarvan getting four short corners. Every effort was made by the Dungarvan side to get in front but to no avail. The whistle blew and the anxiety was on every players face as the inevitable penalty flicks scenario was now a reality.

It was up to the penalty takers and to keeper Sarah Power now.

Louise Enright took the first penalty with ease which went in over the Cork Keeper's right arm.

Cork were next to take their first penalty. A super save by Sarah Power saw Dungarvan in front. Relief for the Waterford side, the cheers could be heard in Waterford.

Captain Tina Landers for Dungarvan took the second penalty which swooped in over the keepers right arm again.

Cork took their second which unfortunately could not be saved going in over Sarah Power's right arm.

Ann Brennan stepped up to take the third penalty for Dungarvan clearing it into the back of Cork net with skill.

Cork lined up to take their third flick which was again luckily saved by Sarah Power. More cheers and whoops of joy from Dungarvan.

Marie Sheehan took position to take the fourth flick. The pressure was on. A swift flick and the ball landed right into the back of the Cork net.

It was over. An agonising but well deserved win for the Dungarvan team made up of Sarah Power, Louise Enright, Carol Elstead, Lizzy Walsh, Thea O'Riordan, Debbie O'Shea, Tina Landers, Marie Sheehan, Sinead Hehir, Louise Enright and Ann Brennan.

A presentation followed with captain Tina Landers making a short speech and presenting each of the team with a special Munster Ladies Badge and where Tina accepted with much pride on behalf of her team the winning Tournament Cup! Well done to all!

Disappointing Cup Defeat For Dungarvan

DUNGARVAN 1 COOK 2

A panel of seventeen players made the trip to Cork's Garryduff complex on Saturday last to compete in the second round of the All Ireland May Costly Cup. Dungarvan faced the somewhat unknown Belfast Team of Cook in a "nail biting" seventy minute display of Women's Hockey. Dungarvan were without the services of some of its usual team players, Carol Elstead and Derval Donnelly to name but two. Despite these absences Dungarvan still had a very experienced panel of seventeen players to chose from.

Sharon Duggan took up full forward position with Ann Brennan behind her in centre midfield. Ann was flanked by Marie Sheehan on the right and Maria Conroy on the left midfield, who never failed in mopping up all the balls driving

them up forward and away from the Dungarvan Defence.

Four p.m. The umpire's whistle blew signalling tip off to Belfast. A fast pass to the Cook right midfield. Together the Belfast side advanced forward, another swift pass onto the Cook right wing, further advancement by the Belfast side. A swift tip over the full forward who lashed the ball forward sending it rattling into the back of the Dungarvan goal. Twenty seconds into play and a one goal lead for Belfast. Dungarvan looked on startled. The West Waterford side were in unfamiliar territory, not used to trailing behind their opponents. Tip off to Dungarvan and the game started again. Dungarvan now somewhat nervous in their approach, unsure of what further to expect from this now dominant Belfast side. Dungarvan fought on. Martina Landers has to be credited where she was positioned in centre back. Displaying a superb performance Martina was more like a second midfield, not only stopping the Belfast Balls but, running left and right, zipping forward driving up balls to her Dungarvan team mates. Twenty minutes later Dungarvan got their only short corner of the game. Marie Sheehan stepped up and blasted it over to Martina Landers at the top of the "D". Tina took her position, and smacked it right at the Belfast Goal. No joy. The Belfast defence appeared impossible to break through. Another five minutes later, disaster struck again for Dungarvan with a stick tackle resulting in a short corner to Belfast who used it to the best of their advantage and blasted another ball into the Dungarvan goal. Umpires whistle blew at thirty five minutes of play.

After the recess, Dungarvan back to the drawing board again, a more composed team. Aisling Sheehan replacing Lucinda Shrubbs at right back. Dungarvan rallied and were much the stronger side with almost 90% of the possession in the second half. The Dungarvan Defence gelled together, with credit to Louise Conroy sweeping up all the balls coming her

way. Praise too to Marie Sheehan and Maria Conroy who kept up all the running, throughout the entire game, running rings around their Belfast opponents. Right midfield Marie Sheehan saw her chance ten minutes into the second half with a free outside the circle. Marie wasted no time, and blasted the ball forward, sending it hurtling into the back of the Belfast goal, with the help of an neat flick inwards by left wing Anna Casey. One more goal and we were level. Dungarvan fought on hard. One of the finest displays of hockey this season. Despite Dungarvan's best efforts, they couldn't get through the Belfast defence. Sharon Duggan at full forward assisted by Anna Casey on the left and Louise Enright on the right were, as a result unlucky not to score. The Belfast defence were bigger and stronger making scoring opportunities very difficult. The final whistle blew with a win to Cook. A disappointed but nevertheless good spirited Dungarvan side, congratulated the Belfast side. Despite losing spirits were high with each player having given their best in a truly magnificent display of hockey.

Team: Carol Tobin, Louise Conroy, Lucinda Shrubbs, Martina Landers (Capt.), Nollaig Sheehan, Louise Enright, Marie Sheehan, Ann Brennan, Maria Conroy, Anna Casey, Sharon Duggan, Aisling Sheehan, Sinead Hehir, Lizzy Walsh, Brigid Kiely, Thea O'Riordan, Sarah Power.

FIXTURES AND TRAINING

Dungarvan are still on top of the Munster League Table with a top unbeatable 21 points to their credit. Our next league match will be played in Garryduff in Cork at 12pm and is against Church of Ireland.

Further cup fixtures are yet to be announced.

Training continues each Monday and Thursday evenings with Tony and Stephen with fitness training on Thursday evenings with Michael. All training sessions commence at the usual time of 6.30pm in the Friary.

JUNIOR HOCKEY NEWS

Junior hockey will resume Saturday the 15th of January at the usual time of 10am. Junior training sessions are scheduled every Saturday morning at 10am in the Friary and are open to school going children from 1st class to 6th class at a cost of €3.00 per session. Each session is coached and supervised by senior members. New junior members are more than welcome to attend, hockey sticks will be provided for new beginners. It is strongly advised that each junior member bring with them and wear appropriate gum shields and shin guards for their own safety.

WEST WATERFORD JUVENILE ATHLETIC NEWS

Successful Weekend In Belfast

The club made the long trek to Belfast last weekend to compete in the Reebok International Cross Country Championships at Stormont Castle. Despite the terrible

weather of Friday, the course was in excellent condition. The underfoot conditions were sticky but the terrain was varied with short uphill and steep downhill sections. The dis-

tances were much further than our young athletes are used to running but they coped well with the added distance and the higher standard of competition provided by the large influx of top class English athletes.

DANIEL MCCARTHY LEADS HOME BOYS U13

The under 13 boys team of Daniel McCarthy, Tom Curran and Jim Curran ran well and finished 4th of the 32 teams competing. Daniel McCarthy was first home in 24th place with Jim Curran 28th and Tom Curran 31st. They were unlucky not to finish among the prize winners as only 10pts separated 2nd, 3rd and 4th placed teams. Tom Curran took a bad fall early on in the race when the competitor in front of him slipped and brought him down.

He recovered well to finish in 31st but we can only guess at what might have been if he had not been tripped up.

UNDER 15 GIRLS FINISH 4th

In the only race that was dominated by Irish runners, the U 15 girls gave a good account of themselves when finishing fourth.

Lorraine McCarthy was first home in an excellent 15th place. Shona Curran still recovering from her flu was next home in 26th with the much improved Elaine Nugent in 36th. Niamh O'Riordan finished strongly in 52nd with Niamh McGrath and Stacy Lyons close together in 55th and 56th and the team was completed by Colleen Hayes in 62nd.

TOP FINISH FOR MARK SHALLOE

Mark Shalloe ran a very strong race to make it in to the top ten in a very classy field that was once again dominated by English runners. In the same race, Fiachra Breathnach was 63rd. In the u17 race Deirdre Duff maintained her good form of late and finished 15th with Eadaoin Ashe completing the tough course to finish 32nd.

TOP THREE FINISH FOR BOYS U17

The Boy's U17 proved our most successful race of the day. There was a great duel between Diarmuid O Foghlu and Ferdia Hayes with Diarmuid holding off Ferdia in the sprint finish for 17th and 18th place. Further back the field Kevin Harty was also holding off a fast finishing Brendan Walsh with Kevin 36th and Brendan 39th. Their combined scores of the top three finishers saw them take third place behind City of Norwich and DSD.



Sean Stilwell

In the Senior Mens Race, Sean Stilwell ran with great confidence to finish 61st in a race won by an American but with the Kenyan team filling the next 5 places.

CREDIT UNION AWARDS

On Monday night, Mark Shalloe was presented with the Credit Union Award for November. This was in recognition of his achievement in winning the All-Ireland Cross Country Championships in Dungarvan. Mark is the second athlete from West Waterford to receive this award in 2004.

The AGM of West Waterford Juvenile Club will be held in the Park Hotel on Monday 31st of January at 8.30

TRAINING

Sunday mornings in Colligan 11am.

Tuesday 7pm Park Hotel
The club extends sympathy to the Kennedy and Hogan families on their recent bereavements.

Dungarvan RFC Mini-Rugby Notes

The U14s play a return match against WaterPark in Ballyrandle on Sunday 16th January. Please be at the pitch at 10.45. Training as usual on Saturday January 15th.

Training for U8s, U10s and U12s on Saturday morning January 8th at 1030 as usual. Next match is at home to Waterpark on Sunday 23 January. Waterpark will travel with a full squad and we will look to playing as many teams as possible. All players are asked to attend training on Saturday in order to prepare for each age group.

Waterford Raceway Notes

Next Sunday January 16th we have the second round of the Bridgie Terrie's winter championship at the Pike first race at 12.30. The first round was held on St. Stephen's Day and proved to be a great success with some really fine driving especially in class 6 with Ray Darcy, Ian Laracey and Eoin Mackey entertaining the crowd with some very exciting racing.

Results of the First Round of Races are as follows; Class 1 1st 389 Jerry Tobin. 2nd 13 Kevin Healy. 3rd 229 Keith Kirwan. Class 2 1st 261 Richard Harney. 2nd 616 Niall Fitzgerald. 3rd 60 John Banville. Class 3 1st 207 Charlie McNamara. 2nd 319 Ian O'Leary. 3rd 165 Kevin Power. Class 4 1st 504 David Banville. Class 5 1st 78 Jason McGrath. 2nd 16 Kevin McGann. Class 6 1st 178 Tom Buckley. 2nd 368 Ray Darcey. 3rd 504 Paddy Sinnott. Juniors 1st 389 Janice Tobin. 2nd 13 Seamus Healy. 3rd Michael Dunphy.

WATERFORD ORIENTEERS

Waterford Orienteers wish all its members a Happy New Year. The next event will take place on Sunday January 16th in Tramore, weather permitting. Start times between 11 and 1 p.m. All are welcome to come and try it. Shields and medals will be presented to the Winter League winners.



West Waterford Under-13 Boys (from left) Tom Curran, Daniel McCarthy and Jim Curran.



West Waterford Under-15 Girls — Back row (l. to r.) Niamh McGrath, Niamh O'Riordan, Elaine Nugent and Colleen Hayes. Front (l. to r.) Stacey Lyons, Shona Curran and Lorraine McCarthy.

PARK HOTEL SPORTS STAR FOR THE MONTH OF DECEMBER



Outstanding victory in the Reebok International Cross Country Championship in Liverpool, against a top class International field rounded off a fantastic season, which included, County, Provincial and All-Ireland Titles on the track, at Schools with St Augustines College, and Club with West Waterford AC, has secured the Park Hotel Award for David McCarthy for December. A truly worthy winner for a young man with a bright future on the International Athletics scene. Photo shows David McCarthy with his parents Rose and Laurence.

SUCCESSFUL YEAR FOR AN SEAN PHOBAL LADIES FOOTBALL



Marcella Kiely (trainer), Old Parish ladies football with Roisin Breathnach, captain Under-12 (B) team after defeating Ardmore in the county final recently.



Michael Ryan, Chairman Waterford Ladies Football Association, presenting the Senior League Cup to Lisa Prendergast, captain Old Parish team after they defeated Ballymac' in the league final.



Michael Ryan, Chairman Waterford Ladies Football Association, presenting the Intermediate Cup to Lisa Prendergast, captain Old Parish ladies team after they defeated Tramore in the final.

UNDER-12

The year began with our U12's winning the B section on defeating Ardmore in the final.

UNDER-16

Our U16's reached the County final and were defeated in a cracker of a game against St. Oliver's in Clashmore under lights.

Old Parish 3-4 St. Oliver's 3-11
Intermediate

Our Intermediate team won the championship when defeating Tramore in the final.

Old Parish 1-10 Tramore 2-2.

We then went on to win the Senior League when defeating Ballymac in the final.

Old Parish 3-10 Ballymac 2-5

MARY WALSH MEMORIAL

The Mary Walsh 7-a-side tournament was staged again this year with great success. Ballymac and Old Parish reaching the final, Ballymac became outright winners.

Old Parish 1-1 Ballymac 3-3

ALL IRELAND 7'S

Old Parish competed in

2002/2003 in this event and were Junior champions for 2 years in succession. We then graduated to Intermediate level after winning the championship in 2004.

We competed at Intermediate level for the first time and

were narrowly beaten by Athea (Limerick) in the final.

(Old Parish 2-4 Athea 2-6)

CONGRATULATIONS

To Mary O'Donnell on becoming Lucozade/Independent Player of the Month (May) and All Star nomination 2004.

MANY THANKS

To all who helped on and off the field in developing, promoting and supporting our fundraising activities.

Looking forward to fun and games in 2005.

— P.R.O.



Old Parish ladies intermediate football panel who were runners-up to Athea (Limerick) in the All Ireland Sevan-A-Side final in Naomh Mar Og. (Old Parish 2-4 Athea 2-6).



Congratulations to Mary O'Donnell on becoming the Lucozade/Independent "Player of the Month for May 2004" and All Star Nominee 2004.



Old Parish ladies seven-a-side team, runners-up to Ballymac' in the Mary Walsh Tournament recently.



Old Parish ladies win Intermediate Championship (defeating Tramore) and Senior League Final (defeating Ballymac'). Missing from photo is Mary Kiely, Eilish Harty, Sinead Kiely, Teresa O'Donnell and Sinead Coffey.



David McGrath, Proprietor Panna's Kitchen, Dungarvan presenting a set of Polo Shirts to Tom Beehan (trainer) of the Kilrossanty/Brickey U12 Ladies Footballers.

Abbeyside/ Ballinacourty GAA Notes

Next committee meeting

The first meeting of the new Committee will take place on Thursday the 13th of January at the Parish Office at 8pm. Remember this is the night that all club members are to nominate Team Managers for all of the adult teams and for team managers to nominate their respective selectors.

Membership

Now is the time folks to divvy up with your membership. Greg Fives is waiting and ready and only to happy to give you your club card for the year. We had a marvellous response from our members last year so please do not be shy. It costs a considerable amount of money to run our club these days so please you should have to be asked. Membership was agreed as follows at the AGM.

Non playing member 15
Playing member 35
Student 10
Non playing member and spouse 20

Club Social

Yes it's that time of the year again "Social Time". This will take place at the Clonea Strand Hotel on Saturday the 19th of February. Tickets are priced at a very reasonable 25 each.

Christmas Draw

The club would sincerely like to thank all of those who contributed to our very successful Christmas draw. Without your support we could not do what we need to do so thank you again to all those who bought tickets.

Club Calendar

Remember our excellent Club Calendar is still on sale at Frank Nugent's Centra, David Walsh's Book Shop in Dungarvan, Ger Enright's Eurospar and Carmel Hurney's Village

Flower Shop. It seems that some people did not realise that the calendar spans all age groups and not just our adult teams. All teams from under 10 up are included. It also includes the ladies football team who got to a county final and our successful handballers. So for 5 this is a steal. We also noted the kind words written in the Waterford News and Star by John A Murphy regarding this particular club initiative. Thanks to John A on his thoughts and for his excellent ongoing coverage of all things GAA.

The Tobin Dynasty

It's been pointed out to me that during despatches concerning lads who were involved helping out on Friday nights at the Friary for the indoor hurling that one of the greats was left out. Alan Tobin who as you know is son of our mighty juvenile Treasurer from Seapark got no mention for all of the hard work and perspiration he has put in. Alan li: Kevin is the shy retiring type and did not want to be mentioned but we thought since everyone else is getting a word in why not Alan. The club really appreciates the effort from these young lads particularly when they could be chasing the fairer sex of a Friday night or involved some other worth while venture. We also know that Alan will always put the GAA before any other nefarious activities because that's where his heart lies. It would be sure to say that he is a chip off of the old block and the Tobin dynasty can be very proud of him indeed. Well done Alan.

Senior Citizens Dinner

Our illustrious Secretary would like thank you to all of

the club members who gave of their time and their transport last Sunday. The lads helped out as always for the annual senior citizens dinner at the Gold Coast by providing transport for those attending to and from the Hotel. Well done to Bernard and all those involved.

Sympathies

The club would once again like to extend sincere sympathies to the Hogan family of Ballinacourty on the death of their brother Mikey. Mikey played for the club and was a very popular individual. As befitting Mikey's contribution to the club a guard of honour was in place for Mikey from members of the club when he was brought back across the Causeway last Thursday night. Ar dheis de a raibh a ainm.

Stradbally GAA Club Notes

AGM DATES

Our underage AGM takes place this Friday night at 7.30pm sharp. The adult AGM goes ahead on Sunday next at 2pm. All are welcome.

SOCIAL

The clubs annual social will take place in the Park Hotel on Saturday March 5th. Tickets will be on sale next month.

WEBSITE

Why not check out our GAA page on the Stradbally website at www.stradbally.com for photos and up to date news.

FIELDS CLOSED

The goalmouths of our playing fields have been re-sodded and the fields will remain closed until the end of March.

Dungarvan GAA Club Notes

Juvenile Scene

Training resumes in the sports centre this Saturday morning for our young hurlers. Same times as per before Christmas so here's to another year and hopefully it will be as enjoyable and as successful as the one gone by.

Adult Club AGM

This Friday night we hold our adult club A.G.M. in the Clubhouse commencing at 7.30 p.m. sharp. All are welcome so please come along on the night. It should be an interesting one! Applications for team managers/selectors can be given into Club the Club Secretary, Grace O Callaghan as An Rinn.

Lotto

No winner of the Jackpot which now climbs to 7350 next week. Two winners of 35 were Pepe Ferncombe and his Auntie Tina Healy. Numbers drawn were 3, 6, 13 and 24.

Sympathy

The Club would like to extend its sympathies to the Hogan family of Ballinacourty on the loss of their brother Michael who died recently. Ar dheir de go raibh sé.

Juvenile Club Hurling Team of the Year

Just to let people know that a provisional date for the presentation of medals and the announcement of our " Juvenile Team of the Year" has been set for Friday 4th February. I would also like to announce that Conor Lannon, the proprietor of The Country Store Fruit and Vegetable Shop has provided sponsorship in the form of trophies for our successful players. The Lannon family has a long standing tradition with the Club both on and off the playing field and its great to see Conor coming on board with this unique event.

Shamrocks GAA Club Notes

AGM

The club AGM will take place at the Shamrock Inn, Knoekanore on Friday night, Jan 21st. The meeting will be most important and all current members, plus new members are invited to attend. The starting time will appear in next weeks issue.

CLUB LOTTO

The weekly draw took place at the Shamrock Inn on last Saturday night and the numbers drawn were 10-18-19-24.

There was no jackpot winner and 15 euro consolation prizes were won by Jim Goulding, Patricia O'Neill, Patricia Condon, Mary Massey, Tom Goulding. In next Saturday nights draw the jackpot will be a huge 10,375 euros and tickets at 1.50 each are available from the usual promoters.

SYMPATHY

Our club offers sympathy to the families of Tommy Geary, Sapperton and Tom R. Moloney, Ballyphilip, who died during the past week. Both deceased had club connections and we offer sympathy to all concerned. Ar Dheis De go raibh siad.

We would also like to extend our sympathy to the family of Martin Barry, Rincrow who died recently. Martin's father was a former member of the Shamrock GAA club.

ST. OLIVERS G.A.A. CLUB NOTES

The A. G.M. of the club was held on 5th January with a large crowd in attendance. Daithi O'Brien chaired the meeting. The Chairperson, Secretary and Treasurer all gave very comprehensive reports on the clubs activities for 2004. Sympathy was expressed to all club members who suffered bereavements during the year.

The officers elected for 2005 are as follows:

Patron - Very Rev. Fr. F. Lucey.
President - Dick Curtin.
Vice-President - Tony Morrissey.
Chairperson - Daithi O'Brien.
Vice - Chairperson - Mark Long.
Secretary - Micheal Phelan.
Vice Secretary - Mark Long.
Treasurer - Padraig O'Brien.
Vice Treasurer - Richie Fitzgerald.
Fixtures Secretary Adult - Michael Irwin.
Fixtures Secretary Juvenile - John Longan
Membership Officer - Laurence Maher.
P.R.O. - Pat Ryan.
Committee - W. Buckley, F. Harrington, P.J. Connery, L. Looby, B. Mernin.

The two fixtures secretaries will also be the delegates to Bord na nOg and Western Board.

Selection Committees -
U6-U8 - Mark Long, Pat Looby, Seamus Ronayne, Helen O'Dwyer, David Power.

U9-U12 - Lar Looby, Paddy Hally, Noel Kenny, Michael Shine, Micheal Phelan, David Power.

U14 - John Longan, Austin Curran, William Buckley, Michael Heaphy, Padraig O'Brien, Richie Fitzgerald.

U16 - Stephan O'Connell, (Trainer), James O' Brien, Padraig O'Brien, Daithi O'Brien, Michael Heaphy, Eamon Walsh.

Minor- Billy O'Connell, (Trainer) Laurence Maher, Jock O'Connell, James Ronayne, Pat O'Brien, Eamon Walsh.

U21 - Brian Connery, (Trainer) P. J. Connery, Michael Irwin, Aidan Ahearne.

Membership for the coming season is the same as last year - Family 35, Single 15.

Next committee meeting will take place on Wednesday, 12th January in the Old School, Ballinameela at 8 p.m. At this meeting Mark Long will present a simple code of ethics which can be adopted by the club.

GERALDINE'S G.A.A CLUB NOTES

Lotto Result

There was no winner of our Lotto Jackpot worth 800. The numbers drawn were 2, 3 and 12. The following were the winners of 20. The Devine Children, Mt Stuart; Paul Moore, Aglish; Billy Colbert, Aglish; Danny Whelan c/o Glass; Cora Kennedy. This weeks Jackpot will be 950. All proceeds of this weeks draw will go towards the Tsunami Appeal Fund and so we would ask everyone that can to support this very worthy cause.

A.G.M

Our A.G.M will be held this Saturday night at 8.00 pm sharp. It will take place in the G.A.A hall. We would ask all members to make a big effort to attend.

Best Wishes

Our best wishes and get well soon to Tony Morrissey, Feeney Mernin and Agnes O'Brien.

Congratulations

Congratulations to Vinny Lombard and Cora Cummins who recently announced their engagement.

Good Luck

Good luck to Gary Ronayne who is currently working in Wales for the next few months.

Sliabh gCua/ St. Mary's GAA Club News

A.G.M.

Our annual general meeting will be held in the Community Centre, Touraneena, on Friday night next, January 14th 2005, after the 7.30 Mass. All players and members please attend.

ENGAGEMENT

We would like to offer our congratulations to Kieran Hallahan and Niamh on their engagement over Christmas. Kieran is one of our senior players and has always been a great club member. Niamh hails from Ballyragget, Co. Kilkenny, so we should have some interesting times in the coming years! Best of luck to you both.

G.A.A. NOTES

BY "COMMENTATOR"



Josie Uí Chuirrín ag bronnadh seic ar 1,330 ar Bhord na nÓg, An Ghaeltacht, airgead a bailíodh di as an Dublin City Marathon a rith. Bhronn sí an méid céanna arís ar Scoil Náisiúnta na Rinne. Ó chlé: Máire Uí Arta, Micheál Ó hUallacháin, Caitlín Uí Maholchatha, Josie Uí Chuirrín, Caoimhín Ó Cuirrín, Seán Breathnach, Caitlín Uí Aodha.

Michael Hogan R.I.P.

It was a shock to everyone when news of the sudden death of very well known Michael Hogan became known on Monday of last week.

Up to a few days before his demise, he had been actively engaged in work of a community nature and looked to be in his usual good health.

He was a member of a very well known Ballinacourty sporting family and he had played in the 1948 All Ireland minor hurling final with Waterford and a number of his team mates from that wonderful victory were present to pay their last respects when he was laid to rest at Abbeyside church yard on Friday.

He had hurled with Dungarvan CBS and with Dungarvan senior hurling team before transferring back to Abbeyside. Like his three very well known brothers Johnnie, Thomas and Pakie he had also played football with Ballinacourty.

He was attached to a number of cultural movements, a fluent Irish speaker and deeply involved with Comhaltas.

The different movements with whom Michael had been involved were represented at his funeral and burial.

SYMPATHY

Our very sincere sympathy is extended to Rev. Fr. Pat Moran, O.S.A. on the recent death of his mother the late Mrs. Margaret Moran, Ballybacon, Co. Tipperary.

Fr. Moran who was recently honoured by the Munster Council for his services to teaching, is a very well known GAA. personality and has been for a very long time. He is an active member of Coisde na Peil.

Also to Mickey Tobin, Dungarvan on the recent death of his brother the late Gusto Tobin of Shandon Street.

In the late forties and fifties, Mickey Tobin was an outstanding footballer with Dungarvan and played on five winning senior football county champions teams.

Paddy Fraher RIP

The late Paddy Fraher was a member of a very well known Cappoquin GAA family and in the days when the Cornerstone club were among the strong challengers at senior hurling level, Paddy was a regular on the team with his brothers, John (RIP) Mickey and Eddie.

True to tradition in the club, his many colleagues were present to pay their final respects at the funeral and burial.

We join with his many friends in offering our sincere sympathy to his extended family.

C.L.G. na Rinne

Cruinniú Cinnbhliana (AGM)

Tiocfaidh baill an Chumainn le chéile i Halla an Phobail ar an Satharn, 22ú Eanáir ag a 8.00i.n. Beidh fáilte roimh gach éinne.

Camógaíocht (AGM)

Beidh Cruinniú Cinnbhliana ag an gCumann Camógaíochta ar an Déardaoin, an 20ú Eanáir i Halla an Phobail ag a 9.00i.n. Arís beidh fáilte roimh gach éinne chun teacht. Bhí bliain mhaith ag an fhoireann agus lucht bainistíochta agus tá súil acu go mbeidh an bhliain seo chugainn níos fearr arís.

**Cois Bhríde
Juvenile G.A.A.
Club Notes**

SELECTORS 2005

A new year, a fresh start, and as we look forward, our thoughts turn to selectors for the coming season. Many people have already put their names forward, but in order to finalise our backroom team, we would ask anyone who is interested in looking after a team to give your name to Secretary, Raymond McCarthy (058-56196), or Chairman Liam Moroney (058-56446), or anyone on the committee. And of course, as we are an equal opportunities employer, any ladies who think they can do a better job than the men, (and let's face it, don't they all ??), well you are more than welcome to put your name forward.

INDOOR HURLING

Next Friday 14th sees the Indoor hurling recommencing after the Christmas break in Tallow and Kilwatermoy halls for the Primary School lads and lasses. Just the job for the long winter nights!

COMMITTEE MEETING

The first full committee meeting of the year takes place tonight (Wed) in the Shamrock Inn, Knockanore, starting at 9pm. All committee members are requested to attend.

**TOURIN G.A.A.
CLUB NOTES**

ANNUAL GENERAL MEETING

Tourin GAA Club will hold its Annual General Meeting in Tourin Hall on next Saturday 15th January, at 8 pm sharp. It is vital that all officers, players and members attend this vital meeting. If anyone has any ideas or suggestions for the coming year, next Saturday is the time and the place to air your views.

**Brickey Rangers
GAA Club Notes**

BRICKEY MINI LOTTO

The lotto draw was held in the Tudor Bar on Thursday night last. Numbers drawn were 11-13-21. There was no jackpot winner. 20 euro winners Stan Cummins, John Whelan (Jnr), Thomas Lynch, John Whelan (Snr). This weeks draw will be held in Tommy Power's Bar and the jackpot will be 750 euro. Tickets just 1.50 euro each available from any promoter.

SYMPATHY

The club extends sincere sympathy to club Treasurer Darren Cooney on the tragic death of his girlfriend Eimear Reid, Mitchelstown, Co. Cork. Sympathy is also extended to her parents, sister and brothers. Sympathy also to Joan Whelan and the Whelan family on the death of her niece Louise Smyth, England. May they rest in peace.

INDOOR HURLING

Indoor Hurling resumes this week after the Christmas break. For 8 - 10 year olds every Wednesday at 5 o'clock and for U-8 years of age every Friday at 6 o'clock both in the Sports Centre.

2004 A GREAT YEAR FOR BRICKEYS

Kilrossanty Ladies Football Club four County titles presentation of medals on Friday, 14th January 2005 in Crotty's Inn. Please come along to support the girls. Thanks.

SPONSORS

We would like to take this opportunity to thank all our sponsors for their kind support throughout the years and our hard working committee. Hope by now ye all have bought our fundraiser calendar.

Brickey Juniors A Championship played Mount Sion, Ballyduff, Comeragh Rangers, St. Pat's in final. Minor B Championship played Dungarvan, Old

Parish, Clashmore, Abbeyside in final. U-16 A Championship played Abbeyside, Ballyduff, Ballymacarbry, St. Ann's in final. U-14 A Championship played St. Anne's, Abbeyside, Ballymacarbry, Ballyduff, Comeragh Rangers in final. U-12 A championship played St. Anne's, Comeragh Rangers, Abbeyside, Dungarvan, Ballyduff, Ballymacarbry. Played Adult Mini League, Comeragh Rangers, St. Pat's, Tramore, Clashmore, St. Ann's won final.

In the year 2004 between championship and league our girls played over 35 game.

Played 1 game 2/5/04 last game on 18/12/04. Long year, the trainers and selectors would like to thank all the girls for all their hard work and to the parents for all their help.

**Kilrossanty/Brickeys Ladies Football Notes
Presentation of Medals**

On Friday night next the 14th January our victorious teams of 2004 will receive their Co. medals at a function in Crotty's Inn, Lemybrien. Medals will be presented to the U-14, U-16, U-18 & Junior Teams. The presentation will get underway at 8.30pm and light refreshments will be served. All are welcome.

**DATE FOR YOUR DIARY
BRICKEY'S LADIES
FOOTBALL CLUB RE-
UNION - SATURDAY 29th
JANUARY IN BRIDIE
DEES**

It's 10 years since the Brickeys Ladies won the first Co. Title back in September 1994 and we are planning an informal re union on Saturday 29th January. In the ten years 1994 - 2004 the Club has been very successful so this is a night for the girls to get together and catch up. Watch this space next week for more information.

**Waterford Ladies
Football Notes**

ANNUAL GENERAL MEETING

A large number of members turned out this year for the AGM held in Lawlors Hotel on Tuesday 4th January 05 @ 8pm, which was chaired by Michael Ryan. A vote of thanks was given to all officers and committee members for there tremendous work throughout 2004.

OFFICERS & COMMITTEE 2005

Chairman: Johnny Landers, Vice-Chairman: Michael Ryan, Secretary: Catriona Breathnach, Assistant Secretary: Brendan Gallaher, Treasurer: Peter Jordan, Assistant Treasurer: Nora Kirwan, Register: Marianne Cliff, PRO: Fiona Kiely, Dev. Officer George Young, Irish Officer: Sylvia Flynn, Disiplinary Committee Back in Block, Injury Officer: Eleanor Hickey, Fixtures Committee Seamie Sheehan, Jimmy O'Rourke and Peter Gordan.

FEES

Club Registration due 01st February. Amount due for each club 65.

COUNTY TRAINING

County training starts:
Jan 15th U14/U16 @ 11am
Jan 16th Minor @ 11 am

REMEMBER

All club delegates must be registered to attend county board meetings

COURSES

Fundamentals Coaching Course 22nd January - Contact George Young for Details. Fees: 30 per person

SYMPATHY

Sincere sympathy is extended to Fr. Moran and family on the death of his mother. May she rest in peace.

2005

On behalf of the County board I would like to wish all readers a Happy New Year. And all Clubs and County the best of success in 2005.

MICHAEL RYAN

A sincere thanks to Michael Ryan, who held position of chairman for the past 15 years. And on behalf of the county board and Michael we wish Johnny Landers every success for the future in his new role.

G.A.A. NOTES

BY "COMMENTATOR"

Senior Hurling News

The entire team party comprising forty-four members including officials arrived in Capetown at 11 p.m. African time on Friday after an 11 hour flight. The temperature on arrival was 74f.

The programme will include a two hour stint in the gym each day and it is proposed to play a mixed match on a local sports-ground with the funds going to a childrens charity.

They are due back home on this Saturday morning and will

resume training after a five day rest. A panel of 44 have been notified for training and it is understood that new names will appear on the official panel of 24 when the sorting out has been done. Some members of the present panel will very likely be dropped.

FIRST MATCH

The first game of the new season will be played at Fraher Field on Saturday February 5th when Waterford play Limerick in the AIB Tournament.

Limerick have applied to be involved and this will be their first game in the tournament. The reason that it is fixed for Saturday is that Waterford are scheduled to play Tipperary in a deferred benefit match for a local charity on the following day, February 6th. Tickets were

sold for this game last year, but the match was subsequently postponed.

Following that weekend of activity, the panel will not play again until they meet Kilkenny in round one of the new league at Walsh Park on Sunday February 20th.

EASTERN BOARD MEETING

The Eastern Board will meet at Tramore on Friday January 21st to elect a chairman to replace the outgoing Pat Flynn, who was recently elected county board chairman

There will be a contest and the present board treasurer and well known referee Tim Byrne, Erin's Own is believed to be the front runner for the position.

Football News

Waterford senior footballers go into action for their first time under new management when they play Tralee IT in the first round of the McGrath Cup on Sunday next.

The game had been scheduled for Ardmore because Fraher Field is being rested after a goal-mouth resodding job, but because of weather damage the venue is not yet available and the Kill club have come to the rescue. It will be played at their venue, commencing at 2.30 p.m.

Team manager John Kiely has stated that the opposition is very much of an unknown quantity as the Institute have never before played at this level. It is understood that a huge selection will be available to them since they have a very wide catchment area reaching deep into the Kerry heartland.

Since traing commenced on Tuesdays and Thursdays in the Show Ground, the response has been excellent. Stradbally players were not included as members of their panel were given a well deserved rest following an extremely long season which included four Munster Club matches.

The county champions, will however release their players for county duty, commencing with next Sunday's engagement.

The line out was not named until after training last night (Tuesday).

Should Waterford win on Sunday, they will play the semi-final on the following weekend.

Their first national league outing will take place on Sunday February 6th at a Wicklow venue, against Wicklow. On the Sunday 13th, they meet old rivals, Tipperary in Fraher field in our first 'home' match.

Limerick, who almost shocked mighty Kerry in the Munster championship last year are the holders of the McGrath Cup and in their opening match in defence of their title on last Sunday, they defeated Waterford IT by 1-13 to 0-6.

Even though well beaten, the Waterford side were pleased with their display and may now consider applying for admission to the Waterford club championships.

UNDER 21 FOOTBALL

The panel are in training and have the use of the Show Grounds on Wednesday evenings. They are playing Cork away in the first round and with the game having an early March date, the selectors, Pierrie White, Nial Moore and Johnnie Sheehan (De La Salle) are keen on having the panel tuned-up in good time.

A number of the under 21 championship panel may be required for county duty with the seniors during the national league

GAA Diaries

The 2005 edition of the official diary is now published and is available from County Treasurer Tony Morrissey. As usual the diary is loaded with useful and important information.

It is priced at only six euro and can be purchased at all the upcoming meetings, commencing on January 20th when the Western Board hold their first meeting.

Waterford senior hurling team calendars depicting the 2004 Munster champions are currently on sale and cost 10 euro. This is a very nice 'keepsake' and is good value at the price.

ST. OLIVERS LADIES FOOTBALL NEWS

We held a very successful AGM in Ballinameela Old School on Mon. night 3rd. Jan. 2005. It was great to have such a good turnout of players and their parents. The U-14 and U-16 championship medals were presented on the night.

The following officers were elected for 2005: President: Rev. Fr. Lucy. Chairperson: Patricia Fitzgerald. Vice Chairperson: Laurence Maher. Secretary: Breda O'Connell. Assistant Secretary: Noreen Fitzgerald. Treasurer: Siobhain Hallahan, PRO: Mary O'Brien, Registrar: Siobhain Hallahan, Delegates to County Board: Marianne Cliff, Mary O'Brien, Patricia Fitzgerald, Breda O'Connell.



At the presentation night for medals and trophies by the Lismore Juvenile GAA Club were (left to right): Billy Devine, Juvenile Club Chairman, Paddy Moore, President Lismore GAA Club, Special Guests, Brian Corcoran and Dan Shanahan, Bernard Dooley, Chairman Lismore GAA Club, John Devine, Chairman Ballysaggart GAA Club and William Leahy, Secretary Lismore Juvenile Club.



Lismore GAA Club hosts a special night in honour of their star hurlers, Dan Shanahan and Dave Bennett. Pictured at a special presentation to both players to mark their magnificent achievements during the year were (left to right): Emer Barry, Bernard Dooley, Club Chairman, Dan Shanahan, Paddy Moore, Club President, Dave Bennett, Joe Bennett, Club Treasurer and Liz Foley. — (Photos: Sean Byrne).

G.A.A. NOTES

BY "COMMENTATOR"

Resolutions & Aspirations

It's the time of the year when we are all inclined to make pledges, promises and resolutions. In other words we all mean to be better at whatever we are engaged and we all resolve, more or less to do things better and more efficiently.

Resolutions generally have a short life span and with the pace of life continuing to quicken with each passing year, our good intentions are often forgotten even before they are launched.

The GAA being such a huge organisation I suppose it is understandable that this happens more often here than in all, or

nearly all other associations.

In writing this, I have in mind the areas of our activities where there is not only room, but a great need for improvement in the running of our affairs.

At the beginning of every season we name the areas where we would like to see things done better in order to improve our profile as an efficient board, at all levels from senior down to juvenile. What applies to one, applies to all.

First on the list for improvement must be the running of our games, both championship and leagues and if we list the complaints made regularly in

this area we find invariably the planning is top of the list - clubs and players not knowing when matches will be played.

For the people who sit for countless hours trying to arrange fixtures that will give every club a fair deal and a fair chance, the task is becoming more and more difficult with each passing season, chiefly because of the intercounty programme. I do not know what the full answer to this problem is, but I know that the strict application of the county bye-law which limits the pre-intercounty 'protection time' for players on county duty, would at least partially resolve the problem.

Whatever it takes, a more acceptable programme of fixtures must be worked out and clubs must play a responsible role and be prepared to accept decisions that may prove painful, if a more satisfactory situation is to be brought about.

Clubs with weddings and other such events coming up later in the year should notify the board before fixtures are made and those failing to do so should not be granted postponements. A two week holiday period in early August is now allowed by the boards and this should be sufficient to accommodate players, etc.

On the issue of the running of our games the matter of 'sideline' control is something that is crying out for attention and improvement. At the latter end of the championships in Fraher field (and elsewhere) last year we saw up to 30/35 people crowding on the sidelines causing a nuisance to referees and other officials and blatantly ignoring board instructions and directives. Apart from the ugly spectacle aspect of this it can be potentially dangerous.

Improved refereeing standards is a matter that needs to be addressed by the relevant body in the county and until we arrive at a situation where there is uniformity in the application of the playing rules, we are going to have complaints and problems.

Not all referees perform to the same standards and this is very noticeable when referees operating in the same programme (at the same venue) perform to their different styles.

We had some good exhibitions of refereeing last year, but we too, had some very poor stuff. In one particular senior game the refereeing was appalling and where the official whistled for the most trivial fouls.

It is an undisputed fact that performances of players is affected when playing under referees whose styles are vastly different. A senior football player told me last November that this is a truism and different referees make a player nervous.

This is a subject to which I will refer very soon again.

CO. BOARD MEETING

The first meeting of the County Board is notified for Monday January 31st and will commence at 7 p.m.

The notice sent to all clubs states that the 2005 senior hurling and football championship format will be decided here. Clubs who wish to submit proposals in writing, may do so, but such proposals must be with the County Secretary by Friday of this week as otherwise they will not be on the agenda for the meeting.

The draws for the championships in both codes will take place as will Sargent and Phelan Cup draws. County leagues are listed for debate also. Transfers, regradings and declarations are to be finalised here.

Pat Grant who was elected as County Youth Officer and Vice-Chairman at the recent Convention, has notified the officers that he will be standing down as Youth Officer and as a result, clubs have been asked to nominate a member for the vacant position.

The replacement will be elected at the first meeting.

Selectors - The only remaining County selection committee (under 21 hurling) will be named at this meeting also.

Four Million Euro Major Development?

Someone obviously living in "Cuckoo Land" spread the story last week that Walsh Park was to undergo a massive face lift to the tune of 4 million euro. It would start in the Spring and be completed by the end of the year.

The story was 'groundless' as such a development had never been planned and county board had not even discussed anything of this nature.

County board would have to discuss and approve such a development and then apply for planning permission. None of this is being done or even contemplated.

The whole thing is so silly that the County Board will not even investigate the rumour.

INDIAN OCEAN DISASTER

It is good to see the GAA throwing their weight behind this most deserving appeal as the other organisations are also doing.

Last weekend the proceeds from 42 games were donated to the fund and more will be contributed by clubs, boards, councils and Croke Park.

Taking into consideration that most people had already subscribed through the various events including church indoor collections, table quizzes, concerts, etc., the generosity of people knows no bounds when a disaster of this magnitude happens.

I suppose it is equally fair to say that people who have contributed very generously on a number of occasions to this appeal should not be called upon again to subscribe unless they offer to do so.



Breda Cleary, Chairperson Western Primary Schools Board presents the Girls Div. E Trophy to Sean Phobal's captain, Pdraigin Ni Ogain.



Sean Phobal (above) winners of Div. E of the Western Primary Schools Girls Football Championship. They beat Kilbrien (below) in the final. — (Photos: Sean Byrne).



ROADSTONE AWARDS 2004



The Cumann na mBunscol Roadstone Awards took place in the Berkeley Court Hotel, Ballsbridge, Dublin recently. Cumann na mBunscol Port Láirge did remarkably well, having been nominated in three categories. The results are as follows:

- Category 4 : Camogie Centenary Award**
- | | | |
|----------|-----------|-------------------|
| Munster | Waterford | Seamus Fitzgerald |
| Ulster | Armagh | Kathleen Woods |
| Connacht | Sligo | Nora Kearins |
| Leinster | Dublin | Gerry O'Meara |
- Category 7 : Public Relations of the Year**
- | | |
|-----------|---------------------|
| Armagh | Paul Duggan |
| Cork | Tony O'Farrell |
| Waterford | Margaret Cunningham |
- Category 9 : Adjudicators' Special Commendation Award**
- | | |
|------------------------------|------------------------|
| St. Declan's N.S., Waterford | Eamonn Mac Gearailt |
| St. Colman's P.S., Lisburn | Marie Therese Robinson |
| Down | Paddy Hardy |
| Galway | Richard Bowles |



Waterford Delegates at the Roadstone Awards — Photo shows (l. to r.) Marian Fitzgerald, Eamonn Fitzgerald, Killian O'Reilly, Minister Mary Hanafin T.D. (Minister for Education & Science), Margaret Cunningham, (National Secretary, Cumann na mBunscol), Seán O Ceallaigh (President of the G.A.A.) and Brian Tobin (Allianz)



Presentation to Nuala Grogan at the Roadstone Awards — Margaret Cunningham, National Secretary, Cumann na mBunscol Náisiúnta, presents a bouquet of flowers to Nuala Grogan, Roadstone Provinces Ltd. Photo shows (l. to r.) Jim O'Reilly (National Chairman Cumann na mBunscol), Michael Grogan, (Managing Director of Roadstone Provinces Ltd.), Margaret Cunningham (National Secretary, Cumann na mBunscol), Nuala Grogan, (Roadstone Provinces Ltd.), Mary Hanafin T.D. (Minister for Education) and Seán O Ceallaigh (President of the G.A.A.).



Seamus Fitzgerald receives his award for his entry in Category 4 — Camogie Centenary Award — Photo shows (l. to r.) Jim O'Reilly (National Chairman Cumann na mBunscol), Seamus Fitzgerald (Cumann na mBunscol Port Láirge), Mary Hanafin T.D. (Minister for Education) and Michael Grogan (Managing Director of Roadstone Provinces Ltd.)



Eamonn Mac Gearailt receives his award for his entry in Category 9 — Adjudicators' Special Commendation Award — Photo shows (l. to r.) Jim O'Reilly (National Chairman Cumann na mBunscol), Eamonn Mac Gearailt (Cumann na mBunscol Port Láirge), Mary Hanafin T.D. (Minister for Education) and Michael Grogan (Managing Director of Roadstone Provinces Ltd.)



Margaret Cunningham receives her award for her entry in Category 7 : Public Relations of the Year — Photo shows (l. to r.) Jim O'Reilly (National Chairman Cumann na mBunscol), Margaret Cunningham (Cumann na mBunscol Port Láirge), Mary Hanafin T.D. (Minister for Education) and Michael Grogan (Managing Director of Roadstone Provinces Ltd.)

Kilmac' A.F.C. Notes



UNITED SCOUT TO VISIT CURRABAHA PARK

The club received exciting news during the Christmas break when it was confirmed that John Devine, Chief Irish Scout for Manchester United, is to visit Kilmacthomas AFC in February.

John began his illustrious career in London with Arsenal in 1976. After 397 appearances for the Gunners that produced 19 goals, he moved to Norwich in 1983. He played 69 games for the Canaries scoring three goals and was capped 13 times for Ireland. He later had spells in both a playing and coaching capacity with Stoke City, in Norway and East Bengal and back in Dublin with Shamrock Rovers and Shelbourne.

Shelbourne established a link with Manchester United as a "feeder club" and United appointed John as their Youth Development Officer in Ireland with the primary aim of identifying young talent across the country.

John's job includes travelling the country arranging four-a-side games for kids up to the age of 12 or so, which take place free from competitive structures.

All schoolboy players are therefore requested to polish up on their skills before the visit and, who knows, someone could follow in the footsteps of Waterford's own John O'Shea in heading to Old Trafford for trials. More information on the visit will follow shortly.

Incidentally, this will not be John's first visit to Kilmacthomas as he took part in a series of friendly matches in Currabaha Park back in 1977 along with other International stars including Liam Brady, David O'Leary, Frank Stapleton, Graham Rix, Dave Langan and Jimmy Conway.

FIXTURES

Sunday 16th January — Second Division v. Crusaders (A) 11 a.m.

TRAINING

Training has resumed in Dungarvan for the Premier team every Wednesday night at 8 p.m. Second Division training has also re-commenced in Currabaha Park on the same night at 7 p.m.

Ballinroad Soccer Club

GAMES CANCELLED

Our Div. 3 game away to St. Saviour's was abandoned at half time owing to inclement weather. Our Div. 2 game v De La Salle also fell victim to the weather.

SYMPATHY

Sympathy is extended to the Hogan family, Ballinacourty on the death of Michael. Don Henley's brother died in Holycross and schoolboy player Paul Walsh's grandmother died in Modeligo. May they rest in peace.

LOTTO PROCEEDS TO BE DONATED TO VICTIMS OF ASIA TSUNAMI DISASTER

The recent disaster in Asia has touched millions of people throughout the world and we in Ballinroad Soccer Club wish to help by donating the income from our club lotto on January 23rd. Tickets at 2 euro each are available from committee members and at Near Buy Shop and Lord Maguire's, Ballinroad. Please subscribe to the draw and help rebuild shattered lives of the survivors of the greatest disaster in modern times.

PITCH DEVELOPMENT LOTTO DRAW RESULTS

Results of draw held on Sunday, 9th January. Numbers drawn 2-9-12-17. No jackpot winner. Next weeks jackpot 2,600 euro. Winners of 20 euro each John Fitzgerald, Ballinroad; Darrell Ryan, Ballinacourty. Mairead and Maurice Tobin, Ballinroad. Sellers prize Emma Ryan. Next draw 23rd January.

DUNGARVAN UNITED A.F.C. NOTES

WEEKEND GAMES

As action goes we didn't see any because of the elements so all concerned will have to wait another week to get back into the thick of things.

TRAINING

It goes without saying that during this bad weather, that all teams training at present in the Crystal are asked to train off the main pitch in order to keep the playing surface in shape for any games to be played. A little co-operation from all concerned will make our groundsman's life a little easier. Thank you.

KENNEDY CUP

At present, we have three players in contention for selection for the final team which would have happened over this weekend. Those in action are Kenneth Moore, Mickey Byrnes, Aron Joyce. Also in training with Waterford Schoolboys squads are Colm Curran under 12, Michael Walsh and Gavin Crotty under-15. Best of luck to all concerned.

ASTRO TURF

As it stands, most of the slots are fully booked up with a very limited amount of slots available in midweek. Anyone wishing to look for a midweek slot can put their name on a waiting list for any suitable vacancies that may arise. There are also slots available during the weekend for use by groups or birthday parties. Contact Thomas @ 087-2620690 or Francis @ 087-7769125

DRESSING ROOMS

With a lot of work going on behind the scenes to raise the necessary funds to carry out the completion of this project. No final date is to be given as yet due to all the jobs that need to be completed.

SPONSORED SIGNS

There are spaces available for any business wishing to put their company or shop in the public light. Prices for the signs are reasonable which will suit all. Contact Michael at 087 9185871.

SPARE TIME

Have you a little time available to at least consider us for a moment. There are many people involved in our club at the moment but at times this isn't enough, so why not help out and become involved. Contact 087-6489251 for any information.

FIXTURES

Schoolboys

Under 15: Ballinroad v Dungarvan Sat 15th Jan 2.30

Junior

Youths: Dungarvan v Abbeyside Sun 16th Jan 2.15

ACADEMY RETURN

We return to action next Saturday at the usual times. All parents are asked that we are sticking to the age of each group eg 5-7 yrs old, no younger than 5 or older than 7 and 8-10 yrs group, no older than 10.

Our times are 1.30-2.30 for 5-7 yrs old
2.30 - 3.30 8-10 yrs old. Cost per child 1 euro

JOHN KEANE'S BAR SPONSOR PREMIER SIDE



Pictured above is Timmy Kiely (centre), proprietor John Keane's Bar, Mary Street, Dungarvan, presenting a set of jerseys to John Walsh and J. D. O'Shea, Managers Dungarvan United Premier Side.

CLUB LOTTO

It's time to put our shoulders to the wheel to give a big push to our lotto. To make it successful would allow us to bring in the necessary funds to allow our club to function properly.

LOTTO RESULT 9-1-05

Jackpot 500 euros. Numbers drawn: 8-9-14. No Jackpot winner. 125 euros winners - Carol Whelan, Antonio De Vetti. Next weeks Jackpot 700 euros. Draw in John Keanes 10pm. If you're not in you can't win.

CLUB P.R.O. GETS ENGAGED

Congratulations to Edwin Egan and Shauna Tobin who announced their engagement over the festive season. To say that Edwin is a hardworking committee member would be an understatement as the amount of time and effort he puts into the club generally and the schoolboys section, especially our Saturday Academy is incalculable. Again Edwin all the best for the future! By the way, this doesn't mean that you can slacken on your club commitments.

DUNGARVAN UNITED SCHOOLBOYS

SATURDAY ACADEMY

Calling all children between the ages of 5 to 10. Every Saturday afternoon you can call out to Dungarvan United's clubgrounds and be coached on our state of the art astro turf.



TIMES OF COACHING

5, 6 & 7 year olds — 1.30 to 2.30 p.m.
8, 9 & 10 year olds — 2.30 to 3.30 p.m.

ALL ARE WELCOME

€ 1 CHARGE

KCK ATHLETIC CLUB**2005 Has Got Off To A Great Start For K.C.K. Athletic Club**

At the Munster Senior Indoor Track and Field Championships held in Nenagh on Sunday last our senior athlete Niamh Cummins had a brilliant performance to take the Munster title and the Gold medal. Niamh also had a fine performance in the 200m to take the silver medal. It is great to see Niamh in such fine form so early in the season. Next Sunday Niamh will be competing in the AAI Indoor Games in Nenagh and on the following Sunday she will be competing in Glasgow in the Scottish Championships and all in KCK wish Niamh the best of luck on both weekends.

It was great to see Muriel Cummins back from Australia for a short break with her family over Christmas. Muriel joined a club in Australia and is doing very well. She took in a couple of races while at home and finished second in both.

We had fine performances from John Behan and Patrick Hogan in the Annual baldy man race in Tramore over the Xmas.

Don't forget KCK Athletic clubs AGM on this Wednesday night, January 12th in the Rainbow Hall, Kilmacthomas at 8 pm. All parents and anyone interested in athletics are asked to attend. All are welcome.



Niamh Cummins K.C.K. Athletic Club won the Senior Ladies 60m Hurdles at the Munster Indoor Championships in Nenagh on Sunday last. Niamh also finished second in the 200m.

Anne Doyle To Oversee 14th Park Hotel Awards

Without an Olympic Medal or a McCarthy Cup in Waterford sport this year, the destination of the Park Hotel Supreme Sports Award is still wide open, but there will be a huge array of talent and a host of fine victories and titles to choose from, when the Adjudicators sit down this week to decide who will take the Blue Riband of Waterford Sport for 2004.

With Saturday, 22nd January the red letter day on the Park Hotel calendar, there is eager anticipation in sporting circles to the event and the fact that the guest interviewer this year is RTE's Anne Doyle will reassure intending patrons that the highest quality presentation will be maintained.

Now in its fourteenth year, the title of Park Hotel Supreme Sports Star long ago became the most coveted one in Waterford sport and with the array of previous winners and current contenders, it is no wonder that sports-people countywide await the annual result with great interest.

Other Award schemes have come and gone, but the Park Hotel event seems destined to last as long as the sporting Flynn Family continue to give it the prominence and promotion it deserves and as long as Waterford Athletes, of all disciplines, give of their best on the sportsfields of Ireland and the world.

To secure a monthly nomina-

tion is a goal in itself and, in the words of Pierce Flynn, (Eis as worthy an achievement as winning the overall award itself.

"Each of the twelve monthly winners has already found greatness," he says, "and the annual Banquet is our way of honouring the Stars individually and collectively. The choice of a Supreme winner is a separate event, but without the magnificent individual performances and achievements, there could not be an overall Champion."

This year, there will be much debate among the adjudicating panel, for such is the diverse nature of the sports and sports-people, that the eventual winner could be any one of five or six of the twelve nominees. However, it has been a feature of the Park Hotel Award that the Supreme Sports Star is almost secondary to the honour accorded the twelve monthly winners, each of whom will have had to score highly within their sport to have been chosen in what was probably a very busy and competitive month.

It says much for the continuing standard of sport in the county that there is no clear winner in sight, for cogent arguments could be made for the crowning of any one of several of the chosen twelve. David Casey (January and March with Robert Widger), John Queally (April) and Tom Queally (November) all flew

the flag for Horse Racing, with the latter the only jockey ever to take both the British and Irish Apprentice Titles.

Waterford continued to make a mark in Basketball at national level, with Michelle Aspel now starring with the University of Limerick, leading them to their second successive double of National League and Cup victories.

John O'Shea, (May) had a storming game in Manchester United's comprehensive 3-0 victory over Millwall in the FA Cup Final at the Millennium Stadium in Cardiff giving the genial, talented and very likeable Waterford man one of our very few FA Cup medals.

Who can forget Dan Shanahan's (May) service to Waterford Hurling this year with storming performances all through the Munster Championship, an incredible seven goals and an All Star title to crown a magnificent year. It says much for the challenges of other sports that he is the only hurling nominee in what was Waterford's second successive year as Munster Champions.

Unusually, though not surprisingly, Gaelic Football has two nominees. John Kiely (August) was chosen as the Manager of the All Ireland winning County Junior Footballers, his second time in that position and Sean Ahearne got the nod in October for his inspirational managership which guided

Stradbally to a fourth successive County Senior Football Title and their subsequent fine run in the All Ireland Club Championship.

In September, Darryl Murphy scored the fastest hat-trick in cup history when he netted four against Kilkenny and was outstanding in victories over Rockmount and Derry City as the Blues advanced to the final of the FAI Cup.

Athletics featured twice courtesy of Brid Golden (July) the Coach/Manager who led the Ferrybank A.C. athletes to capture 65 medals at the National Juvenile Championships, and to become the leading juvenile club in the country. David McCarthy (December) closed the year capturing the Reebok International Cross Country Title at Liverpool from a field of 75 runners, to cap a very successful domestic season.

It will be a daunting task for the adjudicators under the Chairmanship of Fr. Pat Moran, assisted by John A. Murphy, Irish Examiner and News and Star, John O'Connor of the Munster Express, Catherine Power, WLR-fm and Kieran O'Connor, Glanbia but with their record of making choices in the past which found agreement with the people, they can be relied upon to deliberate at length, taking all relevant details into account and arriving at a final verdict with which few will disagree.

Cunnigar Pitch & Putt Club Notes**LOTTO RESULTS**

Lotto draw 4th Jan. Numbers drawn were 14-16-19-20. There was no winner of this weeks jackpot so next weeks jackpot will be 400 euro. Three lucky winners of 20 euro each were Nora Wright, Kevin Hayes and Craig Kenneally. Tickets are only 1 euro each and are available from most of our members. If you're not in you can't win.

WINTER GAMES

Plans are now well underway for our Winter games. Competitions will or so I'm told be frequent or rigorous. We should be starting in the next few weeks so watch our notice board as well as our weekly notes.

COMMITTEE MEETING

There will be a committee meeting in our Clubhouse on Thursday (tomorrow) at 7.30 pm sharp. All committee members are asked to attend.

COUNTY BOARD AGM

Our County Board AGM will be held on Tuesday 25th January in the Waterford Crystal Sports Centre. It would be appreciated that as many of our members represent our club. Anyone interested in taking positions on our County Board should contact Wynn Colligan.

— Shout Fore.

DUNGARVAN LADIES RUGBY NOTES**Defeat For Dungarvan Ladies****YOUGHAL 25 DUNGARVAN 10**

Our last venture on the pitch of the year was against our old rivals Youghal. Youghal were first to put a score on the scoreboard, but Dungarvan were hot on their heels scoring the second and third tries of the game by Brenda Hunt and Kerry Frazer.

Dungarvan were undominate in the second half having three tries by Eirinn Nolan, Chona Kirwan and Jillian O'Roibden disallowed. Luck was not with us on the day and Youghal came out on top.

A new year brings with it new energy, motivation and stamina. The ladies will be back on top!!

FIXTURES

The next outing for the ladies is away to UCC. We hope to play this game in January, where we will be aiming for victory.

TRAINING

Training resumes on Monday at 7.30. Any ladies wishing to get fit for the new year and have fun at the same time should come along any night of training Monday or Thursday and give it a go. New players are very welcome.

RACE NIGHT

Thanks to all who were involved in organising our very successful night, both players,

members and sponsors. A great night was had by all and a few quid in the pocket. Congrats to all those ladies whose horses

were first in at the post Louise and Jill. Enjoy spending, you would never know Cheltenham may be next!!!



ACTION FROM DUNGARVAN V YOUGHAL.



THE Park Hotel

★ DUNGARVAN ★

2004 SPORTS STARS

JANUARY



DAVID CASEY
(Horse Racing)

He rode six winners in four days at Leopardstown, posted a double in Thurles and won the Goulding Thyestes Handicap Steeplechase on 'Hedgehunter' at Gowran.

FEBRUARY



MICHELLE ASPEL
(Basketball)

Waterford's native born basketball star, now starring with the University of Limerick, led them to their second successive double, National League and cup victories.

The Park Hotel is offering readers the opportunity to win a VIP weekend for two in the Old Ground Hotel, Ennis or Imperial Hotel, Cork. There is also a runners-up prize of dinner for two in the Park Hotel, Dungarvan.

All you have to do is pit your skill against our panel of judges and choose which one of the Park Hotel Sports Stars of the Month (as shown) will be chosen Waterford's Supreme Sports Star for 2004.

On Saturday, January 22nd, a Gala Banquet will be held in the Park Hotel which will be presented by Ann Doyle of RTE Fame, where the winner will be announced. So fill in the coupon straight away and you could be one of the lucky winners!

JULY



BRID GOLDEN
(Athletics)

Coach/manager who led the Ferrybank A.C. athletes to capture 65 medals at the National Juvenile Championships, and to become the leading juvenile club in the country.

AUGUST



JOHN KIELY
(Gaelic Football)

The Killrossanty clubman with the Midas touch, who guided Waterford to an historic second All Ireland Junior Football Title, with a famous victory over Leitrim in a replay.

PHOTOS BY RORY WYLEY

MARCH



DAVID CASEY & ROBERT WIDGER
(Horse Racing)

Casey landed the Sun Alliance Chase on board 'Rule Supreme' at 25/1, while Widger steered 'Native Emperor' home in the four mile National Hunt Chase Challenge Cup.

APRIL



JOHN QUEALLY
(Horse Racing)

At Aintree, John saddled M.A. Ryan's 'Al Eile' to take the Unwins Wine Group Anniversary 4-y-o novices hurdle. This race carried £100,000 sterling in prize money.

MAY



JOHN O'SHEA
(Soccer)

John had a storming game in Manchester United's comprehensive 3-0 victory over Millwall in the F.A. Cup Final at the Millennium Stadium in Cardiff.

JUNE



DAN SHANAHAN
(Hurling)

Had a exceptional scoring spree in the Munster Hurling Championship, scored 3-1 against Clare, 2 goals against Tipp and 1-3 against Cork.

READERS COMPETITION

MY CHOICE FOR THE WATERFORD SUPREME SPORTS STAR FOR 2004 IS:

(write month)

Name

Address

.....

.....

Tel.

Return to
Waterford Supreme Sports Star for 2004
c/o The Park Hotel, Dungarvan, Co. Waterford

Closing date is Friday 21st January.
Results will be published.

RULES

- 1 — The employees and immediate families of the Park Hotel are not eligible to enter.
- 2 — Prizes cannot be refunded for cash.
- 3 — The judges decision is binding and no correspondence will be entered into.

SEPTEMBER



DARYL MURPHY
(Soccer)

Scored the fastest hat-trick in cup history when he netted four against Kilkenny, outstanding in victories over Rockmount and Derry City as the Blues advanced to the final of the F.A.I. Cup.

OCTOBER



SEAN AHEARNE
(Gaelic Football)

The man whose inspirational managementship guided Stradbally to a fourth successive County Senior Football Title, with a fine victory over the Nire in a replay.

NOVEMBER



TOM QUEALLY
(Horse Racing)

Powered his way to the British Apprentice Jockey Championship in his first season, with 59 winners to his credit — only jockey ever to take both the British and Irish Apprentice Titles.

DECEMBER



DAVID MCCARTHY
(Athletics)

Following his splendid victory in the All-Ireland U-17 Cross Country Championship, he went on to capture the Reebok International Cross Country Title at Liverpool form a field of 75 runners.



Photographed above are some of the children of the Abbeyside, Ballinroad and Garranbane Liturgy Group who will be taking part in the R.T.E. Sunday morning Radio Mass on Sunday next, January 16th with Fr. Martin Keogh C.C., celebrant and Childrens Liturgy Committee members Geraldine Briggs, Mairead Walker and Deirdre Moore (missing from photo is Liz Finch) and musicians Francie Kenealy (organist) and Edward Moore. This Mass will be broadcast from St. Augustine's Church, Abbeyside on Sunday at 10 a.m. There are over 40 children involved, and they have been very busy over the last number of weeks preparing for this Liturgy and we wish them the very best of luck on Sunday. If you would like to come along and join us for the Celebration of Mass, you are most welcome. As this is a live broadcast, we would ask you to be in the Church by 9.45 a.m. on Sunday morning, or you can listen to this Mass by tuning into Radio 1 longwave 252 and medium wave (R1). There will be no 10.30 a.m. Mass on this Sunday, January 16 in Abbeyside Church. We would also like to congratulate Fr. Richard Doherty P.P., celebrant, Deirdre Collender, musical director Abbeyside and Garranbane Choir, and all those who were involved in the broadcast of Mass on Sunday last.

The Secrets Of Powersfield House Revealed

The doyenne of Powersfield House, Dungarvan, Eunice Power is sharing her trade secrets over the coming months. She has recently launched her Spring Collection Cookery Course for budding local gourmards. Eunice said "The philosophy behind my course is to inspire people to transform local everyday ingredients into delicious nutritious meals with the minimum effort and fuss."

Eunice, the author of "Cook with Stanley Cookbook" has spent her entire career in the food and hospitality industry in Ireland, U.K. and Switzerland. Her four week course runs from Wednesday the 2nd February in Powersfield House from 7.30-9.30 p.m. The cost is €120.00 for four weeks.

For further information please contact Eunice Power on 058-45594.

Deadline Approaching

WATERFORD COUNTY COUNCIL - ARTS GRANTS SCHEME 2005

COMHAIRLE CONTAE PORT LAIRGE - SCÉIM DEONTAIS EALAÍON 2005

Applications are invited for Waterford County Council's Arts Grants Scheme 2005.

This Scheme aims to give financial assistance to arts groups and organisation in County Waterford.

Full guidelines and an application form can be downloaded from www.waterfordcoco.ie or by contacting the Arts Office on 058/41416.

The closing date for receipt of completed applications is 12 noon on Wednesday 19th January 2005.

Proposed Re-Alignment Of Roadway At Kilminion, Ballinroad



Cllr. Damien Geoghegan

Speaking at the monthly meeting of Waterford Co. Council which was held on Monday of this week, Fine Gael Councillor Damien Geoghegan called on the roads section of Waterford Co Council to ensure that the proposed re-alignment of the road at Kilminion is carried out without any undue delay. Cllr Geoghegan pointed out to the meeting that the redesign and realignment of this particular junction was the responsibility of a building developer who was currently constructing a large number of new houses in Ballinroad, as it was a condition laid down in the original grant of planning permission.

Cllr Geoghegan stated that "Ballinroad has seen a massive growth in population over the past 5 years, yet this project, which from a safety point of view is seen as crucial, is put on the back-burner." Following the revelations from Council officials that the developer in question had encountered difficulties with regard to achieving the correct sightlines at the proposed junction, Cllr Geoghegan went on to state that "the reality is this project will be of major benefit to the all road users who use this junction on a regular basis and I feel, rather cynically, that if the developer in question was to benefit to the same extent, we would have seen the improvements carried out prior to now. Cllr Geoghegan concluded by saying, "Council officials must now ensure that every effort be made to ensure that this project is advanced and completed without any further delay."

W.W.E.C. CO-OP SUPER DRAW



Michael McBride, Chairman W.W.E.C. League, presenting the keys of a Toyota Yaris to Aine and Rosie Byrne, Mellerary, winners of the car in the Co-Op Super Draw '04. Included are Stanley Hornibrook, Hornibrook's Lismore (sponsor), Denis Byrne, Affane A.F.C. (seller of the winning ticket), Stephen Crotty and Richie Prendergast, Affane AFC, Mike O'Neill, Pat Tobin, Liam Fraser and Noel Hegarty, W.W.E.C. League Committee.

(Photo: Sean Byrne)

Dungarvan Mayor and Lions Club Combine for Tsunami Aid

The Mayor of Dungarvan, Cllr. Michael O'Riordan, with the support of the Members of the Council has joined with the President and Members of Dungarvan Lions Club to co-ordinate the response on the part of the people, businesses, clubs and individuals to the devastation caused by the Tsunami in eleven countries in Asia.

In a letter to the people of the town and West Waterford, they have invited those involved in fundraising to register their event with them and to subsequently channel their donation through them to the Irish Red Cross which has immediate access to the affected areas.

In their joint letter, the Mayor, together with the President of Dungarvan Lions Club, Mr. Eamonn Moore have appealed to the people's traditional Generosity, confident of their co-operation in a concerted response to the disaster.

"I fully realise that many individuals and organisations may already have made their contribution," the Mayor says, but in order to better co-ordinate the effort and facilitate donors in transmitting the proceeds of their generosity, I have, as Mayor of Dungarvan and in conjunction with the other members of the Council and the President and Members of Dungarvan Lions Club, set up a central fund for donations, the proceeds of which will be given to the Irish Red Cross Society."

A special account has been opened in each of the five local financial institutions to which donations may be lodged as follows:

AIB	A/c No: 08313004
Bank of Ireland	A/c No: 77391150
Dungarvan Credit Union	A/c No: 24942
Permanent TSB	A/c No: 86823639
Ulster Bank	A/c No: 01524043

A co-ordinating centre has been opened in the Civic Offices, Dungarvan and together with the Lions Club, we invite fund-raising groups to register their events with us and subsequently deposit their money there for speedy transmission to the Red Cross. The telephone number is (058) 21133, reachable between 10am to 5pm from Friday 7th January.

"I am confident that the people of Dungarvan will continue to demonstrate their traditional generosity for a cause which needs little recommendation from us."

This week, Cllr. O'Riordan said he was very heartened and not in the least surprised by the magnificent response of the people to the many calls on their generosity and for their support for the events taking place including the Sunday concert promoted by the Deputy Mayor, Cllr. Fred Forsey which was very successful despite having to battle atrocious weather.

President of the Lions Club, Mr. Eamonn Moore said that the people had responded magnificently, individually and in groups, particularly as the appeal came so soon after they had given with their usual generosity to the annual Christmas Appeal.

"This has been the worst disaster in living memory," he said, "and we in Dungarvan and West Waterford must do all we can to respond as effectively and as quickly as possible."

The Mayor and members of the Lions Club are available in the lobby of the Civic Offices when they will accept donations or give further information about the appeal.



Mayor M. O'Riordan

Dungarvan Resident To Take Part In Tsunami Relief Project

KEVIN KIRrane

Dungarvan resident, Jenny Beresford is to fly out to Sri Lanka as part of I-to-I's Community Disaster Relief Project, later this month.

Jenny, who lives in Cody Quay, Dungarvan, is to travel to the stricken country to help the aid effort for the thousands made homeless by the tsunami in South East Asia on St. Stephen's Day.

"I was there in October with I-to-I doing a Community Development Project," she said. "And when I saw the disaster unfolding, I felt absolutely compelled to return and help in any way I could."

I-to-I has been working with the people of the coastal suburbs of Colombo. During the devastation, 3,000 were made homeless in the shanty town where most of the work was directed towards. A refugee camp has since been set up.

"What they need volunteers for is to pitch tents, to give out food and water and take care of the children," she said.

Teams of volunteers are to fly



Dungarvan resident Jenny Beresford was in Sri Lanka in October and is now heading back out to help with the Community Disaster Relief Project.

out on a weekly basis to help with the project and the disaster victims

Jenny is flying out on the 22nd of January for a period of two weeks. She will also be distributing direct cash aid, which was kindly donated by the Lions Club.

Donations can be made through I-to-I in Dungarvan either by telephoning 40050 or by calling into I-to-I, Exploration house, 26 Main Street, Dungarvan.

Meanwhile, Waterford County Council said it would be unfeasible to hold a door-to-door

collection for the Mayoral Appeal on Friday next, and a donation from the council will be made instead.

The council is also to consider sending a skilled engineer to the devastated region. Cllr. Ger Barron said a form of leave package should be considered to allow an engineer to help rebuild infrastructure.

"It would be a skilled person but that person would return to us with a wealth of experience."

Council management said they would consider the motion.

Telephone
(058)
42615

Dolan's

No. 34
Mary
Street

FRUIT & VEG

THIS WEEK'S SPECIALS

Fresh from
Ballinacourty

Cabbages - 3 heads for e1.00
39c each

Turnips - 3 heads for e1.00
39c each

Unbelievable Value

Large Bags of
Conference Pears 89c

Large Bags of
Elstar Eating
Apples 89c

Large Bags
of Cooking
Apples 89c

LOOK **Tomatoes - only 49c per lb.**
€1.08 per kg

Fresh Heads of Lettuce - only 35c

Opening Soon In Dungarvan

Vacancies for

RGN/RPN Nurses

(Full-time, Part-time, Flexi-time & Bank)

Must be registered on the live register with An Bord Altranais.
At least 2 years post registration experience.
Experience of working with the Elderly is desirable.

To apply send a current C.V. and covering letter to:

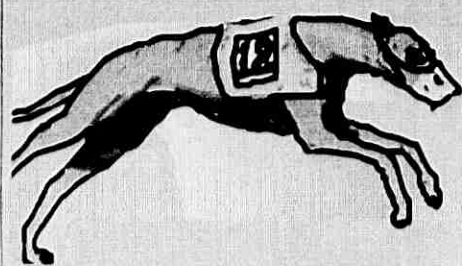
The Director of Nursing
Golden Meadows Retirement Village
The Burgery
Dungarvan
County Waterford

Or by email to trish@goldenmeadows.ie

Closing Date for Application is January 22nd, 2005.

Please visit our career page on our website for details of other positions.

www.goldenmeadows.ie



GREYHOUND NEWS

BY MARK PHILLIPS

FRIDAY JANUARY 7TH

Tough Going In Kilcohan

Racing conditions were atrocious at storm lashed Kilcohan Park last Friday night but due to the commitment of all present the 12 race card was run off in just over two hours. Pride of place on the menu of racing was the semi finals of the Droopys Stud Unraced stake plus the five first round heats of the Jimmy Hayes Memorial Tri Distance event. More about those races later as we concentrate on the first of five graded events were the early leader In The Money gave way at the halfway point to Giglis Matrix but finishing best of all the John Gough owned Ragatag Public (Droopys Kewell-Public Inca) 3/1 stayed on strongly up the fence to outstay Giglis Matrix by three lengths in 30.16.

The Gavin Nolan owned and Mick Cronin trained Kishlawn Mikie (Rutland Budgie-Kishlawn Supreme) 3/1 to evens was the best supported runner in a 300 yard dash and leaving trap five in front the jolly was never in any danger of losing this event bounding clear for a cosy two lengths success over Kilaspoy Podge in 16.95.

The Frances O'Donnell owned The Other Kim (Cool Performance-The Other Top) the 6/4 favourite proved a runaway winner of the third race in 30.45. Durrow Tracker broke smartly from trap four but The Other Kim was soon at the head of affairs rounding the first turn in front and shooting clear down the back "Kim" breezed in all of ten lengths clear of Harmless Auna.

Returning after a layoff the Mrs P Holt owned Tiara (Rectabond Ace-Sinatras Magic) 3/1 made every post a winning one in the fourth race accounting for her rivals in 30.45. Favoured a wide course throughout Tiara always had the measure of the 6/4 favourite Brave Patch before obliging by two lengths.

Despite having qualified in 29.18 the Paddy Kehoe owned Forest Bale (Carlton Bale-Slaney-side Kim) went to traps in the first semi final of the Droopys Stud Unraced Stake as an unbelievable 5/2 shot and after taking a flyer from trap three Forest Bale literally murdered the opposition in a fast 29.50. The runner up Ardreaighs Beauty only ever had a rear view of a strong running Forest Bale the County Wexford owned winner dishing out a five and a half lengths beating to "Ardreaighs" 2/1.

April 2003 whelp Droopys Scolari (Droopys Kewell-Little Diamonduk) running for the sponsors and trainer Fraser Black in the second qualifier was equally as impressive capturing this race in 29.52. Droopys Scolari 4/5 from trap six forged into an early lead over Dangerously Good Droopys Scolari was always travelling like a winner up front thereafter and despite drifting wide into the home stretch he simply cruised to a six lengths win over Dangerously Good.

The Andrew Weldon owned Roseville Fox (Mustang Jack-Come On Angel) 7/2 made maximum use of his early speed to run out a pillar to post 30.80 winner of the seventh contest. Breaking in front Roseville Fox cut an early dash over Snazzy Mentor before accounting for a running on Deportivo by two lengths.

Races eight to twelve were first round heats of the Jimmy Hayes Memorial Tri Distance stake over the standard 525-yard trip. County Carlow entry Kilcarrig Quarry 6/4 was all the rage in heat one but he found one to good for him on this occasion in the shape of the JJ Cushe owned and David Morris handled Ramsfort Yank (Mustang Yank-Charlesfort May) this 3/1 shot carving out a neat pillar to post 29.76 success. The winner led early on from Blazes Kate and while Kilcarrig Quarry was noted doing all his best work in the closing stages Ramsfort Yank held out by one and a half lengths.

Heat two was a real thriller. After taking over in the lead running around the final two bends from the early paced Bar Fiona the Willie O'Connor owned Best Hawk (Toms The Best-Lovely Darling) 6/4 appeared all set for a cosy success but coming with a flying late run Daring Affair went down with all guns blazing by a short head in 30.10.

Track newcomer Elmics Pension (Spiral Nikita-Mammys Nightmare) 5/1 owned by Elaine Farrell from Cahir created a favourable impression in heat three leading all the way in 29.93. Bounding into an early lead over Montalto Queen Elmics Pension was in control of matters throughout eventually beating a running on Deenside Myrtle by three lengths with a wide running Montalto Queen just behind in third.

Coming in as a reserve into heat four the fast starting Metric Leo (Smooth Rumble-Metric Meiba) made no mistake from trap four making every yard of the running to oblige in 29.89. Trained by Johnny Kavanagh for owner Larry Byrne Metric Leo shot clear from traps to show the way over Cuileog Liathroid and Luas Lacrac and while a slow starting Forest Jude was noted doing all her best work close home Metric Leo won unchallenged by four lengths from a fast finishing Forest Jude.

County Tipperary owner Frances O'Donnell enjoyed her second win of the night as The Other Cool (Cool Performance-The Other Top) 3/1 romped to a 30.21 victory in heat five. Establishing an early lead over Lig Do Scith a strong running The Other Cool never appeared in any danger of losing out up front cruising to a three and a half lengths win over Lig Do Scith.

The going for this fixture was rated .40 slow for the 525-yard distance.

TRAP DRAWS-SATURDAY JANUARY 15TH

Droopys Stud Unraced Final

- 1 Glen Patten
- 2 Puget Sound
- 3 Droopys Scolari
- 4 Forest Bale
- 5 Ardreaighs Beauty
- 6 Dangerously Good

Selection — Droopys Scolari

Dangers — Forest Bale, Ardreaighs Beauty

TRAP DRAWS-FRIDAY JANUARY 14TH

Jimmy Hayes Memorial Tri Distance Stake

- Heat 1 —
- 1 Daring Affair
 - 2 Elmics Pension
 - 3 Bishops Tess
 - 4 Ramsfort Yank
 - 5 Durbans Lass
 - 6 Best Hawk (W)

Selection — Daring Affair

Dangers — Elmics Pension, Ramsfort Yank

- Heat 2 —
- 1 Deenside Myrtle
 - 2 Lady Sharan
 - 3 Kilcarrig Quarry
 - 4 Bar Fiona
 - 5 Cuileog Liathroid
 - 6 Forest Jude

Selection — Kilcarrig Quarry

Dangers — Forest Jude, Deenside Myrtle

- Heat 3 —
- 1 Metric Leo
 - 2 Montalto Queen
 - 3 Lig Do Scith
 - 4 Related Topic
 - 5 The Other Cool (W)
 - 6 Metric Melody (W)

Selection — Metric Melody

Dangers — The Other Cool, Lig Do Scith

SATURDAY JANUARY 8TH

Wexford Owners Enjoy A Profitable Session

With Enniscorthy track closed for a number of months Kilcohan Park's racing manager Eamonn Mackey is doing his best to accommodate so many Slanseyside owners seeking races at Waterford and the Model County folk have little or no complaint after plundering nine out of the twelve races down for decision last Saturday night.

Taking on a mixture of raced and unraced types in the opening event the Ella O'Connor owned Kilpatrick Zip (Pinewood Blue-Kilpatrick Lass) 3/1 made a pleasing debut from trap two streaking clear of Regular Catch early on and with the latter unable to make any impression on the leader Kilpatrick Zip went on to triumph by a facile eleven lengths over Regular Catch in a smart 29.10.

On a woeful night for the punters 3/1 chance Good Boolavogue (Mustang Yank-Boolavogue June) posted back to back sprint victories returning a 16.50 clock in the second race. The winners task was simplified rounding the first bend as a well backed Derwent Paddy was knocked over by a rails seeking Lifes Wilder and with the James Dempsey owned and John Ka-

vanagh trained Good Boolavogue holding his pitch on the fence the County Wexford dog lengthened his stride to run out an easy five lengths winner over Good Enjoyment.

The Radiators Syndicate owned and Nick Turner trained Roentgen Ray (Smooth Rumble-Lilac Alice) the 6/4 favourite made no mistake in the third leading all the way in 29.52. Relishing a trap six draw Roentgen Ray held the call throughout from Vigilant Spot On and basically won, as he liked by two lengths from a staying on Arrigle Lark.

The Oliver Flynn owned and Tom Power trained Fitz Legend (Droopys Woods-Honey Pie) 3/1 made maximum use of his early pace in the fourth to register a pillar to post career best 29.13 success. A fast starting Fitz Legend headed for the rails on the run up and while Elle Kewell was a constant threat throughout Fitz Legend kept on strongly up the rails to triumph by a length.

The George Roche owned Ellaha Jack ran an amazing race to take the fifth contest over the 550-yard trip. Firing himself clear of the pack Ellaha Jack's racing jacket became loose at the entrance to the backstretch as he made the long break for home. By the time he reached the home turn the racing sheet was nearly down around his hocks but the George Roche owned Ellaha Jack (Sineads Slaney-Lovely Castle) just kept on galloping to outpace Runty Anna by seven and a half lengths in a decent 30.24.

The Margaret Cullen owned and Nick Cullen trained Frosty Mist 5/2 opened her account with a bold front running effort to capture the sixth race in 29.05. The lightly raced Forest Tina 5/4 to 2/5 was backed as if defeat was out of the question but the jolly found herself short of racing room rounding the first bend. Meanwhile Frosty Mist (Droopys Kewell-Karens Jewel) 5/2 had gone for home and it came as no surprise to see her run out a handy six lengths winner over a hampered Valentia Micko. The winner's time was the fastest of the night for the standard distance.

In the seventh contest over 550 yards Patchy Flight made a brave effort to lead all the way but with the winning line on the horizon the Shauna Hughes owned and Paddy Kehoe trained Glenmill Star (Spiral Nikita-Whitefort Jude) 5/1 produced a well timed challenge to come though in the dying strides for a half a length success over Patchy Flight in 30.57.

While he failed to last home over the 550 yard trip the previous week the Patrick and Rebecca Hamilton owned and Nick Turner trained Hamford Spark (Split The Bill-Rockmount Queen) appeared far happier over the standard trip justifying 1/1 favouritism in the eighth event clocking a winning return of 29.16. Out in front from trap rise Hamford Spark saw off the back stretch challenge of Bosheen Boy before holding at bay the late charge of Lapto Lolly who met with defeat by two lengths.

The consistent Jays Chieftan was out in front for most of the trip in the ninth but the 6/1 outsider Archaton Lass proved a constant thorn in the leaders side and refusing to go away the Jamie Jordan owned Archaton Lass (Frisby Flashing-Domingo Belle) produced a well time effort on the wide outside to pounce in the home stretch for a three quarters of a length victory in 29.17.

The Matt and Jennifer O'Donnell owned The Other Arnie (Vintage Prince-The Other Joy) was the winning most dog at this venue in 2004 and he started 2005 off in positive fashion coming from behind to land the tenth contest (550 Yards) in 30.69. With the early leader Whaah and Johnjoes Miracle back stretch fallers Stage Dunphy looked home and hosed but you write off The Other Arnie at your peril and sure enough he swept into the lead in the final strides for a head victory over Stage Dunphy.

The layers were on a roll at this point and two more outsiders namely Saltee Tee Jay 6/1 and Pet Shop Honcho 5/1 came up trumps in the final two races of the session.

The Martin Butcher owned Saltee Tee Jay (Hotshow Ben-Saltee Nell) took over in the lead on the back stretch in the eleventh contest from the early paced Rules Supreme and while the long time absent Side Walk made eye catching late headway from the rear of the field Saltee Tee Jay held firm to score by a length and a half in 29.17.

Its not often you see Tipperary folk joining forces with arch hurling rivals Kilkenny but that's what happened in the concluding 550 as Pet Shop Honcho (Top Honcho-Pollerton Lass) made every post a winning one in 30.33. Owned in the Premier County by Pat Morrissey and trained by South Kilkenny "Cat" Jimmy Scully Pet Shop Honcho took a flyer from trap five and maintaining a strong gallop up front Pet Shop Honcho was full value for her two lengths winning margin over a fast finishing Creswick Vieri who is shaping well as a future stayer.

POST RACE MUSIC

White Lines provide the post race music on Saturday night next.

RACE NIGHTS

The race nights for Kilcohan Park this week are as follows.

Thursday January 13th-First Race 7.50pm

Friday January 14th-First Race 7.50pm

Saturday January 15th-First Race 7.50pm

Dungarvan Credit Union Cycling Club Notes

WILD, WET AND WINDY

The forecasters got it right! The weekend was wild, wet and windy, and so our usual cycling was seriously curtailed. Sunday was a washout, but we did manage to get in a spin on Saturday morning. A stiff westerly wind and a few sleety wintry showers did not deter a fine group as they put in training miles for Canaries 2005. As per usual, some returned at Lismore, while others headed for the high ground at Ballyduff. Very severe flooding along the banks of the Backwater was evident, and road conditions were poor as there was a lot of small debris from the previous night's storm. Hopefully, the weather for the weekend ahead will be better.

CHANGEOVER TO KILOMETRES

The proposed road-sign changes will come into effect on next week. All road-signs will be changed to Kilometres. This should be a good opportunity for all cycling members to reset the bike clock to K's. So, do you want to be a die-hard or will you move with the times? Just for the record: Whitechurch is 25k, Lismore is 50k, Top of Tallow and back is 60k, Ballyduff Circuit (loved by many) is 70k. Looking at average speeds, the following might be seen as about right: Leisurely 25kmph: Fast: 27kmph and Very Fast 29kmph and above.

BIKING TIPS

To improve your stamina, go on one long spin every week. Don't worry about time, just complete the distance. At the start of a long training spin, go into the wind. This way, you can ride faster coming back even if you're tired, and you won't be chilled by a stiff breeze.

DONEGAL TO DUNGARVAN TOUR 2005

Plans for this exciting tour are at an advanced stage at present. We will be travelling by bus to Donegal town on Thursday afternoon, May 26th, and we will cycle the 450-kilometre journey in three days, Friday, Saturday and arriving back to Dungarvan on Sunday. Full details will be given to all members over the coming weeks and months. Training for this endurance tour should begin now and continue over the coming months, concentrating on steady leisurely cycling, and extending the distance on a weekly basis. It is envisaged that we will cycle approximately 150k on three consecutive days. The recommended distance target needed to complete this journey comfortably is 120k on several occasions in the month prior to departure. With 20 weeks to go, you might set the following targets for your weekly long endurance spin... (in kilometres) 60 for January, 70 for February, 80 for March, 100 for April, 120 until mid-May, and reduce your cycling for a week or two before departure. You might also include a rest week, here and there as needed.

TRY CYCLING IN 2005

Even if you think Donegal is too far for you at present, would you like to take up a new sport to keep in shape for 2005? You will probably have noticed our regular weekly spins, or have met us somewhere on the roads of West Waterford. If you are seriously thinking of trying something new, why not invest in a bicycle, and take the plunge? You will be most welcome among us. Your fitness level will increase very quickly, and you will enjoy the experience. Winter spins leave the



Liam Connors and Frank O'Rourke took part in our pre-Christmas Hamper Appeal.

Square on Sundays, and John Foley's Garage, Kilrush on Saturdays, at 10am on both days. Please take note that all spins leave exactly at the stated time, and you are asked to be in attendance promptly.

THE BIG COMEBACK

If you have taken an extended break from your usual cycling routine, now is the time to make the big comeback. Join with us for a portion of our usual Club Spins until your fitness returns. Usually, three or four shorter spins is all that's needed to bring you up to speed again.

CANARIES TRAINING

Training continues for all cyclists preparing for the Canaries. Several members of the travelling party have started a bit of extra hill-work, either during the week when daylight permits, or at the end of our normal club spins. It's simply a matter of continuing for a few extra miles when the group returns to Dungarvan. Favourite routes for these extra miles include the Pike, the Sweep, and the Old Sweep. However, experienced Canaries cyclists have warned that too much is just as silly as too little. Golden rule: train hard, then rest.

MEMBERSHIP

Membership forms for 2005 will be available within the next week or two. If you are not currently a member, but are interested in cycling with us, please contact us for an application form. All participants for this year's Canaries Trip will be expected to have their licence renewal sorted in good time. No exceptions. The secretary can be contacted at 43422.

ESSENTIAL SUPPLIES

We have reminded cyclists in the past of the importance of wearing a protective helmet. The message gets through to some, and not to others. One member has put it in a nutshell... if you don't have a brain, you don't need a helmet. On this occasion, we are reminding members of the absolute importance of carrying essential supplies with you every time you sit on your bike and head off for a spin. At a very minimum every cyclist should ensure that they bring two spare tubes, a pump and tyre levers with them. Furthermore, some elect to carry a spare tyre. Other items, which should be considered on long spins, are some money and your mobile phone.

HORSE RACING SNIPPETS

BY MARK PHILLIPS



SORE SHINS

After his recent disappointing outing at Cheltenham where he appeared not to relish jumping the larger obstacles the Nigel Twiston Davies trained Fundamentalst was found to have sore shins and his trainer is hoping that this was the cause of such a poor showing by his promising novice chaser.

BIG LOSS

Trainer Noel Meade's luck has been in and out over the past month or so. Take for instance at Naas last week where he was on hand to welcome back the Paul Carberry ridden Dizzy Dream after a novice chase win but the seven year old failed to make it back to the winners enclosure as he dropped dead shortly after passing the winning post.

KIERAN STATESIDE

Former champion flat jockey Kieran Fallon is currently in the United States where he will remain until the flat season starts in England in late March.

VALID POINTS

Irish writer Gerard Downes made some interesting points about rating National Hunt horses in different years in a recent article in the Irish Field. He stated that Florida Pearl was a fine chaser who missed out on a Gold Cup victory at Cheltenham. In doing so however he joined an elite band of chasers who also missed out on a Gold Cup. These included such fine stars as Flyingbolt, Wayward Lad, Pendil and One Man. He went on to state that some mediocre horses did manage to post a Gold Cup success and these included the likes of Cool Ground, Nortons Coin, Charter Party and Cool Dawn. Some interesting thoughts indeed but to the last named quartet they could only beat the best around on the day and you cannot expect much more than that.

A CAUTION FOR PAUL

The Leopardstown stewards took a dim view of Paul Carberry's antics of calling on Best Mate when winning the recent Lexus Chase aboard Beef Or Salmon. The County Meath rider was rather fortunate however to get off with a caution as the stewards deemed his behaviour to be unsporting.

JIM'S BAN

Gold Cup winning jockey Jim Culloty picked up a four-day suspension at Exeter last week for misuse of the whip. The ban runs from Friday January 14th to Tuesday January 18th inclusive.

LUCKY STORY AT STUD

The Godolphin owned four-year-old Lucky Story who filled the runner up spot in the Queen Elizabeth Stakes is bound for stud after picking up an injury while wintering in Dubai.

THIS WEEKS RACING

- Wednesday** — Wolverhampton, Lingfield and Newbury.
- Thursday** — Limerick 1.05pm, Catterick, Southwell and Lingfield.
- Friday** — Kelso, Huntington and Wolverhampton.
- Saturday** — Puncestown 1pm, Wetherby, Warwick, Kempton and Lingfield.
- Sunday** — Cork 1.15pm, Fairyhouse 1pm.

WENDYLL WOODS RETIRES

Jockey Wendyll Woods who rode extensively in England and Hong Kong has retired from race riding at the age of 41.

RODI IS BACK

County Tipperary born rider Rodi Greene who is attached to the Martin Pipe yard returned to action at Sandown last Saturday after a five months absence when dislocating his shoulder in a fall at Newton Abbott.

SHAY BARRY

Waterford jockey Shay Barry is hoping to return to action in the very near future. He damaged ligaments in his knee in a fall at Limerick on St Stephen's Day but he is making good progress and hopes to be back riding sometime next week.

POINT-TO-POINT FIXTURES

Sunday January 16th

- Scarteen Foxhounds, Kilfeacle County Tipperary, 12.30pm
- Shillelagh and District Foxhounds, Fairwood, Tinahely, County Wicklow, 12 Noon
- Killeagh Harriers, Knockane, Killeagh, County Cork 12.30pm

PAT CROWLEY

Jockey Pat Crowley has relinquished his professional licence and is now back riding as an amateur.

DIARY DATE

Sunday January 23rd, Dungarvan Point To Point - First Race 12.30pm

LADBROKE HURDLE

Riding for his former boss Tony McCoy enjoyed a very easy victory in the Ladbroke Hurdle at Sandown as 14/1 outsider Tamarinbleu sprinted up the hill to beat a gallant Self Defence by four lengths. Martin Pipe is now heading for his 15th trainers Championship.

DERMOT'S NIGHTMARE

Millionaire financier Dermot Desmond who owns a Betting Exchange recently told the Racing Post that he thinks about the Betting Exchange Company first thing in morning and last thing at night. Desmond who plays off an 8 handicap and is a member of 34 golf clubs also has strong links with Waterford City as his wife hails originally from Ferrybank.

BIRTHDAY BOY

English flat trainer Henry Cecil celebrated his 62nd birthday last Tuesday.

ESSEX SCORES

The Michael O'Brien trained and Barry Geraghty ridden Essex overcame the testing conditions at Leopardstown on Sunday to capture the Pierce Hurdle at odds of 5/1. The lightly raced gelding won with something to spare in the finish and he now heads to the Tote Gold Trophy at Newbury for which Cashmans make him an 8/1 shot. The son of Sadlers Wells is a dual-purpose sort having beaten Solerina in the Cesarwitch at the back end of last year's Flat campaign.

The John Queally trained Al Eile was noted doing all his best work at the finish on going that may not have suited him.

The Paul Roche trained Hersov ran on well to fill the runner up spot in the Leopardstown Chase behind Marcas De Berlat and the Tramore trained horse should run well in the Thyestes Chase at Gowran if allowed take his chance in that event.

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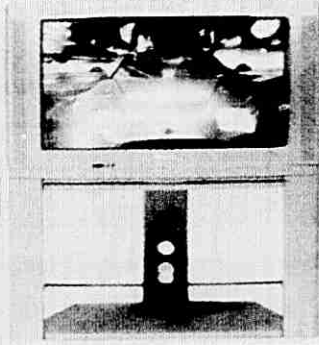
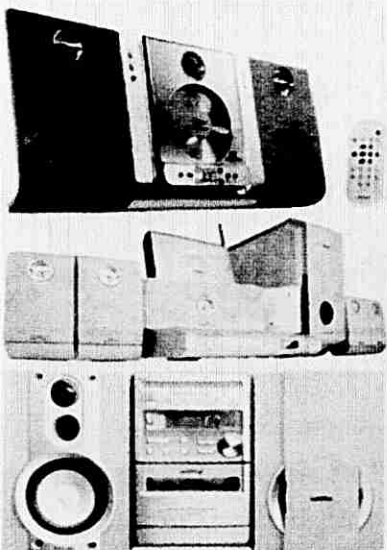
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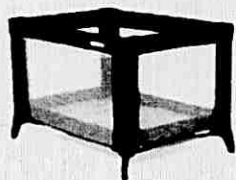
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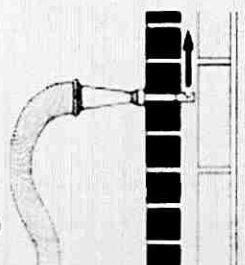
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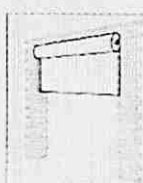
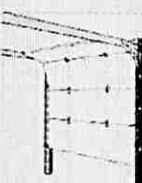
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