

# Dungarvan Leader

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Vol. 63. No. 3313

FRIDAY, MARCH 23, 2001

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## Karen Treads The Boards With Riverdance



Nineteen years old Karen Halley, from Leamybrien, Co. Waterford is currently treading the boards in Oberhausen, Germany having been chosen as a member of the Riverdance Show. Karen who spent last summer with Ragus - an Irish Dance show on the Aran Islands and Vicar Street, Dublin run by her teacher Michael Ryan - is no stranger to the International stage having also performed in Florida.

Following the two week run of the show in Oberhausen, Riverdance moves on to Berlin, Frankfurt, Brussels, Rotterdam, Stuttgart, Geneva, Milan, France, Spain and Portugal before a well-earned summer break. Then its back to Europe again to take in cities in Switzerland and Austria.

Only daughter of Nick and Nora Halley, Karen began her dancing career at the age of six with the Higgins Academy, Waterford and then moved to the Michael Ryan School of Dancing. During a hugely successful career she has to her credit Regional, All-Ireland and World Placings.

# Deasy Graphically Details Trail of Destruction

Standing Orders were suspended at Tuesday's meeting of Waterford County Council to enable Cllr. John Deasy to graphically detail the trail of destruction and devastation a series of horror crashes have brought along a two hundred and fifty yard stretch of the main N25 Waterford/Cork road at Cushcam just three miles outside Dungarvan.

The Fine Gael councillor has been calling for major safety improvements to be carried out to this notorious stretch of roadway over a protracted period. Now in the wake of yet another

major accident last weekend he was compelled to do so again, he said.

Cllr. Deasy said that last Friday a car and lorry had been involved in a head on collision at Cushcam when the motorist had been dragged from his blazing car. "It was", he added, "a scene of devastation".

He then went on to cite specific date details of eight serious accidents which have taken place at the location over the last twelve months. The litany went as follows, (1) March 17th, 2000 a lorry overturned, (2) March 25th, motor cyclist fatally injured;

(3) May 23rd four vehicle accident involving two cars and two lorries; (4) June 13th two car crash; (5) July 1st lorry careered off road and into nearby house; (6) December 10th, four car pile-up; (7) December 13th crash involving a lorry and car and (8) March 16th 2001

CONTINUED ON PAGE 47



CLLR. JOHN DEASY

## Response To F&M Threat Draws Commendation

The collective response of urban and rural communities to the Foot and Mouth Disease threat drew commendation and tributes from several members of Water-

ford County Council at Tuesday's monthly meeting in Dungarvan.

At the outset of the meeting there were expressions of support for the decision of the chairman, Cllr. William McDonnell, to adjourn the meeting from its original date of March 12th because of the F.M.D. situation. Ironically however, the lone member to question the adjournment decision, Cllr. Mary Greene (FG) had informed the meeting that she would not be in attendance until the afternoon session because of other commitments.

CONTINUED ON PAGE 33

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FORTHCOMING EVENT  
Guinness Jazz Band  
Easter Sunday Night

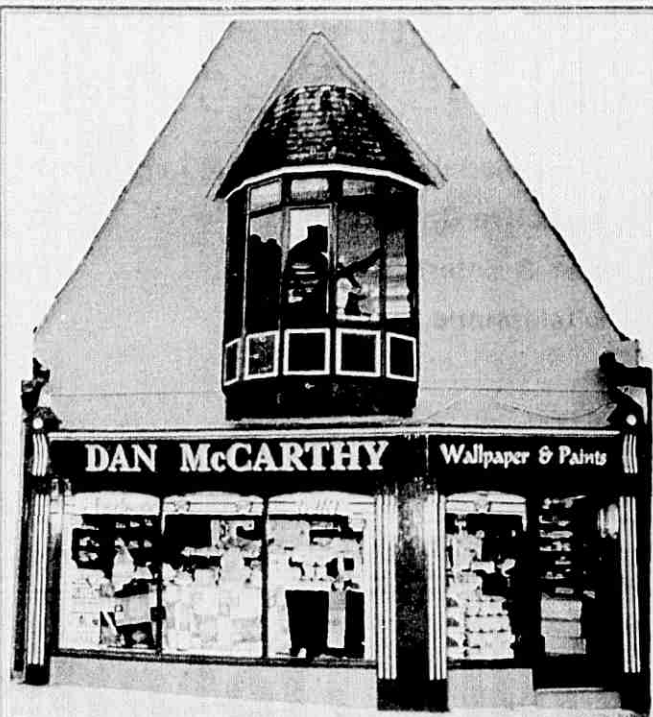
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# Major Refurbishment At Herlihy's Super Valu, Dungarvan

Herlihy's Super Valu is currently undertaking a major refurbishment of its supermarket at O'Connell Street Dungarvan. The project commenced in January and it is envisaged that the development will be completed by August. Parking facilities have already been enhanced - The new car park will be completed by the end of March. Then Herlihy's will be installing a barrier system to ensure that their car park is reserved for customers only.

The redevelopment will include a doubling in size of the supermarket and an enhancement of facilities to a state of the art supermarket.

Photo shows the project team outside the construction site. Left to right: Tom O'Brien (builder), Paul Herlihy, Pat Herlihy (Chairman Herlihy Group), Ger O'Mahony (Store Design Engineer Musgrave SuperValu Centra), Brian Herlihy & Sam Tarrant (Dermot Nestor Associates Consulting Engineers.)

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Tuesday 10 - 5.30

Wednesday — Closed

Thursday 10 - 5.30

Friday 9 - 6.00

Sat. 9 - 6.00

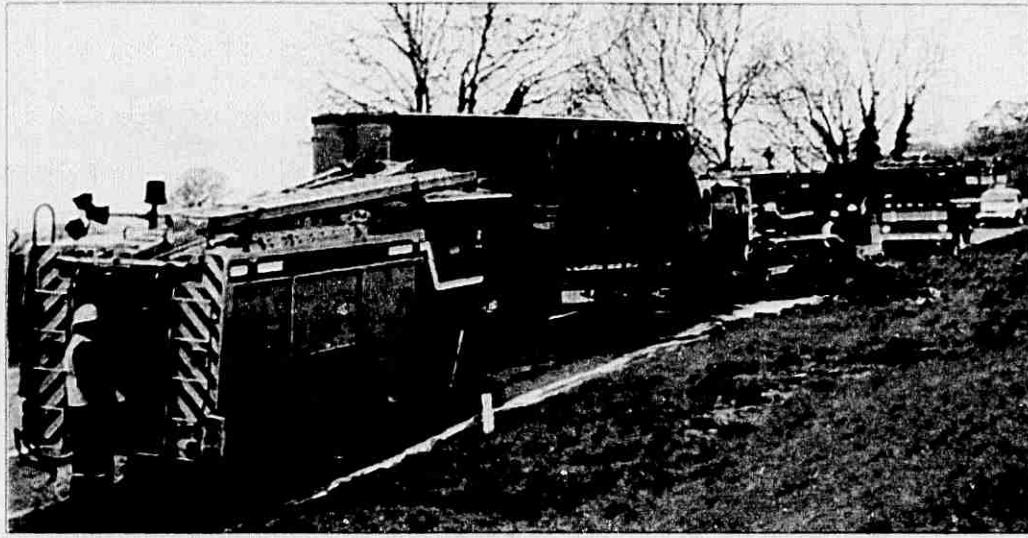
## Leader Crossword

SOLUTIONS Questions on Page 8

**Across:** 1 The pen, 5 Pampas, 8 Alfreton, 9 Chiz, 10 Temp, 11 Romantic, 13 Rationalise, 15 Chainsaw, 17 Pear, 19 Waif, 20 Whiplash, 21 Edward, 22 Evelyn.

**Down:** 2 Hallé, 3 Parapet, 4 Notorious, 5 Pun, 6 Mâcon, 7 Aniline, 12 Meanwhile, 13 Reheard, 14 Impulse, 16 Infra, 18 Assay, 20 Wad.

# Accident At Cushcam Results In No Fatalities Thanks To Passing Motorist



A collision, last Friday between a lorry and a car, resulted in the driver of the car being trapped within the vehicle and only for a passing motorist who freed the car driver just seconds before the vehicle caught fire the accident would have had a tragic outcome.

A spectacular fire resulted from the two vehicle collision that occurred at Cushcam, Dungarvan but three units of the Waterford County Fire and Rescue Services, who were quickly on the scene, soon brought the fire under control. The two Dungarvan units under Station Officer Paul Moynihan were in attendance at the fire and were assisted at the incident by the Kilmacthomas Fire Brigade under Station Officer Tom McGrath.

Assistant Chief Fire Officer Des O'Brien complimented the quick response of the Waterford County Fire and Rescue Services and for the professional manner in which they dealt with the accident.

The condition of Cushcam Cross has recently come under close scrutiny from local Councillors and the County Engineer, John O'Flynn, who has admitted it is the worst junction on a primary route in Waterford. The junction has a high accident rate with an estimated twenty people having lost their lives at this junction over the previous two decades.

A senior figure from the National Roads Authority was invited to survey this junction for himself and as a result, it is expected that the National Roads Authority will now grant extra funding to the County Council to make this dangerous junction safe.

← Photos show the sequence of events after the collision as the car burst into flames

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- 97 Fiat Punto 2 door 39k ..... £4,600
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- 97 Rover 214 SI silver 31k. .... £6,500
- 97 Skoda Felica silver, 45k, 4 door ..... £4,000
- 96 Opel Astra Rio Saloon 44k mint ..... £5,800
- 96 Skoda Felica NCT choice ..... £3,000
- 96 Ford Fiesta LX p/steering, a/bag, choice
- 96 Peugeot 306 Diesel, only 65k, silver
- 95 Nissan Micra 5 door, black 45k. .... £4,500
- 95 Opel Astra Saloon 55k grey ..... £5,000

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JUNIOR PAGE

# THE WAY WE LIVE

## TRADE AND MONEY

Trade is the exchange of goods and services — buying and selling. Coins were invented when overseas trading began and merchants used weights of precious metals, such as silver, to buy and sell. Overseas trade has changed the world.

When European traders found rich markets in foreign lands they made great efforts to protect their interests. Sea-faring nations such as Britain, Portugal and Holland established colonies in distant lands with their own armies and police forces and so, through trade, built huge empires and became world powers.

The world today survives on trade. Few countries are self sufficient, so they sell what they have to raise money to buy what they need.

Products are visible items such as food or cars, or "invisible" items such as the labour or manufacturing expertise that makes a product, or a financial service, such as insurance.

In international trade today little actual money changes hands, as transactions take place on paper or over the telephone and are managed using computer systems.

## STOCKS AND SHARES

The initial cost of starting up a business is called the financial capital, and often this money is borrowed. The people who lend the money all hope to have a share in the company's profits in the future.

The capital is divided into a number of shares, and each share has a certain value. This value may go up or down, depending on how the company performs.

The only place shareholders may sell their shares (or a unit of shares called a stock) is through a Stock Exchange (below). Here they are traded (bought and sold) by a broker who is a member of the Stock Exchange



## MONEY

Money is a recognised form of payment. Today units of money are represented by notes and coins, but they have taken many other forms.

Cowrie shells were once used in China, India, Thailand and Africa. Other forms of money include copper rings, salt, beads, stone dishes, cocoa beans and axes.

When the first coins were issued, it was the weight that determined their value.

Paper money was first used by the Chinese in the 10th century as an alternative to dealing with large quantities of metal coins. At first, paper money was simply a handwritten receipt, but later receipts of fixed values were issued by governments.

### MONEY FACTS

● A currency is a money system, such as the Japanese yen, the French franc, the US dollar, the Mongolian tugrik or the Bhutan ngultrum. The exchange rate is what it costs to buy or sell one currency for another. This changes on a daily basis.

● The process of stamping a design on to a coin is called minting. One side of the coin usually shows the head of the monarch or the symbol of the body that guarantees the value of the coin. Only an authorised producer, known as a mint, is allowed to manufacture and stamp coins. Coins not made at a mint are forgeries.

# Colour the Picture



## And You Could Win £5

**Congratulations to:**  
**Helen Rossiter**  
**Mayview, New Line**  
**Abbeyside**  
*winner of last week's Colouring Competition*

### ENTRY FORM

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Address.....

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(Age ..... years)

Entries to reach the "Leader Office" on or before Monday, March 26, not later than 12 noon

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# Keep It Clean!

The Comeragh Community Development Group has decided to postpone, until further notice, the Annual Clean Up The Comeraghs, which normally takes place on Easter Monday. This is a necessary measure so that the group can play its part in helping to keep the country free of foot and mouth disease. It is hoped that the Keep It Clean! slogan will promote awareness of the need to keep the countryside litter free. Hopefully, a clean up can be organised at a later date, should conditions prove favourable.

In the meantime, the Comeragh Group will continue to work for the good of the community by progressing its other objectives. The Comeragh Group is totally voluntary and solely dependent on the generosity of sponsors to enable it to continue its valuable work. It would be greatly appreciated if sponsors who normally come to our aid at this time of year would come on board again by sending the usual contribution to the Secretary.

## Cancer Information Night

Dungarvan and District Soroptimists are holding a talk and information night on Cancer. This "Talk" will be held next **Tuesday, March 27th in Lawlors Hotel at 8 p.m.**

**Dr. Seamus O'Reilly**, Oncologist with Waterford Regional Hospital will give a talk on "Cancer" followed by a Question and Answer Session.

This talk and information evening is free of charge and is open to the public.

It is anticipated that there will be a huge interest in this subject and it will be commencing at 8 p.m. sharp. We look forward to a good attendance

## Waterford Tourism Enters Strategic Alliance With Dungarvan Tourism

A new alliance has been formed between Waterford Tourism and Dungarvan Tourism that will see the two tourism promotion bodies combine on a range of projects designed to maximise visitor numbers and expenditure in West Waterford.

The two groups will work together during the 2001 season and in subsequent years. On a day-to-day basis, Dungarvan Tourism will continue to provide information and advice on West Waterford to visitors who come to their tourist office in the town. For its part, Waterford Tourism will provide mar-

keting back up to help draw in an increased number of visitors in the first place. Waterford Tourism is also to plough additional financial resources into tourism promotion in the area with a new staff member to be recruited who will have specific responsibility for liaison with service providers in Dungarvan and West Waterford.

Commenting on the new joint approach, Waterford Tourism Chief Executive Monica Leech said that it would allow the two organisations to work together to the benefit of all those involved in the tourism industry across the county. "There is a very clear logic to this move and I'm delighted that we are going ahead with the new approach. I have been conscious for some time of the great work being done by Dungarvan Tourism in their area and look forward to working closely with their team and the new member of our own crew who will link up with operators in Dungarvan and the West.

"It is generally accepted that West Waterford is something of an undiscovered jewel in terms of tourism. It is an area with some superb attractions from the heritage town of Lismore to the hustle and bustle of Dungarvan, not forgetting the glorious Comeraghs and the historic seaside village of Ardmore. These are just a handful of the excellent reasons for visiting West Waterford and we look forward to sharing these assets with a growing number of high-spending visitors in the years to come."

Echoing the sentiments expressed by Ms Leech, Teresa O'Connor of Dungarvan Tourism commented, "Waterford Tourism has developed an expertise in tourism promotion and marketing since its foundation and we are pleased to be able to tap into this knowledge. Working together, our two organisations can achieve much more for Dungarvan and West Waterford than we could ever do separately. Specific campaigns will be mounted during the course of this joint initiative that will seek to draw in more tourists to our area for short breaks and longer holidays."

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# Meningitis C

*The national immunisation programme launched by the Minister for Health and Children is now well under way*

## PRIMARY SCHOOLCHILDREN

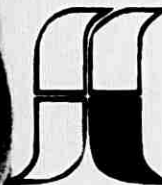
The next age groups being immunised are:

- 5 to 6 year olds
- and most other primary schoolchildren.
- this is taking place between now and the end of June.
- some children will be immunised in schools, others by their GP.
- immunisation is free.
- each Health Board is advising parents by letter about the arrangements in their area

*Pre-school children up to 4 years of age and 15 to 18 year olds have already been offered vaccination in the first phase of the programme.*

*For anyone in these groups not yet immunised, their GP or student health service should be contacted immediately for vaccination.*

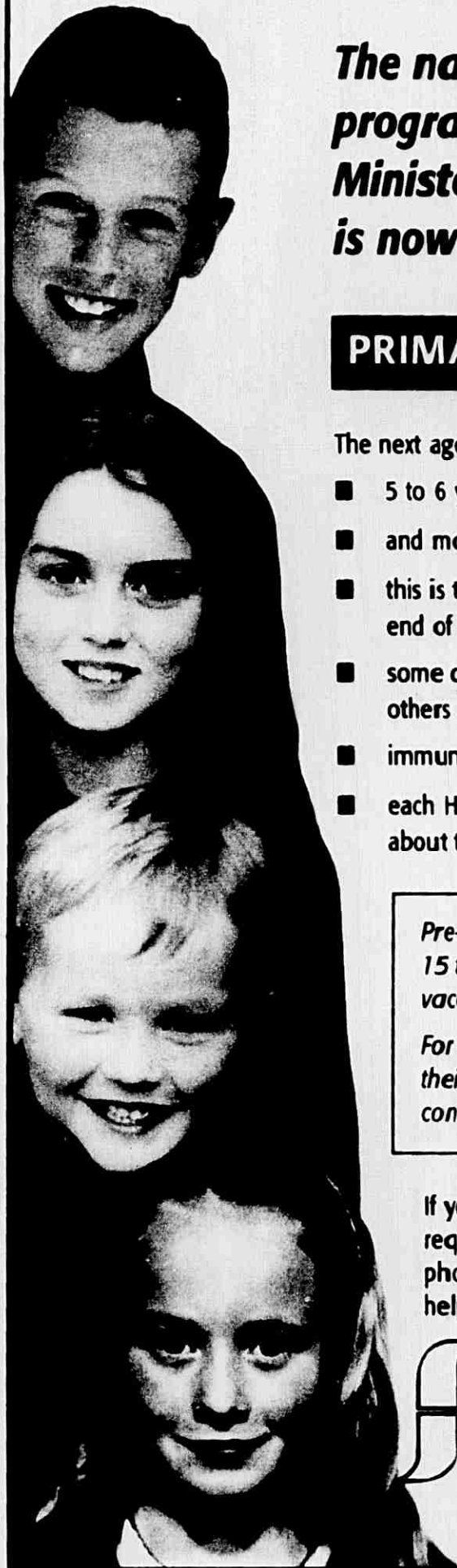
If you have any doubts or require further information, phone your Health Board helpline:



South Eastern  
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1800 49 49 50



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# The Local Employment Service

## BUILDING JOBS FROM WITHIN THE COMMUNITY

The Local Employment Service now in its fourth year has been very successful in obtaining jobs for people in their own localities. This would not have been possible, if it was not for the help of employers in the same areas.

The jobs that have been created over the last few years have come from across the board, from the smallest one-man operation up to and including the multi national organisation.

Working locally where and when it is possible is becoming more and more attractive to employers and the job seekers.

Finding a job on your doorstep is every employees dream as driving for up to three and four hours to and from work is reality for a lot of workers. This means that your ordinary thirty-nine hour week at work can often turn into a fifty-five or sixty hours per week when everything is taken into account.

Transport is another major issue in rural areas, unlike the urban area

where getting to work is easy with a range of different transport available at your fingertips.

On the employer side, recruiting someone locally, especially in the retail busi-

ness can have its rewards as it's always easier to deal with a face you know.

In West Waterford the multi national companies often look favourably towards employing people from the area as it cuts out problems of absenteeism and people being late, due to, for example transport problems, weather condition etc.

The Local Employment Service, under the guidance of Mediator John Supple links in with the local Chamber of Commerce for employer contracts. Using the Chamber database, employers can be updated on a regular basis regarding suitable job seekers in the area. As most employers know, sifting through application forms and sitting through interviews is a time consuming business.

The LES can provide people who are genuinely seeking employment and so are ideally positioned to provide a quality recruitment service to employers.

Any employers interested in this service should contact, John Supple at 058 45750 or 087 6865968 or call to the Local Employment Services main office which is located at 21 Church Street Dungarvan.

# Liam Rossiter Of J. Molloy & Sons Butchers, O'Connell Street, Scoops Chamber's January Customer Care And Service Award

"Fresh, local produce is our speciality, especially with the current worry about foot and mouth and the country's increasing thoughts on health. Knowing where our produce comes from, is all that more important".

This is the just one of the reasons why Liam Rossiter, originally from Abbeyside, is the deserving winner of the Chamber's January Customer Care Awards, sponsored by the Bank of Ireland.

Educated in Abbeyside NS and at the Christian Brothers, Dungarvan, Liam began his career in 1980 in Darrers on a part time basis. In 1996 he joined J. Molloy's and Sons O'Connell Street as manager. With a staff of six Liam runs a "tight ship" and is a perfectionist but a fair and lovely guy to work for that's according to his fellow colleagues. Other achievements for J. Molloy & Sons include a Best Shop Front Award in 1997.

Among the many winning comments that appeared in the nominations received were Liam's friendly smile, his pleasant manner, his willingness, attentiveness and personal touch.

According to Liam, the retention of the traditional butchers shop remains important to the consumer even in this age of convenience. Being creative, giving the customer what he or she wants and meeting consumer needs are just some of the things that Liam likes about his job. Liam continued saying "A friendly and familiar face and one that can be relied on is very im-



Pictured at the presentation of the award were (l to r) Jack Stephenson, Bank Of Ireland, Dungarvan. (Award sponsors) Liam Molloy, award winner and Mario Flavin, President, Dungarvan Chamber of Commerce. (Photo: Sean Byrne)

portant in this business. I pride myself on the service and presentation that we give. Although Molloy's is a traditional butchers, modern and up to date standards apply in the way of hygiene and presentation and all of our produce can be traced. I think that is why people like to shop locally".

Molloy's is a member of the A.C.B.I. (Association of Craft Butchers of Ireland) and supply fresh beef, lamb, pork, bacon and chickens.

They also have a cold meat/salad section providing sandwiches and rolls, hot and cold drinks and locally produced jams, preserves and marinades. If you are looking for someone to cater for that 21st or celebratory party, try J. Molloy's and Sons, O'Connell Street.

The Customer Care and Service Awards are going from strength to strength and Jack Stephenson, Manager of the Bank of Ireland, sponsors of the award stated that

"This award continues to show that the service given to the customer really pays off. If we are to promote Dungarvan as the place to shop, then continuing good service is essential".

Mario Flavin, President of the Chamber of Commerce said "Those business that have received nominations so far should give themselves a pat on the back and continue to maintain the standards that are now being set".



John Supple, West Waterford Local Employment Service and Siobhan McGrath, Executive Officer Dungarvan Chamber of Commerce, discussing employment opportunities for the area.

## Museum Notes

### BOOK SALE

There will be a second-hand book sale held at the Museum at a later stage in the year. If anyone has unwanted books, they can hand them in at the Museum during opening hours. All types of books are welcome.

### DRAW

The winner of the first £100 draw held on Friday 16th March was Gearóid O Cuirrinn, c/o Nicholas Graves. Well done.

### PERSONNEL

The Museum committee wish to engage a person to work in the Museum. Anyone interested and eligible to work on a Fas Scheme are asked to contact the Museum.

### LOCAL PERSONALITIES

#### PROFESSOR ERNEST T.S. WALTON (1903-1995)

Professor Walton was born in 'Epworth Cottage', Strandside South, Abbeyside in October 1903. He was the son of the local Methodist minister, John Arthur Walton. His mother was Ann Elizabeth Sinton, from Tangrene, Co. Armagh. When Ernest was nine, the family moved to Cookstown, Co. Tyrone. He was educated at the Methodist

College, Belfast and later at TCD where he graduated in maths in 1926. A year later he was awarded the prestigious 1851 great Exhibition Overseas Research Scholarship in nuclear research at Lord Rutherford's Cavendish laboratory in Cambridge. Cavendish was a grandson of the 2nd Duke of Devonshire. On 14th April, 1932, he split the atom with Sir John Cockcroft. In recognition of this work they shared the Nobel Prize for Physics in 1951. Ernest Walton was the only Irish scientist ever to receive this honour. In 1934 Walton returned to TCD as a fellow and in 1946 was appointed Erasmus Smith professor of natural and experimental philosophy. After retirement in 1974, he went to live in Belfast but continued to visit and work in the Physics Department of TCD. In November 1989, Professor Walton was given a civic reception in Dungarvan and the new Park in Abbeyside was re-named the 'Walton Causeway Park' in his honour. He died in a Belfast hospital on 25th June, 1995. He was predeceased by his wife in 1983 and survived by two sons and two daughters.



Pictured at the presentation of a certificate in acknowledgement of their outstanding contribution to all Dungarvan Fundraisers and Volunteers, which was accepted by Catherine O'Grady, Chairperson Happy Heart Waterford; from Maureen Mulvihill, Irish Heart Foundation. Also included are Michael O'Riordan, Chairperson Dungarvan Urban District Council; Aine O'Riordan and Rosemary Burns. (photozone)

## Dungarvan Technical College Notes

### FUNDRAISING

A number of fundraising activities are taking place within the school to raise money for charities at home and abroad during the Lenten period. With the assistance of their Religion teacher, Ms Richardson, second years are collecting a mile's worth of pennies, the proceeds of which will be donated to Trócaire. Students are also donating £1 of their pocket money to Trócaire to help children who are sold into slavery.

A raffle was recently held to raise funds to send two 5th year students to Lourdes as youth helpers this summer. This is an annual event which is part of the Waterford Diocesan Pilgrimage and students who take part in the trip always benefit personally from the experience. Mrs. Moira Dunford would like to thank all those who sponsored gifts and who contributed to making the raffle a success.

### GUITAR LESSONS

There has been a huge in-

terest and take-up of guitar lessons within the school, which is a new initiative to increase the number of extra curricular activities provided. At present, 5 groups are receiving lessons and their tutor is delighted with their progress. We eagerly anticipate their contribution to the next school Mass.

### IATI EXAMS

We wish every success to foundation and admission level students in their forthcoming interim exams which will be held shortly.



Sports & Recreation class Students from Dungarvan Technical College who raised £686.70 for the Terry Fox run recently. Pictured at the cheque presentation were seated (l to r.) Antoinette O'Brien, Class Co-Ordinator, Mary Slater, tutor, Maura Shannahan, Irish Conquer Cancer Society and David Lenane. Standing (l. to r.) Maria Celisse, Diane Pratt, Ruari O'Mahony and Michelle Kiely. (Photo: Sean Byrne)

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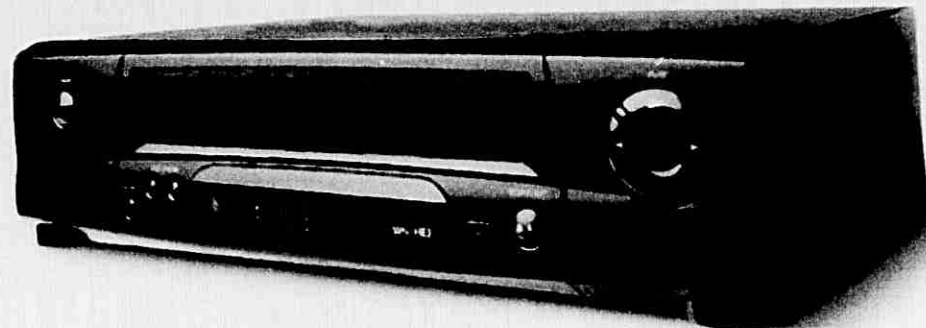
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▲ Pupils of Scoil Mhuire, Abbeyside with Bishop William Lee following Confirmation in Abbeyside Church. Also included are Fr. P. Doherty P.P., Fr. M. Keogh C.C., Fr. William Dee and teachers Finbarr Keohan (Principal), Eddie O'Halloran and Marie Walsh. (Photo: Rory Wyley)

## Dungarvan Adult Education Centre Graduates To New Standards Of Education

Starting as a temporary education centre in the Courthouse, Dungarvan, the Adult Education Centre has gone from strength to strength since its humble beginnings a decade and a half ago.

Located now in their own offices in 24, Lower Main Street, the centre has full time staff as well as voluntary workers who continue in their pursuit of excellence and remain as one of Dungarvan's standard bearers for education in the County.

Beginning with just four students in its original year the centre now deals with between eighty to a hundred people each year and has become a vital part of many people's daily lives whether they hope to gain employment or develop their reading and writing skills.

Many challenges face those without the advantage of a full education. Helen Whelen, Adult Literacy Organiser at the Adult Education Centre, knows this well.

Helen says "Adults without an education feel they

cannot participate fully in society. They may not be able to join local clubs and organisations because they think their lack of reading and writing skills may be found out or they may drop out of these clubs because they are asked to take notes or take down names or addresses. They feel they could not cope with this."

For years, perhaps for most of their lives these adults hide their problems with literacy. So how does the centre treat them differently to other institutions that have left them down in the past?

Helen says "We talk to them about their problems with reading and writing and reassure them that it isn't their fault. They gain a lot of confidence from this and go on to participate more fully in their communities and do

things like note taking that they wouldn't have felt able to do before."

So what does the Adult Education do to help its students? Helen Whelen says they have a wide range of initiatives in place to help its students to succeed.

She says "We do a number of one to one tuition initiatives where we have a volunteer or staff member dealing directly with a student. A student then may graduate to group sessions where they are together with a number of other people who are at a similar stage of development. The student may also do the two classes together if they feel they might be struggling in the group classes. They might then go on to the VTOS programmes."

The Adult Education Centre also actively encourages peo-

ple with good reading and writing skills to join the centre as volunteers.

Helen says "People in the home with good reading and writing skills will hopefully come in here and help on a volunteer basis. They may find they have an aptitude for this kind of work and move on and do further training. They then become involved in other areas of education for adults. The adult education Centre is the first step for them to achieve this goal".

So has the centre been a success?

Helen says "I think the centre has been a success. It has grown and established itself and helps more people with each year to overcome their difficulties. We are always available to help them with the problems that face them. For example parents who want to help their children with their homework. Before they may not have anywhere to turn, but they can find help in the centre to come to terms with their difficulties, whether that is getting ready for the workplace again or improving their self esteem and confidence."

The Dungarvan Adult Education Centre can be the first step for many people in pursuit of a better standard of living whether economically or socially. The Centre aims to help those with educational problems either great or small and will continue to pursue this agenda for many years to come.

**KEVIN KIRRANE**

## Grandson Of Dungarvan Man Makes Video With Michael Jackson

Twenty-one-year-old Matt Fiddes who is a grandson of Dungarvan born former national weight lifting champion, Sean Norris now living in Dunhill has teamed up with international pop star Michael Jackson to make an educational video.

Matt who owns the Matt Fiddes Black Belt Academy in Barnstaple in North Devon was introduced to the superstar by Uri Geller with whom he has made a number of kickboxing fitness videos.

He recently accompanied Michael Jackson to Uri Gellers wedding at Sonning-on-Thames in Berkshire and has also appeared in two separate editions of the number one Martial Arts magazine - Martial Arts Illustrated.

## American Psychologist Information Night

An information night for stammers about the McGuire programme is due to be held in Hotel Kilkenny on Thursday 22nd of March at 8pm.

The McGuire Programme which was developed by Dave McGuire, an American Psychologist, who himself had a severe stammer, is aimed to develop stammers physically, mentally, emotionally and spiritually but does not claim to be a complete cure from stammering.

However by learning the technique involved in the programme it is possible to become an eloquent and confident speaker with only an odd reminder of your stammer.

The technique itself, which was shown on the Late Late Show and Ear to the Ground, is practised by the groups that attend an intensive four day training course taking you through from;

- Videotaping of your introduction to the group.
- Breathing exercises.
- Speech delivery (pause-breath-speak-release)
- Fear reduction technique
- Making presentations to the group
- Dealing with the phone.
- Public speaking on Grafton Street.

The McGuire institute promises that you will be made to work very hard from morning to night during the intensive course.

The first two days and nights are spent drilling the technique and mentality, while on the third day you will learn the fundamentals of public speaking and begin testing your new 'tools' in public. The last day is for reviewing and preparing you for some of the complications of the real world including how to deal with possible relapses.

The main goal of these courses is to help stammers become eloquent speakers rather than simply "non-stammers". However, should you wish to hone your techniques and improve with further courses, the McGuire Institute run an unlimited number of refresher courses.

For a lifetime membership there is a fee of £600 which is due on the second day of the course but should you decide before the second day that the course is not for you then their is no charge. For subsequent intensive courses it is £10 per day to a maximum of £30.

For further details please contact Maree Sweeney at the McGuire Programme Freedom Road Ireland Ltd, PO Box 6578, Dublin

or telephone:- 01-8327956 / 087-2742097

E-mail maree@iol.ie

Website:- www.mcguire.freedomroad.com

## Cappoquin Man Promoted To Corporal

Congratulations to Martin Ormond on his promotion to Corporal in the Defence Forces. Martin is son of Lar and Margaret Ormond, Shanbelly, Cappoquin.





# LIDL IS CHEAPER!

SPECIALS AVAILABLE FROM THURSDAY 22ND MARCH

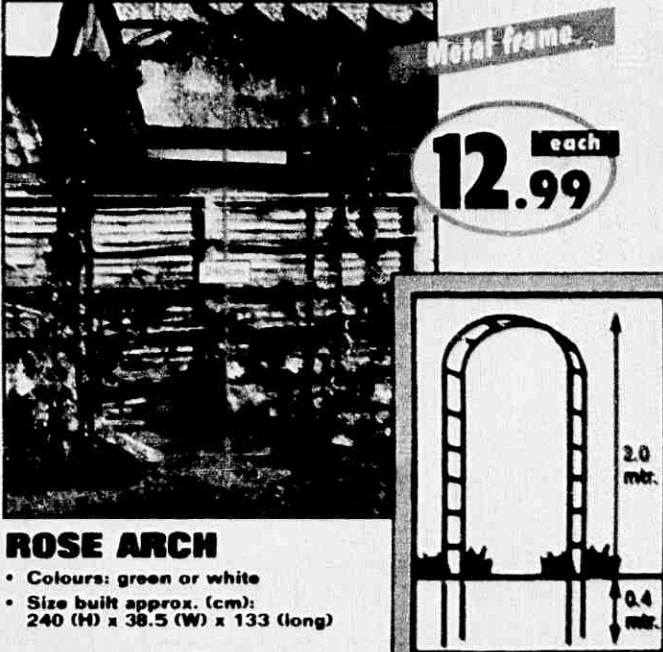


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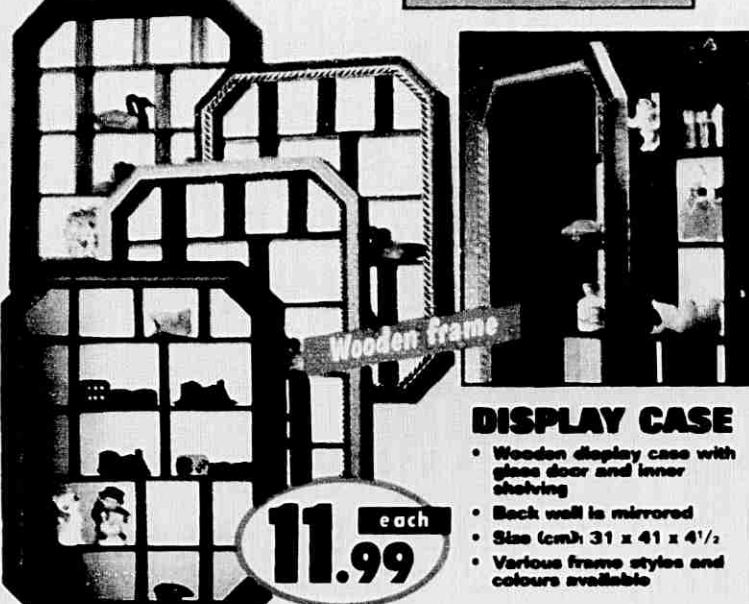


**ROSE ARCH**

- Colours: green or white
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- Size (cm): 31 x 41 x 4 1/2
- Various frame styles and colours available

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- Approx. 90° swivel function
- Contents include: 4 textile samples, 4 animal hairs, 4-coloured filter, test bottles, tweezers, cultivation dish, petri dish, slicer plus covers, adhesive labels, protective padding, slides with storage cases
- Size (mm): 235 x 74 x 122

67 part set  
**19.99** per set

Zoom magnification from 50x-1200x

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£1.27 per 100g  
**3.19** 250g

**Children's Easter Bag**  
71.6p per 100g  
**1.29** 180g

**Easter Chocolate Lollies**  
86p per 100g  
**1.29** 150g

**Cream Filled Chocolate Eggs**  
59.3p per 100g  
**89p** 150g

**Marzipan Eggs**  
**89p** 100g



**SPECIALS — WHILE STOCKS LAST**

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**Chinese Mint Oil**  
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# Horoscopes with Ali

This week's horoscopes are provided by Ali, one of Ireland's most gifted mystics.

For a more complete reading dial the 1550 number listed beside each star sign.



## ARIES Mar 21 to April 20

A recent clear out has helped you to organise things and given you time to think about current choices. You are in a position to get exactly what you are looking for but it is up to you to take a chance. Remember too that time waits for no man. Someone is a bit moody, reacting rather than responding. A loving gesture from you will help. Telephone 1550-920-257 for more on love and luck, work and money. ☎ 1550-920-257



## TAURUS April 21 to May 21

You have forged ahead with plans but now you have to pay for them all! Take a long hard look at your budget to see where you can get a better deal for your money. You are feeling very restless. You know life has more to offer and you want a piece of the action. Take a chance and trust your instincts. It is time for a bit of adventure. Curious to know more? Then telephone 1550-920-258 for a detailed astrological analysis. ☎ 1550-920-258



## GEMINI May 22 to Jun 21

Confusion reigns as love pulls you in opposite directions. You have been a bit uncertain about how a professional relationship is developing. Go with the flow for the time being. You might have to take the initiative later. Swallow your pride and recent emotional traumas will disappear. Finances improve but delay large scale purchases. Interested in knowing more? Then telephone 1550-920-259 for a full astrological assessment. ☎ 1550-920-259



## CANCER Jun 22 to July 22

This week things occur which make action inevitable. Use your energy wisely and you will be able to harness the wilder side of your nature and put it to good use. A happier note enters your love life. Your dreams are powerful promptings from your subconscious mind. You are receiving advice and encouragement from a trusted friend. Nip a family squabble or problem in the bud. Telephone 1550-920-260 for further insights. ☎ 1550-920-260



## LEO Jul 23 to Aug 22

Your focus is on inner concerns and you are in a contemplative mood. Give details their proper due. Otherwise, things will get out of hand. You are in a serious frame of mind this week and in the mood to do a lot of hard work. Enjoy success in your undertakings but take care that you don't push beyond your limits which would only result in later setbacks. Telephone 1550-920-261 for more celestial news and views. ☎ 1550-920-261



## VIRGO Aug 22 to Sept 22

You may be inclined to extravagant spending this week. Clear thinking and the co-operation of others will bring you success at work. Don't overdo after dark. You are tempted to burn that candle at both ends. Your intuition is a powerful factor in business matters. You will need to be wary of proposals which make little if any sense. Don't waste time arguing with an opinionated type. Telephone 1550-920-262 for details. ☎ 1550-920-262



## LIBRA Sep 23 to Oct 23

You will soon hear from a long-lost acquaintance. Before you speak, collect your thoughts. You may be held to your word. Mix-ups and problems in communication are likely to occur this week. Don't dwell on a past disappointment. Long buried secrets and grudges can finally be put away. Social plans may be subject to change. Telephone 1550-920-263 for more on love and luck, work and money. ☎ 1550-920-263



## SCORPIO Sep 23 to Oct 23

Know what you are doing before starting a do-it-yourself project. It could be more difficult than anticipated. You may not make as much progress as you would like at work this week, however business and pleasure mix favourably. Someone wants you to get in touch. Resist being victimised by selfish associates. Learn to say "no" and mean it! Learn what I have to say by telephoning 1550-920-264 for a detailed update. ☎ 1550-920-264



## SAGITTARIUS Nov 22 to Dec 20

Your energies are a bit scattered this week. Focus on doing one thing at a time. Concerned about a private matter? You will find that a problem shared is a problem halved. Someone is ready to listen. You will be in a mood to celebrate after dark but you are inclined to burn that candle at both ends. Home is where the heart is. Shower loved ones with compliments and kisses. Telephone 1550-920-265 for details. ☎ 1550-920-265



## CAPRICORN Dec 21 to Jan 20

You are impressive, not just because of your efforts but because you take everything in your stride. This is a time for performing a juggling act. Be practical and down to earth, especially regarding business concerns. Collaborative efforts are favoured during this week when two heads are better than one. Curb the desire to criticise a loved one's behaviour. Telephone 1550-920-266 for details. ☎ 1550-920-266



## AQUARIUS Jan 21 to Feb 19

You are on a roll where money matters are concerned. Continue to make hay while the sun shines. Someone may try to impose upon you. Be assertive. Make important purchases after lots of careful price comparison. Your engaging personality helps you win others over this week. Mixing business with pleasure works to your advantage. A plum assignment could come your way. Telephone 1550-920-267 for further insights. ☎ 1550-920-267



## PISCES Feb 20 to March 20

Be wary of crafty types in financial dealings. Not everyone is to be trusted. You will need to balance work and play and responsibilities may take precedence over socialising this week. That said, offset worrying about problems with some relaxing activities. Do what you can to relieve stress. Listen to soulful music or practice meditation. Telephone 1550-920-268 for more on love and luck, work and money. ☎ 1550-920-268

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# Divine Dahlias

DAHLIAS are beautiful plants which flower in every colour under the sun - except blue.

The dahlia has 30 species, but well over 20,000 cultivars. They are tuberous-rooted perennials from the mountainous areas of Mexico and Central America. They have mid to dark green leaves, long, usually pinnate and toothed, but they are grown for their flowerheads and cultivated in a variety of forms.

They flower from mid-summer through to autumn, and are very susceptible to the cold.

Dahlias are informally divided into types - tall growing "border" and low growing "bedding". All are good for display and cutting.

Dahlias do very well if sown in the third week of February to be put in a greenhouse. They germinate in a temperature of 13 to 16°C (55 to 60°F). Use a peat based seed compost in clean seed boxes or trays. Prepare the trays the day before you sow the seeds, give the soil a thorough watering and drain.

Sow the seeds thinly and evenly, cover lightly with soil and place a sheet of glass over each tray then cover the lot with brown paper. Watering should be done either from a can with a fine rose or by holding the pan almost to its rim in a tub of water.

If you do not have a greenhouse, you can sow in the third week of March on a frame in a sheltered place with soil-warming cables in-

stalled. Seeds can be sown directly in the frame or from boxes or trays. The latter makes handling easier later on.

If you are unable to start dahlias in a greenhouse or heated frame, then you can do so in the third week of April on an unheated frame. Arrange close together and cover lightly in soil. Water moderately but increase supplies as growth commences. Cover the frame every night with sacks and remove them in the morning.

Dahlias introduced into the greenhouse in the third week of February should start making a growth by the third week of March, so you can obtain the first batch of cuttings. Sever roots just above the tuber, when they are about 5cm (2in) long, leaving a tiny stump still attached. This stump will send out two or three new shoots which in turn can be taken as cuttings. Prepare the cuttings by trimming just below a joint, remove lower leaves and insert 2cm deep in sandy soil in a propagating case at 16 to 21°C (60 to 70°F). Water freely. Take cuttings as they become available. Dahlia cuttings should be potted in April, directly they are rooted. They should be potted in 8cm pots, unless you inserted them singly previously in which case no move is needed.

During early May, bedding plants in frames must be given as much ventilation as possible, but still do not expose them to any frost. It is



advisable to do this up until the end of May. If the weather appears settled, plant out dahlias from frames or greenhouses in the first week of June. Plant with a trowel, giving the roots plenty of room and firm the soil around them. Water liberally if the soil is dry.

If for exhibition, dahlias must be thinned out in July. Good strong plants of the large flowered variety must carry three stems and no more. Remove

others, keeping only the sturdiest. If grown only for garden decoration, they can be left to grow naturally. All will benefit from liberal soakings with weak liquid manure every few days.

Throughout July and August, remove dead flowers.

Plants that have been growing out of doors must be lifted to frost-proof quarters in October just as soon as their foliage is blackened by frost. Cut off dead growth and store for winter.

# This Week In The Garden

## PRUNE FLOWERING SHRUBS AND CLEMATIS

Flowering shrubs such as: hydrangea paniculata, spiraea japonica, SS douglasii, menziesii, salicifolia, holodiscus discolor ariafolius, sorbaria aitchisonii, SS arborea, SS sorbifolia, tomentosa, tamarix pentandra, hypericum moserianum, willow trees and cornus alba - need to be pruned now.

Stems made last year should be cut right back to within one or two joints of older wood. With some larger specimens, a few longer branches could be left at three-quarters length to make up the main framework of the plant.

## POT ANNUALS FOR THE GREENHOUSE

If you were able to sow annuals in September for flowering in the greenhouse in the spring it is now time to pot them in 13cm to 15cm pots. According to the growth they have made, pot them in a suitable container using decent potting compost and stand the plants close to the glass to encourage sturdy growth.

## SOW BROAD BEANS UNDER GLASS

Sow broad beans in boxes or pots this week - but do not scatter the seeds haphazardly. Set them out 5cm away from each other in all directions and cover them with about 2cm of soil. Germinate in a well heated greenhouse or frame and protect from the frost.

## SOW LETTUICES, CULINARY PEAS AND CAULIFLOWERS

If you want to have lettuces to hand very early this year make a planting of the cabbage variety this week. Plant the seeds in boxes and place in a warm greenhouse to germinate. Keep the temperature steady at around 13C.

You can also sow culinary peas - sow and germinate in the same way as the lettuces.

Cauliflowers should be grown in a greenhouse of around 13C to 16C. Sow them as thinly as possible in very shallow holes.

SHOP AT

**DARRERS STORES**

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now only**£2.99** per lb.**Sides of Smoked Salmon**  
**£4.99** each**Legs of Lamb**  
from  
**£11.99** each

## The Scribblings Of A Country Market Lady

I take a quick last drink from my cup of tea then I stand bravely to "man" the barricades. The door opens, the throng pour in and immediately the tussle begins. Where am I? At a football match? A shop at sale time? No, I'm a member of the Country Market, it is the height of the summer and it's opening time. Our regular customers and holiday makers rush to get their flowers,

there is a rugby scrum around the eggs and a dignified scuffle in the brown bread area. After 10 minutes everything becomes more civilised and producers and customers alike can chat and exchange stories.

People nowadays often feel rushed and under pressure. They have less time to do

their own baking and shopping is a chore. The Country Market is a place they can go to get home baking, jams, vegetables etc. and have a chat with friends at the same time.

Country Market have been in Dungarvan for over 40 years. We are making a scrap book of Country Market history in the town, if you have any stories please contact the secretary at the Market.

### Message From Waterford IFA Co. Chairman On Foot and Mouth Crisis

Speaking about the current Foot and Mouth crisis, Waterford IFA County Chairman Gerald Curran has expressed his sincere thanks to all those in County Waterford who have gone to great lengths to protect their community from this disease.

Mr. Curran said "Protecting the National herd against Foot and Mouth Disease is vital for the livelihoods of farmers and the future of Ireland's £5 billion agriculture and food industry. The non-farming community have shown great understanding during this period and their contribution has been vital".

The Waterford IFA County Chairman called on the entire community to keep up the good work while the number of cases of Foot and Mouth in Britain continues to grow and this emergency period continues. He called on farmers to continue to be vigilant at all times to the risk from FMD, to report any concerns immediately to the local District Veterinary Office and to observe the Department of Agriculture's precautions and guidelines on movement restriction.

Mr. Curran concluded by saying that the IFA local offices will continue to offer up to date advice and information, and there is also a special area on the IFA website [www.ifa.ie](http://www.ifa.ie) dedicated to the Foot and Mouth crisis.



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# FLASHBACK IN TIME



The "Flashback In Time" photo this week was taken about fifteen years ago and shows the members of Finnisk Comhaltas Ceoltoiri at that time. Group shows: Michelle O'Brien, Helena Power, Eleanor O'Brien, Cyril Stack, Regina Ryan, John Stack; 2nd row: Thomas Power, Kenneth Stack, Catherine O'Brien, Aidan Mernin; 3rd row: James Mernin, Ann O'Brien, Olivia Meagher, Sinead McCarthy, Catherine O'Mahoney, Helena Scanlan, Bridget O'Brien; back row: John Ryan, Kathleen O'Mahoney, Michael O'Brien, Eugene Flanagan (R.I.P.), Bobby Gardiner, Noreen, Michael Stack, Marian Cliffe, Mary McCarthy.

## MONEYMATTERS

### Money Lending and the Consumer Credit Act

If moneylenders wish to operate legally they must apply to the Director of Consumer Affairs each year for a licence. This licence may be refused on several grounds including charging excessive interest rates. The Consumer Credit Act governs the provision of money lending. The following are the main provisions of the Act:

Money lending agreements and repayment books must contain comprehensive information about charges, repayments and interest rates. If the agreement does not contain these details it may be unenforceable. It must also have the words "Money Lending Agreement" in a prominent position on the agreement.

The loan agreement must be a separate document from the loan itself. There is a 10-day cooling off period to allow the borrower to change his/her mind. It is advisable that the borrower does not sign away their right to do this. If information about this cooling off period is not provided the loan

is unenforceable.

The loan must be advanced in full. Previous to this Act, Moneylenders could "top up" loans whereby part of a new loan is used to pay off an existing loan.

The moneylender may not write to you at your place of employment about the debt and cannot telephone or visit you at work without your consent.

Moneylenders may not charge for any costs incidental to the loan apart from collection charges.

If you are experiencing difficulties about a money lending agreement, call into your local MABS office, which will be able to help you in a Confidential and Independent way.

*Money Advice & Budgeting Service is based at Civic Offices, Davitts Quay, Dungarvan (Tel. 058-44922) and provides a service throughout the West Waterford area. It is part of the national MABS Service and is free, confidential and independent. Visit our web site at [www.mabs.ie](http://www.mabs.ie)*

### Letter to the Editor

## Cystic Fibrosis Collection

Dear Editor

The local branch of the Cystic Fibrosis Association of Ireland wishes to extend a sincere thank you to everybody who contributed so generously to our recent collection. It would not have been possible without our collectors who gave so generously of their time, we are very grateful. Thank you also to the local businesses and Priests who facilitated our collection.

Over 900 people in Ireland suffer from Cystic Fibrosis - it is the most common inherited, life threatening genetic disease. Cystic Fibrosis affects the glands, damaging many organs including the lungs and pancreas. While, as yet there is no cure for the disease, major progress has been made in the treatment of the disease and a cure may not be far away! Your generosity in our collection will enable more money to go to research to find a cure.

1 Meadowlands,  
Abbeyside, Dungarvan,



Presentations were made to Geraldine Kennedy and Damien Byrne who took part in the Dublin City Marathon on behalf of the Dungarvan/Tipperary South Branch of Multiple Sclerosis. Pictured (l. to r.) Esther Butler, treasurer, Geraldine Kennedy, Damien Byrne, Richie Pratt, Chairman and John S. Shehan, branch secretary. (Rory Wyley)

# Dungarvan Youthreach

Kathleen Condon and Brid Johnson took a group of young people on an outing to Lismore to see Lismore Dramatic Society perform My Fair Lady. An excellent performance which was thoroughly enjoyed by teachers and pupils.

Important News for next School Year 2001-2002

On September next Youthreach will be introducing for the first time L.C.A. (Leaving Cert Applied) Year 2. There will be no year 1 L.C.A. next year. In September 2002 Year 1 L.C.A. will take place again followed on in 2003 by L.C.A. Year 2.

Plans for next year include introducing an Interior Decorating Course and a language - possibly Spanish.

Youthreach are presently engaged in talks with a new Enterprise Group. If these talks are successful, unfinished product will be brought into the school and young people will work on finishing the product. If this succeeds it will be of tremendous benefit to the young people involved and will equip them with skills necessary for future employment.

The N.C.V.A. awards night on which students who have successfully completed the course will receive their certificates is currently being organised.

Tony Tutty (Woodwork Teacher) is finding his newly acquired Laith very popular and the new multi cut machine is in constant use. Tony is awaiting a flip over saw which will be a great addition to his classroom.

Caroline Kirk's Computer Class has moved on to Level 1 and are working well and enjoying the challenge.

Unfortunately because of the Foot and Mouth scare the Trade Fair in Blarney has been cancelled. The students intended having a stall at the Fair to show their Easter and Mother Day cards. Coordinator Siobhan De Faoite, teachers and students have worked very hard on preparing for the Fair and although very disappointed we understand the reasons for cancelling the Trade Fair.

Youthreach would like to send best wishes to the following students who have moved on to the work place. Michelle Kiely who is enjoying her work, James Cawley who hopes to start his butcher apprenticeship in the near future and Janette Moore who recently started work placement.

Summer Trip to Oakwood - Don't forget, saving scheme is open.

## Deputy Deasy Raises Matter Of Queuing Times At Dungarvan Post Office

Mr. Austin Deasy Fine Gael TD for Waterford has raised the matter of customers of An Post having to queue outside Dungarvan Post Office and the speed of service to customers with AN Post Chief Executive Mr. Hynes.

Mr. Hynes, replied that "Our speed of service monitoring at Dungarvan Post office shows that, on average, queuing times generally conform to acceptable standards. As regards our customers having to queue outside the office this generally only occurs before the office opens for business and we intend to erect a canopy at the front of the building in the coming months."

With regard to the relocation of the Abbeyside Post Office Mr. Hynes said "The adjacent Post Office at Abbeyside is shortly due to relocate to new premises. It is expected that this relocation will substantially reduce the demand on Dungarvan Post Office and, thereby, the speed of service to customers."

building in the coming months."



## Exploration Rights In Celtic Sea

During a Dail debate on February 8th Deputy Austin Deasy raised a parliamentary question with the Minister for the Marine and Natural Resources Mr. Frank Fahey with regard to exploration rights in the Celtic Sea, apart from Helvick, held by Providence Resources.

The minister replied that "three licensing options held by Providence have now expired. The most recent of these Options was over part-blocks 50/6 and 50/7 and this expired on 31 January 2001. The two other Options, one over part-blocks 49/13, 49/14, 49/18 and 49/19 and the other over block 50/11, expired some time ago and applications by Providence for Lease undertakings over these areas were under consideration.

The Minister goes on to say "the fact that Helvick cannot be made commercial has resulted in Providence reviewing its plans for the Celtic Sea as a whole and conducting a strategic appraisal of a number of business development options and discussions in that regard with my Department are ongoing. As Providence do not in fact hold any authorisations at present, the question of a timescale to carry out exploration does not arise at this stage."



Ard Scoil student on her way to the National Final of the Soroptomist Public Speaking Competition. Photo shows (l. to r.) Eibhlín Power (teacher), Jessica Kelly, winner of the Regional Final of the Soroptomist International Public Speaking Competition, Margaret O'Brien (principal), Evelyn Simons (teacher). (Photo: Pat Crowley)

**DUNGARVAN  
DRAMATIC CLUB**

PRESENTS

**“Philadelphia,  
Here I Come”**

The Club is now in the final stages of rehearsal for our forthcoming production of “Philadelphia, Here I Come” by Brian Friel which will run from March 27th - 29th in The Park Hotel, subject to any new developments in the Foot and Mouth issue.

The club continues to take advice re this issue and was relieved to hear Minister Walsh's relaxation of restrictions announced last Friday 16th March. Cancellation of the run if deemed necessary will be publicised immediately.

Due to the level of interest shown in this production by local shops, we have decided to extend the run, relocating to the Junior Hall, Ard Scoil na nDeise for a further two nights. We will now perform on Monday April 2nd and Tuesday April 3rd at 8.00 pm at a special rate of £4. Contact Ray at (086) 3130482 for booking information.



Padraigin Kiely who plays Madge and Ray Bradford who plays Gar Public in Dungarvan Dramatic Club's forthcoming production of “Philadelphia Here I Come.”

**ORMONDE CINEMA DUNGARVAN**

TEL 058 41021

AERTEL P 317 RTE 1

FILM PROGRAMME FROM FRIDAY MARCH 23 - MARCH 29 2001

**THE WATCHER**

(15) 98 MINS. NIGHTLY 8.00 LATE SHOW FRI 10.30

**HANNIBAL**

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**ADVENTURES OF ROCKY & BULLWINKLE**

(G) 92 MINS. SAT SUN. 3.00

**POKEMON 2000**

(PG) 100 MINS. SAT. SUN. 3.00

www.ormondecinemadungarvan.net

**Dungarvan United AFC -  
Dungarvan Youth Club Fundraising Committee  
Proudly Present  
MISS DUNGARVAN 2001**

The Dungarvan Soccer Club - Dungarvan Youth Club Fundraising Committee will this year hold the Miss Dungarvan 2001 competition in the Park Hotel on Thursday, 19th April. It will be sponsored by Bank of Ireland, Dungarvan.

Industries, clubs, bars and shops are being notified of this and we ask you for your

support and participation with this venture. Individual entries will also be accepted. We would like you to nominate someone whom you think is worthy to represent you and your area. Single girls only are eligible for this competition and must be at least eighteen years of age.

The lucky girl to be

crowned Miss Dungarvan 2001 will receive £200 plus a piece of Waterford Crystal. She will also be presented with the Miss Dungarvan perpetual trophy. In addition to these fabulous prizes, the winner will also represent Dungarvan in the Waterford area final of the Rose of Tralee 2001. First and Second runners-up will also receive a piece of Waterford Crystal.

The entry form should be completed and returned by Friday, 23rd March to any of the following:-

Theresa Wright, 3 Con-

gress Villas Dungarvan Tel: 058-43180; Pat Keane, Glendine Drive Abbeyside Tel: 058-42989; Brigid Duggan, 35 Comeragh Crescent Dungarvan Tel: 058-44493 or Triona Quinn, Youth Resource Centre Friary St, Dungarvan Tel: 058-41698.

Entry forms can also be had and returned to:- Signet Fashion's, Main St; Matt Connolly Cosmetics & Fragrances, Main St, or New Image's Hair Salon, O'Connell St., Dungarvan. In an effort to secure serious nominations there is an entry fee of £20.

**WANT TO TALK TO WATERFORD!**



**Talk to WLRfm**

The latest JNL R listenership figures show that each day in Waterford more adults listen to WLRfm than to any other station

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WLR FM	56%
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WLR FM	49%
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If you want to get your message across call WLRfm on. 051 877592



**We're tuned in.**

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Source JNLR Jan-Dec 2000

**21st West Waterford  
Drama Festival Gets The  
Go-Ahead After Foot  
And Mouth Restrictions  
Are Eased**

The 21st West Waterford Drama Festival has been re-scheduled for the 2nd to the 10th of April, following the easing of restrictions by the Department of Agriculture on the holding of social events. The Festival Committee cancelled the original festival at the onset of the crisis.

Such is the popularity of the Festival among visiting groups, the re-scheduling had not affected their enthusiasm to attend. As a result, nine groups will thread the boards during the festival, providing us with nine nights of quality drama. Full details of the line-up will be available in the press during the coming weeks.

The committee will take full cognisance of all the recommended precautions against Foot and Mouth during what is hoped to be a very enjoyable and successful week. Bookings from March 26th at 058-60456.

**RADLEYS LOUNGE BAR**  
 ABBEYSIDE · DUNGARVAN · Tel (058) 42208


HOME COOKED LUNCHES  
 MON-SAT  
 12 NOON TO 2.30 P.M.



Friday March 23rd —  
**STUDIO 80**  
 Saturday March 24th—  
**CHEERS**

Coming Attraction:  
 March 31st — FOGGY DEW

**LISMORE HOTEL**



Saturday March 24th — FOLKLORE  
 Sunday March 25th — REMIX

**JR'S NITE CLUB**

Saturday — DISCO 12.00 - 2.30 a.m.  
 Strictly over 18's — AGE CARD REQUIRED  
 CARVERY LUNCHES SERVED DAILY  
 12.30 - 3 p.m.  
 Bookings now being taken for  
 Mothers Day, March 25th

**THE SPORTSMAN BAR**  
 CAPPOQUIN

This Saturday —  
 Playing in the Bar . . .

**GRASS MARGIN**

Coming Attraction: Saturday April 14  
 Playing Live in the Bar  
**Jim McCann**

**SHANDON ARMS**  
 DUNGARVAN

Saturday March 24th —  
**MONTANA**  
 Sunday 25th — **MR. DJ**

*Notaí an t-Sean Phobail*

**FÁILTE**  
 Belated welcome back to Mary Wade who has returned to the Sean Phobail from the sunnier climes of Australia.  
 Tá súil againn nach bhfuil sé ró-fhuar duit.

**BAG PACK**  
 The Lickey Valley Concern Group are extremely grateful

to all who contributed to the Bag Pack in Garvey's Super Value last week.

**WELL DONE**  
 Well done to Jim O Muirfosa. Móin a' Giuise on his fine achievement in securing third place for recitation, U-6 at Feis Maitiú in Cork.  
 Maith a bhuachaill, Jim.

**ANGLERS REST**  
 BALLYDUFF

Sunday 25th March —  
 The fantastic

**PACIFIC BLUE**

COMING ATTRACTION  
 Friday March 30th —  
 MAJOR POOL TOURNAMENT  
 PRIZEMONEY £200.  
 Details Phone 058-60177

**An Linn Buidhe**  
 Restaurant  
 Baile na nGall, An Rinn  
 (Beside Spar Foodstore) Guthan 058-46010

Opening Hours: Mon.-Sun. 9 a.m. - 6.30 p.m.

**MOTHERS DAY**  
 Sunday 25th March  
**4 Course Lunch Special £9.95**  
 Kiddies Menu Available  
 Phone in your Takeaway Lunch  
 Lunches served daily from 12.30 p.m. - 2.30 p.m.

**BRIDGIE TERRIES**  
 KILLINEEN, THE PIKE, DUNGARVAN



Wednesday March 21 —Cards  
 in aid of Garranbane School

Friday March 23 —  
**POKER CLASSIC**  
 STARTS AT 9.30 P.M.

Saturday March 24 —  
**THE WRANGLER BROTHERS**  
 BOOKINGS NOW BEING TAKEN FOR  
 MOTHER'S DAY,  
 CONFIRMATION & COMMUNIONS

**Davitts**  
 THE QUAYS, DUNGARVAN — Tel. 058-44900

**BAR RESTAURANT & NITE CLUB**



Live This Thursday  
**BRUSH SHIELDS & HIS BAND**  
 No. 1 hits including "The Fields Of Athenery" + NITE CLUB

Friday —  
**HIT & MIX CLUB**  
 "Hits Down Thru The Ages"

Saturday —  
 ★ 2 Nite Clubs ★ 2 Dance Floors ★ 4 Bars  
 ★ The One and Only Great Nite Spot ★  
**DAVITT'S** on Saturday Nite

SUNDAY —  
*Classic Hits From A Classic Era*  
 All the hits from your past

**DAVITT'S RESTAURANT**  
 Open 6 - 10 — 7 Nites plus Sunday Lunch  
 Mexican, Italian, Chinese, Steak & Seafood available  
 The menu with something for everyones tastes

**BAR LUNCHES**  
 Monday to Saturday 12 - 2.30

**COMING SOON**  
 Thursday, March 29th — The Ultimate Tribute  
**"LIGHTING STRIKES"**  
 8 different bands in one nite including Madonna, Meatloaf, Cher, Tina Turner, Bay City Rollers and More! A Nite Not To Be Missed

August 6th — **THE WOLFE TONES**  
 GET YOUR TICKETS NOW!

**NOTICE**  
 Due to renovations Davitt's Restaurant will be closed Monday and Tuesday, March 26 and 27. Bar will operate as usual. Apologies for any inconvenience caused

*Dungarvan Dramatic Club* presents

**"Philadelphia, Here I Come"**  
 by Brian Friel

At The Park Hotel, Dungarvan  
 Tuesday, March 27th, Wednesday, March 28th  
 Thursday, March 29th

At 8.00 p.m. nightly Admission £5  
 Booking: The Park Hotel 058 42899

Two additional performances to cater for school audiences will be held in  
**The Junior Hall, Ard Scoil na nDeise** on  
 Monday, April 2nd and Tuesday, April 3rd at 8 p.m.  
 Admission £4 Contact Ray 086 3130482

# THE ROBBING OF INNOCENCE

The only basis for living is believing in life. As I sat here planning on a joyous upbeat Spring article, alarming reports force me to change my theme to writing about the horrific slaughter of childhood innocence by predators of sexual abuse. Recently I was asked by a victim "does the pain ever go away?" The pain cannot be scrubbed away nor buried six feet under so victims traumatised often try to deny it. In attempting to suppress feelings sadly many try to control their feelings with guilt, shame and self abuse.

People who suffer childhood trauma in their early developmental years may or may not remember what happened but these traumas have a direct influence on how they live their future lives. In adulthood, these people suffer anxiety attacks, obsessive-compulsive behaviour, depression, addiction problems such as substance abuse or engage in abusive addictive relationships when exposed to certain stimuli. In relationships they will try to regain the control lost in childhood and behave with perfectionist tendencies or go through life malingering in chronic illnesses. As parents they over-protect or become permissive, vowing to give their children everything they were denied. Others may try to recapture their lost childhood through their children.

These victims are conditioned to feel it's not O.K. to have needs and feelings. In order to be approved they learn quickly to please, be good, stay out of the way, shut up and think like an adult. Real childhood experiences are not allowed, they cannot be vulnerable or spontaneous. This conditioning deprives children of identity formation. Many children learn from this that they are bad and so they act out because of a lack of security and then externalise their parents' denied hidden feelings. If parents are unable to deal with their own internalised feelings children in turn learn to bury their feelings and later on this develops into self-hate, dissociation and isolation. This causes a rift between the real self and the injured, shame-based self.

## HEALTHY DEVELOPMENT

In normal development as children grow and develop they learn how to sift through the real and make-believe. They do this through having the ability and sense of self to ask questions such as "where do babies come from?", "when Grandpa died where did he go?" but children growing up in trauma and dysfunction don't explore like that. They are exposed to fear, shame and pain and they absorb further shock and traumas with conditioned defences. They have an external crust that allows them take further painful situations in their stride.

In order to develop healthily children must have a sound basic trust in the security of their family and environment which is paramount to a sense of positive identity and self esteem. When children can experience emotions with spontaneity and vigour with no fear of abandonment, abuse or shame they have a capacity to be themselves. When parents exhibit unconditional love children develop a sense of security fostered by the continuance of this love. This security becomes imprinted on the child's mind and even when the parents are absent the child feels safe. Children internalise this positive sense and this is the cornerstone of a child's sense of self esteem and worth. This allows a child the opportunity to accept the disappointments and frustrations of life. The parents' positive force teaches the child self discipline and self control and further enhances their sense of worth and esteem. When a child experiences encouragement he becomes confident, giving him the courage to take further risks.

## SHAME-BASED FAMILIES

However in families where this autonomy is absent or denied children are unable to resolve the ups and downs of everyday life. Sadly those who experience put-downs and criticisms become critical of themselves and deny their needs. Fearful and anxious parents teach their children to be fearful and some children compensate for this by engaging in overly risky behaviour. Many children of such environments in adulthood live out their internalised identities as a tough "bad apple," "you're a bastard." After all throughout their young life they have memorised the many negative mantras ranted by parents so now in adulthood they must become what their parents saw in them. A further sad spin-off from this is that as they have internalised being bad they believe they will get the punishment they deserve. These parental reflections are lived out time and time again. You see for children of trauma to drop their defences could expose them to their reality - that of a frightened child.

Anna Freud in her work "The Ego and the Mechanism of Defence" stated that the ego's defence system acts as a protection against traumatisation. She went on to say "a phobic individual who is forced to meet the object of his fear or anxiety instead of avoiding it is force undefended into a traumatic situation and breaks down in panic."

## SCHOOL

Children growing up in abusive homes become further victims to teasing and taunting when they move outside the home or go to school. For these children there is an acute conflict between the desire to be loved by the parents and the shame they feel inside. If children sense the parents are suffering from low self esteem and are denying the experiencing of feelings the child may become guilty and in identifying with the parents, play down his own sense of success.

Many children experience the powerlessness of a learning difficulty such as dyslexia. In school their teacher may not pick up on this. The child suffers ridicule by being called lazy or stupid. These teachers pass on their remarks to parents and so the child is further criticised or ridiculed. This labelling is internalised by the child which causes more behavioural problems and depression. However I must add that most schools have competent perceptual screenings and testings.

## VALIDATION OF EVENTS

With children it is vitally important to acknowledge and validate feelings and happenings. Many women who have been victims of sexual abuse have told me that their failure to be believed was more painful and devastating than the actual assault. This is true also when there is a death in the family. Children who have experienced the loss through death, of a parent or sibling, sometimes have their feelings denied, ignored or invalidated. In fact in many such instances the deceased, out of family fear, is never a topic of discussion again. This type of emotional withdrawal leads to further problems. With the loss of a sibling, clinging to the dead brother or sister is the only way some children can actually validate themselves. The sociologist, Bob Berkus, wrote "Grief makes no comparisons or judgments nor has it any understanding or degree." I have experienced death first hand in the death of my first wife and more recently in the death of my son. In both situations I and the children acknowledged the grief and loss and this process, though painful, was a necessary first step in living without our loved ones.

When children grow up forced to adapt to the parents' needs rather than the other way round the consequences are detrimental. Alice Miller wrote in 1981 "The impossibility of consciously experiencing feelings of his own either in childhood or later in adulthood is a direct result of having to adapt to the parents' needs."

## STAGES OF EMOTIONAL DEVELOPMENT

In the growing up stages the child moves from "I am," that is total dependence without boundaries to "Who I am," an individual separate from parents. If parents are emotionally healthy they help their children to learn trust. When children feel they belong unconditionally they feel loved, wanted and approved and they internalise everything the parents do with them from a loving look to loving strokes. This allows the children to love themselves. Eric Erickson declared that in the early months of infancy children learn basic trust and this trust develops as the child grows and will be with him even if situations change.

An infant of about a year and a half explores the world on his own with his newly acquired skills. At about two years he further asserts "I am" in language such as "No2," and "I want." This is the emergence of a child determined to become a person in his own right. In "Barney," Baby Bob has a yellow "blanket." This blanket for many children is really the security partition between the parents and the child's need to connect with a separate reality. This blanket is the child's first milestone between the world of Eme1 and Enot me1. The relationship the child has with the blanket is so important as the child dumps and retrieves the blanket in a type of unconditional love-hate situation. It teaches the child that you can love and be loved, be angry, and accept others can be angry with you and that you can have intimacy without loss of the self. This process is fundamental for a person to exist in his/her own right.

Emotionally damaged parents demand their children to be good, perfect and adult so as to meet their needs. Unfortunately, they deny the child the need for a yellow blanket. This child will be conditioned to repress anger and expressions of self and be denied the right to know that love and conflict can co-exist simultaneously. This childhood abuse develops so much that as adults these victims are hostage to their own emotions.

In dysfunctional families, mistrust is ever present and is learned and cultivated. Through this a child learns self-contempt, fear of aloneness, and goes on into adulthood in fear, isolation and without trust in himself or others. In adulthood this victim will move from relationship to relationship, terrified of being alone and his only security will be in total fusion with his parents. This need for enmeshment is fertilised in childhood as a child learns that he has to be good to be approved otherwise he risks rejection or abandonment. In adulthood this disables persons so much that they don't trust their own achievements without checking with others.

In conclusion a client once told me: "once in a while when I allow the feelings stored from childhood to bubble to the surface I have a hard time keeping them under control. I immediately want to fight or flee, destroy someone, something, sometimes even me." This sadly is the journey many travel but is there another route? I say yes, the journey of discovering the true self and the healing that will ensue.

## TAPES TALKS APPOINTMENTS

Oliver is a clinical psychologist in private practice in Waterford. For an appointment call him on 051 858297/8. He has produced tapes on Stress Management, Self Esteem and Sweet Dreams (deep relaxation). To order send a cheque or money order payable to Dr. Oliver J. Killeen, Wayburn Close, Earls Court Waterford. Cost 7.99 each incl. postage. To read more about psychology related topics visit Oliver's website www.killeen-psychology.com Oliver speaks regularly in schools, organisations and groups on topics such as stress management, self esteem, positive parenting, time management, motivation, alcohol and drugs.



## FOOT AND MOUTH DISEASE UPDATE

Another week has passed and the country still remains free of Foot and Mouth Disease. This is due in no small measure to the sacrifices of many people both farming and non-farming to keep the risk to an absolute minimum.

As I drive around the roads the standard of disinfection measures which I observe in many farm entrances are not high enough. The most common problem is that the disinfectant mats or straw are not long enough. A lorry wheel has a circumference of 12 feet and a tractor wheel is 20 feet in circumference. Therefore, in order for the disinfectant to come into contact with the entire circumference of the wheel of a tractor the mat must be 20 feet long.

The permit system seems to be working well. It is an inconvenience but it is well worth the effort to keep the country clear of infection.

The Teagasc Help Line is open Monday - Friday 9.00 a.m. - 5.00 p.m. at 058 41211 for any queries in relation to Foot and Mouth Disease. Permits to move animals to slaughter are being issued during office hours from our Dungarvan and Lismore Offices. Telephone 058 41211 or 058 54181.

## CATTLE

The current Foot and Mouth Disease trade restrictions on buying and selling of livestock has created problems for some cattle farmers. Those who normally buy in animals now and can't have a surplus of grass and those who normally sell now can't have a shortage of fodder.

### Surplus Grazing Land:-

The months of April and May give the highest response to applied nitrogen and hence the best return on bought in fertiliser. Where nitrogen has not yet been applied at least 30 units/acre should be applied on this land as soon as ground conditions allow for it. In three to four weeks time the buying/grazing options can then be re-examined. If cattle can be bought this land should have enough grass cover to allow grazing to begin. If cattle still cannot be purchased the option will then be there to apply a further 50-70 units/acre and target these fields for silage/hay in late May early June.

Where 90 units/acre of urea (£190/tonne) are applied to grow a crop of silage/hay the overall cost (urea + spreading) would be £21/acre. An option this May/June would be to sell this meadow. There may be a market for grass meadows this summer especially from farmers who have to graze their silage area because they cannot sell stock of their farm. Alternatively, where facilities allow it, this extra silage could be cut and saved on farm and either sold at a later date or fed to extra stock bought in next winter.

### Shortage of Fodder:-

On farms that normally sell store/yearling cattle at this time of the year the only real option at this stage is to graze part or all of the silage area.

### Meeting this shortfall:

Apply additional Nitrogen and take a second cut ( REPS permitting).

Remove surplus grass throughout the year as baled silage.

Restrict silage next winter and feed extra meals.

Purchase hay/silage.

Purchase grass for first or second cut silage.

Straw feeding with concentrates may be an option for next winter.

## MAIZE

Sowing time for maize is fast approaching and the interest among Co. Waterford farmers in growing maize continues to increase. The 2001 recommended list was recently published by the Department of Agriculture and it shows little change from the 2000 list.

	%D.M. Dry Matter (/Ha)	% Starch	Lodging	Resistance
		9 = Good	1 = Poor	
Avenir	12.34	34.7	27.9	8
Gold Bar	11.72	30.5	27.4	7
Hudson	11.72	29.6	26.9	6
Husar	11.41	31.2	28.4	7
Loft	12.70	29.4	28.4	7
Melody	12.15	29.7	27.3	6
Semira	12.36	29.2	24.2	8

The main varieties are still Loft and Avenir. Tassilo also did very well last year locally but is not on the recommended list as it has not done 3 years trials.

Varieties with higher yield potential (later maturing) could be used under plastic (or in exceptionally good sites without plastic), e.g. Justina and Alcoyne.





## FARMING LEADER



Gerald Curran, Waterford IFA Chairman making a presentation on behalf of the County Executive to Rosemary Kennedy, Rathgormack to mark her winning of the Farm Woman of the Year 2000 Award. Included are Fiona Kennedy and Mark Nunan, IFA Regional Development Officer. —(Photo: Rory Wyley).

## Parlon Says Keeping Ireland Free Of Foot And Mouth Is A Great Prize Which The Whole Country Aspires To

Speaking at a Press Conference in Dublin on Tuesday, IFA President Tom Parlon said the prize of keeping Ireland FMD free is huge, however the implications of an outbreak in the Republic would be horrendous.

The IFA President said farmers and the agricultural community at large greatly

appreciate the determination which the Government has applied in keeping the country FMD free. He said he recognised the substantial cost and inconvenience to the entire community, particularly to the farming sector, from the essential FMD restrictions in place.

"On behalf of farmers I want

to thank the public for their excellent cooperation and I appeal to everybody to bear with the state of national emergency until the Government veterinary authorities give the go ahead on a relaxation of restrictions to the public".

Mr. Parlon said the scare in

Tyrone was a sharp shock to every farmer in the country. He appealed to all farmers to immediately carry out a thorough inspection of their animals and particularly sheep for any FMD symptoms. He said if there was any doubt whatsoever, farmers must immediately contact their local DVO and veterinary surgeon.

### MINISTER ANNOUNCES BAN ON IMPORTS FROM FRANCE

The Minister for Agriculture, Food and Rural Development, Mr Joe Walsh TD, has announced a ban on the importation of susceptible animals (cattle, sheep, goats, pigs, and deer) and certain animal products from France.

"The Standing Veterinary Committee of the European Commission considered this matter today," he said, "and agreed on a draft Commission Decision banning the export by France of susceptible species and certain animal products, except under strict conditions involving additional certification by the French authorities".

The Minister said that in view of the seriousness of this matter for the Irish economy, he had decided to immediately ban the importation of susceptible animals and a range of animal products from France, until the French authorities had confirmed that the necessary arrangements are in place to ensure that the controls envisaged in the draft Decision had been established.

He expressed his gratitude for the efforts that the Irish public had made to date in relation to the Foot and Mouth Disease crisis and said that this latest development brought into clear focus the need for continued vigilance in relation to the disease.

### IEA FIGHTS AGAINST BEEF CUTS IN BRUSSELS

Speaking from Brussels the IFA National Committee Chairman Derek Deane said, the EU Commission proposals to reform the beef and livestock sector in response to the European BSE crisis are both contradictory and discriminatory.

At a meeting with the Head of the Commission Services in beef meat Mr. Deane pointed out that on the one hand the Commission and the Council of Ministers are saying they want to promote extensive grass based quality beef production and on the other hand they are attempting to force through severe cuts on extensive suckler cow beef production and on premium stocking rates.

Commenting on the situation, Waterford IFA Livestock Chairman, Tom Leahy said,

"this policy is hypocritical. The Commission are saying one thing and doing the complete opposite". Mr. Leahy said both farmers and consumers across Europe are strongly opposed to the Commission's proposals to cut extensive beef production. He said "this is the exact type of beef production European consumers want to protect".

To help restore consumer confidence in beef, Mr. Leahy said, measures taken at community level in the area of "safety and consumer confidence" must strictly apply in all member states and also be clearly explained by the Commission to European consumers. Mr. Leahy said there is a major responsibility on the Commission to clearly explain to consumers that they have eliminated all possible risk.

## IFA President Thanks Sporting Organisations For Support In Helping To Keep Country Foot and Mouth Free

The IFA President, Tom Parlon today (Wednesday) wrote to the GAA, the FAI and the IRFU to express the appreciation and the thanks of the entire farming community for the support which they are giving in the national effort to keep Ireland free of foot and mouth disease.

In his letter Mr. Parlon said "I know that farmers are very conscious of the disruption caused to your sporting fixtures as a direct result of the strict precautions against disease spread".

"As an Association with very close links to sporting organisations at local level, we understand the disappointment of both the players and fans over the postponement of fixtures, particularly as we approach this St. Patrick's Day weekend".

"I have said publicly that the great prize for Ireland will be to keep this country free of foot and mouth disease. On the other hand, the consequences of an outbreak for the entire community and for the national economy would be very serious indeed".

"The scale and extent of the disease outbreak in Britain requires that we maintain the utmost vigilance in this country in adhering closely to Department of Agriculture advice on avoiding unnecessary risk and minimising the possibility of disease spread".

"Hopefully, as soon as the disease threat recedes, normal arrangements for matches can resume as quickly as possible".

"In the meantime, I wish once again to convey my appreciation and that of the farming community for your continued understanding and support".

## WALSH ANNOUNCES DEVELOPMENTS IN RELATION TO USA BAN

The Minister for Agriculture Food and Rural Development, Mr Joe Walsh TD, met with the Charge d'Affaires at the US Embassy, Mr Earle Scarlett, to discuss developments in relation to the FMD related ban by USA on EU food products.

The Minister said that following the announcement last evening of a USA ban on product from the EU, immediate representations had been made by his Department via our Embassy in Washington. This resulted in Ireland being assured that most of its food and drink exports to the USA would not be restricted. Some of the products concerned would require specific approval following certification by the Department of the processing and treatment procedures, but the Minister said that this should not pose problems. Other products would simply not be affected by the ban.

Minister Walsh said he was pleased with the speed and the positive response by the USA to his representations. He had sought to impress upon the US authorities, both in Washington and through the embassy here in Dublin, the facts surrounding FMD here in Ireland, the main one being that we do not have a case and remain FMD free. He also referred to the range of controls and measures in place aimed at remaining so.

The Minister concluded by saying that the USA was a hugely important market for Irish food and drink products and in total is worth approximately £200m per annum. They include mainly dairy and dairy-based products including milk proteins and cream liqueurs. So far we had succeeded in maintaining the vast bulk of this trade free from restriction and the Minister said he would do everything possible to ensure this remains so.

## Recipes



# COOKERY CORNER

## Chinese Roast Pork

THIS roast pork dish has an authentic Chinese taste that will make your mouth water.

### Ingredients:

1.25kg lean boned and rolled pork loin, shoulder or leg joint, rind removed  
1.25cm fresh root ginger, peeled and cut into thin strips

### For the stuffing:

8 spring onions, finely chopped  
1/2 red pepper, seeded and finely chopped  
1 clove garlic, crushed  
1 x 5ml sp oil  
100g breadcrumbs  
1 x 15ml sp Hoi Sin sauce

### For the glaze:

3 x 15ml sp honey  
2 x 15ml sp brown sugar  
1 x 15ml sp Hoi Sin sauce  
1 x 5ml sp ground ginger  
1 clove garlic, crushed

### Method:

Cut slits into the joint and push in slithers of ginger.

Weigh the joint and calculate the cooking time using the panel on the right.

Place joint on a rack in a roasting tin.

Open roast in a pre-heated oven (Gas 4-5, 180°C, 350°F).

Meanwhile, make the stuffing, fry the spring onions, red pepper and garlic in the oil for 3-4 minutes or until soft.

Stir in the breadcrumbs and Hoi Sin sauce and mix.

Shape into seven or eight stuffing balls.

Place on a baking tray and bake for the last 20 minutes of cooking time.

For the glaze, mix all of the glaze ingredients together.

20 minutes before the end of cooking time, remove the joint from the oven and brush with the glaze.

Return to the oven. Reglaze the joint 10 minutes later.

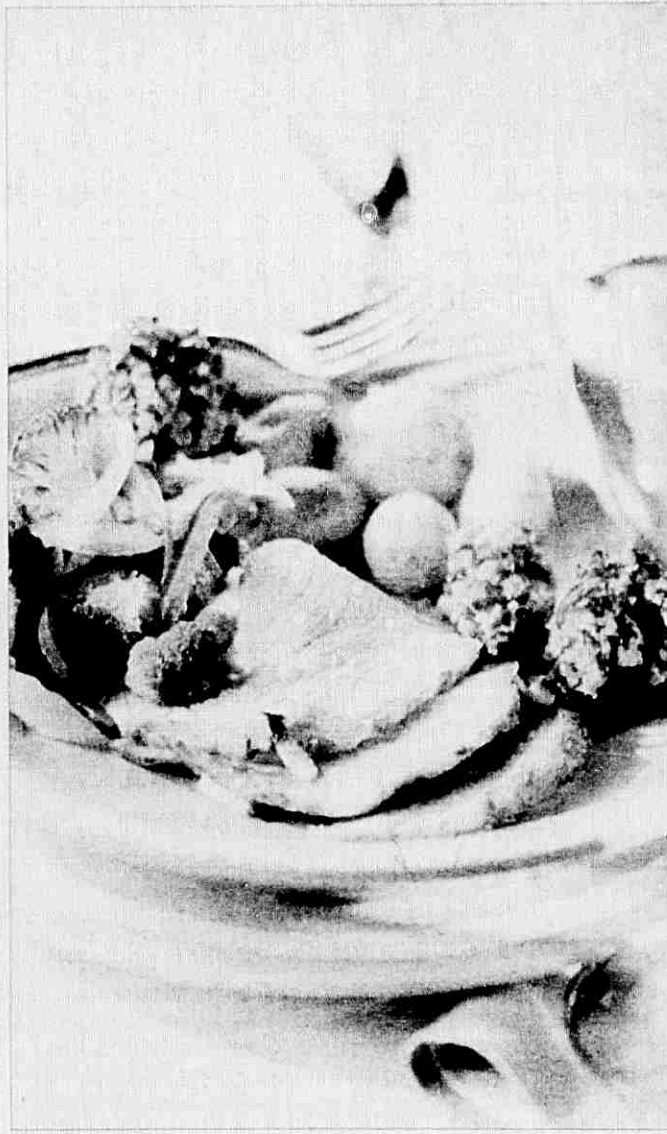
Serve the joint with the stuffing, stir fry vegetables and new potatoes.

Alternatively slice the joint thinly and serve in Chinese pancakes drizzled with Hoi Sin sauce and garnished with shredded lettuce and cucumber strips.

### Cooking Times

**Medium:** 30 minutes per 450g plus 30 minutes

**Well Done:** 35 minutes per 450g plus 35 minutes.



## Savoury Tartlets

GET set for spring time and start practising your finger food picnic recipes and create your very own tempting spread.

### Ingredients:

(Serves 8)  
500g shortcrust pastry  
30ml sesame oil  
4 shallots, finely sliced  
225g asparagus spears, halved and blanched  
300ml double cream  
3 medium egg yolks, beaten  
Salt and pepper  
25g freshly grated Parmesan cheese

### Method:

To begin, preheat the oven to 200°C/400°F/Gas 6.

Roll out the pastry on to a lightly floured surface; cut rounds and use to line eight 10cm tart tins.

Prick the bases and chill for about 10 minutes.

Line the tins with scrunched aluminium foil and bake for 10 minutes.

Remove foil and bake for a further five minutes.

Meanwhile, prepare the filling. Heat the oil and gently cook the shallots for about five minutes until softened.

Divide between pastry cases and arrange the asparagus on top.

Beat together the cream, eggs and seasoning and pour over the tartlets.

Sprinkle with parmesan cheese.

Bake for 20 to 25 minutes or until puffy and set.

Serve chilled with other picnic finger foods.

**TIP:** This recipe can be adapted to use other vegetables such as broccoli, carrot, onion or green beans.

## Nutty Apple Pie

A CLASSIC fruit pudding.

### Ingredients:

(Serves 6)  
350g plain flour  
50g walnuts  
2 x 15ml sp icing sugar  
175g butter  
2 medium egg yolks  
Iced water, to bind  
For the filling:  
900g Bramley Seedling apples, peeled cored and thinly sliced  
30ml Calvados  
2 x 15ml sp cornflour  
75g caster sugar  
2 x 5ml sp whole cloves  
1/2 x 5ml sp grated nutmeg  
For the glaze:  
1 medium egg white, beaten  
Caster sugar for sprinkling

### Method:

Tip the flour and walnuts into a food processor and mix until the nuts are ground. Add icing sugar and butter and blend in a stop/start motion until butter

and flour have combined evenly. Add the egg yolks and water and mix until it is just forming a ball. Knead lightly and wrap. Chill for about 15 minutes.

Preheat oven to 200°C/400°F/Gas 6, and put a baking sheet in the oven.

Toss apple slices in the Calvados, followed by cornflour, sugar and spices.

Roll half the pastry on a floured work surface large enough to line the base and rim of a deep 23cm round pie plate. Pile apples into the pastry case. Brush the rim with cold water.

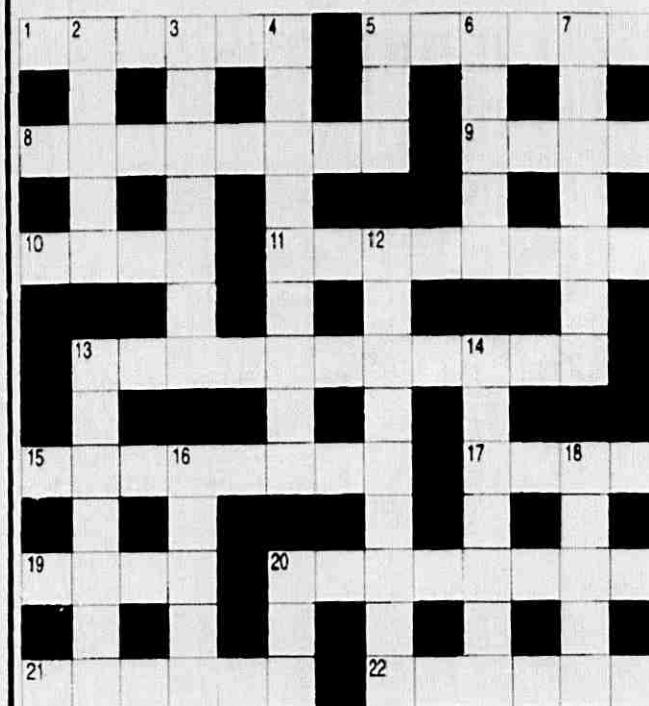
Reserve some pastry for decoration and roll the remaining pastry large enough to cover the pie. Pinch the pastry edges together. Brush the top of the pie with some egg white.

Use reserved pastry to decorate the top. Brush with egg white and sprinkle with caster sugar. Bake for 40 to 60 minutes.

## Leader

### Crossword

SOLUTIONS ON PAGE 2



### ACROSS

- 1 "Beneath the rule of men entirely great — is mightier than the sword," wrote novelist and politician Baron Lytton (3,3)  
5 Large, treeless plains in South America (6)  
8 Derbyshire town given its name by a Saxon called Alfred (8)  
9 Slang word, an alternative to swiz (4)  
10 A holiday relief employee (4)  
11 Relating to an 18th and 19th-century movement in the European arts (8)  
13 Anagram of REALISATION (11)  
15 A motor-driven tool (8)  
17 Fruit of which the Conference is a variety (4)  
19 An abandoned child (4)  
20 Type of injury common in road accidents (8)  
21 Name of the 14th-century Black Prince (6)  
22 A boy's or girl's name (6)

### DOWN

- 2 Sir Charles —, founder of an orchestra (5)  
3 A bank or wall to protect troops (7)  
4 1946 Hitchcock thriller starring Cary Grant and Ingrid Bergman (9)  
5 A play on words (3)  
6 French town associated with Burgundy wines (5)  
7 Coal tar product used in dyeing (7)  
12 Word often used in newspapers to introduce a second item (9)  
13 Tried a lawsuit over again (7)  
14 A sudden desire to act (7)  
16 Prefix opposite in meaning to supra (5)  
18 An — office assigns hallmarks (5)  
20 Felt disc keeping powder or shot in place in a gun (3)

## Health Tips from "Remedies"

### Plantago

**USES:** Ear infections, Glue Ear, Upper respiratory tract infections (catarrh, coughs), Hayfever.

Plantago, a member of the Plantain family, is a very common plant in Europe, growing in large quantities in dry meadows and fields. In Gaelic, this herb is known as "the healing plant."

**HOW IT WORKS:** Plantago contains mucilage, tannins and silicic acid. It is probably the mucilage, which contributes most to the action of the plant as a cough remedy. Plantago has also the ability to reduce the amount of inflammation present in mucous membranes of the Upper Respiratory Tract (URT).

It has been noted that Plantain juice will not go mouldy during storage. This is due to the presence of naturally occurring antibiotics. This may explain its action in conditions such as middle ear infections and glue ear.

Furthermore, Plantago has been successfully used for allergies, like Hayfever, where the URT is affected.

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## Ard Scoil Girls Win Waterford Schools Junior Cross Country Championship

The Ard Scoil Junior team winners of the Waterford Schools Junior Cross Country Championship. They went on to finish 3rd in the Munster Schools Championship held recently.

Pictured from left are Aisling O'Connell, Evelyn Moloney, Una Power, Jenny Mulcahy, Sarah Flavin, Sinead Crotty and Ciara Harty. (Photo: Pat Crowley)



## Touraneena Notes

### PRESENTATION

After the 11 o'clock Mass in St. Mary's Church next Sunday 25th May, Fr. Kelleher P.P. will make a presentation on behalf of the Parish to Ned Burke who is retiring after years of service in many areas of the Church such as tending to the graveyard, bell ringing and basket collections.

Declan Kiely will also make a presentation on behalf of the GAA Club. Ned is President of the Club and has been a life-long member - 72 years in total. We wish Ned the best of health and happiness and would like to take this opportunity to thank him for his life-long committed service to the Parish.

### MEN AND WOMEN AT WORK AUCTION

A reminder that the men and women at work auction will take place in Deckie Walsh's.

Modeligo on this Sunday night March 25th. Deckie has a line-up of men and women ready to take part. For more information, please contact Deckie Walsh. Proceeds to St. Mary's Parish Church and the Irish Kidney Association. All are welcome.

### 50TH BIRTHDAY

Congratulations to John Fraher who celebrated his 50th Birthday with a surprise party for family and friends in Dunford's Bar on Sunday night last. John is son of Tom Fraher, Touraneena and the late Kathy Fraher (R.I.P.) and is married and working in Dublin.

A very enjoyable night was had by all.

### NAOMH BRÍD GAA CLUB NOTES

**UNDER 9'S** — The club will hold an Under-9's Indoor Hurling tournament in the Community Centre in Touraneena on Sunday March 25th at 6 p.m. Visiting teams are Ardmore, Clashmore, Cois Bhríde and Colligan. Please come along and support the club on the night.

**UNDER 16'S FOOTBALL — SPONSORED BY BAUMANN JEWELLERS** — Begins on Sunday March 25th - Naomh Bríd away to Lismore at 11 a.m.

March 28th - Naomh Bríd home to St. Oliver's 6.30 p.m.

April 2nd Naomh Bríd home to Affane 7.00 p.m.

It is hoped to re-start Indoor Hurling on Friday night. Players will be told in school.

## Modeligo Notes

### LOTTO

Winning Numbers Drawn: 1, 9, 18. And still the jackpot survives! Saturday's jackpot is £900, lovely if you could win it! Tickets can be got from the usual promoters in your area, or join us in Deckie's and enjoy the draw. Good luck everyone!

£10 Winners: James Queally, Cappagh; Micheal Phelan, Cappagh; Dave Power, Welcome Inn; Hauley Burke, Moneygorm; Kevin Cliffe, Steady.

### SYMPATHY

Sincere sympathy is extended to the family, relatives and friends of the late Dick Bennett, Paulbaite, who was laid to rest in Affane over the weekend. Also to Nan McGrath and the relatives and friends of the late Mickey McGrath, Knocknacroaha,

who went to his eternal reward also over the weekend. Ar dheis De go raibh siad.

### PADDY'S DAY

It was a quiet affair for St Patrick's weekend, but that didn't stop the celebrations taking place. Many enjoyed the traditional Irish music sessions that took place in the various venues and succeeded to wet the shamrock in fine style! Welcome home to all who were able to travel to join us for the bank holiday. We thank those who decided not to travel, particularly from England, for their consideration in these difficult times due to the FMD scare and we hope to see the rest of our visitors as soon as the restrictions are lifted.

### NEW ARRIVAL

Congratulations to Michael and Caroline Quinn, Ballyhane, on the birth of their baby daughter recently. Health and happiness to you all for the future.

## Master McGrath - The Immortal Black -

The omens weren't good for the little black pup,  
The dregs of the litter, nowt but a breeding cockup.  
Said James Galwey of Colligan, I'll give the poor craythur away...  
He'd make a lovely pet for some lonely spinster in Clonea!  
But John Harney the slipper had a rare eye for a dog.  
And knew to go by appearances was nothing but humbug.  
He hid him in a kennel and he was named Master McGrath.  
Was it ballistic expectation or mere peasant guffaw!  
If McGrath was small and short-tailed, he had the footwork of a pro.  
He won a trial or two and Lord Lurgan chirped, 'Hare we go! Hare we go!'  
The visitors Cup at Lurgan (1868) he took with consummate ease.  
'I'm on a roll' cried The Master, in the finest greyhoundese.  
The Waterloo Cup for coursing is the Blue Riband of the Leash.  
Said Lurgan, 'We're the aristos of horse and dog we'll show the haughty English'.  
McGrath by skill in 'turn', 'wrench' and 'trip' bravely reached the 68 final.  
Then hammered Cock Robin and yelled, 'Now who's the dregs of the kennel!  
The bonfires blazed in Ireland on every hill and dell.  
Catholic, Protestant and Dissenter were united for a spell.  
'You're only as good as your last Waterloo win' chided trainer Johnny Walsh.  
'So you'll run again in '69, you'll be no, from hero to zero or zilch'.  
The great Gaels that God made merry came in droves to Liverpool town.  
And the Brits that God made stolid were disparaging the Irish hound.  
'Take plenty no notice' said McGrath 'put your shirts on me, me sons!'  
'Dog or man we Irish are the kings of Waterloo, mind the old Dub Wellington!'  
The going was grueling at Altcar but Mac put all-comers on the rack.  
Took Lobelia in the semi and then sly Babs, two Waterloos now back to back.  
The hat trick was now looming though some said 'twas tempting fate.  
But Lord Lurgan being a proddy wouldn't bite that old pishoguey bait.  
Then superstitions may be ways of telling people not to walk too tall.  
If the head or ego swells you may be heading for a fall.  
And fall did the heroic Master in the '70s Waterloo first course....  
Into the frozen Alt River, only for slipper Wilson he was drowned, perforce.  
The 'Master disaster' his only ever lost course, was a big news of the day.  
Lord Lurgan held he was nobbled by his own bookmaker Tommy Laye.  
Others felt his trainer was to blame being too complacent.  
Imagining the third Cup in place while the space was still vacant.  
The trauma seemed too great for Mac so he was retired to stud.  
But his 'duties' bored his butt off, he'd prefer to 'work' and run.  
Back in training he took the Brownlow and then the Waterloo, third time lucky!  
So, 'on song' was The Master now that all knew him as 'Dixie'.  
'Twas Dixie here and Dixie there, fans getting in on the action.  
And Queen Vic asked him round, 'No prob' said Mac 'alas me Decies diction!'  
The good die young 'tis said of man but 'tis also true of greyhounds.  
At only five Master McGrath died leaving two nations dumbfounded.  
But 'The Immortal Black' time can never really whack.  
And two likenesses in stone mark his crushing of the Sassenach.  
If goin' Dungarvan way or New Forest in UK to bide a while you're duty-bound.  
Plus a big salute to the all time master of the universe wee greyhound.

Eugene Dennis — Corcaigh, Feb. 2001.

# RECENT DEATHS

## LATE BILLY HALLAHAN



The passing on Wednesday 21st Feb. of 74 year old Billy Hallahan, Ardo, Ardmore at Waterford Regional Hospital east a cloud of gloom over his native Ardmore and surrounding districts. Ill for a brief while, Billy was very well known, most popular and enjoyed the respect of everybody. In his younger days he served in the R.A.F. in Singapore, returning to England he married in 1948 and resided in Buckinghamshire. Later he returned to Ireland and was employed at Dunlops of Harcourt St. With the closure of that Company, Billy gave of his best for Eagle Star Insurances for seven and a half years. Just twelve years ago he retired and returned to live in his beloved Ardmore. Now with leisure time on hands, he tended to his garden, enjoyed his woodwork, as he was very talented in this

field. The game of golf saw himself and his great friend and neighbour Padraic King who sadly months ago also has gone to his eternal reward spend hours together in this outdoor pursuit. We sympathise with his wife Frances, sons Declan, John and Hugh, daughters Myra, Finona, brother, sister and many other relatives on their great loss. 'May he rest in peace'.

On Friday evening we gathered at the Kiely Funeral Home for Rosary and Prayers led by Rev. Fr. P. Butler C.C., later the funeral cortege journeyed to St. Declan's Church, Ardmore.

On Saturday morning Canon O'Connor P.P. was Mass celebrant with co-celebrants Rev. Fr. P. Butler C.C. and Rev. Fr. Gerry Doyle C.C., Church of the Holy Redeemer, Bray. Beautiful music was provided by Ann Gartland while the readings were shared by Hugh, John and Finona (family). Prayers of the Faithful were read by Derek, Greg and Mark Hallahan and Ciaran Lennon. Barry Lennon and Celena Hallahan brought the offertory gifts to the altar. After the Holy Sacrifice we made our way to the Tower Cemetery pausing in silent prayer outside the home of his sister Frances Troy. Following final prayers and blessing by Fr. Butler C.C., Billy Hallahan was laid to rest.

A graveside oration was shared by son Declan to a much loved and treasured father.

Chief mourners wife Frances, sons Declan, John and Hugh, daughters Myra and Finona, sons-in-law David Lennon and Tom Devitt, daughters-in-law Gemma and Loretta, brother Bro. Denis, Dunlaoghaire CBS, sister Frances Troy, Main St. Ardmore, sisters-in-law Kathleen King and Carmel Hunter and a wide circle of relatives including nephews, nieces and especially Margaret Hunter.

(Funeral arrangements by James Kiely & Sons, Funeral Directors, Dungarvan).

## LATE COLIN MOLONEY

With sincere regret we record the passing on Monday 12th March of twenty seven year old Colin Moloney, 35 Springmeadows, Dungarvan. Married only months ago to Jackie (nee Lenihan), his untimely passing has shocked the entire local community and his many friends. Keenly interested in motor bikes and Manchester United, he was a much valued employee of Value Engineering, Little Island in Cork. We offer our deepest sympathies to his wife Jackie, parents Brendan and Mary, brothers John and Liam, sisters Sabrina and Sara, parents-in-law Anne and Pat, brother-in-law Gerry, sister-in-law Nicola and his many other relatives and friends on their great loss.

Removal took place on Thursday last from the Kiely Funeral Home to St. Mary's Parish Church. Following requiem Mass on Friday the interment followed in the adjoining cemetery.

(Full obituary next issue).  
(Funeral arrangements by James Kiely & Sons, Funeral Directors, Dungarvan).

## LATE RICHARD (DICK) BENNETT

It was on Thursday evening last that Dick Bennett, Poulbatia, Cappoquin who was aged 80 years went to his eternal reward. For the last number of years Dick enjoyed the loving care of all at St. Joseph's Hospital. We offer our condolences to his brother Patrick, sister Margaret, his nieces, nephews and other relatives at this time.

Funeral took place on Saturday (St. Patrick's Day) from the Kiely Funeral Home to Affane Church. Funeral Mass at 10 o'clock on Sunday was celebrated by Rev. Fr. T. Hubbard C.C. (nephew), followed by the interment in the adjoining cemetery.

(Full obituary next issue).  
(Funeral arrangements by James Kiely & Sons, Funeral Directors, Dungarvan).

## LATE JOHN HICKEY



With feelings of profound sadness and deep regret we received on Monday 12th March from Cork University Hospital the sad news of the passing of John Hickey, The Coachyard Inn, Kickham St. Thurles and late of The Burgery, Abbeyside and was aged 51 years. Having been ill for some time, John was predeceased by his brothers Tommy and Kevin. John who was very well known, resided in England for many years and was involved in the Construction Industry, especially the building of tunnels. Although his life was somewhat short in years, John enjoyed it to the full and possessed a great sense of humour. Resident in Thurles the cradle of GAA affairs, John made no secret of his loyalty and support for his beloved Decies. When Tipperary and Waterford stood shoulder to shoulder in the Munster Championship, John was in his element, enjoying the craic and canter in the company of his many Premier County friends.

We offer our sympathy to his mother Alice, wife Mary, sons Keith, Kevin and Stephen, brothers Ken, Pat, David and many other relatives and friends at this time.

Lying in repose at the Kiely Funeral Home, John's remains were brought to St. Augustine's Church, Abbeyside on Tuesday where they were received by Fr. Keogh C.C., assisted by V. Rev. Fr. Delaney P.P. (Kilrossanty and Fews), Fr. Doherty P.P. who had led us in the Rosary and prayers at the Funeral Home the previous evening was Mass celebrant with co-celebrant V. Rev. Fr. Ml. Enright P.P.

The liturgy of the word was read by Keith and Stephen (sons) while John Hurley sang the beautiful music. Following the requiem Mass we left for St. Mary's Parish Cemetery, Dungarvan. A Waterford jersey was placed on John's coffin as it was lowered to its final resting place following final blessing and prayers from V. Rev. Fr. Do-

herty P.P.

Chief mourners were mother Alice Hickey, The Burgery, wife Mary, sons Keith, Kevin and Stephen, brothers Ken, Pat and David, sisters-in-law Rose, Bridget, Marian and Catherine, and a wide circle of other relatives including nephews, nieces and many, many friends especially Kathleen.

(Funeral arrangements by James Kiely & Sons, Funeral Directors, Dungarvan).

## LATE MARY BYRNE (NEE TOBIN)



It was in the early hours of Sunday 11th March that Mary Byrne (nee Tobin), 2 Murphy Place, Abbeyside, Dungarvan answered the last call after a duration of illness that was borne with admirable courage, fortitude and dignity. Aged 69 years and a native of Shandon, Mary was daughter of John and Margaret Tobin and was predeceased by her brothers Tom and Paddy. Married to Jimmy for close on 50 years, Mary was a loving wife and devoted mother who attended to her household duties with utmost care and pride. She resided in England for a number of years but in November 1952 she returned home. A quiet, inoffensive person Mary loved meeting people and her many endearing qualities endeared her to all. A member of an old Dungarvan family, she will be sorely missed as her passing removes another vital link with the old stock of the

town. We offer our condolences to her husband Jimmy, sons Jimmy, Danny, Michael and John, her sister Ann and many other relatives on their loss.

On Monday evening Fr. Keogh C.C. visited the Kiely Funeral Home for Rosary and Prayers before we left for St. Mary's Parish Church, pausing in prayerful tribute at Fitzgerald's Tee. (Byrne residence) and at Connolly Row (residence of late Paddy). At Church Fr. Martin Keogh C.C. was joined by V. Rev. Fr. R. Doherty P.P., Rev. Fr. O'Reilly C.C., V. Rev. Fr. N. O'Mahoney P.P., Rev. Fr. Grant C.C. for the funeral service. On Tuesday Fr. Keogh C.C. was main celebrant with co-celebrants V. Rev. Fr. Michael Enright P.P., Fr. Ml. Ruddy Army Chaplain for Mary's funeral Mass which was of thanksgiving and celebration for her life. Sons John and Danny and grandson Damien shared the lessons while prayers of the Faithful were read by Mary Byrne, Bridget Hallahan, Margaret McNamara, Kathleen Keane, Ann Power and Ann Landy.

Grace Byrne (daughter-in-law), John Tobin (nephew) and Marie O'Sullivan (niece) brought the offertory gifts to the altar. Soloist Francis Tobin (Tallow) made the funeral Mass so special with her music and indeed her 'Danny Boy' at the graveside was greatly appreciated by all. We gathered in the adjoining cemetery to pay our respects and bade our fond farewells as Mary Byrne was laid to rest.

Chief mourners were husband Jimmy, sons Jimmy, Danny, Michael and John, daughters-in-law Mary, Grace and Bridget, sister Ann Nugent (Shandon), brothers-in-law Sean, Tommy, Bill, Tony Byrne, Tom Nugent, sisters-in-law Eileen Geoghegan and Kathleen Tobin and a wide circle of many other relatives especially nephews and nieces, grandchildren and many friends.

(Funeral arrangements by James Kiely & Sons, Funeral Directors, Dungarvan).

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## RECENT DEATHS

### LATE BILLY MUNRO

We pen these lines with sadness on the passing after a duration of illness of Billy Munro, 13 Camphill, Chawson Est., Droithwich, Worc. on Friday last, 16th March. Married to Tina (nee Power) formerly of 20 Keating St., Dungarvan we wish to convey our deepest sympathies to Tina, family Elizabeth, Susan, Valerie, Kevin, Stewart and indeed his many other relatives including the Power family at this time. Billy who was a transport manager, also drove long distances for his Company.

(Full obituary next issue).

(Funeral arrangements by James Kiely & Sons, Funeral Directors, Dungarvan).

### LATE DERMOT P. COTTER

We record with sincere regret the unexpected passing at his residence on Tuesday 6th March of Dermot P. Cotter, 'Padua', Springmount, Dungarvan. Married to Mildred (nee McCrossan) to whom we wish to convey our deepest and heartfelt sympathies, Dermot who was a native of Brosna, Co. Kerry was aged 80 years and was employed for most of his life in the Forestry Department. He was a keen beekeeper and was a valued member of the Co. Waterford Association of Beekeepers. He was a man of deep Christian faith who loved his church and his God.

Following prayers and rosary at the Kiely Funeral Home the funeral cortege left on Thursday for St. Mary's Parish Church where Fr. Grant C.C. assisted by Fr. Joe O'Connor Society of St. James, led us in the funeral service. Very many of Dermot's friends and acquaintances were in the large concourse present to pay their respects and console the bereaved. Fr. Grant C.C. was Mass celebrant on Friday morning where the Holy Sacrifice of the Mass was offered for the repose of the soul of Dermot.

The interment followed in the Old Churchyard Cemetery where Fr. O'Connor (Society of St. James) recited final prayers and imparted the graveside blessing. Many people travelled from Kerry and the McCrossan family

from Kildare were in the large and representative gathering as Dermot Cotter was laid to rest after his earthly pilgrimage.

'Ar dheis láimh De go raibh sé.

Diarmuid a rugadh i gCiarraí, fear uasal agus Criostaí thar barr go raibh meas, meas mór aige ar an nGaeilge agus cultúir go ginearalta.

'Leaba i measc laochra agus naoimh na hEireann go raibh aige.

Chief mourners were wife Mildred (nee McCrossan), sisters Sr. Mary (Athy), Sr. Eileen (California), brothers-in-law Ray and Oliver McCrossan and other relatives and friends who will all miss Dermot.

(Funeral arrangements by James Kiely & Sons, Funeral Directors, Dungarvan).

### LATE MARY CROTTY-COATES

With sadness we record the passing of Mary Crotty-Coates, Congress Villas, Dungarvan which sad event occurred on Wednesday 14th March. Removal was from Drohan's Funeral Home on Thursday evening to St. Mary's Parish Church, Dungarvan.

Following Funeral Mass on Friday morning, burial took place in the adjoining cemetery.

To her nephews, nieces and relatives, we extend our deepest sympathy.

(Full obituary next issue.)

(Funeral arrangements were by Tom Drohan, Funeral Director, Dungarvan.)

### LATE MICHAEL McGRATH

With deep regret, we record the passing of Michael McGrath, Knocknacrooha, Cap-pagh

which sad event occurred on Saturday 17th March. Removal was from his residence on Sunday evening to Modeligo Church. Following Funeral Mass on Monday morning, burial took place in the adjoining cemetery.

To his wife Nan and relatives, we extend our deepest sympathy.

(Full obituary next issue.)

(Funeral arrangements were by Tom Drohan, Funeral Director, Dungarvan.)

## St. Mary's Parish Notes

Sunday 25th March, Fourth Sunday of Lent

**Readings Joshua 5:9-14** The Jews first Passover after their years in the desert.

**2. Cor.5: 17-21** We are a new creation and ambassadors for Christ.

Luke 15: 1-3, 11-32 The story of the Prodigal Son.

**Mothers Day:** We honour the mothers of our community and pray for our deceased mothers.

#### A Few Thoughts

The past is past. It is over. Yesterday's drink has passed through. Last week's pride seems foolish now. The earlier gossip has eased. Yet these bother us. We tend to live in them. We are used to having them about. And yet, there is a better way of living.

It sounds odd but God is not bothered about our past sins. God's interest is in the present moment and we are living in it. God's concern is about our future and what we will do. God does not hold onto our sins. We do. We do not have to. God's forgiveness is total. Accept the forgiveness today.

#### QUESTIONS PEOPLE ASK

Q. Why do I have to go to Confession? Why can't I tell my sins privately to God.

A. Of course, confess privately to God. Do it everyday as part of your prayer.

Coming to the sacrament is of little use unless you have been honest with God. The father might have taken his prodigal son in privately, but his love called for a public celebration. We celebrate the presence of God and our membership of God's family in our lives in the sacraments. In Reconciliation our sorrow for sin is covered by God's mercy. Unless we can dance to the music of God's love we will not appreciate this sacrament.

#### WIT & WISDOM

A simple judge of my character is how I treat a person who can do absolutely nothing for me - Anon.

#### YOUTH MASS

Many thanks to the students and teachers from the Technical College and Ard Scoil for preparing a lovely celebration in the Church on Saturday 10th March. The feedback from those who attended the Mass was very positive. Well done to all.

**Weekday Masses for Lent in St. Mary's 9.30 am and 7.30 pm.**

Reflection and Prayer around the Cross with the music of Taize in St. Mary's Church continues on the Sunday afternoons of Lent at 5.15 pm. All are welcome. Why not come along and join us for this lovely prayerful experience.

**Eucharistic Adoration** Tue - Fri 10.00 am - 7.00 pm in the Blessed Sacrament Chapel.

#### Baptism

Takes place on the 2nd and 4th Sunday of every month after 12 noon Mass. Parents must take part in the preparation meeting - enrol at the Parish office please.

#### Please Note

Booking of Masses for St. Mary's Church can only be booked up to three (3) months in advance at the Parish Office.

Parish Office is located in St. Mary's Church and is open Monday - Friday 10.00 am - 12 noon and 2.00 pm - 4.00 pm. If you want to book Masses or Baptisms call during these times.

**Daily Mass** — Broadcast on 98.5 FM

**St. Vincent de Paul** — Help Line 44033.

**Phone numbers** — Fr. O'Mahoney 42374. Fr. O'Reilly 41136. Fr. O'Riordan 42384. Fr. Grant 42381.

**Emergency Telephone No.** To contact the priest on duty (086) 2334282.

## News of Town and Roundabout

### DUNGARVAN & DISTRICT SOROPTIMISTS

A Mass for the deceased members of Dungarvan & District Soroptimists will be held in St. Mary's Church, Dungarvan on Wednesday, 28th March, at 7.30 p.m.

### ROSARY PROCESSION

"Our Lady's Army" in Waterford are holding "A Rosary Procession" in Atonement for Abortion on the Feast of the Annunciation, Sunday, 25th March, at 3.30 p.m. Procession will begin at Waterford Cathedral and proceed along the quay, up Bridge Street, the Glen, through Ballybricken, Patrick Street, and will finish at 4.30 p.m. with rosary and hymns in the Cathedral.

### ÁRD SCOIL NA nDEISE RAFFLE

The results of the above draw, organised by the Parents' Council, were as follows: £400 voucher for Killarney Park Hotel — Deborah Whelan, Lackenfume, Dungarvan; £300 voucher for Actons Hotel, Kinsale — Shauna Coakley, Liskeelly, Grange; £100 shopping voucher — Kieran O'Brien, Grallagh, Grange, Youghal; Meal for two at White Horses Restaurant, Ardmore — Donal Flynn, Park Hotel; Meal for two at Cliff House Hotel, Ardmore — Brosnan/Dineen, Kilrush, Dungarvan; Set of glasses from Shaws Ltd. — Teresa McDonald, Bellain Estate, Ballycumber, Co. Offaly.

### DEISE BRIDGE CLUB

Results, 12th March — 1, Mary Spratt and Helen McCarthy; 2, Joan Casey and Margaret O'Donnell; 3, Tom Mulcahy and Walter Murphy; 4, Kathleen Deasy and Sadie Meehan.

### HARBOUR BRIDGE CLUB

Results, 8th March — 1, Alice Power and Ann Casey; 2, Alice Butler and Nellie Moloney; 3, Margaret Foley and Cait Christopher; 4, Mai Mernin and Colette Power. President's Prize, 11th March — 1, Pauline Enright and Margaret Dower; 2, Sally Walsh and Alice Power; 3, Jenny Kiely and Kitty Power; 4, June James and Teresa Queally; 5, Noreen Tobin and Irving Greenberg; 6, Mary Phelan and Joan Colbert; 7, Nellie Moloney and Ann Casey; 8, Breda Wall and Maeve Fitzgerald; 9, Bernie Norris and Mary Riordan. Raffle: Sean Norris, Colette Power, Margaret Foley.

### CUNNIGAR BRIDGE CLUB

Results, 14th March — 1, Fr. Barron and Eileen O'Donoghue; 2, Nuala de Paor and Joan Ronayne; 3, Ella Whelan and Aida O'Neill; 4, Ann Veale and Teresa Sullivan.

### DUNGARVAN BRIDGE CLUB

Results 15th March — 1, Justin Spratt and Maureen Power; 2, Louise Fleming and Pauline Dempsey; 3, Walter Murphy and Maeve Coghlan; 4, John Phelan and Maureen Connors.

## Letter to the Editor

### Few Bold Children

Dear Minister,

There are very few bold children and equally, very few bad teachers.

However, due to lack of support services in schools among other reasons, some children behave badly and some teachers teach poorly.

Schools and the teachers in them need psychology services, home liaison officers, counsellors, smaller classes, less temporary posts, peer support for teachers, appraisal, continued professional development etc.

Because of the lack of all of these in the past, teachers and students are angry and stressed.

You as the Minister supposedly in charge, now have it in your power to make a gesture to bring an end to our children's suffering. You should not have gone to Malasia. It

displayed a complete disregard and disrespect for your employees and 60,000 new voters in the next election. Stop being provocative and threatening and start being constructive. There is a creative way to give the ASTI a chance to save face and move from their equally unacceptable stance. Find it.

MARGARET BROWNE,  
Abbeyside, Dungarvan.

# Tallow Notes

## "SHOT WHILE TRYING TO ESCAPE"



Arthur Mulcahy - A School Picture

On the night of March 22nd, 1921 a typical Irish household retired to rest in the townland of Currabaha, between Tallow and Fermoy. On the back of the door a list of names was affixed as demanded by the British Curfew Order of the day.

The list read William Mulcahy, Hannah Mulcahy, Parents; Arthur Mulcahy, Denis Mulcahy, sons; Mary (Minnie) Mulcahy, Alice

Mulcahy, daughters (the youngest son Michael was staying at his uncles house in Inch at the time).

No sound broke the stillness of the cold moonlit night as the Mulcahy's of Currabaha slept peacefully. The hours went by. The waning moon was bowing out to another day when the family were suddenly awakened by the battering of rifle butts on the farmhouse door. Four British officers brandishing revolvers and followed by soldiers stormed in, thrusting William Mulcahy aside. They ordered Denis and Arthur to dress. The officers withdrew briefly and hurried consultation took place outside. On return they singled out Arthur. As Arthur tied his boots a soldier roared "your boots are alright. Come on you dog". William Mulcahy bid his 22 year old first born son what was to be a final adieu with the words. "Have you got your rosary beads son".

Close by the Caplis household came in for similar treatment from another British detachment. As John

Caplis was placed under arrest he heard a volley of shots. Little thought he that the bullets had found their target in the body of young Arthur Mulcahy. As the soldiers passed through Glogoura on their tour of terror, the people heard distinctly the moans of the wounded boy in the back of a lorry until British bayonets ended his agony. On the roadside in a pool of blood, scarcely a mile from his home in Currabaha, his cap was found next morning, Arthur was dead in a lorry when it returned to join the other group at the Caplis Home.

William Mulcahy and his daughter Mary (Minnie) set out for Fermoy where they were told by some of the town people that the raiding party had returned with a dead body in one of the lorries. At the British military Barracks in Fermoy his worst fears were confirmed as he gazed on the mutilated body of his son Arthur. The authorities refused to release the corpse unless William attended a military enquiry

next day. This he did, to hear the verdict upon sworn evidence by soldiers, "shot while trying to escape".

As the funeral cortege arrived in Tallow it was attacked by British forces who attempted to remove the tricolour from the dead volunteers coffin.

Arthur Mulcahy was 22 years of age when he died. An outstanding athlete - a champion sprinter who had not yet reached his prime. He is buried along with all the family who were in the household that night and his brother Michael in Tallow graveyard. Arthur Mulcahy was a volunteer in Oglai na hEireann having joined the IRA after the 1916 Rising.

A commemoration will be held on this the 80th Anniversary following 11 o'clock Mass in Tallow on this Sunday 25th March. Assembly at Modeligo Cross on the Tallow, Fermoy road at 12.45 for march to the nearby monument for wreath laying ceremony. All are welcome.

## TALLOW TRADERS & BUSINESS ASSOCIATION

The general feeling emerging from the most recent meeting is that though numbers were down on previous meetings some solid developments are being made in relation to parking, planters and the general traffic situation. W.J. Fitzgerald presented a detailed traffic plan complete with diagonal parking, pedestrian cross and loading bays which seemingly is being well received.

Other items discussed were — update on yellow lines, Waterford Community Forum, the new sewerage scheme as well as the questions "where does Tallow lie on the tourist trail?" An agenda is currently being drawn up for the next meeting set for Wednesday, April 4th 8.30 p.m. to 10 p.m. in the Hotel. All involved in business, etc., in the area are encouraged to attend. Suggestions are always welcome.

## BRIDEVIEW UTD A.F.C. NOTES

### Back To The Action

Yes, its back to the action next Sunday for all Red House League. How will the break have suited the clubs, one wonders. Training will have been slack for most clubs so its hard to judge how clubs will perform.

Our Premier team are still in the hunt for the Coyne title despite so many changes in the side this season. It's really a new Brideview team now with Stephen "Buddy" Curley and John Doyle now in the states. The Curley brothers Paul and Philly now retired.

Now Steward Barry is out injured and will miss the rest of the season. Stewart is also heading for the States and also off to the States in a few weeks is Roy Henley. Dermot Henley is also out injured and Terence McSweeney had headed off to County Galway but hopefully he will be home for the weekend.

So one can see how few players are left from what was a great Utd side over the last 10 years. Add in Eoin Murphy who is now on the Waterford Senior Hurling team and it's almost a case of starting from scratch and building a new team.

However who knows what the future holds. Certainly young players like Paul O'Brien, Michael Keating, Kieran Costigan and Stephen Hampton are progressing.

Yes, times are a changing in Tallow, but there is also much to look forward to as well. We wish manager Michael Sheehan and the lads the best of luck for the rest of the season.

Our Div. two side have only 2 games left but they showed a marked improvement this season under manager Brian Donnelly.

### Super Lotto Jackpot £3,100

Last week's numbers drawn were 11-13-17-22. No winner. Match 3 winners, six. Next week's jackpot is £3,100. Please get your ticket early. Draw on this Saturday night in Luke McCarthy's at 7 o'clock.

### Sympathy

The club extends its deepest sympathy to the O'Mahoney family, Cooladoody on the sad passing of Mary. May she rest in peace.

### Resting

Some of our committee had a rest on Monday morning. Getting up at 12 o'clock - shame on ye.

### Schoolboys Trip

Our schoolboys trip to Liverpool at Easter is now off due to the Foot and Mouth. The lads are very disappointed but it was outside of our hands.

### Fundraiser

A disco will take place in the Gym on this Friday night, March 23rd at 8.30 pm - 10 pm. This is to help raise funds for the new park in Cockpit Lane. Please support. Adm is just £1.

### Best of Luck

This week we wish Mick McCarthy and the Republic of Ireland team the best of luck in their upcoming games against Cyprus and Andorra. Two victories here would be terrific as we hope to qualify for the World Cup Finals.

Best wishes also to Waterford Utd who travel to Cobh on Sunday next in their Cup quarter final. A large number of locals are making the trip to cheer on the Blues.

### Fixtures For This Weekend

Friday night U-11 League - Fermoy Celtic v Brideview Utd, kick off 5.30 pm. Other schoolboy games may take place over this weekend. Players to check with managers.

Sunday March 25th, Dungarvan Tyre Centre Cup in Tallow. Brideview Utd v Ardmore, kick off 11.30 am. Our Div. two team have no game this weekend.

### Red House League Meeting

A very important meeting takes place in the Red House Bar on Monday night next at 9 o'clock sharp.

## C.L.G. TULACH AN IARAINN - TALLOW GAA

### A Shamrock Or a Clover

The word Shamrock derives from the Irish Seamair Og (pronounced Shamirogue) which literally means young Clover.

### National Anthem

I was astonished when told by a school teaching acquaintance that our national anthem amhrán na bhFiann is not on the primary school curriculum. Many if not most Irish children are coming through the educational system without knowing the words of the National Anthem. Something which would not be accepted in any other country. Surely it is incumbent on the GAA as an organisation which purports to support the promotion of our language and culture to raise their voice on this one. If you don't believe me ask the youngsters in the house if they know their National Anthem.

### Dúirt Siad

"Milo is nearly as old as us but he doesn't realise it", Don Henley on the 'young fellah in America'.

"There is plenty of time if it was used efficiently", Don Henley on the fixtures fiasco.

"You've got your f...ing ethics and I've got a business to run. I want it done that way".

Ben Dunne to his accountant Michael Irwin after he expressed concern about expenditure on M1. Dunne's home being recorded as work on a new Dunne's Stores factory.

"Completing the championship next season would be a last resort" Six nations chief executive Roger Pickering (You'd get used to it if you were living in Waterford".

"Britain is now the lepar of Europe", Minister for State for the Marie Mr. Hugh Byrne in a reference to Foot and Mouth.

### Seachtain Na Gaeilge

It might as well have been seachtain na Greigis for the amount of Irish I heard around Tallow for the week.

An Foras Teanga, one of 6 cross border bodies was established recently by the Belfast Agreement. Foras na Gaeilge is now responsible for the promotion of the Irish Language throughout the

whole of Ireland. A second organisation, linked but automatic is dedicated towards promoting Ulster - Scots Foras na Gaeilge has assumed the functions and role of the now defunct Bord na Gaeilge. When staffing plans are completed it is envisaged that an Foras will have 65 people working on an Ireland basis. It will have a budget of £13.5 million for 2001.

## Tallow Community Centre Results

Margaret Mullins, Mitchelstown; Mary Curtin, Youghal; Yvonne Grey, Tallow; Nuala Rohan, Tallow; Margaret Giles, Tircullen; Kit Aherne, Conna; Peggie Murray, Tallow; Battie McGrath, Dunmoon; Catherine Pratt, Tallow; Margaret Geary, Moorehill; Margaret Piggot, Ladysbridge; Anglia Clancy, Aghern; Charlotte Fuller, Parkdota; Mrs. Roche, Kilworth; Mary Griffin, Youghal; Jer Coughlan, Fermoy; Margaret Daly, Tallow; Mrs. Long, Park Inch; Mary Murphy, Tallow; David Tobin, Tallow; Teresa Roche, Kilworth; Kathleen Manahan, Cappoquin.

Next Sunday night jackpot will be £2,625 on 48 calls or less.

# Abbeyside Topics

## SAINT PATRICK

If Hollywood Directors came along and picked up the story of Patrick, they would surely find it would make a good script for a movie. The story of Patrick has all the elements that goes to make up a good story.

We know the story of Patrick is true - we are familiar with his capture and the way he was sold into slavery. We know about the hardship he endured during his childhood - his dramatic escape, conversion and return to Ireland are well known to all. When we examine Patrick and his life, we find that there is a huge frailty there. We find a man who struggled with his faith and we find a man who at times was afraid to speak. Patrick never felt worthy of the great mission he was asked to undertake. That was not his fault as he had a deep genuine sincerity. However, it was his deep faith in God that helped him to endure his hardships. As a result of all this, Patrick's legacy is tremendous. When we see through the myths we then see that Patrick had a deep faith. Thus, for Irish people, it is good to be proud of Patrick, and we should give thanks to God for the gift of faith he brought to us.

In our modern society, we have to be very careful of hypocrisy. Patrick's life was about service to God and that is the way it should be in our own lives as well. The message of Patrick for the Irish people in the fifth century is the same message the Church has for us to-day. Our Christian Heritage should mean something to us - it has been passed on to us over the generations. We must have the courage to say - I am a follower of Christ. Every individual must stand up and say 'I believe Patrick suffered on account of his faith'. If our faith means anything to us, we should be proud to profess it - not in an arrogant or condescending way - but in a genuine and believing way. If we can do that, then 'Patrick's Day' makes sense.

(Ref. The Sermon made by Fr. Keogh C.C. at the 10.30 a.m. Mass in Abbeyside Church on St. Patrick's Day - Saturday 17th March.)

## ACCESS FOOTPATH TO CLONEA BEACH

Dungarvan UDC member Councillor Damien Geoghegan has welcomed the assurances that he received recently from Waterford County Council that the access footpath leading to Clonea Beach would be cleaned and maintained on a regular basis. Cllr. Geoghegan stated that Clonea Beach was availed of by members of the public on an all-year basis and was extremely popular with walkers.

The Fine Gael Councillor

had expressed his concern that the footpath which was constructed approx. 4 years ago to allow easier access to the beach for disabled people had become virtually impassable due to the amount of stones and other debris that had washed ashore in recent months. The County Council has assured Councillor Geoghegan that the area overseer, will check the footpath on a regular basis, to ensure that it remains free of any obstacles or debris.

## MCCARTHYVILLE PROGRESS

During the week, the mounds of clay were spread and the area is ready for grass-seed at a later date. The residents are hoping that the open space leading the right-of-way into Murphy Place will be attended to this week.



Group of young children who received their Duckling Awards for Water Confidence for January/February, at the Gold Coast Leisure Centre, sponsored by MFS Trust Ltd. With the group are Mel Shanley (sponsor), Jenny McGrath, Manageress, Kerrie Power and Claire Morrissey, Instructor. (Photo: Sean Byrne)

## INVADERS FROM ABROAD

The 10th century opened with the settlement of Vikings in Munster. They were raiders in search of 'gold and glory' certainly but were also merchants with outlets in every part of Europe and North Africa. Already in 863 AD they had founded the seaport of Waterford. In 916 AD they swarmed all over the Province of Munster. As the early Irish historian says, there were 'seavomiting ships in all of Munster' and there was no place in Munster that was not visited by the Vikings. It was probably at this time that they built an outpost at Helvick where they moored their clinker-built ships, the finest ocean going craft so far in Europe. Helvick means 'the settlement of Hel', who was the goddess of the dead. Helvick was, of course, more suitable for these men as landfall than Dungarvan, because the tides did not effect their ships and they lived by the sea which was the element that linked their trading empire of ports.

### KILLONGFORD

There is another intriguing hint in a place-name, which throws some light on the presence of Vikings in the Dungarvan area. This is Killongford, 'the church of the encampment'. A longphort was generally an encampment of Vikings where they pulled their ships ashore and used them for shelter and, if

need be, they also threw up some temporary fortifications around them. This then became a base for raids over the surrounding countryside.

### NO ADDITIONAL INFORMATION

There is nothing further known of the Vikings in the Dungarvan district, where there were no monasteries for them to raid. There was, of course, no place like Lismore where the raiders came and apparently settled. Ardmore appears to have been in decline by the 9th century. Apart from the oratory, there was still no other stone building there at that time and these were built later.

In Ireland the only urban settlements were monasteries where a concentration of wealth could be found. That is the reason why the Vikings raided them.

(Ref. A History of Dungarvan Town and District by Patrick C. Power. Available from Power's Bookshop, 36 Mary Street, Dungarvan.)

## SUMMER TIME

Summer-time officially begins after midnight on Saturday 24th, so there will be an extra hour of daylight in the evening.

## MOTHER'S DAY

Sunday, March 25th, which is also the Feast of the Annunciation, is now celebrated worldwide as Mother's Day. In each passing year, this special day seems to be gaining in importance, due in no small measure to the marketing campaign being carried out by the commercial interests. A well-known writer on women's affairs, once wrote that 'woman is the most wonderful creature created by God, and she becomes even more wonderful when she becomes a mother because no other creature has to fill so many roles in caring for her children. She is a nurse, a teacher, advisor, consoler, provider (sometimes) a worrier, always showing love, kindness and compassion - and having to fulfil so many roles does not require a University education. These qualities come naturally.'

## Abbeyside Reference Archive

### RARE BOOK

Last week we got another book to add to our ever growing collection. It measures 10 inches by 7 inches and is a half inch thick.

Q. How rare is the book?

A. Well, unlike the Book of Kells it does have seven copies.

Q. Is it available for public viewing?

A. Yes, a copy is available at Dungarvan Library, Waterford County Library at Lismore and at Abbeyside Reference Archive while the other five copies are in private hands.

Q. Will it prove a bestseller?

A. No, as only these eight copies exist.

This Sunday evening Ann Allridge will be at the Parish Office minding the book with the light blue cover and the gold writing on the spine reading Abbeyside Parish News 2000.

Note; If anyone has material for the April issue of the Parish News would they please drop it in to the Parish Office immediately and so help to provide us with the 18th edition of a rare book!

# JACK FLANAGAN M.I.P.A.V.

Auctioneer, Valuer & Estate Agent



On the South East's Copper Coast

## Chapel Road, Stradbally

Co. Waterford

Unique development of 8 Detached Houses built to a high standard within walking distance of village and Cove Beach. An ideal opportunity to acquire a home in this sought after area.

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- Plaster finish
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# THE HERMITAGE

A New Development of 4 Bed Detached Houses. Situated in a most sought-after area convenient to all amenities at Friar's Walk, Abbeyside, Dungarvan, Co. Waterford

**Accomm:** Hall; lounge; family room; kitchen/dining area; utility; W.C., & wash hand basin. Upstairs: Landing; study/5th bedroom; 4 well appointed bedrooms all with built in wardrobes. Master en-suite, main bedroom.

**Special Features:** Hardwood floors in hall & lounge; mahogany open string stairs; solid wood panel doors; moulded skirting boards & architraves; moulded cornice to lounge; family room; hall & landing. Fully decorated oil fired heating system. P.V.C. fascia, soffit. P.V.C. double glazed windows paved driveways; front & rear lawns.

**Developers:** Hally & Sons Ltd.

**Solrs:** M/s John N. Murphy & Co., Main Street, Dungarvan, Co. Waterford.

Full Colour Brochure Available from Sole Agent.

For further details and appointment to view showhouse contact sole agent:

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### No. 3 Church Mews, Dungarvan, Co. Waterford

#### 2 BED SEMI-DETACHED PROPERTY "TOWN HOUSE"

Unique opportunity acquire a property in the centre of Dungarvan Town with its own private secure car park including remote control gates.



**Accomm:** Lobby, spacious lounge with fire place & solid maple floor; fully fitted kitchen hob & oven, ceramic tiles on floor

**Upstairs:** Landing; bathroom with shower over bath; bedroom (1) with en-suite; bedroom (2) with built in wardrobe.

Gold shield electric heating system; U.P.V.C. Double glazed windows & external doors. P.V.C. fascia & soffit, wired for alarm.

Outside: Side entrance to backyard.

### No. 84 Springfield, Dungarvan, Co. Waterford.

#### Attractive 3 Bed Semi-Detached Property in very good condition with many extras

Briefly: Hall; Sitting-room; familyroom/dining area; fitted kitchen; study/4th bedroom; utility; toilet. Upstairs: 3 well appointed bedrooms and bathroom. Oil fired heating system; P.V.C. double glazed windows and external doors. P.V.C. Fascia/Soffit.

Mature gardens. **Early viewing recommended**



### No. 27 Comeragh Crescent, Dungarvan, Co. Waterford

#### SPLENDID 3 BED SEMI-DETACHED BUNGALOW & GARAGE

Good location convenient to all amenities in superb condition throughout. **Viewing recommended.**

Briefly: Hall; Sittingroom with fireplace and built-in unit; fully fitted kitchen/dining area; Bathroom with electric shower over bath; 3 Bedrooms.

This is a well presented property with oil fired heating system, U.P.V.C. double glazed windows and external doors. U.P.V.C. fascia & soffit. Mature private walled in gardens to front and rear.

**Viewing strictly by appointment.**



### Coolagh Road, Abbeyside, Dungarvan, Co. Waterford

Unique architecturally designed dormer bungalow (new) with sunroom, garage and car port. Gardens to front and rear. Good parking facilities. Very well located on outskirts of town yet walking distance of all amenities.

Briefly: Reception area; lounge; family room; kitchen/dining area; sun lounge; utility; w.c./cloakroom.

Upstairs: Spacious landing; main bathroom & free standing shower; 4 well appointed bedrooms (2 en-suite) and 2 with walk-in wardrobes.

Outside: Garage, car port & patio to rear.

This is a well designed and built property with double glazed U.P.V.C. teak windows P.V.C. fascia and soffit. Oil fired heating; wired for alarm, fire places plumbed for Gas fires, all solid red deal panel doors throughout. Red deal skirting and ark and floors upstairs. Total floor area 2,500 sq.ft. Landscaped gardens.

**Viewing by appointment with Sole Agent.**



### Mweelnahorna, Ring, Co. Waterford.

#### SUPERB 4 BED DETACHED BUNGALOW RESIDENCE ON C. 1/2 ACRE

Enjoying a sea view over Dungarvan Bay and surrounding area

**Accomm:** Hall; Lounge; Familyroom; Diningroom; Kitchen/Dining area; Utility room and wash hand basin; Bathroom; 4 well appointed bedrooms.

Located in a most sought after area, 10 minutes drive from Dungarvan Town, convenient to shops/post office, church and beach.

**Viewing strictly by appointment.**



### Shanakill, Dromore, Aglish, Co. Waterford

#### 4 BED DORMER BUNGALOW ON C. 1/3 ACRE SITUATED 1 MILE FROM AGLISH VILLAGE

Briefly: Hall with stairs off; lounge with fireplace with bay window; Kitchen/Dining area; bathroom; 2 bedrooms. Upstairs: Master bedroom en-suite.

This is a new property and has never been occupied. It has double glazed U.P.V.C. windows. P.V.C. fascia & soffit. Oil fired heating system. Garden laid out and gravel driveway. Services: mains water, septic tank on site, E.S.B., wired for telephone.



### Knockaun, Cappagh, Co. Waterford

#### ATTRACTIVE 3 BED BUNGALOW ON C.1/2 ACRE

Comprising: Hall; Family room; Kitchen/Dining; Utility, Bathroom and 3 Bedrooms.

U.P.V.C. double glazed windows to front. P.V.C. fascia & soffit.

Good location: 3 1/2 miles from Dungarvan Town.



### Cooneen, Aglish, Co. Waterford on c.1/2 acre

#### TRADITIONAL THATCHED COTTAGE

Overlooking Blackwater River, in superb condition throughout.

White U.P.V.C. windows, electric storage heating.

Briefly: Hall, kitchen; living room; bathroom & 3 bedrooms.

Viewing recommended.

Solrs: M/s J. P. Gordon & Co., Burgery, Dungarvan



For further details and appointment to view contact Sole Agent:

**Jack Flanagan** Auctioneer, Valuer & Estate Agent  
64, Main Street, Dungarvan, Co. Waterford  
Tel. 058-41496 or 41280 (after six). Mobile 086-2530635  
www.flanaganauctioneers.com



# Ballymacarbray News

## A REQUEST TO ANGLERS NOT TO GO FISHING

A request by the Minister for the Marine and Natural Resources to all anglers not to go fishing at this time as part of the drive to prevent the spread of Foot and Mouth Disease to this country. He appealed to all sections of the community to play their part to counter the spread of FMD. Anglers are in a particular position to help, in view of their contact and use of farmland to access rivers and lakes. In light of the current situation the Minister has issued the following advice. All anglers should refrain from fishing at this time. No fishing permits will be issued in respect of State Fisheries until further notice, private fishery owners should not operate their fisheries for the moment, tourism angling promoters should encourage visiting anglers to postpone their angling trips for the immediate future, all angling competitions should be cancelled for the moment and Fisheries Boards will cease stocking and transfer of fish in fresh water until further notice. He has also called on all angling clubs to encourage their members to refrain from angling at this time to cooperate with the Fisheries Boards to avoid any risk to our livestock resource.

## GLENCOMERAGH HOUSE EVENTS FOR APRIL

### Events April 6th to 8th by Brother Alberic Tumer OSCA.

Bro. Alberic, Cistercian Monk and Master of the Spiritual life explains to us how God is present to us in every moment of our lives, including the ones we would sometimes rather forget. He explains it so simple and effectively that it will make you want to pray and discover God's special love for you and for all that he has created.

### April 20th to 22nd. Whole Health Shiatsu by (Ann King-Hall, MRSS, IMSS).

This weekend will introduce you to the creation of health, harmony and balance in your life, through the use of natural, whole foods, simple exercise and correct breathing. You will also have hand on experience of a simple shiatsu treatment, this weekend begins on Friday at 7.30 pm and concludes after lunch on Sunday.

### Stress Management Workshop by Brendan A Lee, (ITEC Dip).

A common factor often emerges in the case of illness, simple mismanagement of one's life, usually in response to stress. This workshop is designed to familiarise people with the effect stress has on the body, mind and spirit. The presentation includes up to ten different ways of managing stress leading to healthier, happier and more productive lives, the day begins at 10.30 am and ends at 4.30 pm including coffee and 4 course lunch.

### April 28th

A day with Alice Taylor; Come and join Alice Taylor for a most relaxing day at Glencomeragh, as she reflects on finding God in the bits and pieces of every day, which go to make up the poetry of life, the day begins at 10.30 am and concludes with Mass at 5 pm. Early booking is advised.

## LOTTO NEWS

Fourmilewater Hurling Club lotto jackpot £800. Numbers drawn were 2-12-21. No winners. 5 x £20 winners, Mary Kelly, Gaignagower, Kevin Mulcahy, Glasha, Monica Gillman, "Millhouse", Ballymacarbray, Margaret Phelan, Tooreagh, Nuala McGrath (w), Knockaun. Jackpot this week £900.

## PUPILS FIRST CONFESSION

The pupils of Ballymacarbray National School who will receive their First Holy Communion on 19th May, the feast of Saint Peter Celestine, will have their first confessions heard at Saint Laurence's Parish Church, Fourmilewater on Wednesday evening 21st March at 7.30 pm.

## RETIRED FROM AMBULANCE SERVICE

On last Friday night week at Cantwells Bar, Cashel, relatives, many friends and staff of the South Eastern Health Board gathered together to celebrate the retirement of Ambulance driver Tom Daly who gave twenty eight years of high quality service to the Ambulance Service while he was stationed at Our Lady's Hospital, Cashel. Tom was born in Borrisleigh, Co. Tipperary, he was son of the late Garda Andrew and Elsie Daly. He was educated at the CBS Templemore and at Thurles Vocational School. He followed in his fathers footsteps and joined the Garda Siochana and was stationed at Blackrock, Dublin for three years. At the end of three years service he returned his uniform and set sail for England, where he found another uniform job with the London Transport service as a driver of buses for nine years. After that time there he returned to Ireland in 1973 where he took up his third uniformed job with the Ambulance Service in Cashel and he trained in the Ambulance Service in the Phoenix Park Ambulance Training School, Dublin. He was a man who enjoyed his work which he carried out with dignity and professionalism, he gained the respect of everyone he came in contact with. Benny Walsh who hails from Ballymacarbray who is Ambulance Officer with the South Tipperary service described Tom as an excellent Ambulance man who carried out his duties in a professional manner and kept the service running smoothly at all times. I would like to pay a special thank you to this fine man for the many times I travelled on his Ambulance, Tom enjoy your retirement.

## RECENT DEATHS

### LATE BROTHER PATRICK ATKINSON

It is with deep and sincere regret we pen the death of Brother Patrick Atkinson I.C. Rosminions, Kilsheelan, Clonmel which sad event took place peacefully at the College Hospital Nursing Home, Irishtown, Clonmel on Thursday 1st March. Deceased was a native of Portadown, Co. Down and had spent many years in the I.C. order at many of their houses. A kind and loving man whose charity knew no end, he was always ready to lend the hand of help. His presence amongst us will be very much missed. On Saturday his remains were removed to Glencomeragh Chapel where they were blessed and received. On Sunday the feast of Saint Casimir requiem Mass was celebrated at noon, after Mass the funeral took place to Saint Patrick's Cemetery, Clonmel where he was laid to rest in the community plot. To his brothers and his many relatives and his Rosminion Brethern we extend our sympathy.

Go maith suaimhneas siora aici i measc na Naomh.

(Undertakers Condon's, Clonmel).

### LATE MRS. BRIDGET FRIEND

It is with deep and sincere regret we record the death of Mrs. Bridget (Breda) Friend (nee Casey), Ballylynch, Carrick-On-Suir after an illness of short duration at the Regional Hospital, Waterford, her demise was greeted with great sadness by the community. Breda was born at Sir John's Road, Carrick in 1930 to the late Laurence and Annie Casey. She was a person who spent all her life in the locality. She began her working life at Walshe's of Parkside, later she moved to Whites of Kickham St. Like many of her age in Carrick district in the early 50's she contacted T.B. and spent time in Kilkenny Hospital before being transferred to Peamount Sanatorium where she spent many years suffering before making a full recovery from the disease. She recovered well enough to enjoy a long life despite the constant scourge of ongoing sickness. After her recovery she married Michael Friend and they settled down in married life at Ballylynch where they reared a family of four. Her interests in life included trips to England to visit her brother, she also travelled abroad with the local guild of the I.C.A. of which she was a valued member. She will be best remembered for her kindness, and the good words of advice when advice was needed. On Monday evening her remains were removed from Walshe's Funeral Home, Carrick-On-Suir to the Parish Church of Saint Nicholas, Carrick-On-Suir where they were blessed and received. A Guard of Honour was provided by the local guild of the I.C.A. On Tuesday morning the feast of Saint Honoratus requiem Mass was celebrated for the happy repose of her gentle soul, the celebrant was Rev. Fr. Pat Cooney P.P., Carrick-On-Suir/Faugheen assisted by Rev. Fr. John Byrne C.M.F. After Mass the funeral took

place to Saint Mary's Cemetery, Carrickbeg where she was laid to rest. Fr. Pat Cooney P.P. officiated at the graveside in the presence of a large concourse of mourners paying their final respects to a dear Christian friend whose memory they will cherish. To her husband and family, sister, brothers and her many relatives we extend our sympathy.

Go nDeana Dia grasta uirthi.

(Undertakers Walshes, Carrick-On-Suir).

### LATE MR. JOHN BURKE

It is with deep regret we record the recent death of Mr. John Burke, Donoughmore, Clonmel. John an outstanding farmer with a deep love of nature and the countryside. Behind his easygoing manner lay a sharp intellect and wit, a man of few words, but when he was required he voiced his opinion and it was heeded. John will forever be known for his involvement with Moyle Rovers GAA Club. On the formation of the present club in 1956, John became Chairman, a position he held until 1973. He then became actively involved in fund-raising to provide the present Monroe facilities. He also worked tirelessly with the juveniles, as he correctly believed that here lay the future of Moyle Rovers, and he was a proud man to see his work come to fruition in 1995 with them winning the County Senior Football Title. John became President of Moyle Rovers Club in 1988, a position he proudly held until his death. John's daughter Marie, as assistant Secretary of the juvenile club continues the good work. His involvement in his parish extended beyond Moyle Rovers Football Club, he was a member of Lisronagh Parish Finance Committee and the Lisronagh Hall committee and for a number of years a member of Lisronagh School board of Management. He believed in active local participation and the joint parishes of Lisronagh and Powerstown are the richer for his quiet dedication and service. How fitting it was that his remains were removed from Condon's Funeral Parlour, Clonmel to the Moyle Rovers Clubhouse at Moyle Park and there so many people called to bid him a last farewell, from there they were removed to St. John the Baptist Parish Church, Lisronagh where they were blessed and received, the coffin was draped in the sky blue colours of Moyle Rovers and a Guard of Honour by members of the Moyle Rovers Club. On the following morning requiem Mass was celebrated for the happy repose of his gentle soul, the celebrant was Rev. Fr. Peter Ahearn P.P., Lisronagh/Powerstown assisted by Rev. Fr. Thomas Breen P.P., Clerihan and Rev. Fr. Power P.P., Fethard. After Mass he was laid to rest in the plot beside his wife Mary who predeceased him. To his daughter Marie, his brother Toby, a regular at the card game at Ballymacarbray on a Friday night, sister Monica and his many relatives we extend our sympathy.

Ni bheidh a leithead aris ann.

(Undertakers Condon's, Clonmel).



At 50th Anniversary Comhaltas Celebrations in Park Hotel. From left; Donal Connolly, Co. Manager; Martin Forristal, Rúnai Co. Board C.C.E.; Willie McDonnell, Chairman Waterford Co. Council; Maitiú O Fathaigh, Cathaoirleach Co. Board C.C.E.; Sean O Sé; Michéal Marrinan P.R.O. Co. Board C.C.E. (Photo; Pat Crowley).

## COMHALTAS CELEBRATIONS STRIKE HIGH NOTE

It was forty eight hours of continuous partying at the recent Comhaltas celebrations in the Park Hotel. The organisers came up with the right recipe and the presence of several famous names from the world of Irish music added a special spark to events. The reception at 7.30 pm on Friday was attended by many associated with traditional music in Co. Waterford, musicians such as Mick Connery and Nicky Power, former officers of Comhaltas such as Eibhlís Uí She, family of deceased officials such as Mrs Josephine Halpin and members of Munster Council CCE all reminisced on times past and marvelled at the up and coming talent displayed by the young musicians who played during the reception. Guests at the function included Ms. Teresa Wright, representing Michael O Riordan chairman of Dungarvan UDC, Willie McDonnell chairman of Dungarvan Co. Council, Co. Manager Donal Connolly and his wife Cathy, Aine O Riordan of Feile na nDeise and Tom Corcoran Chairman of Glanbia and President of Craobh na gCumarach CCE.

At 8.30pm guests and patrons crowded into the ballroom of the Park Hotel for a concert which has since been lauded as one of the best ever. Despite the fact that the organisers had not pre sold tickets, extra seating had to be procured to accommodate the unexpect-

edly large crowd. Magic was in the air as the Fear a'Ti, Sean O Se welcomed everyone. Sean of course, who first came to prominence some forty years ago with Sean O Riada and Ceoltoiri Chualainn, is a professional to his fingertips. With song and story, joke and repartee, he tied the whole programme together making a wonderful cocktail of varied entertainment. Ar ndoigh ta Gaelge ar a thoil aige agus usaid se i go fonnhar. The Tin Whistle, the instrument on which so many children first learn their music, took pride of place at the beginning of the concert. In the hands of Mary Bergin who has more than a dozen records to her credit, the music was indeed spellbinding from the tiny little instrument. A set of reels from Wexford Box player, Martin Connolly, songs from Josie Sean Jack and John Sean Darach and the usual virtuoso performance from Tony Mc Mahon left the audience calling for more at the break.

### PRESENTATION

At the beginning of the second half Tomas Clancy from Stradbally got the surprise of his life, having played a few tunes on his mouth organ; waiting in the wings was young Mairead Fahey of Craobh na gCumarach! With a few well chosen words on behalf of the young musicians of Co. Waterford, Mairead presented him with a beau-

tiful mouth organ which had the inscription "Bronnta ar Tomas Clancy CCE 1951 / 2001" The concert continued with a few mighty sets of tunes from Daithi de Paor on pipes and Ciaran Somers from Carlow on flute, followed by Bobby Gardiner on Melodion. Further sets from Tony McMahon and Mary Bergin and numerous encores brought the concert to the finale with a medley of songs from Sean O Se including "An Poc ar Buille" followed by a rousing rendition of "Amhran na bhFiann". Sean's accompanist was Claus Cantwell.

### SESSIONS

As patrons left the ballroom of the Park Hotel they were faced with a choice of four sessions in different parts of the hotel. It was the early hours before only those who had to be up early for the Saturday morning workshops reluctantly retired.

### WORK SHOPS

The master musicians Mary Bergin, Aine Nic Gabhann and Dymphna O Sullivan were more than surprised at the promptness of the eager pupils who were seated at their venues in the Park Hotel by 10am. Suffice to say that there was a feeling of mutual admiration at the end of the morning work.

### SET DANCING

The early morning saw dancers from various places meet up with Donnacha O Muinneachain the dancing master and in no time at all the floor of the ballroom was full. Later that night the visitors were joined by many locals for a brilliant Ceili with music provided by the Waterford Comhaltas band

### SPECIAL EVENT

How do you organise a concert which starts at 7pm and finishes at 9pm and draws a reasonable audience? This weekend saw a very enjoyable event called Sessiun na nOg which featured the young performers from all over county Waterford. Here was entertainment, music song and dance which belied the ages of the various artists.

### SLAN GO FOIL

Saturday night spilled in to Sunday morning and reinforcements arrived and the Hotel was the scene of many good byes and farewells among numerous sessions of songs, dance and music with people like Aidan Coffey David Sheridan the Rynnes and many more too numerous to mention.

### BROADCAST

Many of the weekend events were recorded and some programmes have already been broadcast on Radio na Gaeltachta.

# Stradbally Notes

## DRAW

The double draw held in Faha last week saw Peggy Carey and Mary Power emerge as the leading promoters even though the actual £10 promoter prizes went to Helen Power and Eileen Sheehan. Peggy Carey was the lucky promoter of the £100 won by Yvonne and Kevin Cunningham, High-street. £20 each to Matt Cummins of Newtown and Frances Sheehan of Ballykerogue. Mary Power was the lucky promoter of £20 prizes which were won by Sonny Connell of Ballygaron, Sean Reilly of Kilmacthomas and Gillian Roche of Carrickready.

Kitty Goff was the lucky promoter of the £100 prize won by Eamon Goff of Carrigahilla while Nellie Casey was the lucky promoter of the £20 prize won by Mary Flynn of Currabaha. Kathleen Coffey was the lucky promoter of the £20 won by Robert Aherne of Brennan. May Barrett was the lucky promoter of the £20 won by Tessie Begley of Chapel Road and Tony Reynolds was the lucky promoter of the £20 won by a Agnes Keane of Ballyvoile.

Next draw will be held in Bally next Monday, March 26th at 8pm in the community centre.

## PIONEERS

The boys and girls who were recently confirmed are being invited to join the pioneers until they're 18 years of age and to abstain for life from drugs. This ceremony will take place in Holy Cross Church, Stradbally on Friday, April 6th during Mass at 7:30pm.

This invitation is also extended to any other teenagers who might wish to join the pioneers and anyone interested is asked to get in touch with Father Enright or Father Power. Our young people should be protected from the dangers of alcoholic drink at a time when so many are addicted at too early an age.

## PENITENTIAL SERVICES

This season of Lent is an opportunity for everyone to be reconciled for Easter. There will be Penitential Services in all three churches on the weekend of March 31st and April 1st. There will be a Holy Hour in Holy Cross Church Stradbally this Sunday 25th at 3pm.

## SYMPATHY

Sincere Sympathy is extended to Michael Curran of Rockville on the death of his uncle Michael Curran. He was buried in Kilrossanty last week.

## ENVELOPES

Lenten Dues Envelopes and Envelopes for the Annual Lourdes Invalid Fund are now due to be returned along with the weekly envelopes.

## NOTE

Please send your news to Róisín O'Shea for the time being on 293030

# The Classifieds

TELEPHONE 058-41203

FAX 058-45301



## SPRATT'S TRAVEL

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Tel 058 42111 Fax 058 43229

### Charters To France

Ex Cork / Shannon  
Paris, Lyon, Marseille, Quimper, Nantes, St. Briec,  
Bordeaux and Toulouse  
From £169 Plus Extras

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TUESDAY, APRIL 3, 2001  
£319 per person (plus extras)  
Price includes: Flights, 1 night Jury's Inn, Full breakfast, Seated match tickets.

★ GRAN CANARIA SPECIAL ★  
4/11/18 May — Only £199

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**JAMES KIELY CONSTRUCTION, Glendalligan, Leamybrien** — Registered Builder; Fully Insured — Tanks, Silos, Effluent Systems, Cubicles, Blocks and Plaster, etc. Telephone 051-291177 or 086/2675694. (t-c)

### Inch Loss

**NEW COMPUTERISED** inch loss and anti-cellulite treatment. Avail of special offer now. All major credit cards accepted. Contact Lorraine at 058-44355. (t-c)

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**CAR, TRUCK** and Agricultural Tyres. Tracking and Balancing. Specialists in 4x4 Tyres. — Kilrush Industrial Estate, Dungarvan. Telephone/Fax 058-41595. (t-c)

### Clotheslines

**CLOTHESLINES** — T-shaped with pulleys and ropes, £50 delivered, £60 fitted or with winders; £60 delivered, £70 fitted. Installed anywhere in Co. Waterford (Dungarvan, Tallow, etc.) Also entrance and side gates (wrought iron or timber). Free installations, any area. Telephone 025-32636. Mobile No. 088-2549996. (t-c)

### Dungarvan PVC

**DUNGARVAN PVC FACIA AND SOFFIT** — PVC Facia Soffit, Gutter, maintenance free. Choice of colours: white, brown, black. Tel. 058-45135. 086/2778630. (t-c)

### Animals Wanted

**WANTED** — Cows, bullocks, heifers, bulls. Contact Jim Gough 086-2742296 or 058-68090. (June 01)

### Painting

**FOR ALL YOUR** Interior and Exterior Painting. Quality work at reasonable rates. Phone 087 4139922. (23-2r)

### Decorating Services

**SCART DECORATING SERVICES** — The complete interior decorating service, wallpapering our speciality. Quick, clean, prompt and efficient. Free quotes and consultation. Phone/Fax 058-47356. Website: www.dungarvan.com/scart (t-c)

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**GATES** — Wrought Iron from £100; Teak Gates from £150; any size, shape or price; free fitting anywhere in Co. Waterford. Telephone 025-32636 or 088-2549996. (t-c)

### Counselling Service

**PROFESSIONAL COUNSELLING SERVICE** — Sally O'Reilly, M.A. Couns. Psych., N.N.H.I.I. — If you need to talk to someone about difficulties with depression, bereavement, stress, eating disorders, low self esteem, abusive relationships, etc., call to: first floor: Dr. O'Callaghan's Surgery, Catherine Street, Youghal. For appointment telephone 021-276367 or 087-2338804. Cork City appointments also available. (Apr. 01)

### Beauty Clinic

**LORRAINE — THE BEAUTY CLINIC** (Opp. Supervalu), O'Connell Street Mews, Dungarvan, ITEC, CIBTAC, SAC, CIDESCO — Sunbed with Turbo Unit with high intensity leg and facial unit — **10 sessions for £30**. For all your beauty needs and treatment Phone 058-44355 now for appointment. All major credit cards accepted. (t-c)

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**BUILDING CONTRACTOR**, current C2, VAT registered, fully insured, roofing, plastering, carpentry, extensions, doorways widened, en-suite fitted to bedrooms for elderly or disabled and for special needs. Telephone 058-53151 or 087-6883528. (t-c)

### For Sale

**FOR SALE** — Quantity of large bales of silage and straw. Contact 058-54794.

**40 BALES OF SILAGE** for sale. Contact 058-52121. (30-3)

**FOR SALE** — Irish dancing class costume for Michael Ryan School of Dancing, perfect condition, aged 10-12. Telephone 024-96546 after 6 p.m.

**BALES OF SILAGE** for sale, delivered if required. Contact 024-96291. (30-3)

**FOR SALE** — Silage wraps, in Modeligo area. Telephone 051-646371.

### Childminding Services

**CHILD MindERS WANTED** — We specialise in finding work for childminders in the South East. — Nursing & Allied Services 051-833135 (9 a.m. - 5 p.m.) / www.nas.ie. (t-c)

**CHILD MindERS AVAILABLE** — There is now a Childminding recruitment agency in the South East. Phone Nursing & Allied Services 051-833135 (9 a.m. - 5 p.m.) / www.nas.ie (t-c)

**NURSES & CARE ASSISTANTS / HOME HELP STAFF** WANTED for agency work in the South East. — Nursing & Allied Services 051-833135 (9 a.m.-6 p.m.) / www.nas.ie (t-c)

**HOME HELP AVAILABLE** Waterford City & County — Nursing & Allied Services 051-833135 (9 a.m.-5 p.m.) / www.nas.ie (t-c)

### Get In Shape For The Summer

**FITNESS CLASSES** are a great way to get fit, lose weight and tone up. All classes are to music and cater for all levels of fitness. Venue: Dungarvan Crystal Leisure Club, Kilrush, Dungarvan. Class times: Every Tuesday and Thursday, 6.30 - 7.30 p.m. It is necessary to pre-book. To achieve overall fitness telephone 058-43072. Cost per class £3.50.

### Opportunity

**EARN £20 TO £30 PER HOUR** from a home based, part-time business. Telephone Noel on 021-4882011. (30-3)

**A REAL WAY** to make serious money! No catch, no financial risk. Telephone 058-53371 or 058-47402. (31-3)

### Arch

**SPECIAL VALUE THIS WEEK** — Hipsters (oddments) at £4.99; Polo Shirts (assorted shades) £4.99; Selection of Trousers clearing £11.99; Fleece Jackets from £16.99. — Arch, 49 Main Street, Dungarvan.

### Lift

**PERSON WANTED** to share lift and expenses from Dungarvan to Waterford, Monday to Friday, 9 a.m. to 5 p.m. Contact 058-42683 anytime after 7 p.m.

### Services Available

**FOR YOUR WASHING MACHINE REPAIRS**, contact Leonard Fraher, Ballinamult. Telephone 058-47107, Mobile 087/2606497. (28-7)

**CHIMNEY CLEANING** with vacuum, pressure washing, all types of painting and window cleaning. Telephone Mossie Casey 087/2949330, or 058/60334 after 6 p.m. (t-c)

**KIERAN J. VEALE, ELECTRICIAN** — For all your electrical needs, houses wired and rewired, including small appliance and cooker repairs. C2 also available. No job too small. RECI Registered. Telephone 058-45616. (t-c)

**BLOCK LAYER** — Roofing and plastering, dry lining, skin coating and carpentry, concrete floors and yards; new houses, old houses renovated; extensions, garages, driveways and all types of farm buildings. For all your building needs. Telephone 058-53151 or 087-6883528. (t-c)

**PLUMBER AVAILABLE FOR** Oil fired central heating, all plumbing work carried out. No job too big or too small. Free quotations. Contact Jed on 087-6861026. (t-c)

**CAPPOQUIN PVC** — Cappoquin PVC — Fascia, Soffit and Gutters. Maintenance free. Cleaning of Fascia, Soffit and Gutters available. Also, painter available. No job too big or too small. Telephone 058-52210 or 087-4146890. (TC)

**SOUTHERN KENNEDY ALUMINIUM and uPVC** Double Glazing, Clonmel/Ardfinnan. Telephone 052-66505. Free quotation, 5 year warranty on work. Windows, doors, patios, conservatories, etc. (Jn. 01)

**ATTENTION — LEAKING ROOF PROBLEMS** — Slate and felt roofs can be sealed permanently for £5 a square metre with Allweather Compound. Torch-on felt a speciality, houses re-roofed extensions, conversions. Keenest prices assured, estimates free; distance no object. All work fully guaranteed. Contact Southern Roofing Systems anytime on 086-2519396. Registered Contractor. (apr)

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### Houses, Flats, Accommodation Etc.

**UNITS TO LET** — 2 refurbished units, suitable for office, creche, etc. — O'Connell Street Mews. Tel. 058-41403. (t-c)

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**2-BEDROOM APARTMENT** to let in Cois Mara, fully furnished, available from April 7th onwards. Contact 087-2323322 or 0902-72524 after 6.30 p.m. (13-4)

**ROOM TO LET** in Harbour Bay. Telephone 087-9945902 after 5 p.m.

**WANTED** — Third person to share house, own large bedroom. Quiet, comfortable house, Dungarvan central. Telephone 086-3371359. (30-3r)

**WANTED** — Person to share house in Silversprings, own room, all mod cons; reasonable rent. Contact 087-6649175 / 087-6316273.

### Florries

**FLORRIE'S CENTRA AND MOTHERS DAY** — Mum's the word at Florries Centra this weekend and why not celebrate Mothers Day with one of the many gifts we have to offer. We have a delightful selection of embroidered teddy bears inscribed with World's Greatest Mum. We also have a terrific selection of floral bouquets, cards, gift wrap, wines, chocolates, fresh cakes, etc., all at unbeatable prices. Our in-store offer at the moment is a beautifully crafted pine coffee table which can be yours for just £39.99 and 50 tokens. We have the perfect gift for your special mum, so why not pay us a visit this Mothers Day, at Florries Centra near the hospital, Dungarvan.

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**FOR SALE** — Opel/Kadet '89, 1.7l Diesel; NCT up to 1-8-02; new tyres. Telephone 058-44096. (l)

**OPEL CORSA**, 1997, 1.2, 5-dr., 57K miles, P.S., mint condition, £4,750. Telephone 058-43773.

**FOR SALE** — '91 Mitsubishi Colt, NCT passed, excellent condition. Telephone 058-41615, 087-2706923. (l)

**FOR SALE** — '92 Opel Vectra 1.6i, alloys, very good condition, £1400. Telephone 086-2676844, after 8 p.m. (l)

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### Gardening

**COMERAGH CONTRACTORS LTD.** — Full landscaping service, private/commercial (C2 and insured), lawns laid; tree, shrub, hedging supplied and planted. Old gardens restored, stonework, patios, water features, fencing and ground works. Commercial maintenance only. Contact: Paul Curran Tel. 058-45508, Mobile 087-2908403. (t-c)

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# The Classifieds

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### Country Market

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### Planning Notices

**Dungarvan Urban District Council** — Permission is sought for the indefinite retention of variations to existing permission, Planning Ref. PL 49/99 to include modifications to internal layout and shop front at No. 46, Mary Street, Dungarvan, Co. Waterford. — Signed: D. Dougan.

**Dungarvan Urban District Council** — Permission is sought for the construction of a new shop front to include all necessary alterations and renovations to the front elevation of Darrer's Stores, 14 Mary Street, Dungarvan, Co. Waterford. Signed: Darrer's Stores Ltd.

**Waterford County Council** — I am applying for permission to build a porch extension to the front of my house at Ballinroad. Signed: Thomas Fitzgerald.

**Waterford County Council** — John Maxwell seeks permission to extend existing dwelling and installation of septic tank and ancillary works at Moorehill Cross, Talloow.

**Waterford County Council** — Fiona and Timothy York are seeking full planning permission for change of use of former tourist office at Ballyrafter, Lismore to shop for locally produced organic vegetables.

**Waterford County Council** — Dermott Kelly applies for permission for extension of existing building with change of use to public house and creation of car park, at Kilgobnet, Dungarvan.

**Waterford County Council** — Dermott Kelly applies for permission for construction of septic tank and percolation area to serve existing dwelling at Kilgobnet, Dungarvan.

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# Cappoquin Notes

## CAPPOQUIN/AFFANE GAA CLUB NOTES

### Lotto

The numbers drawn in Fawly's Bar on Tuesday March 13th were 5-16-24-27. There was no jackpot winner. Our five £10 consolation prize winners were Jack Coffey, Melleray, Ross Murphy, Main St., John Mansfield, Cappagh, John Joe Scanlon, Tourin, Jimmy Coughlan, Aglish. In the Blackwater House on St. Patrick's night the numbers drawn were 1-4-7-22 and there was no jackpot winner. Our five £10 consolation prize winners were Deirdre Tobin, Tallow; Kevin Foley, Melleray; Liam Moore, c/o Centra; Christopher Maher, Lacken; Eilish Lallon, Shamrock House. This week's draw will be held in Walsh's Hotel on Saturday March 28th. The jackpot will be the handsome sum of £3,800 as if you are not in you can't win.

### Key Of The Door

All in the club would like to wish Carol Mason a belated happy 21st birthday which was celebrated over the weekend.

### St. Patrick's Day

Due to the FMD, Festivities in this country were 'low key' with no parades for the weekend, saying that we hope all our supporters home and abroad enjoyed themselves and by all accounts most people did. With some "Duinners" hitting the "Big Apple" for the Razz Matazz.

### Cappoquin/ Affane Juvenile GAA Club Notes Mass Lane Cup 2001

Sarsfields; Shane Hourigan, Stephen Power, Glen Morrissey (capt), Killian Denn, Ian Mason, Kieran Flynn, Patrick O'Donovan,

Jamie Troy, Pat Walsh, David Cahalane, Shane O'Brien, P. J. Curran, Liam O'Gorman.

Na Piarsaigh; Johnny Buckley, Kieran McCarthy, Paul Barry (capt), Kieran O'Sullivan, Stephen O'Brien, Seamus Ronayne, Shane O'Rourke, David Cahill, Tommy Buckley, Tom Cashman, John Cullinane, Ross McLaughlin, Robbie Buckley.

Wolf Tones; Gearóid Coughlan (capt), Shane Fives, Mark Landers, Shane Power, Cyril Byrnes, Eoin Landers, Darren Curran, Derek Cahill, Darragh Fives, Ian Fitzgerald, Gavin McMahon, Philip O'Rourke, Dillon O'Connor.

Desmonds; Paul Murray, J. J. Devine, Daniel Dransfield (capt), Daithi Wilkinson, Seamus Fitzgerald, Michael Fenton, Paudie Moore, Finan Murray, Pat Fitzgerald, Raymond Hallissey, Gary Hallisey, Michael Devine, Dean Whelan.

Fenians; Brian Phelan, Ed Walsh, David Kett (capt), Aidan Browne, Joe Kett, David Leahy, Ivan Cliffe, Colm Looby, Ivan McGrath, Liam Coffey, David Murphy, Kieran Phelan, David Phelan.

### Fixtures

Monday March 26th Sarsfields v Na Piarsaigh Shane Barry. Tuesday March 27th Wolf Tones v Desmonds Gary Morrissey. Friday March 30th Sarsfields v Fenians Aidan Power. Tuesday April 3rd Na Piarsaigh v Desmonds Shane Barry. Wed April 4th Sarsfields v Wolf Tones Gary Morrissey. Friday April 6th Na Piarsaigh v Fenians Aidan Power. Monday April 9th Desmonds v Fenians Shane Barry. Wed. April 11th Na Piarsaigh v Wolf Tones Gary Morrissey. Friday April 13th Sarsfields v Desmonds Aidan Power. Friday April 13th Wolf Tones v Fenians Donal O'Rourke. All games start at 5.15 pm.

### This Weeks Questions

1 In 1992 when Affane beat Portlaw in the County Intermediate Football Final who scored the goal and who captained the side?

2 In 1948 when Waterford defeated Dublin in the All Ireland Senior Hurling Final which clubside supplied most players for the final.

3 What GAA Club colours are worn by well known race horse owner J. P. McManus. Answers will appear in this section next week.

Last weeks answers are  
1 The six players and coaches from Cappoquin known locally as the "Magnificent Seven" that won the All Ireland Minor Hurling Final for Waterford in 1948 where Joe Flynn, Michael Kelleher, Vincent Walsh, Michael O'Connor, Billy Conway, Michael Browne and Paddy Cunningham (coach).

2 John Kiely played with the London Club Sean McDiarmuids in 1959.

3 Noel Cummins (Book-makers) is the Newtown man living in Cappoquin that played in the English FA Cup competition. His "Cup Dream" was shattered when his side Lyd Town went down 13-0 to Deeltown.

### Training

It is good to see the big turnout for training and it can be even bigger. If everyone makes the extra effort every player brings up the number.

U-21 Hurling Championship 2000 Cappoquin v Clashmore

This semi final goes ahead in Lismore this Saturday March 24th at 2.30 pm. Transport leaves the square at 1.30 pm.

### Fixtures

Affane v St. Oliver's in Aglish at 11.00 am. Transport leaves square at 9.45 am. Wednesday March 28th Affane v Lismore in Lismore at 6.30 pm. Transport leaves Square at 5.30 pm. Monday April 2nd Affane v

Naomh Brid in Touraneena at 7.15 pm. Transport leaves at 6.15 pm.

### Football Training

Training is this Wednesday at 7.15 pm and Friday March 30th under Eamonn O'Shea. Would all these players please make the effort to turn up; Stephen Kett, Ivan McLaughlin, Kevin O'Rourke, Conor Heffernan, Stephen Power, Jason Hodnett, Adrian Cliffe, Peter McGrath, Cathal Wilkinson, John Cunningham, Pat Devine, Kevin Burke, Paul McGrath, Derek Browne, Tim Looby, Tommy Curran, Keith Landers, Donal McGrath, Paul Murray, Gearóid Coughlan, David Kett, Eoin Landers, Mark Landers, Paul Barry, Glen Morrissey, J. J. Devine, Killian Denn. The older U-12's if they want to train are more than welcome.

### Indoor Hurling

Indoor hurling continues at the usual time on Friday for all the various age groups. This Saturday our U-9's take part in the Cois Bride Tournament in the Lismore Community Centre.

### PARENT TODDLER GROUP

A parent/toddler group will take place every Thursday morning in Cappoquin Parochial Hall from 10.30 - 12.00. All are welcome.

### AFFANE BRIDGE CLUB

#### Results

5th March. 1st Mary Radford and Lil Costin. 2nd Maureen Morrissey and Una Mason. 3rd Andrew McGrath and Brid Bergin. 4th Addie Buckley and Claire Meaney.

## MERCY PRIMARY SCHOOL NOTES, CAPPOQUIN

The last number of weeks have been very busy for all classes. During early February we had a visit from an Agri-Mobile Unit and all children experienced at first hand the joys of the farm. Our visitors included a cow and calf, pig and piglet, sheep and lamb, chicks and ducks. It was a very enjoyable day for all pupils.

### Quiz Time

Pupils from 5th/6th class travelled to Waterford and participated in the N.P.C. Cadbury Quiz challenge. Well done to all who took part.

### Enrolment Ceremony

On Tuesday 13th February an Enrolment Ceremony for First Holy Communion children took place. Boys and girls from second class began their official preparation for the Sacrament of reconciliation and First Holy Communion in the presence of their parents and teachers. Thank you to Rev. Fr. Arthur P.P. for officiating.

### Confirmation

On Sunday 11th March Bishop William Lee administered the Sacrament of Confirmation to the pupils from Sixth Class. It was a most memorable occasion with all pupils actively participating in the ceremony. Pupils from both schools took part in the choir providing beautiful hymns for the occasion.

### Seachtain na Gaeilge

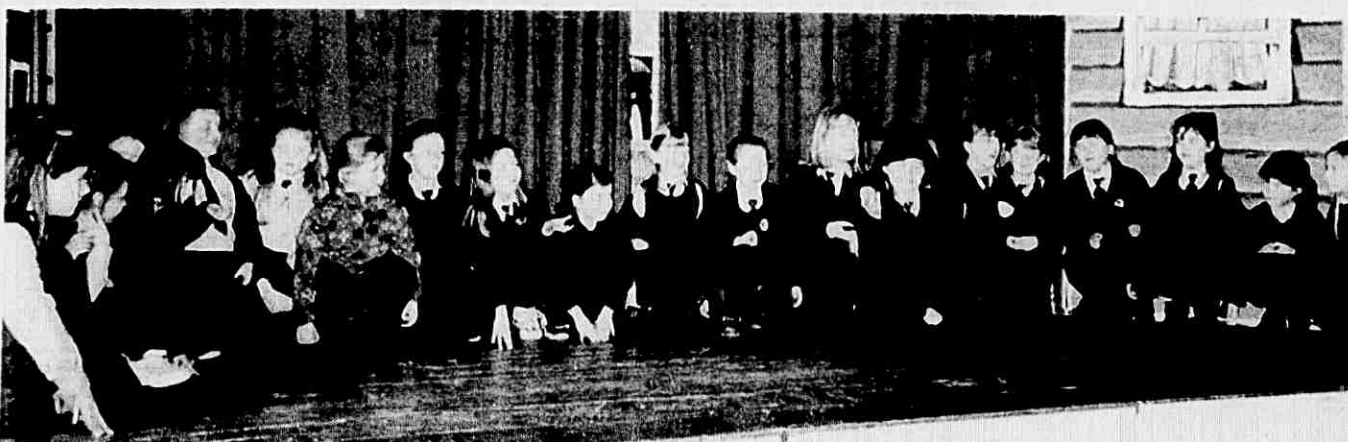
To celebrate seachtain na Gaeilge pupils in the classes took part in an All Irish concert on Friday March 16th. The hall was alive with traditional music, Set-Dancing, Ballad Singing, Recitation and all types of drama from Junior Infants to Sixth Class. It was a most enjoyable afternoon for all pupils and an opportunity for them to enjoy their Irish language and culture.

### St. Patrick's Day

Well done to all our pupils who sang in the school choir in the Parish Church on St. Patrick's Day.

### Enrolment Forms

Enrolment Forms for new entrants are available at the office. Thank you to all who have returned their forms.



Children of the Merch Primary School who took part in the All Irish Concert to celebrate Seachtain Na Gaeilge

NEWSLETTER

# An Roinn Talmhaíochta, Bia Agus Forbartha Tuaithe

## FOOT AND MOUTH MESSAGE

Minister Walsh thanks the public and the many organisations concerned for their invaluable co-operation and forbearance during the current Foot and Mouth emergency.

The Minister said that to prevent an outbreak, we must continue to remain vigilant and take strict precautions for as long as is necessary. The Minister reminded the public not to travel to Northern Ireland, Great Britain or France unless absolutely necessary; not to visit the countryside and not to bring meat or dairy products into this country from Northern Ireland, Great Britain or France.

Speaking to farmers, the Minister advised them to continue to restrict access to farms; to regularly change/clean the disinfectant mat/straw at the entrance to the farm; not to travel to other farms; to move animals only under permit and to report any suspicious movement to their local Department office. "It is in all our interests to keep foot and mouth out of Ireland," the Minister said.

Minister Walsh also announced a timetable for the relaxation of certain restrictions for specified categories of events in the light of the current FMD situation. These guidelines are available on the Department's website (www.irlgov.ie/daff) and were published recently in the national newspapers.

### ALMOST £7 MILLION PAID TO WATERFORD FARMERS IN 2000 SPECIAL BEEF PREMIA PAYMENTS

Over £30 million was paid to farmers around the country in early March in the final instalment of the 2000 special beef premium, bringing the total paid to date in respect of the 2000 Special Beef Premium Scheme to £182.2 million. Of this total Waterford farmers have benefited to the tune of £6.862 million.

### £0.51 MILLION PAID TO WATERFORD FARMERS IN FINAL INSTALMENT OF 2000 EWE PREMIA AND RURAL WORLD PREMIA PAYMENTS

In a £25 million final instalment payout, which brings the total value of ewe and rural world premia in 2000 to approximately £78 million, Waterford farmers have benefited to the tune of £0.51 million. When account is taken of the sheep headage scheme, the total amount paid to sheep farmers under the 2000 schemes topped £99 million.

### MINISTER STRESSES IMPORTANT CHANGES IN AREA AID APPLICATION ARRANGEMENTS FOR 2001

Minister Walsh pointed out that the two major changes concern the inclusion in the Area Aid form for the first time of applications for the Disadvantaged Areas Compensatory Allowances Scheme and the earlier closing date for applications. The Minister reminded

farmers that the Disadvantaged Areas Headage Schemes (covering cattle, sheep, goat and equine headage) have been replaced in 2001 by the area-based Disadvantaged Areas Compensatory Allowances Scheme. Deer farmers in disadvantaged areas may also apply for the new area-based scheme. Application to participate in the area-based compensatory allowances scheme must be made on the 2001 Area Aid application form. In order to receive this Compensatory

Allowance farmers must therefore submit a completed area aid application form by 27 April 2001 (extended from 30 March to allow for difficulties caused by the Foot and Mouth emergency). Applicants must also indicate their wish to participate in this scheme by ticking the appropriate box on the front page of the application form.

Full details of all the terms and conditions for participation in this scheme, the definition of qualifying forage area and the levels of payment are set down in the Area Aid 2001 Helpsheet/Terms and Conditions which are enclosed with every area aid application form. Minister Walsh reminded all farmers to read the terms and conditions very carefully before completing the 2001 form and to respect the 27 April application deadline.

## RECRUITMENT

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1997 Toyota Starlet 3-dr., new type, taxed 10/01, ex. condition.....	£5,700
1997 Opel Vectra GL 4dr. 1.6, silver, P/S, C/L, taxed 11/01 .....	£7,500
1996 Opel Astra 4-dr. Saloon 1.4 P/S metallic beige, A/B, as new ...	£6,950
1996 Mercedes C 180 Classic 1.8, Petrol, one owner, as new, 62K	£14,950
1995 Opel Astra GL 4-dr. Saloon 1.4, P/S, A/B, met. beige, as new ...	£5,950
1995 Nissan Sunny Diesel 4-door Saloon, 2.0L P/S, only 60K, blue.....	£4,500
1995 Opel Corsa 5-dr. City 1.2, black, excellent condition .....	£4,250
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# IN MEMORIAM

**BARRY** — First Anniversary — In loving memory of Richard (Dick) Barry, Glenbeg, Glencairn, who died on March 20, 2000. Sacred Heart of Jesus have mercy on his soul. (Remembered by John, Teresa and family, Manchester.)



**FARELL** — Third Anniversary — In loving memory of Bobbie Farrell, Cherrymount, Glendine, who died on March 21, 1998. R.I.P. The day is remembered, but quietly kept. No need for words, we will never forget. (Sadly missed by his loving wife Hannie and family.)

**FARELL** — Third Anniversary — In loving memory of a loving father and grandfather, Bobbie Farrell, Cherrymount, Youghal, who died on March 21, 1998.

You gave us years of happiness, Then sorrow came with tears, You left us lovely memories, We will treasure through the years.

(Always remembered by your loving son Johnnie, daughter-in-law Patricia and grandsons Damien and Gavan.)

**FARELL** — Third Anniversary — In loving memory of my Dad., Bobbie, late of Cherrymount, Glendine, who died on March 21, 1998. R.I.P.

I lost a dad with a heart of gold,

How much I miss you can never be told,

You shared my troubles and helped me along,

If I follow your footsteps I will never go wrong.

(Always remembered by your loving daughter Teresa.)

**FLYNN** — Twenty-first and First Anniversaries — In loving memory of our parents, Patrick Flynn, late of Colligan, Dungarvan, who died on March 20, 1980 and Mary Flynn who died on March 28, 2000.

Anniversary Mass on Saturday, March 24, at 7.30 p.m. in Colligan Church.

Will those who think of them today,

A little prayer to Jesus say. (Always remembered by your loving family at home and away.)

**HURLEY** — Fourth Anniversary — In loving memory of my dear sister, Helen Hurley, late of Ballinagoul, Ring, who died on March 26, 1997. R.I.P.

Deep in our hearts, our memories of you will always stay, Loved and remembered, every day.

(From your loving sister Carmel, brother-in-law Peter, nephew Conor, niece Hannah.)

**HURLEY** — Fourth Anniversary — In loving memory of my dear sister, Helen Hurley, late of Ballinagoul, Ring, who died on March 26, 1997. R.I.P.

As we look upon her picture,

Sweet memories we recall, Of a face so full of sunshine,

And a smile for one and all. Sweet Jesus take this message,

To my sister up above, Tell her how much we miss her,

And give her all our love.

(From your loving sister Margaret, brother-in-law Pat, nephew Micheal, nieces Emma and Sharon.)

**McGOVERN** — Nineteenth and Sixteenth Anniversaries — In loving memory of my dear father, Patrick McGovern, whose nineteenth anniversary occurs on March 22 and my very dear brother Paddy ("Pad") whose sixteenth anniversary occurs on March 22, both of the same address 4, St. Patrick's Terrace, Abbeyside.

Anniversary Mass on Wednesday, March 21, at 7.30 p.m. at St. Mary's Parish Church.

(Never forgotten by your loving daughter and sister Bidy, and family at home and away.)

**O'CONNOR** — Tenth Anniversary — In loving memory of a wonderful wife and mother, Rita O'Connor, late of Murphy Place, Abbeyside, who died on March 20, 1991.

Anniversary Mass in Abbeyside Church at 7.30 p.m. on Friday, March 23.

We remember a smile we would love to see,

A hand we would love to touch,

We remember a voice we would love to hear,

Because we loved you so much.

A lot of things have happened, That we wanted you to share,

So many times we needed you,

And wished that you were here.

Sad are the hearts that loved you,

Silent the tears that fall,

But living our lives without you,

Is the greatest heartache of all.

May the wind of love blow softly,

And whisper for you to hear,

That we your family miss you,

And wish that you were here.

(Dearly loved and sadly missed by her loving husband Danny, daughter Anne, sons Michael, Donal, Liam, Pat, Gerry, Obbie, son-in-law, daughters-in-law and grandchildren and all your family at home and away.)

**O'DONOGHUE** — Eleventh Anniversary — In loving memory of Thomas O'Donoghue, late of Boolakiely, Cappoquin, who died on March 26, 1990. R.I.P.

A silent grief that's in our hearts,

No human eye can trace,

For many a broken heart is hid,

Beneath a smiling face. (Always remembered by your loving family.)



**PRENDERGAST** — First Anniversary — In loving memory of Helen Prendergast, Barrack Street, Tallow, who died on March 24, 2000.

Though absent you are always near,

Still loved, still missed, still very dear,

Silent thoughts of times together,

Memories will last forever. (Always remembered by all your loving family.)

**TOBIN** — Third Anniversary — In loving memory of Patrick Tobin, late of 15, Lios Mór Avenue, Dungarvan, who died on March 23, 1998. R.I.P.

Will those who think of him today,

A little prayer to Jesus say. (Remembered by Monica and family.)

**McGRATH** — Thirty-first Anniversary — In loving memory of our dear mother, Kathleen McGrath, Monatrim, Lismore, who died on March 21, 1970.

The Lord came down and touched your face,

He took your hand and whispered low,

Come walk with me, it's time to go.

The gates of heaven opened wide,

The angels lined up, side by side,

A special guest was on the way,

The day God took our Mum away,

Deep in our hearts, you'll always stay,

Loved and remembered, every day. (Always remembered by her loving family.)



**WADE** — First Anniversary — In loving memory of Patrick Joseph Wade, late of Pinewood Lawn, Monang, Abbeyside, whose anniversary occurs on March 25.

A day to remember, sad to recall,

Without farewell you left us all,

Your name is often mentioned,

Our thoughts are with you still,

You haven't been forgotten

What's more you never will. (Always remembered by your loving mother and family at home and away.)

## Acknowledgments

### LEONARD FRASER Tallow

The wife, family and brother of the late Leonard Fraser wish to thank most sincerely all those who sympathised with us in our recent sad loss. We wish to express our heartfelt appreciation to those who came from near and far to attend the rosary, removal and funeral; to those of you who sent Mass cards, enrolments and letters of sympathy, floral tributes, and to those of you who telephoned. The support of friends and neighbours was much appreciated. Our sincere gratitude to Dr. O'Keefe, Sr. Teresa, the choir, our parish priest, Fr. Farrell, Fr. Ross, Fr. Mulcahy, Fr. Aodhain and the Carmelite Sisters. A special thank you to the N.A.C.A.I., Tallow Athletic Club, Bride View Utd. AFC, Youghal Utd. AFC and The Red House League who formed a guard of honour. A word of thanks too to the Garda Síochána, undertakers, gravediggers, sacristan and altar boys.

As it would be impossible to thank everyone individually, we hope that this acknowledgment will be accepted as a mere token of our appreciation. The holy sacrifice of the Mass will be offered for all your intentions.

### JOHN WALSH Mount Melleray Gates Cappoquin

The brothers, sisters and other relatives of the late John Walsh wish to sincerely thank all those who sympathised with them in their recent sad bereavement; those who sent Mass cards, letters and floral tributes; those who attended the removal and burial; those who called personally to our home; also those who telephoned. A sincere thanks to the local doctors; to Very Rev. Fr. Arthur, P.P., Rev. Fr. Power, C.C. — also the Cistercian monks at Mount Melleray Abbey; the doctors and nurses at Waterford Regional Hospital; to our very kind neighbours and friends; the gravedigger, chapel woman and altar servers; to John D. Noonan of Maurice J. Noonan & Son, Funeral Directors, Cappoquin, for his help and kindness during the funeral. Many thanks to the Melleray Choir.

The holy sacrifice of the mass will be offered for your intentions.

### MARY JO SHANAHAN Ballynoe, Lismore

The family of the late Mary Jo Shanahan wish to thank most sincerely all those who sympathised with them in their recent sad bereavement; those who sent Mass cards, letters of sympathy and floral tributes and those who attended the removal and burial, especially those who travelled long distances. A special word of thanks to Canon Nugent, Fr. K. Mulcahy, P.P., Fr. Cullinan, Ballyduff and Fr. Paul Keane, Dunhill. A sincere word of thanks to the Cunningham family, Ballynoe, Dr. R. Beecher, the Lismore Hotel, Lismore GAA Club for their guard of honour; to the management and staff of Waterford Crystal; to the organist Billy Hogan and the choir; also to the sacristan, altar servers, gravediggers our sincere thanks. Finally to Ryan's Funeral Directors, Lismore and all the kind neighbours and friends for all their help.

The holy sacrifice of the Mass will be offered for all your intentions as a token of our heartfelt thanks.

### VINCENT GLAVIN Fulham, England and Carriglea, Dungarvan

The brother, family and other relatives of the late Vincent Glavin wish to thank most sincerely all those who sympathised with them on their recent bereavement; those who attended the funeral Mass and burial and those who sent Mass cards and floral tributes. Sincere thanks also to the Very Rev. Finbar Lucy, Rev. Garret Desmond and Rev. O'Riordan. A very sincere thanks also to Drohan Funeral Directors, Dungarvan and Bonds Funeral Directors, Fulham.

The holy sacrifice of the Mass will be offered for all your intentions.

## PARENT

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From 10 a.m. - 2 p.m.  
Monday - Friday

## The Samaritans

Beau Street, Waterford

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## NOVENAS

### THE MIRACULOUS PRAYER

— Dear Heart of Jesus, in the past I have asked you for many favours. This time I ask you for this special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where your Father sees it. Then, in his merciful eyes, it will become your favour, not mine. Amen. Say this prayer for three days, promise publication and favour will be granted. Never known to fail. With grateful thanks. — T.

### MAY THE SACRED HEART OF JESUS be praised, adored and glorified throughout the world, now and forever. Amen.

Repeat six times a day for six days and publish in newspaper. — D.C.

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Repeat six times a day for six days and publish in newspaper. — D.C.

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Repeat six times a day for six days and publish in newspaper. — D.C.

### NOVENA TO ST. MARTHA — (Never known to fail) — O St.

Martha, I resort to thee and to thy petition and faith. I offer up to thee this light which I shall burn every Tuesday for nine consecutive Tuesdays. Comfort me in all my difficulties through the great favour thou didst enjoy when Our Saviour lodged in thy house. I beseech thee to have definite pity with regard to the favour I ask (mention favour). Intercede for my family that we may always be provided for in all our necessities. I ask thee St. Martha to overcome the dragon which thou didst cast at thy feet. One Our Father and three Hail Marys, and a lighted candle every Tuesday and the above prayer made known with the intentions of spreading devotion to St. Martha. This miraculous Saint grants everything before the Tuesdays are ended, no matter how difficult. — A.H.

### THANKSGIVING — Novena to St. Clare — Say nine Hail Marys to St. Clare for nine consecutive days in front of a lighted candle for one business request and two impossible requests and promis- ing publication on the ninth day.

## TG4 Launches 'Buail Bóthar' Travel Challenge

This Summer TG4 are again on the lookout for five new presenters for the second series of their hit travel series 'Buail Bóthar'. Keeping with the station's philosophy of 'Súil Eile', 'Buail Bóthar' is a travel series with a difference.

On the 25th of June 2001, five successful candidates will arrive at an Irish airport, having absolutely no idea where they are headed for. Only hours before they depart, will they find out what their destination is to be (all we can say at the moment is that they will definitely be exotic). The travellers will also have to survive on a meagre budget equivalent to the local value of £150 per week as they explore the locations to which they have been sent.

'Buail Bóthar' will show the adventures of the five intrepid travellers, warts and all as they journey through exotic and far-off countries in a quest to survive on their own with only a backpack and a cameraperson

for company. For four weeks we will follow each of our presenters as they come to terms with a number of challenges which have been set for them - which could range from trekking across the Sahara to exploring the deepest reaches of the Amazonian rainforests. The journey will be a rollercoaster ride of success and failure.

Candidates need to be adventurous, resilient and above all resourceful. They also need to have a good knowledge of Irish and be 18 years of age or over. Auditions for a selected number of candidates will be held the week beginning the 8th April in various centres around the country. This will be followed by a 3-day final selection course.

Candidates can apply by calling the following free phone number - 1850 715 855 or by emailing Nemeton TV Productions at eolas@nemeton.ie before the 4th April 2001.

## Response To F&M Threat

CONTINUED FROM PAGE 1

Cllr. McDonnell said they had been extremely lucky to have kept the Foot and Mouth Disease out of the country so far and the urban and rural communities deserved to be thanked for all the precautions they had taken.

Cllr. James Tobin endorsed the Chairman's comments, but felt the County Council should have provided supplies of disinfectant at all its depots around the county.

Cllr. Ollie Wilkinson said the Minister for Agriculture, Joe Walsh, Junior Minister Noel Davern, and the Government should be congratulated for the way they had led the campaign to prevent the disease entering the country. "It was in stark contrast to what had been happening across the water", he added.

Cllr. Wilkinson said it was uplifting to see the way the urban and rural communities throughout the country had rallied to the cause. Undoubtedly there are people who have been badly hit financially because of all the restrictions but the prize for keeping the disease out is the biggest one of all.

Cllr. Kieran O'Ryan supported his colleague and said all the major sports organisations deserved to be thanked for the way they had responded. "Yes, question marks, serious question marks, stand alongside the response of the British authorities to the disease now rampaging through their country, but I will say no more", added Cllr. O'Ryan.

Cllr. Billy Kyne said the threat of Foot and Mouth had particularly highlighted the urgent need for the Government to set up a Food Authority that would deal with such vital matters as marketing.

County Manager, Donal Conolly, said the Council has been in constant contact with the Department of Agriculture's chief vet throughout the crisis and they will continue to remain vigilant and on guard for as long as is necessary.

## Cois Bride Juvenile GAA Club Notes

### INDOOR HURLING BLITZ

With the easing of restrictions on GAA activity in the county slowly coming into place, most of our under age players are once again back doing indoor and some outdoor training. This means training on Tuesdays and Thursdays in Tallow and also in Kilwatermoy Hall on Thursday and Friday nights for the Primary school lads.

U-16 football training has also recommenced. The U-9 Indoor Hurling Blitz, due to be held last Saturday fortnight will now take place this Saturday 24th March in Lismore Community Centre, commencing between 10.30 - 11.00 am.

No doubt, the enforced break from hurling will give all our young lads an extra appetite for the contest and I expect we'll see some very keenly fought games next Saturday.

### U-16 FOOTBALL

Our U-16 football team will be making their first competitive outing next Sunday 25th March at home to Dungarvan. Because of all the postponements earlier this month, this U-16 team will now be the first Cois Bhríde team to line out outdoors. So best of luck boys, kick off is at 11.00 am in Knockanore.

### CLUB LAUNCH

Once again a launch night for Cois Bhríde CLG is coming back into focus and the sub-committee formed to run the launch will be meeting this week.

It is our intention to run it as soon as possible and though it's too early yet to speculate on a date, all we're really waiting for is a sign that there is a relaxation of the restrictions county-wide and it will be given the go ahead very soon.

Our two guests of honour, Mike Frank Russell and Ken McGrath have indicated their

willingness to travel when required, so it's fingers crossed that Ireland remains F.M.D. free. Hopefully with everyone's co-operation and vigilance, it will remain so.

## Ballyduff Notes

### DAFFODIL DAY

The annual Daffodil Day in aid of the Irish Cancer Society will take place on this Friday

March 23rd. Last year's volunteers sold daffodils in Ballyduff in conjunction with Tallow Credit Union and this will be repeated this week. Sellers will be on the streets of the village from 7.30 a.m. onwards and volunteers are being sought to help out during the course of the day. Anyone who is available to help out are asked to contact Kay McCarthy on 058-60439.

### ADULT GAA CLUB

The senior hurlers will open their league campaign with a game against Mt. Sion in the field on Saturday at 3.30 p.m. This is a difficult opener against the reigning County

Champions. Players are asked to be in the field not later than 3.10 p.m. and we ask all players to be present as a full panel is required for every game.

The numbers drawn in last Saturday night's lotto draw were 1, 4 and 27. There was no winner of the £400 Jackpot. The £20 prizewinners were Mary Keaneally, Cable Cottage, Kilbarry, Fermoy, Jim Leamy, Ahaun, Ballyduff and John Jackson. This week's draw will take place in the Log Cabin at 10.00 p.m. Patrons are asked to note the change to Sat-

urday nights and there are now three £20 prizes and tickets only cost £1 and are available from local business outlets and club members.

Members fees are now payable to Pat Flynn or Brendan Hannon. The fees are £20 for those who play hurling and £10 for other players and members. The fee for minors is £5 and all players must be paid-up members to be covered by insurance and to be eligible for inclusion in the draw for championship match tickets. It is expected that the function to honour the 1975 County winning Intermediate Hurling team will now be deferred to the Autumn.

### BALLYDUFF

#### COMMUNITY COUNCIL

St Michael's Hall and the Sports Hall have now reopened and will remain open provided there is no further threat in the country from the FMD situation in Britain. We hope the inconvenience of the last two weeks has not caused too much dissatisfaction to all concerned.

Events and bookings will proceed as scheduled beginning with the Card Drive tonight Wed 21st and a Teen-Disco on a date to be decided.

The March monthly meeting of the community council has been rescheduled for Tuesday next 27th.

## Melleray Notes

### GAA

Due to the Foot and Mouth restrictions very little has been happening in recent weeks. Luckily our Annual Social went ahead before the restrictions were put in place and a great night was had by all. Training has not yet commenced but now that the long evenings are descending on us it will be full steam ahead in the field.

### SCOR

For the first time in a number of years the club will be entering Senior Scor. This takes place on Saturday 24th March at 7.30 pm in the Dunhill Centre and a bus will be available for anyone wishing to travel, leaving the Cats Bar at 6.15 pm. Those wishing to travel should contact Maureen Tobin (058) 53121 to book the seats.

### SYMPATHY

Sincere sympathy is extended to Aideen Fitzgerald and to the Murray family on their recent sad bereavement.

### NEW ARRIVAL

Congratulations to Anthony and Mary O'Rourke on the birth of their baby son.

### LADIES EVENING

This will take place at the Cats Bar, Melleray on Wednesday 21st March at 8.30 pm. Free door prize; Raffle; Free facials; Makeover; Skin care advice. All are welcome.

## WORKING TOGETHER TO KEEP IRELAND FREE FROM FOOT AND MOUTH DISEASE

The Minister for Agriculture, Food and Rural Development, Joe Walsh TD, thanks the public and the many organisations concerned for their invaluable co-operation and forbearance during the current Foot and Mouth emergency. To prevent an outbreak, we must continue to remain vigilant and take the following precautions for as long as is necessary:

### GENERAL PUBLIC:

#### DON'T

- Travel to Northern Ireland, Great Britain or France unless absolutely necessary.
- Visit the countryside.
- Bring meat or dairy products in from the UK or France.

### FARMERS:

#### DO:

- Restrict access to your farm.
- Change/clean the disinfectant mat/straw at entrance to your farm.
- Report any suspicions to your Department of Agriculture local office.

#### DON'T

- Travel to other farms.
- Move animals except under permit.

LoCall helpline 1890 607 608 continues to operate from 9.00 am to 5.30 pm daily.

IT'S IN ALL OUR INTERESTS TO KEEP FOOT AND MOUTH OUT OF IRELAND



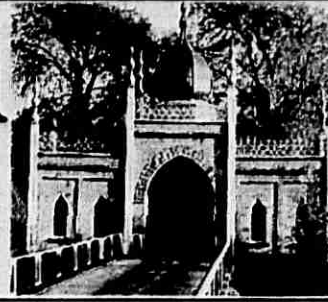
## DEPARTMENT OF AGRICULTURE, FOOD & RURAL DEVELOPMENT

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Web: [www.irlgov.ie/daff](http://www.irlgov.ie/daff)



# West Waterford Notes



## 'THE NEW SARGENT'

On this Thursday night at the Decies Bar, Clashmore the video of Pat Walsh's play "The New Sargent" will be shown at 9.30 pm. Everyone is welcome along.

## NEW PRODUCTION

"Clancy's Daughter" a new play written and presently being produced by Pat Walsh rehearsals are presently under way with a cast of 10 local people. Curtains go up in late May and to date everything is going well for what promises to be a great show. Anyone willing to assist are welcome to come along.

## CEILI BAND

A meeting of the Ceili Band formation group will take place on this Friday night at 9.00 pm in the Cooper's Bar. Anyone interested in joining us are most welcome along on Friday night. Please bring along your musical instrument.

## BREAK IN THE U.S.A.

Back on duty following a short break in the United States is David Walsh and his wife Margaret. Hope you had a very enjoyable time.

## BABY GIRL

Congratulations to Caroline (nee Foley, Clashmore) and Michael Quinn on the birth of their first child, a little baby girl during the past year.

## SERVING THE PUBLIC FOR 39 YEARS

On St. Patrick's night Tom and May Beresford of The Rising Sun, Clashmore celebrated 39 years in business. One of the most successful traditional family owned businesses in West Waterford. Tom and May are held in the highest of respects by locals and visitors alike.

A warm welcome awaits one and all at the Rising Sun and we wish the Beresfords continued success, health and happiness. Happy anniversary Tom and May.

## DEATH OF MR. JIM POWER

With deep regret we extend our deepest sympathy to the Power family, Killeagh, the McGrath family, Clashmore (cousins) and Kathleen Power, Kinsalebeg, dearest friend of the late Jim Power, Killeagh who died on St. Patrick's Day after a brave battle

against illness.

Jim Power was well known and a highly respected tradesman and his work, especially in the repair of water pumps took him across the Blackwater on a regular basis.

His death comes as a great blow to all his family and friends and we pray God will comfort them during the sad and lonely days ahead.

Following requiem Mass on Monday afternoon last at St. John the Baptist Church, Killeagh, Jim was laid to rest in Killeagh cemetery. May he rest in peace.

## SYMPATHY

All in the world of Athletics in this area extend our deepest sympathy to Mrs. Eileen Harty of Ballinamult on the death of her father Mr. Paddy Morrissey last week. May he rest in peace.

## RECENT VISITORS

During the past two weeks brother and sister John and Deirdre Fitzgerald came home to Springfield, Kinsalebeg to spend some time with their dad Claudie Fitzgerald. Deirdre was back from England while John is back from the U.S.A. A lovely reunion for all the family.

## CLASHMORE 45 DRIVE

Back at the newly renovated Decies Bar the Clashmore 45 Drive players would like to thank Mrs. Mary Dower for looking after us all over the past few weeks.

Monday night's winners were 1st on 9 games Paddy Lynch and Peggie Russell. 2nd on 8 games Jim McGrath and Stephen Cunningham. 3rd on 6 games John Cliffe and Noel Nugent. John Connery, Mary Dower and Birdie Cunningham. Well done all and best wishes to Mossie and Veronica and J.E.M. on their new business venture.

## CLASHMORE LOTTO

The winners of last weeks £10 consolation prizes in the Clashmore lotto were Liam Dalton, Modeligo, Tommy Keogh, Piltown, Maura Keogh, Piltown, Patrick McGrath, Clashmore and Michelle Walsh, Modeligo. The numbers drawn were 3-5-12-20. No jackpot winner. So next week there is £1,400 so get your numbers in.

## ARDMORE & GRANGE TWINNING ASSOCIATION

**French Trip Postponed**  
Ardmore and Grange Twinning Association has decided to postpone its forthcoming

trip to Paris Le Pre d'Auge & Leo Morecaux due to the outbreak of the Foot and Mouth. The twelve members due to travel will hopefully look forward again to this visit later in the year.

Also postponed is the annual Tea Party scheduled for the 24th March. This event will take place at a later stage, a date is yet to be confirmed.

## CLASHMORE/KINSALEBEG PLOUGHING ASSOCIATION

The Clashmore/Kinsalebeg Ploughing Association held its AGM on Wednesday 28th February in the Rising Sun Bar, Clashmore.

There was a good attendance with most members present. Much discussion took place regarding dates for the event of the coming year.

The election of officers then took place; President Mickey McGrath. Vice Presidents Fr. O'Gorman, Fr. Hubbard, Fr. Meehan and Jim McGrath. Chairman James Coughlan. Vice Chairman John Joe Flavin. Secretary David McGrath. Assistant Secretary Helena Hynes. Joint Treasurers Seamie McGrath and John Joe Flavin. PRO Mary B Dee. Delegates to Co. Board; Patrick Prendergast, Michael O'Connell, Jay Prendergast, James Coughlan, David McGrath, Helena Hynes, P. J. Connery. James Coughlan incoming Chairman spoke about the healthy state of the club. He thanked the outgoing officers for their work and dedication in having it in such a healthy state.

## WEST WATERFORD DART LEAGUE

The committee have decided due to the relaxation on measures on the Foot and Mouth epidemic to continue with the remaining competitions. The final of the B division between The Castle Lodge, Lismore and The Old Still, Clashmore in Morrissey's Bar, Cappoquin at 9 o'clock sharp. Both teams are asked to be on time.

Also on Friday night next the preliminary rounds of the Power Cup (7 singles). The draw for this is as follows, (A) Dunnes v Deckies. (B) Lindsay's v Keevers. The first round of this Cup will be played on Friday March 30th. All remaining clubs will be notified by post. Some have expressed interest in starting a boxing club in the area, please contact darts secretary.

## ROUND TOWER POKER CLASSIC

As usual a good turn out for the Poker Classic at the Round Tower Hotel in Ardmore. Classic winners were as follows: 1st Pat Dalton. 2nd Mary Deady. 3rd Redmond Foley. Cash back winners included Assumpta Dalton, Anthony Broderick and J. Brabizame. Donations as usual to the R.N.L.I. Usual place, usual time on Wednesday night.

## KEEVERS 45 DRIVE

Following on from a very successful Pre-Christmas 45 Drive the Thursday night gathering at Keevers Lounge continued to enjoy a great night of cards and craic. The winners of last Thursday nights game were Biddy Power (sub by Jamie O'Donnell) and Pat O'Donnell. John Keevers and Jamesie O'Donnell progressed to the final, also did Breda Power and Mary Prendergast. Looking forward to Helen Power and more new comers next Thursday night.

## BISHOPS VISIT

On Tuesday next the Bishop of Waterford and Lismore William Lee will visit the parish of Clashmore and Piltown to confirm the children of Clashmore, Piltown and Ballycurrane, from 5th and 6th class on Tuesday next March 27th at Piltown Church. Best wishes to all of the children on their very special day.

## ARTHRITIS FOUNDATION COLLECTION

Your support for the Arthritis Foundation Association of Ireland at their Church Gate Collection to be held in Clashmore, Piltown and other West Waterford Churches this weekend, would be very much appreciated.

## 18TH BIRTHDAY

Congratulations to Billy Maher, Coolbagh, Clashmore who celebrated his birthday on March 18th from his niece Caitriona Barron, Coolbagh, Clashmore.

# Kilrossanty Notes

## COLLECTION

Collection for local Lourdes Invalid Fund will be taken up at all Masses this weekend.

## BIRTHDAY

Congratulations to Tina O'Riordan, Glendaligan who celebrated her 21st birthday last week.

## RIVERDANCE

Congratulations to Karen Halley, Leamybrien who is currently on tour in Germany taking part in Riverdance. After Germany she will move on to other European countries. Her cousin Gillian Norris, Kilmacthomas also took part in Riverdance. Karen is no stranger to dancing. She has won lots of competitions here and in other countries. She was placed in World Championships at one stage. Keep on dancing Karen and the best of luck to you for the future. Karen and her cousin Deirdre Kiely took part in the talent contest in Crotty's Inn and did very well in the last two years.

## DEATH

Deepest sympathy is extended to the nieces, nephews and all other relatives of Michael Curran, Ballykilmurragh who died last week. Michael, Mikey as he was known as was aged 94. Burial took place in Kilrossanty Cemetery. May he rest in peace. Full obituary next week.

## CAKE SALE

Kilrossanty parents association will hold a Cake Sale this Saturday night after the vigil Mass in Kilrossanty and also after the 11 o'clock Mass on Sunday morning in Kilrossanty. Your support would be very much appreciated.

## HALL

Hall meeting next Monday night at 8.30 pm.

# KILROSSANTY GAA NOTES

## Clotto

No winner last Sunday night. It now goes to £1,600 next Sunday night in Crotty's Inn. Numbers drawn were 6-11-14-20. Winners of £20 each to Trevor Whelan, Kilmacthomas, John Power, Gortnalaght. £10 to Ann Power, Ballyshunnoch. Sellers prize went to Liam Brazil, Grawn £10.

## Talent

The final of the talent contest will take place on this Saturday night in Crotty's. It will start at 10 pm. Rehearsals will start at 8.00 pm on the night. The line up for the final; Le Cheile, Paddy O'Leary, Billy Flanagan, Rebecca Weldon, Ross Houlihan, Michael Culloty, Stephanie Power, John Stack, Lisa Marks, Deirdre Nagle, Jimmy Fraher, Ger Walsh, Charlie McAllister. Competitors please note no rehearsals after 9.30 pm. A draw will be made before the start so it is important for competitors to be present when the draw is being made. Hope to see a large crowd attend on the night. Come early and avoid disappointment.

## Meeting

Committee meeting next Tuesday night at 8.30 in the Clubhouse.

## Deise Draw

Deise Draw will take place in Roanmore on 30th March. Money to be with Mairead Coffey by 29th. This is the second last draw of the present series.

## Field

GAA Field is reopened this week. Training will start again. All due precautions will have to be taken.

## Leagues

Football leagues on weekend 31st March.

# Ardmore G.A.A. Notes

## FOOT AND MOUTH SCARE

Following the tremendous combined effort, in the face of this National Threat, things are slowly and tentatively easing back to normality. A few weeks has been lost, but they will quickly be forgotten, if the country manages to stay disease free.

## FIELD DEVELOPMENT

The new dressing rooms are coming along nicely and of course the fundraising is also coming along nicely. The response, thus far, has been tremendous and many supporters have opted to give the £1000 interest free loan to the club. Many more have chosen the 15 year membership offer of £250. Both options are proving popular, so well done to the promoters Noel Conway and his crew, who came up with the idea. Collectors are still on their rounds, so if they haven't got to you yet, you can contact any of the officers, about your subscription. Also, any of our former players and supporters who are away from home, if you wish to help please contact Noel at 024-94537. Players - your membership is now due and again The Committee hope that some of the players who are now working, will put their shoulder to the wheel and choose one of the above options.

## THE GAA RESUMES

Most clubs and county teams are back in training. Our seniors had a couple of very good workouts during the week, when John combined hurling and football training. The boys enjoyed it and it was probably better to spend the extra half hour at the combined training, than to get them for a separate night. They repeated the exercise on Saturday, despite the horrible sleety conditions. I took the opportunity on Monday to go and see John Hennessy's county minor team in a challenge game against a very useful adult team from Wexford. I was delighted to witness an excellent game of football, despite the very cold and windy conditions. The Waterford mentors certainly seem to have put a very useful panel together and they appear to be blending nicely. It is probably fair to say that they probably represent our best chance of a Munster title this year. Their first outing is away to Limerick on Wednesday April 4th, only two weeks away! Billy Harty was at full forward and Philip Beausang made a welcome return to action after an eight month absence, when he was introduced at mid-field. Niall O'Brien is also on this panel, but was injured for this game.

In bygone days,

I heard an interesting story of forgotten times, at the weekend. During the 1959 (I think) senior hurling campaign, John Kiely, Tom Cunningham and Austin Flynn were being collected in Dungarvan at 8.45 am, for the All-Ireland semi-final. To put this in context for our younger readers, they were the Paul Flynn, Sean Cullinane and Tom Feeney of that wonderful team. The biggest problem in arranging the logistics for the trio was, when could they have their breakfast. You see at that time your first duty on a Sunday was to go to Mass. Thankfully, that still holds true for some players, although, it is being made increasingly difficult for them, when teams managers schedule matches and training at Mass times. Back to the ould lads, you see at that time also, if you were Receiving at Mass, you did-

n't have any food after midnight - priests didn't have breakfast until all their Masses were finished. And there were no evening Masses at the time. So the players were going to 8.00 am mass, but they wouldn't have time for breakfast after Mass. John Kiely solved it - he said they'd have to have breakfast the night before!! Or so the story goes.

## SCOR

The adult Scor County Finals, which fell victim to the recent spate of postponements, have been re-scheduled for Saturday night at Dunhill, commencing at 7.30 pm. There will be a bus from Ardmore, but you'll have to book your place. Please contact John Supple or Declan Hennessy.

## UNDER 14 & 16 FOOTBALL TRAINING

Football training, on Wednesday at 5.45pm. Players are asked to be at the pitch for 5.30 so that they

can be ready for 5.45 and make use of the daylight. We will have an under 16 match on Sunday morning against either Ballinacourty or Kilrossanty.

## FIXTURES

Club games will re-commence this week-end. As we go to press, we have no news of what's on, but I'm sure we'll have at least one adult fixture over the weekend. It's hurling weekend for the county leagues, so we our next football encounter will be away to Ring on Saturday week, March 31st @ 7.00pm. Then on Saturday April 14th, we are away to Rathgormack B at 7.15pm. Following that we go all the way to Saturday May 19th for our first home game against Brickeys at 7.30 pm. Saturday June 9th sees us at home to Tramore at 7.45pm. It's been awhile since Tramore played here. Then Tuesday June 19th we are at home to Kill at 8.00pm. Then Saturday July 7th we travel to Clashmore for a 7.45 pm throw-in. The two games that we have missed are: away to Dunhill and at home to Kilrossanty B. These will be re-scheduled in due course. I would ask all football panelists to cut out these fixtures and keep them. Players are always looking for fixtures in advance, now you have them. This is a league we can win, if we put our minds to it and players make themselves available. We will of course have to play many of these games without our county players, when there's a clash, so the league will give ample opportunity to players to establish themselves on the team.

## COLLEGES

Twelve months ago, The Friary were blazing a trail in colleges football, this time it's the turn of C.B.S., Youghal, to carry the mantle. They play Hospital, Co. Limerick, in Fermoy on Tuesday, in the semi-final of the Munster Championship. Youghal are back-boned by eleven of their all conquering Minor team of last year and also include two of Ardmore's finest, Eoin Foley and Alan North.

## WEEKLY LOTTO

Last Sunday week's jackpot was not won and neither was last Sunday's. The numbers were 3, 5 and 7 and 2, 9 and 19. The £10 consolation winners were: Carmel Moroney; Billy Harty (jnr); Thomas Power (jnr); Aidan Quirke; Billy O'Donnell; John Power and Caroline Tutty-Power (I hope I've got it right, 'cos Caroline will correct me if I'm wrong); 'Miss Ellie'; Jeanette Dunne; Paul McCarthy and Maura Hourigan. Next week it's Paddy Macs for a £200 jackpot.

# Greyhound News

BY  
MARK  
PHILLIPS

## FOOT AND MOUTH CRISIS

National Greyhound Awards Presentations

Due to the Foot and Mouth restrictions, Bord na gCon announced that it has been decided to postpone the National Greyhound Awards Presentation ceremony - scheduled to take place at Jury's Hotel, Waterford on Friday 6th April - to a later date.

The Board regrets the inconvenience caused by the postponement to all concerned and a further announcement regarding a revised date for the awards ceremony will be made as soon as possible.

## LASSA JAVA DIES

Clerihan, Clonmel based stud keeper Sean Bourke reports that one of his stud dogs Lassa Java died last week.

## TOP GREYHOUND SIRE

The top greyhound sires in Ireland for the first quarter of this year are as follows; Stappers Joe 143 winners. Spiral Nikita 133 winners. Top Honcho 98 winners. Vintage Prince 91 winners. Mustang Jack 86 winners. Trade Official 71 winners. Arrigle Buddy 61 winners. Some Picture 61 winners.

## GREYHOUND RACING SET TO RESUME IN APRIL

While no official announcement has been made about the resumption of Greyhound Racing one can only assume that racing in the country will be back in action by the middle of April. Hopefully the Irish Greyhound Bord will move quickly to issue a statement on the matter this week. Should racing resume in mid April most racing dogs will be out of their qualifying time but one expects the "Board" will allow all race dogs an exemption from having to re-qualify before racing.

## LETTER TO EDITOR

# HANDBALLING ACHIEVEMENTS

Dear Editor

Through your paper let me congratulate the Pro Committee of the County Board on their recent 2000 publication. A superb production full of facts and information about GAA activities during the year.

Being the 'poorer' relation so to speak within the association, we never get our trumpet blown by those in higher places, so I think that it's about time we blew our own. In the year 2000 Waterford Handball brought home - 15 Munster titles and 4 All-Ireland titles, not bad for the poor relation and since 1998, remember that's the year Clare beat us in the Hurling, we have brought home 41 Munster titles and 9 All-Ireland and in February 2000 a first recognition was given to the Handballers when K. Keane/B. McAndrew were awarded 'The Park Hotel' monthly winners.

John Kiely, one of Waterford's all time hurling greats is still winning at Handball and surely at this stage deserves an award in recognition of his contribution to the GAA - others, from the Football and Hurling codes seem to be the only ones thought to be worthy enough to win County Board

awards/WLR Lawlor's Hotel awards - maybe we need to have a higher award to cater for Handball achievements.

Your sincerely  
David Walsh  
County Secretary.  
41 Lower Main St.,  
Dungarvan,  
Co. Waterford.

## Geraldine's GAA Club Notes

### LOTTO

There was no winner of last week's Lotto Jackpot worth £300. The numbers drawn were 1, 15 and 18. Next week's jackpot will be worth £400.

### TRAINING RESUMES

After the recent break in all activities playing-wise, training has now resumed. As of yet, there is no news regarding fixtures. Check this edition for news of any possible matches.

### CONDOLENCES

Sincere sympathy is expressed to the Tobin Family, Curradara on the recent passing of Mr. David Hayes, Youghal. May he rest in peace.

# STRADBALLY GAA NOTES

## FIXTURES

We are play away to Erin's Own on Sunday morning in the first game of the Senior Hurling League. We play the first round of the 2000 Under-21 Hurling Championship against Abbeyside on Saturday.

## HURLING & FOOTBALL LEAGUES

Now that we are hopefully back to business after the foot & mouth precautions, the following is the schedule for the leagues in both codes:

March 24th Hurling, away v. Erin's Own  
March 31st Football, home v. St. Saviours.  
April 7th Hurling, home v. Fourmilewater.  
April 14th Football, away v. Ballinacourty.  
April 21st Hurling, away v. Abbeyside.  
May 12th Hurling, away v. Ballydurn.  
May 19th Football, home v. Nire.  
May 26th Hurling, away v. Shamrocks.  
June 3rd Hurling, home v. Tallow.  
June 9th Football, home v. Rathgormack.  
June 16th Football, home v. Dungarvan.  
July 7th Football, away v. Kilmacthomas.

Games to be rescheduled are away to Kilrossanty and Gaultier in the football and home to Ballyduff in the hurling.

## COMMUNITY GAMES

The under-12 section for boys and under-14 for girls of the long puck takes place on the 25th of March beginning at 2.30pm. As you may know the Art is starting at 4.00pm.

## SCOR

Anyone watching RTE 1 TV last Sunday and Monday would have got more than a glimpse of our dancing team who won in the All-Ireland finals in Belfast last year.

## WEB SITE AND EMAIL ADDRESS

Our web site is [go.to/stradbally](http://go.to/stradbally) and our email address is: [stradballygaa@eircom.net](mailto:stradballygaa@eircom.net)

## FROM THE ARCHIVES

This weeks archives refers to a Kill v. Faha challenge in May 1937. "Kill V Faha - Above Junior xv's lined out in a friendly football challenge at Faha on Sunday, with Mr Jack Harris (Faha F.C.) in charge of the whistle. Kill won the toss and elected to play with the wind to their back. Play was not long in progress when rain began. Faha were first to settle down and after a series of neat passes, Jimmy Higgins scored a point. Following the kick-out, play remained in the Kill territory, and the visitors had another point raised against them per Willie Curran. Kill got going and play swung to the homesters territory, but a stout defence staved off the attackers. Tommy Thorpe (captain) and Coleman, playing centre-field, were outstanding on the Kill side, while Tommy Power, Billy Connors and D. Casey were always in the picture for Faha." To be continued.

# Horseracing

BY MARK PHILLIPS



## COAKLEY STRING IN FINE FORM

While racing is currently on hold in this country, it continues in the UK where a number of flat trainers are using the all weather tracks at Southwell, Wolverhampton and Lingfield to prime their flat charges for the upcoming turf season on the level. One trainer who certainly has his charges well forward is County Waterford born trainer Denis Coakley and he sent out two winners in the space of four days. He dispatched 9/2 chance Count Calypso to victory over six furlongs in the final race of the day at Southwell last Friday. It was back to Southwell on Monday of this week and this time it was the turn of 8/1 shot Bangled to turn on the style again over the six furlong sprint lasting home well in the closing stages to capture Division One of the Athena Handicap.

Irish born jockey Fergal Lynch partnered both winners. Neill Callan was the original rider intended for Count Calypso but he was unable to take the mount and Fergal Lynch proved a more than capable deputy.

Denis was interviewed after Bangled's victory by Emma Ramsden of the Racing Channel. He stated that this was Bangled's first start for five months and while he had a dislike for soft ground, he was looking forward to knocking some fun out of the four-year old on good ground this Summer.

## CHELTENHAM FACTFILE

### THE CORAL CUP

The Coral Cup is one of the two youngest races at the Festival, now in its eight year. It is the most valuable handicap hurdle ever run at Cheltenham.

### THE QUEEN MOTHER CHAMPION STEEPLECHASE

This Championship race for the top two-mile chasers has provided some of the best Festival races in recent years. Formerly run as the National Hunt Two Mile Championship Chase, her Majesty consented for the race name to be changed in 1980.

## IRISH RIDERS DOMINATE IN DUBAI

Irish jockeys continue to boot home the winners in Dubai and they occupy three of the first four places in the Riders Championship.

## JOCKEY'S TABLE

Ted Durcan - 47 Winners, Willie Supple - 27 Winners, Willie Ryan, 25 Winners, Pat Smullen - 24 Winners.

## CHELTENHAM DATES

The re-scheduled Cheltenham Racing Festival will run from April 17th for three days and it will clash with the Craven Meeting at the flat head quartered in Newmarket.

Channel 4 intend giving extensive coverage to both Meetings.

## AUSSIE BAN ON HORSES

The Australian Government have recently placed a ban on the importation of horses from both Britain and Ireland. This is as a direct result of the Foot and Mouth outbreak in the U.K.

## BARRY GOES WEST

County Meath jockey Barry Geraghty has gone to America for a fortnight to get in shape for the re-start of racing here in Ireland in mid-April. Barry hopes to ride out for ex Irish jockey Tommy McGivern.

## EASTER START FOR IRISH RACING

Providing Ireland stays clear of the Foot and Mouth Disease, horseracing is set to resume on Easter Saturday April 14th at Cork and Leopardstown. The Cork Meeting is a mixed one while the Leopardstown fixture is an all flat affair.

## LORD GYLLENE RETIRED

The now 13 year-old Lord Gyllene who ran away with the Martell Grand National back in 1997 has finally been retired from racing. The injury-prone gelding has failed to stand up to the rigours of full-time training and his current trainer Martin Pipe wisely decided that the old boy should come out of training into retirement.

## BAD BREAK FOR KEVIN

Champion jockey Kevin Darley is set to miss the start of the flat season having broken a bone in his wrist on the Newmarket gallops last Saturday. He was riding out for Irish born trainer Gerard Butler when the filly he was riding went down like a ton of bricks. Kevin Darley hopes to be back in action inside three weeks but the filly he was riding last Saturday is unlikely to ever race in public.

As luck would have it jockey Darley missed out on a winning ride in the Winter Derby at Lingfield as Irishman Richard Hughes proved a capable deputy aboard the 25/1 outsider Sergeant York.

## OCTOBER DATE FOR LIMERICK

The new Horse Track at Patrickswell in County Limerick will not now open until October of this year some seven months after the scheduled opening date.

## BOB CHAMPION IMPROVES

52 year old former Aintree Grand National winning jockey Bob Champion is reported to be making a good recovery after suffering a recent heart-attack returning from a fund-raising dinner in London.

## BIRTHDAY BOY PAT

Former champion jockey Pat Edery celebrated his 49th birthday last Monday.

## DID YOU KNOW

Well known Enniscorthy T.D. Ivan Yates now has 12 outlets in his Celtic Bookmakers chain and he opened his first ever shop in Tramore back in 1987.

## JUMP JOCKS IN DUBAI

Irish jump jockeys - Paul Carberry, Paul Moloney and Lismore born Ken Whelan are currently enjoying a ten-day break in sunny Dubai.

## DOUBLE JOY FOR DEAN

Irish born rider Dean Mernagh has recently been appointed as stable jockey to David Mernagh and the young flat jockey celebrated with a double at Wolverhampton.

# Dungarvan Golf Club Notes

## MARCH MONTHLY MEDAL GOES TO NIAL WARREN

The March monthly medal kindly sponsored by EBS was won with a score of 39 pts. by Niall Warren. Niall is well known in GAA circles in that he plays in the fullback position for the famous Ballygunner Club. Niall possesses many County Senior Hurling medals and showed his versatility on Sunday when winning this prestigious golf event. The highlights of Niall's round were a birdie at the second and a string of pars on the 8th, 9th, 10th and 12th and then another birdie on the 13th. He turned with 17 pts. but came thundering back with 22 pts. In second place also with 39 pts. we had Donal Williams playing off (3). Donal had birdies on the 6th, 8th, 11th, 12th, 13th and 14th holes.

He stood on the 15th tee two under gross and felt a 69 gross was on. Donal put his second shot on the green but then proceeded to four putt for an ugly 6. To his credit he composed himself to finish level par and a highly impressive 39 points. Kevin Cusack birdied the 8th, 12th and 18th on his way to winning the gross prize.

### RESULTS

ESB Monthly Medal 18 Hole Stableford Competition:  
1st Niall Warren 39 pts. (18), 2nd Donal Williams 39 pts. (3), Gross Kevin Cusack 31 pts. (6), 3rd John Moroney 39 pts. (7), 4th Pat Breen 38 pts (8), 5th Conor Blackwell 37 pts. (12).  
15 Holes Stableford - 19th March:  
1st MI. Barry (10) 31 pts., 2nd Tony Brady (7) 29 pts. B9.

### MEN'S FIXTURES

Thursday March 22nd - 15 Hole Stableford, Saturday March 24th - 15 Holes Stableford, Sunday March 25th - 18 Holes Stableford.

### O'CONNELL CUP

The O'Connell Cup Club Fourball Matchplay Championship entries are now being taken. The entry fee for this competition is £10 per pair and the draw will take place on the 15th April.

### LADY BELLE CUP

The Lady Belle Cup Singles Matchplay Championship kindly sponsored by Pat Morrissey is now posted in the locker-room and all those wishing to play should put their names on the list. The draw for this competition will also take place on the 15th April.

### LADIES RESULTS

Tuesday March 13th - 15 Hole Stableford:  
Winner Pat Flanagan (23) 35 pts., Runner-up Maeve Fitzgerald (26) 34 pts., 3rd Phil Donnelly (22) 31 pts., 4th Bernie Hayes (16) 31 pts.  
Sat./Sun. 17/18 March - 9 Hole  
Winner Michelle Mernin (16) 16 pts.

### FORTHCOMING EVENTS

Tuesday March 20th - 15 Hole Stableford, Saturday March 24th - 18 Hole Stableford.  
Captain's Prize - Home Alliance - 11.47 a.m. - 1.27 p.m. - Timesheet.  
Sat./Sun. March 14th/25th - 9 Hole Stableford, Tuesday March 27th - 18 Hole Stableford.

### WINE TASTING

A Wine Tasting Night with Aonghus Walsh will take place in the Clubhouse on Friday 23rd March at 8.30 p.m. This novel event should prove to be a very enjoyable night out and a large turnout is expected.

### PROGRESSIVE 45 DRIVE

Winners: Michael Kelly and Pat McGovern, Des and Bernadette Cleary. Last 5: Chrissie Terry and Hannah Walsh. Lucky Table: Tom Melody and Michael Kelleher.

### CLUB LOTTO

Since moving to Knocknagrannagh, Dungarvan Golf Club has gone from strength to strength. We now have an 18 Hole Championship Course that all members are very proud of and also love playing on. Running costs of this fine Course have risen over the last number of years and in order to maintain the high standards the Club has set, we need extra revenue to come in. The members of Dungarvan Golf Club own this Club and I am appealing to each and everyone of you to support the lotto by buying:

1. One green ticket for £45 or
2. Two green tickets for £80. before the 8th of April.

The Management Committee wishes to acknowledge the support of the members in past years and looks forward to your support this year.

### MINI LOTTO

Week ending 18th March. Winning numbers 8, 10, 12, 23. There was no Jackpot winner. £10 winners - Martin Linnane, c/o Packing, Liam Power, c/o N. Norris, Mary Tobin, Glen Clones, Sylvia McGrath c/o Golf Club, Angela, Stafford Miller. Next week's Jackpot £1,500. Next draw 25th March.

# WEST WATERFORD GOLF CLUB NOTES

## COMERAGH OIL WINTER LEAGUE

On Sunday morning next the final of the Comeragh Oil Winter League takes place. The resting place for the Cole Memorial trophy will be contested by Ardmore and Dungarvan. Captains John O'Connell and Noel Conway have showed great confidence in their respective teams and this is sure to be a tightly contested final.

## O'DWYER CLOSES THE DOOR

Michael O'Dwyer clinches a convincing win for Dungarvan over Phil Kinsella for a 5 match to 1 win from Brickey Rangers. Captain John O'Connell defeated on Thursday evening had a pep talk with team mates over a few pints and to his credit Dungarvan went out and took the next 5 matches. Joe Kelly birdied the 18th to defeat young Michael Gee, John Keane defeated Declan Murphy, legendary Tommy Butler had a convincing win over Ray Donnelly while Stephen Cass had an excellent win over Brickey captain Fintan Gee. With Dungarvan securing their 5 matches early on in the weekend Michael Cass, Thomas Curran and Pat Lennon rested over the weekend keeping themselves fresh and fit for the final.

## 7-2 WIN FOR ARDMORE

Ardmore reached the final with a comfortable 7-2 win over Clashmore. The first shock for the Clashmore came when Captain Mark Coughlan was taken by John Faherty, Donal Fitzgerald won his match on Saturday to level the match. Ray Rochford put Ardmore back in front by birdieing the 20th hole for a surprise win over John Quann. Then it was young Sean Fleming who levelled the sides once more with a great win over experienced match player Joe Murphy. But wins from Jim Meaney and Adrian Yellop put the score at 4-2 to Ardmore and only needing 1 win from the final three matches the pressure was on Clashmore men Mossie, Bill and Terry big time. After 9 holes things looked good for Clashmore when they were up in 2 match and down in the other. Tough competitor Bill Spratt was defeated on the 18th by Tom Fitzgibbon while at the

same time Mossie Curran was defeated by Ardmore captain Noel Conway on the 16th hole to clinch Ardmore's place in the final of the league. Michael Purcell finished off a job well done to finalise the score 7-2.

## MEANEY SHOWS CLASS

Ardmore man Jim Meaney has performed again through tough and wintery conditions to take weekend competition. Fellow team mates Adrian and John take 2nd and 3rd to keep Ardmore highly favourites for Winter League and carry the Cole Memorial trophy back to Paddy Mac's. John Dunphy takes gross with one under par. Dungarvan man MI. O'Dwyer keeps up form to take high handicap.

1st John Meaney (19) 33 pts. 2nd Adrian Yellop (13) 32 pts. 3rd John Troy (18) 31 pts. Gross John Dunphy (3) 27 pts. H.H. MI. O'Dwyer (21) 27 pts.

## GOLFER OF THE YEAR

Due to the recent bad weather the Golfer of the Year kindly sponsored by Casey TV Rentals has been deferred to Friday 30th, Saturday 31st and Sunday 1st April. Best 6 cards out of the 8 Golfer of the Year Competitions determines the winner.

## FIXTURES

Friday 23rd, Saturday 24th and Sunday 25th March - 18 Holes Singles Stableford (timesheet each day). Sunday 25th March - Grand Final of Winter League kindly sponsored by Comeragh Oil, between Ardmore and Dungarvan. All matches to be played up to 11 am on the day. Presentation of prizes at 3 pm sharp on Sunday evening, all teams members of the prize winning teams, along with individual prize winners are requested to be in attendance.

## FOOT AND MOUTH

All members and visitors to West Waterford Golf and Country Club are urged to comply with all the preventative measures introduced at the Club to prevent the spread of the current Foot and Mouth outbreak. These include driving over the specially disinfected mats at the entrance gate, dipping shoes in the basins provided on the approach to the Clubhouse and wiping footwear on the mats in place at the entrance to the changing rooms. It is absolutely imperative that every-

one adheres to these measures.

## CLUB MIXED FOURSOMES

The draw for the Club Mixed Foursomes will take place over the Easter Weekend, and all men wishing to take part are requested to place their names on the sheet posted on the notice board in the entrance hallway.

## PIERCE PURCELL AND JIMMY BRUEN PANELS

Any member who is interested in being considered for selection on either the Pierce Purcell or Jimmy Bruen panels is requested to place their name on the list which is now posted on the main notice board in the entrance hallway.

## TIMESHEETS

Remember players with their names on the timesheet have priority on the 1st tee.

## SLOW PLAY

The bonus is on members themselves to ensure that "slow play" is eradicated by either calling the group behind through, or where possible, to make these responsible for "slow play" aware of the delays caused.

## PLAY IN THREEBALLS

Members are requested to play in threeballs but most of all

## REMEMBER

Your position on the course should be immediately behind the group in front, not immediately in front of the group behind.

## WEST WATERFORD LADIES GOLF NOTES

**St. Patrick's Weekend/Presentation of Prizes** — Lady Captain Marie presented the prizes for the St. Patrick's weekend competition along with all the other outstanding prizes on Monday evening and she was delighted with the turnout of ladies both for the competition and the presentation.

**Club Mixed Foursomes** — The draw for the club Mixed Foursomes will take place over the Easter Weekend. Ladies wishing to take part are asked to place your name on the sheet in the ladies locker room.

**Fixtures** — March 9 Hole sponsored by Phil Kelly two cards to county. Tuesday 20th March on-going 13 Hole Stableford.

**Results** — St. Patrick's Weekend Competition - 13 Hole Stableford. 1st Mary Lou Carroll (15) 23 pts. 2nd Katie Kiely (27) 21 pts. 3rd Reena McDonnell (16) 24 pts. 4th Kathleen Broderick (30) 21 pts.



At the launch of the Feile na nDeise Golf Classic were (l. to r.) John Hughes, President Gold Coast G.C., Ruth Byrne, Lady Captain, Dungarvan G.C., Nuala Harty, Lady Captain Gold Coast G.C., Kieran Foley, Tara Crystal (sponsors), Aine O'Riordan, Chairperson Feile na nDeise, Thomas Larkin, Captain Gold Coast G.C. (Rory Wyley)

# Gold Coast Golf Club Notes

## RESULTS

Saturday 17th / Sunday 18th / Monday 19th March — 18 Hole Stableford: 1st, Timmy Briden (21) 38 pts.; 2nd, Michael Wall (14) 37 pts.; Gross, David Briden (2) 34 pts.

Winter League - Semi Finals — Dungarvan 5 bt.. Dunhill B 5 (Dungarvan win in play-off). The Old Boro 5 bt.. Dunhill A 5 (The Old Boro win in play-off).

## M.F.S TRUST WINTER LEAGUE

Last week-ends Semi-Finals of the M.F.S. Trust Ltd sponsored Winter League saw a truly titanic struggle before the Old Boro and Dungarvan won their places in next weekend's final. With all the semi-finals ending 'all square', the team captains had to send out their selected champions in a sudden death play-off.

The first sudden death play-off saw Dunhill A captain, Conan Watt up against Seamus Mansfield of the Old Boro. Seamus beat Conan on the second play-off hole with a superb birdy to take The Old Boro into the final. In the second sudden death play-off, John White, Dunhill B faced Dungarvan's Morrie Ferncombe for the second time that day, John having won convincingly earlier in the day. However Morrie had a famous victory on the second play-off hole.

A special mention to the two Dunhill teams who have set the standard for us all this winter with spectacular golf. Dunhill B under team captain Tom White will take the prize for winning the league section of the competition. Conan Watt and the Dunhill A team can be proud of their record this year and will definitely be a major force in next years winter league.

The Old Boro v Dunhill A — 1, Kieran Fitzgerald beat Jack Moore; 2, Tony Murphy half Willie Flavin; 3, Seamus Mansfield beat Tom Moore; 4, Jimmy O'Dwyer lost to Martin Allen; 5, Ray O'Shea lost to Niall Dunphy; 6, Pat Power beat David Power; 7, Alan Sheehan beat Niall Moore; 8, Tony Moore lost to Derek Power; 9, Kieran Foley lost to Conan Watt; 10, John Walsh half John Walsh

Dungarvan v. Dunhill B. — 1, John Quinn lost to Mick White; 2, Eugene Collins lost to Jimmy Whelan; 3, Brian O'Connor beat John Burns; 4, Brian Keohan beat Mark Murphy; 5, John McGrath lost to Tom White; 6, John Fitzgerald half Michael Whelan; 7, Ivan Hayes beat John Queally; 8, Richard O'Gorman half Pat Crowley; 9, Morrie Ferncombe lost to John White; 10, Michael Ferncombe beat John Kiely.

The pairings for the final, which will be played next Sunday is as follows — Dungarvan v. The Old Boro; John Quinn (17) v John Walsh (14); 2, Ivan Hayes (11) v. Kieran Foley (12); 3, Brian Keohan (16) v Tony Moore (15); 4, Eugene Collins (17) v. Alan Sheehan (11); 5 John McGrath (10) v. Pat Power (7); 6, Bob O'Gorman (12) v. Ray O'Shea (19); 7, John

Fitzgerald (18) v. Jimmy O'Dwyer (12); 8, Brian O'Connor (7) v. Seamus Mansfield (7); 9, Morrie Ferncombe (4) v. Tony Murphy (12); 10, Michael Ferncombe (14) v. Kieran Fitzgerald (17)

The time sheet is reserved between 9.30am to 11.00am. Members involved in these matches should agree a time with their opponent and put their names on the time sheet.

Competitors should confirm their current Winter League handicap prior to their match.

## WINTER LEAGUE QUALIFIERS COMPETITION

The competition for 'Best Net Score' and 'Best Gross Score' due to be played this weekend will now be played on April 1st.

## LONG HANDICAP INTER CLUB COMPETITION

This competition will take place in May with the final of the competition being hosted by Faithlegg G.C on the 12th June. Anyone interested in playing please put their name on the list posted in the kiosk.

## FEILE NA nDEISE CLASSIC

Time sheets are now open for the Feile na nDeise Classic sponsored by Tara Crystal & Lighting which will run from Thursday 29th March to Sunday 1st April in the Gold Coast G.C. Entry is £60 per teams of four (no mixed) and time sheets are now open.

## BRUEN AND PURCELL PANELS

Members interested in participating in the trials for the Jimmy Bruen and Pierce Purcell teams should put their names on the list in the kiosk.

## SUBSCRIPTIONS

The annual subscription is now overdue. Members are asked to pay outstanding subscriptions immediately.

## FOOT AND MOUTH PRECAUTIONS

All GUI competitions are postponed until further notice. Members and visitors to the Gold Coast G.C. are asked to use the disinfectant mats placed at the entrance to the car park and at the top of the steps from the car park to the kiosk.

## FIXTURES

Tuesday / Friday 20th to 23rd March — 9 Hole Stableford (Re-entry)

Thursday 22nd March — Open 18 Hole Stableford Saturday 24th and Sunday 25th March — 18 Hole Stableford, & Finals of Winter League. Society Times: Saturday 24th March, 10.00am to 1.00pm

## LADIES NOTES

Fixtures — 10 Hole Weekly Ongoing Competition

## I.L.G.U. LEAGUES

The Junior and Minor Leagues have been postponed until further notice as a precaution against the spread of foot and mouth.



West Waterford Golf & Country Club prizewinners in the David Hayes sponsored competition — Seated (l to r) Adrian Yellop, 2nd, David Hayes (sponsor) Jim Meaney, winner and Neil Parks, Club Captain. Standing (l to r) Michael O'Dwyer, high handicap, John Dunphy, best gross and John Troy, 3rd. (Photo: Sean Byrne)

## West Waterford Athletic Club Notes

### MUNSTER ROAD RACE CHAMPIONSHIPS ON NEXT SUNDAY

With the easing this week of restrictions put in place for the Foot and Mouth Scare the Munster Board are the first to get their fixtures back on track. The Munster Road Championships which were down for decision on March 18th will now be held next Sunday March 25th in Dundrum in County Tipperary. The Novice, Veterans and Seniors, male and female will be decided over 4 miles, starting at 3pm.

The teams for this race have been in circulation for some time but if you were not included and are interested in travelling please inform either Timmy Foley (058 45489) or Nora Healy (058 44340) as soon as possible. Likewise if you were named on a team and are unable to travel please let us know.

This is an event where West Waterford A.C. can go well and it is in the Club's best interest if we have our strongest teams available on the day. Obviously there are many who are hard in training for the National Marathon but a rescheduling of one's programme to take in this race should not set anyone back too far. Teams will depart from the Square in Dungarvan at 1pm on Sunday next.

### DUNGARVAN 10K ON APRIL 1st

The Dungarvan 10k is now almost certain to take place on its scheduled date of April 1st unless there is any deterioration in the FMD crisis in the interim. As this race has been on hold over the last few weeks there will now have to be a big effort to get all of the arrangements sorted out before next week so any help that is forthcoming on the day as regarding stewarding etc. will be gratefully received.

Normally this race is the final race in the Michael Roche Carpets Spring Series but this year that honour will fall to the Ballyduff/Kilmeaden 5 miles which we hope to have rescheduled over the next few weeks. More on the Dungarvan 10k next week.

### MARATHON

James Veale and his sub-committee organising the National Marathon are holding a meeting tomorrow night 7.30pm in the Park Hotel at 9pm. The meeting is open to all and anyone who wants to help out on the day or see how things are proceeding is welcome to attend.

### MARATHON ENTRIES

There are probably many who are not aware that it is club policy to pay for the entries of members when they are representing the Club in Championship races. In light of this policy any registered club member who intends to run the National Marathon on May 27th should drop in his or her entry form to James Veale and the club will submit them together. Entry forms will be available from James, Nora or Timmy within the next week or so.

### RUNNER RECOVERED FROM DISH

Reports have come in of a prominent club member going off the road during a training run on Boithrín na Ru. The mishap was caused possibly by excessive speed. The good news is that after a bit of 'panel beating' from E.R. in Ballynagaul, the runner in question is back on the road again, none the worse for wear!

### AUTUMN CROSS-COUNTRY LEAGUE 2000

This segment starts with apologies from the Club for not organising the presentation of prizes at an earlier time. It is probably a sign of our hectic schedule that it has not been done before now. In any case the prizes for last year's series will be presented

after the Dungarvan 10K in Paddy Foley's on April 1st.

### OVERALL WINNERS

The overall winner of the series was Mark Jackman whose fastest time was 27.25, ahead of Michael Dwyer whose fastest time was 29.41 and in third place was Ray Burke on 31.17. Fastest three ladies over the series were Eilis Hayes 34.25, Triona Shalloe 35.25 and Áine Kavanagh 36.02.

Over 2 laps the fastest man was Eamonn O'Donnell, on 14.12 from Shane Power on 15.50 and Brian Collins on 16.31.

Fastest ladies over 2 laps for the series were Sarah O'Brien on 17.48 from Lisa Mulcahy on 18.46 and Trasa Milmo on 19.13.

Well done to all who took part! hopefully you can make it to Paddy Foley's on April 1st.

### WILLIAM HARTY TO TAKE PART IN WORLD CROSS COUNTRY CHAMPIONSHIPS

The club extends best wishes to young William Harty of KCK who is off to Ostend this weekend to take part in the World Cross-Country Championships. Everyone in the county will be cheering for this talented young runner. Commiserations are extended to Robert Wade who is a non-running reserve on the team, there will no doubt be many other days for another athlete with a great future.

### ALBERT'S RUNNING GROUPS

Albert McGrath continues his fantastic work promoting running through the summer. Albert the 'main man' behind the influx of new runners into the Winter League which just finished now has regular groups on Monday, Wednesday and Friday leaving from the Dungarvan Crystal Sports and Leisure Complex at 7.30 pm each night. These groups cater for runners of all abilities but specialise in beginners. Anyone who is interested in taking part should just show up on the night.

### SYMPATHY

Sincere sympathy is extended to the family of the late Ann Power from Touraneena who died recently. For the past number of years Ann was involved in the Touraneena 5k and with her friendly manner she made all of us very welcome for our annual race in that area. May she rest in peace. Sincere Sympathy is also extended to the Murray family, Cappoquin on the recent death of their mother.

### CLUB RUNNERS RANKED AT NATIONAL LEVEL

The National road racing rankings for the year 2000 were released recently and we are glad to report that two of our club runners are included in the top twenty five marathon runners which includes all categories from Senior 'A' downwards. Derek Lyons was ranked 21st in Ireland with a time of 2 hrs 38 mins and 58 secs which he achieved in the London Marathon last year. Trevor Mason was ranked 24th in Ireland with a time of 2 hrs. 40 mins. and 46 secs. also achieved in the London Marathon last April. Well done to both runners on being included in these prestigious rankings.

### TRAINING RUNS ON WEDNESDAY AND FRIDAYS

A group of runners are meeting for training runs from the Crystal Centre on the above days at 6.30 p.m. and they would welcome anyone who would like to join them on either or both nights.

### CONGRATULATIONS

Best wishes to local runner Dermot Dwyer and Tracey Kiely, Kilmachthomas, who were engaged recently. Don't retire yet Dermot!



Looking Back — Photo shows a large number of our juveniles who took part in the juvenile open during the season.

## Cunnigar Pitch & Putt Club Notes

### LOTTO WINNER

Tony O'Shea was our lucky winner of our Jackpot £2,700. The Lotto Committee would like to congratulate Tony on his fine win. The numbers drawn were 11, 17, 18, 20. Ticket sold by Frankie Wright. Next week's Jackpot will be £200. So get your ticket in early.

### COURSE COMMITTEE

Our next Course Committee Meeting will be held on Tuesday 27th March.

### FIXTURE

This Sunday we will hold a 36-Hole Stroke play. Tee-off 9.45 a.m. to 10.30 a.m.

### MEMBERSHIP

You can now join our club

for as little as £25 for adults and juveniles for just £15 or if you would like to join up your family, the cost of this is a mere £50.

Our membership runs from January to December. For more details, why not take a walk down to our Club and any member will only be too glad to help.

## Dungarvan Credit Union Cycling Club

### LAKEFIELD & TECHNOLOGIES SPONSOR LOCAL RÁS TEAM

Dungarvan Credit Union Cycling Club are proud to announce that they are entering a team in this year's FBD Milk Rás. The club are particularly happy to be entering a team in this year's race as Dungarvan will play host to this year's Rás which is rated even higher than ever in the international cycling calendar due to its upgrading to UCI status. On Friday afternoon May 25th between 2 p.m. and 2.30 p.m. one of Ireland's premier sporting events will roll into Dungarvan. Irish teams entered into the Rás are entered as county teams so the Dungarvan entry will be going as Waterford County team. Entering a team of five riders and competing in the week-long event (along with back-up personnel and vehicles) is very expensive. However, we are delighted to announce that local company - Lakefield & Technologies based in Abbesside are to be the team's main sponsor. This is a huge undertaking for the club and the team so if your



Foot and Mouth disease out of the Republic of Ireland.

### REST AND SLEEP

Bodily growth and repair occur only during rest or sleep, never during training. Successful development of an athlete is always a delicate balancing act between three variables - a training programme of progressive overload, the correct raw materials (nutrients) to maintain and repair tissue and build new tissue and sufficient rest and sleep to permit the repair and new growth to take place. Short sleep athletes are the first to succumb to that big killer of sports careers - overtraining. Many recent studies document that the overtraining syndrome occurs primarily because of insufficient rest. The general rule for rest is to get 7 1/2 to 9 1/2 hours sleep a night. For athletes who train twice a day and you should if you want the maximum training effect, a 30 to 60 minute nap after your first training session is invaluable. It may be a hard habit to get into, but persevere.

Next week: How to recognise and cure overtraining.

business or company would like to come on board as a sub-sponsor, you will be more than welcome. Please contact any committee member for further information. The team of five riders who have entered are - Pat Keenealy, Joe Kelly and Justin Coonan (all Dungarvan Credit Union Cycling Club) along with Eddie Reddy and Tony Cullen (both Carrick Wheelers.) The club would like to wish the team all the best with their training for the big event and racing coming up to the Rás.

### BACK TO BUSINESS

Following the easing of Foot and Mouth restrictions, racing starts up again next Sunday in Limerick and Carlow. However, we must all be careful not to become complacent and commonsense should always prevail in order to keep the dreaded



Villierstown N.S. winners of Div. C in the indoor camogie blitz in Lismore recently. Back row (l to r) Katie Court (coach), Ashling Mernin, Jenny Preston, Sarah Preston and Sarah Moloney (coach). Front row (l to r) Tara Goodbody, Deirdre Cahill, Emer Scanlan and Nicole Landers.

## WEST WATERFORD SCÓR NA BPÁISTÍ

The restrictions imposed due to the Foot and Mouth disease, having now been relaxed, Clubs and teachers are asked to take note of the following dates:

First Rounds of Scór na bPáistí will be held in St. Laurence's Hall, Ballinroad on Friday 6th and Friday 20th April, at 7.30 p.m. sharp. All entries to be into the Secretary by Sunday 1st April.

Secretary - Moll Shields, Clash, Ballinacourty, Dungarvan. Phone 058 - 41467.

Of interest to followers of Scór - the Munster Semi-final of Senior Scór will be held in Tallow on Saturday night 31st March.

# Abbeyside Ballinacourty GAA Club Notes

### CLUB DRAW

Can promoters have all returns back to our Draw Co-ordinator Pakie Hurney in time for the draw which will be held on Friday March 30th.

### SENIOR FOOTBALL TRAINING

Will be held on Thursday and Saturday evenings from now on. We are also finalising our trip to Galway on April 6th and 7th which we won for winning the league. We have been in contact with all players and we hope to have a big turnout for the trip to the western capital.

### UNDER 21 AND INTERMEDIATE

#### HURLING UP AND RUNNING

Both teams will be playing over the weekend. Our under 21's play Stradbally in the Fraher Field most likely on Saturday, while our Intermediate hurlers play Tallow in the league probably on Sunday. Exact time will be notified to both panels as soon as our Secretary Bernard Shields has them to hand.

### CLUB GOLF CLASSIC GOLDCOAST

#### APRIL 5TH TO 8TH 2001

Plans for our annual Golf Classic are moving ahead at a pace. This is a very important fund raising event for the Club being organised by a sub-committee headed by Michael Hanrahan. An organising committee meeting is being held on this Wednesday night at 9.00pm in the Goldcoast Hotel. The Golf Classic will take place on the Goldcoast Course from Thursday April 5th until Sunday April 8th.

### CONTINUING MEMBERSHIP DRIVE 2001

As mentioned in previous weeks the club is anxious for as many people as possible in our ever-expanding parish to join the club and to perhaps take part in playing, coaching, administering or supporting what we do. Our membership base has grown consistently over the past three years in particular and your subscription bring in much needed funds for the promotion of Gaelic games in the parish and the fielding of a great number of teams in both hurling and football. All enquiries about membership can be made to any club member or to our Membership Officer Michael Briggs, or to Tuckey Organ or Bernard Shields. Any membership enquiries in the Ballinroad area can be made to Jim O'Dwyer the Club PRO.

### JUVENILE INDOOR HURLING HAS CONCLUDED

Indoor hurling training which was held at St. Augustine's College on Friday nights has now concluded for this year. The juvenile coaches are taking a well deserved break and will commence overseeing outdoor training in the club grounds on Saturday mornings at the beginning of April. Billy Hickey our juvenile chairman would like to thank all the under age mentors for giving so freely of their time during the winter months.

### BINGO CONTINUES AS USUAL

Our fund raising bingo session for substantial cash prizes continues each Sunday night at 8.30 in the CBS Hall. New bingo players are always welcome.

## Primary Schools GAA Church & General



### SCHOOL'S HURLING CHAMPIONSHIP 2001

School	Contact Phone No.
1 Ballinameela Michéal Culloo	058-68282 (s)
2 Cappoquin James Bennett	058-52180 (s)
3 Knockanore Liam Kavanagh	024-97101 (s)
4 Ardmore Victor Mullins	058-94569 (s)
5 Glenbeg Breda Cleary	058 43266 (s)
<b>Roinn D Paddy Shields Cup (7-a-side)</b>	
<b>Group One</b>	
1 Clashmore Geraldine Shine	024-96404 (s)
2 Kinsalebeg Brendan Griffin	024 - 94247 (s)
3 Aglish Ronan Culloo	058 - 96425
4 Grange Michéal Gildea	024 - 94583 (s)
<b>Group Two</b>	
1 Modeligo Michéal Phelan	058 - 68149 (s)
2 Touraneena Thomas Keane	058 - 47446 (s)
3 Carriglea Christine Dwyer	058 - 44050 (s)
4 Coolnasmeear Louise Enright	058 - 42177 (s)
<b>Roinn E Two Teacher Schools (7-a-side)</b>	
1 An Sean Phobal Frank O'Donnell	058 - 46446 (s)
2 Villierstown Margaret Cunningham	024 - 96301 (s)
3 Ballycurrane Rosemary O'Halloran	024 - 96533 (s)
4 Stradbally Cofl. Anne Hennebray	051 - 293229
5 Kilbrien Pat McGrath	058 - 47416 (s)
6 Fewes Ruairí de Paor	051 - 294723 (s)

Western Hurling Finals, Fraher Field, Thursday May 24th. Please phone results to Tomás Walsh 051 - 293164 (h), 058 - 41102 (s) or Breda Cleary 058 - 41007 (h).

## Kill G.A.A. Club Notes

### INTERMEDIATE HURLING LEAGUE

Playing activities resume this weekend when we travel to Cappoquin to play the home team on this Sunday 25th March in the Intermediate All-County (Div. 4) Hurling league. The game is timed for 12 mid-day, and all players are asked to arrive at the venue in good time.

### TRAINING

Training resumes in the field on Tuesday and Thursday nights at 7.30 p.m. Coach, Tom Casey, is expecting a big turn-out and with the advent of summertime, there will be sufficient light to get some hurling and football skills work done. Come on lads!

### MEMBERSHIP

With the playing season about to start, club Treasurer Theresa Keane is reminding both playing and non-playing members who have not already done this, to get their membership paid up. The deadline for doing this is this weekend and the contributions are as follows:

Adult Player: £20, Student Player: £10, School-going Player: £5 and Non-Playing members £10. Please give Theresa a call.

### RE-UNION

There has been considerable enthusiasm for, and interest in our Re-Union night scheduled for Lawlor's Hotel, Dungarvan on Friday 6th April. This is a Kill GAA club

Millennium Project bringing together for one more time, the players, selectors, officials and supporters of

the most successful era ever for the Parish and village, on the playing fields. No doubt the events of that time, now almost 40 years ago, will be recalled on the night, when proceedings start sharp at 8 p.m. to be followed by many hours of nostalgia, music, song and dance. It is advisable for supporters wishing to attend, to book their tickets in advance and these are available from any member of the organising sub-committee - Michael Casey 396438, Tommy Mooney 292131, Liam Whelan 292127, Mick Kirwan 292162 or Martin Kennedy 292167.

### DEISE DRAW

The Deise Draw for March will take place in the Roanmore GAA Centre on Friday week next 30th March. Tickets are available costing £5 each from any of the promoters or Draw Co-ordinator Hannah Power. Make sure your name is in the draw, and you could drive away with a new car. With the considerable cost of draining the playing pitch just around the corner, the club would appreciate any additional Deise Draw Membership.

### '36 MINOR TEAM

Our mention in recent weeks of the successful Minor Football Team of '36 drawn from the Kill/Bonmahon/Newtown areas continues to generate interest and local historian Neddy Flynn, Kilbeg who was responsible in the first place for initiating it, is now in possession of additional information. Keep it coming.

## West Waterford Bord Na nÓg Fixtures

### BAUMANN JEWELLERS UNDER-16 FOOTBALL CHAMPIONSHIP

Sunday, March 25th (all games 11 a.m.) — Ballinacourty v. Clashmore, at Abbeyside; Kilrossanty v. Ardmore at Lemybrien; Nire v. Stradbally at Ballymacarbry; Cois Bride v. Dungarvan at Knockanore; Brickeys v. Ballyduff at Bushy Park; An Gaeltacht v. Kilgobinet at Ring; Lismore v. Naomh Bríd at Lismore; St. Olivers v. Affane.

Wednesday, March 28th (all games 6.30 p.m.) — Ardmore v. Ballinacourty at Ardmore; Clashmore v. Kilrossanty at Clashmore; Dungarvan v. Nire at Dungarvan CG; Stradbally v. Cois Bride at Stradbally; Kilgobinet v. Brickeys at Bohadon; Ballyduff v. An Gaeltacht at Ballyduff; Affane v. Lismore at Cappoquin; Naomh Bríd v. St. Olivers at Touraneena.

The home team is asked to phone the result of the games to either Eddie on 058-54470 or Thomas on 087-2919595 as soon as possible after the match.

### FITZGERALD CUP

All juvenile secretaries will have the new dates for the Fitzgerald Cup very shortly.



**WATERFORD UNITED LAUNCH 3RD PATRON SCHEME FOR 2001/02** — Pictured at the launch of Waterford United's Patron Scheme for the 2001 / 2002 Season were (l-r) Monica Wall, Jason Bowman, WUFC, Francis O'Brien, Mick Wall and John Frost, WUFC

Photo: Gerry O'Carroll

# Waterford United Host Patrons Night

Waterford United Football Club hosted a very successful Patron's Night last Wednesday in the Waterford Crystal Centre. The Junior League in Waterford was represented by Tom Dower while Pat Kelly represented the Waterford Schoolboy League. In a short speech Paul Power, the Waterford United Manager thanked everyone for their atten-

dance. Paul was very gracious with his praise for the outstanding dedication and commitment Waterford United was getting from the Board of Management, all the panel of players, all the sponsors and the outstanding support of everyone in the county. Waterford United always gave the impression that they were a city team. This is no longer true

as support from the whole county will bring Waterford United to top status in Irish League football.

Bus Éireann have been the main sponsors of Waterford United in the last couple of years but a lot more people needed to be thanked for their generous contributions to the Club.

Waterford United Supporters Club Fundraising Committee are presenting a Marathon Soccer Blitz on Good Friday 13th April in the R.S.C. Sponsor cards and posters advertising this

event are currently circulating around the county so donate generously and let's get the Blues back to the top. Anyone looking to enter a team can phone 051-853222 or 058-41070, Mobile 087-9931571.

**COME ON THE BLUES**  
Going to press, we understand the Cobh Waterford United match has been fixed for 3 p.m. on Sunday 25th in St. Coleman's Park, Cobh. Tickets available from Ger Wyley Sports Shop and The Shamrock Restaurant.

## Red House League

### BACK TO BUSINESS

Matches will resume this coming Sunday after a three week lay off due to the Foot and Mouth crisis. This week will see the second round of the Dungarvan Tyre Centre Cup. These are the fixtures for this coming Sunday.

### SUNDAY 25TH MARCH

**Dungarvan Tyre Centre Cup, Second Round.** Brideview Utd A v Ardmore (Eamonn O'Shea) 11.30 am. Mogeely v Ballyduff (Tom Griffin) 11.30 am. Gortroe v Modeligo (Leonard Fraser) 11.00 am. Affane v Pinewood Rangers (Paul Marks) 11.30 am. Inch v Valley Rangers 'A' (Maurice Condon) 11.00 am. Kilworth Celtic v Valley Rangers 'B' (Noel O'Donoghue) 11.00 am. Ballybridge United v Castlebridge Celtic (Willie Collins) 11.30 am. Lismore v Accrington Celtic (Sean Kearns) 11.00 am.

**Division One** — Blackwater Rangers v An Ghaeltacht (Maurice Hartnett) 11.30 am. Remember to ring in your results as soon as possible and not later than 4.30 to (024) 96142.

### DELEGATE MEETING

There will be a delegate meeting next Monday night, March 26th at 9 pm in the Red House in Lismore. Referees meet at 8 pm. As you can imagine this meeting will involve much discussion about the number of games still to be played so it is imperative that all clubs are represented on Monday.

## Dungarvan United A.F.C. Notes

### FIXTURES

#### Saturday 24th March

Schoolboy:(U-12 Cup) Villa v Dungarvan 10.30 a.m.  
(U-14 Cup) Dungarvan v Piltown 11.45 a.m.  
Junior: (2A) Dungarvan v Mooncoin 2.15 p.m.

#### Sunday 25th March

(Premier): Johnville v Dungarvan 11.00 a.m.  
(Munster Youths Cup) Johnville v Dungarvan 2.15 p.m.  
Monday 26th March  
(U-12 League): Bohs v Dungarvan 6.15 p.m.  
Wednesday 28th March  
(U-11 League): Dungarvan v Tramore 'A' 6.15 p.m.

### SAMBA SOCCER

The Samba Soccer School will start on Monday 2nd July at our club grounds in Kilrush. The course runs from 9.30 a.m. - 2.30 p.m. Further details can be had by ringing (01) 497 2455 or 1890 702237 or by e-mail to info@sambasoccer.com

### F.A.I. JUNIOR CUP

The club's long awaited fixture against Geraldines of Limerick takes place on Sunday 1st April @ 2.30 p.m. The club will be running a bus to the match and anyone interested in travelling should give their name to either Thomas Duggan or J.D.O'Shea as soon as possible as places are limited.

### YANKEE DOODLE

The numbers drawn were 40 & 74 and there was one jackpot winner. The numbers were picked by Seamus Fitzgerald & Tony Mountain in Mountains Bar, Grattan Square and the winner was John Crotty. The jackpot next week is £100.00. Thanks for your continued support for the longest running lotto draw in the locality.

### SATURDAY NIGHT PROGRESSIVE 45

Why not join us every Saturday night for an enjoyable game of cards in the comfortable surroundings of our clubhouse for excellent prizemoney. Cards commence at 8.30 p.m.

### UNDERAGE TRAINING

Training for 6-10 year old boys & girls continues every Friday evening in the Dungarvan Sports Complex from 5.00 to 6.00 p.m.

Also outdoor training for u-10's takes place every Saturday between 2.00 and 4.00 p.m. at our all weather training area at Kilrush.

▼ Pictured below is John McCarthy, Pauls Newsagents Grattan Square, Dungarvan presenting a set of jerseys to Jonathan Shaw and John Byrne, members of Dungarvan United's Under-14 Squad. Also included are Trevor Whelan, Shane Whelan and coach Thomas Sexton.



# G.A.A. Fixtures

**U/21/H. "A"** — Abbeyside v. Stradbally at Fraher Field, 3.15 p.m. Saturday

Ardmore v. Lismore at Tallow, 2.30 p.m. Saturday.

**U/21 H. "B"** — Clashmore v. Cappoquin at Lismore, 2.30 p.m. Saturday;

An Gaeltacht v. Colligan at Fraher Field, 11 a.m. Sunday.

**JFL — Emmetts v. Ballinameela** — This outstanding football league final between county junior champions, Emmetts and Ballinameela is also listed and is expected to be played at Fraher field at 2 p.m. on Saturday.

## Brickey Rangers GAA Club Notes

### BRICKEY MINI LOTTO

The Mini Lotto Draw was held in Tommy Power's Bar on Thursday last. Numbers drawn were 8, 12, 13. There was no Jackpot winner. £10 winners - Fintan Gee, Nora Lynch, Yvonne Keane, Eleanor Fraher, Phil Morrissey.

This week's draw will be held in the Parrish Bar on Thursday 22nd March. Jackpot will be £1,300. Tickets just £1 each.

### BRICKEY GOLF CLASSIC

Our second Annual Golf Classic takes place in West Waterford Golf Club on Easter

weekend (12th, 13th, 14th, 15th April). Teams of 4 (play together), Ladies/Men/Mixed - £80 per team.

Competition: 2 Scores to count on all holes, 4 Scores to count on the 9th and 18th.

Timesheet: Contact Clubhouse 058-43216.

### SYMPATHY

The club extends sympathy to the wife Jackie (née Lenihan) and family of the late Colin Moloney who died last week following a tragic accident.

May he rest in peace.

### U-16 FOOTBALL

We play Ballyduff in Bushy Park on Sunday morning next at 11 a.m.

### MEDAL PRESENTATION

The Junior Hurling team received their medals at a very entertaining function held in Bridie Dee's Bar last Friday night. Entertainment was provided by Richie Power. A great night was had by all.

## Shamrock's G.A.A. Club Notes

### CLUB LOTTO

In last Saturday night's draw at the Shamrock Inn, Knockanore, the numbers drawn were 1, 7, 9, 18 and there was no jackpot winner.

£10 consolation prizes were won by - Bessie Buckley, Strancally, Thomas Hannigan, Camphire, Helen Murphy, Tircullen, Larry Lyons, c/o Noel Tobin, Ann O'Keefe, Kilwinny, Paul Foran, c/o Larry McGrath, Michael Neville, Killenagh.

In next Saturday night's draw, the jackpot will be £2,800 and tickets at £1 each from the usual promoters.

### FIELD ACTIVITY

After the break, owing to the Foot and Mouth, we look forward to games being played again, possibly in the next week or two. As our club is involved in various leagues, our programme could be a busy one for the immediate future.

## St. Olivers G.A.A. Notes

### COMMITTEE MEETING

A meeting will be held on Monday, March 26th, at 8.30p.m. at the Old School in Ballinameela. All committee members are requested to attend.

### TRAINING

Training, which has been on hold during the Foot and Mouth scare, will recommence in Aghish, on Saturday, March 24th. All players from u-12 to u-16 are requested to be at the field at 3.30p.m.

Remember that if you have not already paid your membership fee, it is due and can be paid on Saturday. Only fully paid up members will be allowed to participate in matches. The fee is £5 for an individual or £15 for a family membership.

## Bord na nOg Portlairge Thiar

### SCANLON CUP (FEILE HURLING)

Saturday March 24th St. Oliver's V Dungarvan in Aghish at 3 pm. Saturday March 24 Ballyduff v Abbeyside in Ballyduff at 3 pm.

# Coaching Scheme Notes



Convent Primary School, Cappoquin - Four teachers who helped with the coaching in the school-yard last week. Left to right - M/s Marie Kearney, Cork, Kate O'Keefe, Millstreet, Cork, Máiread Fitzpatrick, Millstreet, Cork and at last a Waterford girl Leonine O'Brien, Newtown. All these teachers have completed Foundation Level Courses and are will capable of coaching their classes.

## YOUNG PROSPECTS SEEN LAST WEEK

### Cappoquin Boys N.S. - Shane O'Rourke - 10 Years Old - Rang 4

Shane lives in Melleray and plays underage with Cappoquin. He is a lively enthusiastic boy who is making great strides at hurling. His ambition is to play for his school this year. The school is improving rapidly at hurling and it gets good support from Cappoquin GAA Club.

### Convent Primary School, Cappoquin - Grace Duggan - 11 Years Old - Rang 5

Grace is a lovely pleasant girl who is always well behaved and interested at the coaching sessions. She loves sports and has excellent co-ordination. At last Tuesday's visit, she showed up well at the skill training. Her home is in Glenribben, Melleray and her family are well known in GAA circles in that area. Likes watching Waterford Senior Hurlers playing and her favourite hurler is Ken McGrath.

### Villierstown N.S. - Kieran Mernin - 12 Years Old - 6th Class.

— Kieran lives in the village which was made famous by the legendary John Treacy. Big, strong, citeóg and a great striker of the ball. He is looking forward to playing midfield for his school this year. He comes from a well-known GAA family. His mother Brigid is the very efficient Hon. Secretary of St. Oliver's Club. His older brother Eamonn captained St. Oliver's M.F. Co. Champions and starred on the Waterford M.F. team for the past two years. His other brother Michael played on the Primary team for Waterford two years ago. He has the ability to become very good at hurling and football if he concentrates on them. His favourite player is Dan Shanahan. He gets great encouragement from home and school.

### NEXT WEEK'S PROGRAMME

Monday 26th, Foundation Course - St. Augustine's, Tuesday 27th, Ballyduff Upper N.S., 28th, Wednesday - Scoil Bothar na Naomh, Lismór, Thursday 29th, Ballinameela N.S., Cappoquin Boys N.S.

## Clashmore/Kinsalebeg GAA Notes

### LOTTO

No winner of Lotto Jackpot draw which took place on Monday 12th. £10 to each of the following - Kieran Foley, Kinsalebeg, Davy Foley, Clashmore, John Hickey, Cross, Redmond Foley, Coolbagh and Eamonn Walsh, Cappagh. Results of draw held on Monday 19th for a Jackpot of £1,300 will be in next week's notes.

### MEMBERSHIP

Membership is now overdue and should be paid immediately to Seamus Budds.

### DEISE DRAW

Tickets for this month's Déise Draw are now available from any committee member. Draw takes place on Friday 31st March.

### FOOT AND MOUTH

Hopefully with the Foot and Mouth disease precautions being lifted, we will be back in action this week. It is possible that we will have a league game in hurling this weekend. Also, last year's U-21 hurling championship game against Cappoquin may take place this weekend. Full details at training this week.

### PARISH LEAGUE

The Parish League sponsored by the Old Still resumed last Sunday and will continue next Sunday at 12.00 o'clock. All players to be in attendance by 11.45 a.m.

# Dungarvan GAA Notes

### INTERMEDIATE HURLING

This Sunday 25th March, we are due to travel to Ballysaggart for the first round of our Intermediate Hurling League campaign to play the host club. Hopefully, this game will go ahead as scheduled and the games can recommence.

### UNDER-16 FOOTBALL

Also this Sunday morning, our U-16 footballers are due

to travel to play the recently formed Cois Bhríde. This game has a throw-in time of 11.00 a.m.

### TRAINING

As training has resumed again, just a reminder of the days and times for Juvenile training. Our U-14's train every Wednesday at 5.00 p.m., our U-16's on Fridays at

6.00 p.m. and on Sundays at 11.00 a.m. when there is not a game scheduled. Final-

ly, our Minor squad train at 4.30 p.m. on Wednesdays.

### MEMBERSHIP

Membership cards are now available for both players and non-players from any member of the Committee.

### BEST WISHES

Our best wishes go out to two Caseyville stalwarts - Deckie Egan and Billy McGrath who are presently recovering after recent illnesses. We wish both a speedy recovery.



## G.A.A. NOTES

BY "COMMENTATOR"

## Brian Boru Club In London

Jim Landers recently passed on a copy of the history of this most famous London hurling club which was published some weeks ago and I found it to be a most interesting read.

Throughout the book in the pages of records, reminiscences and very interesting articles, one finds the names of so many Waterford emigrants who wore the famous Black and Amber of the club over the years.

Dungarvan and Abbeyside are well to the fore on many of their championship line-outs when, no doubt they played their part in bringing London county titles to the club.

The late Mickey Morrissey, a man of fame and renown on the Gaelic scene in London was a life long member of the club and he has an article (written some years ago) in the history.

The 300 page history is edited by former Kilmacthomas man, and successful London businessman, Tony Beatty, who has been a long time colleague of very many of the club's leading personalities.

It is a delightful read for anyone who has been associated with the Brian Boru Club in London.



Glanbia sponsors new track suits for the Waterford Senior Hurler. At the presentation were (l. to r.) Tom Corcoran, Chairman, Glanbia (sponsors), Ken McGrath, team captain, Gerard McCarthy, team manager and Kieran O'Connor, Glanbia Sponsorship Co-ordinator. (Photo: Sean Byrne)

# Congress Motions 2001

A total of 24 motions are down for debate at the Annual Congress in two weeks time and this shows a big change from last year when over 70 motions were listed. Some of these had to be deferred because of time constraints. In other words it

was too much to handle in a single day.

This year there are no playing rule changes so all the motions deal with policy and administration. There are a couple dealing with inter-county championship structures also.

The three motions listed in the names of Laois, Longford and Roscommon all deal with the use of Croke Park.

The obvious intention of all three is to give Central Council permission to allow other sports to be staged at

headquarters. Although none state that rugby and soccer, etc. should be allowed in Croke Park, it is obvious what they are seeking.

These are policy motions that will affect all grounds, as if other games are allowed in Croke Park then it will

follow that the same facilities must be granted to all other grounds. Association policy must be the same for every unit

### INTERCOUNTY CLUB CHAMPIONSHIPS

A few counties want the Association generally to get tough on the matter of finishing senior county championships before the end of October in order to allow the provincial club championships to go ahead. One of the three motions propose that if a county does not finish its championships on schedule that they not be allowed to have a representative in the club championship. In other words the defaulting county will not be allowed nominate a team to represent them.

I know that this will be seen by many as a move to punish counties under pressure in order to facilitate the smooth running of the provincial championships. I cannot see a majority of delegates supporting these motions.

### OTHER MOTIONS

Discipline, the structuring of the 2002/3 senior, intermediate and junior hurling championships and changes in the transfer system in the USA are other subjects that will be debated on the floor of Congress on the second day.

One could not say that the list of motions are overly in-

teresting.

### DIRECTOR GENERAL'S REPORT

As always, this splendid review of the year, deals with every aspect of the Association's activities. The 18 pages will be discussed in great detail by the delegates at the special workshop which takes place before Congress.

Because the special Strategic Review Committee which was set up by the President on taking up office last year, is due for publication later this year, Liam Mulvihill has held back on his regular list of proposals to delegates and counties in general.

### FINANCE

The report shows that the total income of Central Council for the year 2001 was a record £13,401,000 which was up on last year's record of £10,767,000.

Gate receipts amounted to £9,000,000 and commercial sponsorship was £2,500,000. Gate receipts were boosted by two draws.

On the expenditure side there is a figure of £2,720,000 for match expenses. Games Development cost £2,100,000 and Administrative expenses at £2,051,000. This latter figure includes £1,036,000 for salaries and £308,827 for pension costs.

A sum of £3,100,000 was set aside by Central Council for Croke Park Redevelopment.



Centra, Kilmacthomas presents a set of jerseys to St. Declans Community College, part of their ongoing Community involvement. Pictured at the presentation were (l. to r.) Denis O'Sullivan, Games Teacher. Aidan Whelan, Captain Senior Hurlers. John Halpin, Captain Senior Footballers, Edmond Dick, Centra, Kilmacthomas, sponsors. Neil Kirwan, Games Teacher and Brian Murray, Games Teacher. (Photo: Sean Byrne)

## G.A.A. NOTES

## BY "COMMENTATOR"

## Western Primary Schools Busy Spring/ Summer Schedule

The schools hurling championships will commence in April. A total of 28 schools will participate in the five Divisions, all of which will be played on a league basis.

Thursday May 24th is the date set for the finals and they will be played at Fraher Field.

The winners of the A & B finals will have a 'home venue' in the county finals and these are fixed for Fraher Field on Thursday, June 7th.

The 'Peil na gCailini' schools championships are due to commence on the last week of March. Again, there are 28 schools taking part in the 5 Divisions. Hence, girls from 5 different schools will climb the winners rostrum on final day, which is Thursday, May 17th at Fraher Field.

The Division A & B winners will go forward to the county finals on Thursday, May 31st.



John Mitchell's Football Club presentation to Vinnie and Billy Kirwan to mark their achievement of being selected on the Waterford Millenium Football Team. L to R Joe Whelan, Club Secretary, Vinnie Kirwan, Tony Kirwan, Club Treasurer, Billy Kirwan and Tommy Hennessy, Waterford Munster Council Delegate. (Photo by: Kiely Photography)

## National Leagues

The schedule of national hurling and football league matches have now been published and this will see Waterford meeting Tipperary in hurling at Nenagh on next Sunday week, April 1st. Our match against Cork in Cork on the following Sunday and our final match in the league section, which will be a home game for us against Laois in Fraher Field on April 15th.

This 'rapid-fire' action will see a rather sudden end to the hurling league for most counties, but because it is unavoidable, no one can complain.

In football we have two outstanding matches — one against Carlow in Dr. Cullen Park, Carlow and the other versus Leinster champions, Kildare in Fraher Field

## Playing Activity Resumes This Weekend

### UNDER 21 HURLING CHAMPIONSHIPS TO BE PLAYED IN THE WEST

Clubs everywhere in the county are breathing a sigh of relief that the ban on activity has been lifted and that the gates of the playing grounds are to be reopened this weekend for championship and league matches.

After such a very long lay-off playing activity will be welcomed by players officials and supporters alike, but perhaps more so by the board officials who have spent weeks agonising about the problems that lie ahead for them in fitting everything into a diminishing calendar.

As already announced by the Western Board, they will commence with the playing of their outstanding under 21 hurling championships in order to 'clear the decks' before the new seasons programme gets underway.

#### EXTRA TIME?

Because of the exceptional circumstances and in an effort to help the board to return to normality, clubs playing championship hurling over the weekend, may be requested to agree to play extra time in the event of a draw.

## COUNTY TEAM TRAINING

It has resumed here on all fronts. On Sunday last, the senior hurlers played a mixed match at Fraher Field. It was a high scoring affair and there were no injuries.

The minor hurlers travelled to the Mount Sion grounds for a game with the club and the minor footballers were training in Abbeyside also on Sunday.

The under 16 footballers had a work out at Fraher Field on Sunday morning.

## Club Hurling Leagues Commence On Saturday

Several clubs will find themselves involved in a clash of interests between the under 21 hurling championships and the county leagues over the weekend. It is unfortunate that a number of clubs will find themselves having to play on Saturday and Sunday with many of the same players involved. It is certainly not a satisfactory situation from a club point of view. The clash is unfortunate.

With the leagues taking priority, it is likely that the under 21 championship games will take place on Sunday.

#### HL DIVISION 1

Passage v. Ballygunner. This local derby game between the rivals will be played in Passage but they are unlikely to record a home victory.

Ballyduff West will play hosts to county champions Mount Sion and here again, the home club are unlikely

to have anything to celebrate at the end of this one.

De La Salle will entertain Lismore for their tie at Clayboy and the city side will be outsiders and unlikely to record a first match victory.

Roanmore and Portlaw will meet at the Roanmore ground and here the home ground situation may favour Roanmore.

#### DIVISION 2

The Mill Field in Ballymacarby will have its first game of the season when Shamrocks make the very long journey up north to play the home side, Fourmilewater. The home team here will be slight favourites to take the points.

I do not know how long it has been since Tallow and Abbeyside clashed with their top teams. They will meet in Abbeyside for this tie. If Tallow travel down at full strength they will be fancied to win.

Erin's Own and Stradbally

meet at the city venue and while it can be a close encounter, Stradbally may prove good enough to take the points.

Ballyduff East who are the current intermediate county champions will fancy their prospects against neighbours, Ballydurn in this local derby at the Ballyduff venue.

#### DIVISION 3

For some reason, the 4 matches in this division are timed for the unsocial hour of noon on Sunday. It will be rough on clubs such as St. Saviours who must travel up to the Gaeltacht for a 12 noon game against Ring; St. Marys too will have an early start for their journey to Ferrybank. Ballysaggart will be at home for their match against Dungarvan and Dunhill will cross the Division to play St. Mollerans.

Playing the matches on different dates is probably dictated by the scarcity of referees in the county.

## INTO/GAA. Mini Sevens

The semi-finals and final of the Mini-Sevens which were scheduled to be played at Abbeyside last week and had to be postponed because of the F&M epidemic, will be re-fixed for another date.

The Boys hurling Mini-Sevens will take place at Abbeyside and Lismore venues on Tuesday, April 3rd at 3.30 p.m.

Nineteen schools have expressed a wish to play in these competitions which are organised on a blitz system where the smaller schools can compete with the bigger schools on an equal footing.

The Western semi-finals and finals will take place at Lismore on Tuesday, April 10th and the county final will also be played in the competition to decide which school will represent Waterford in the regional finals.

The Mini-Sevens camogie takes place on Tuesday, March 29th. at 3.30 p.m. at the Abbeyside and Lismore venues. Nine teams will play in Abbeyside and 3 in Lismore. The Western semi-finals and final are scheduled for Lismore on Thursday, March 29th. All games will be 8-10 minutes aside.

#### THE PRIMARY GAME

On Thursday, 22nd March, a Western 'Peil na gCailini' will take place at Abbeyside and on Thursday, April 26th a Western camogie trial will be held in Lismore.

#### COUNTY TRIALS

These will take place in girls football and in camogie to decide on the pupils who will represent Waterford on the two big Munster championship days in football and hurling.

The preliminaries for the small schools will take place at St. Augustine's College on Tuesday 29th May. The finals will be at the same venue on June 5th.

The overall school sports finals are scheduled for Tuesday, June 12th and these also will take place at St. Augustine's College grounds.

All in all this is going to be quite a busy programme for pupils, teachers and parents alike.

## County Board Meeting

The next meeting of the senior board is scheduled for April 9th in Dungarvan. The agenda will include the announcement of the championship dates and the postponed election of the Coisde na Peil.

## WEST WATERFORD ATHLETICS NEWS

# Marathon Man Of Yesteryear

With an all time interest in marathon running in the area at present because of the upcoming All-Ireland Marathon Championship in Dungarvan on Sunday May 27th, we include, this week, an account of a famous win by a Waterford runner in a long distance event all of ninety two years ago.

## THE "HERALD" ROAD RACE Won by Ballinamult Man

### Memories of Great Achievement Recalled

The "Herald" Road Race held on 5th July, 1909 was won by a County Waterford man. T. F. O'Flynn, Ballinamult who in addition to the Cup, received a cheque for £10. An Irish tweed suit and a dozen cabinet photographs of himself. He has won well all his honours. The road race from Drogheda to Navan is over 17 miles of stiff, hilly country, and Mr. Flynn covered the distance without ever getting out of his stride in the time of 1 hour, 35 minutes, 50 seconds.

Thos. Hynes of Galway, winner of the Irish marathon at Jones' Wood was beaten into second place. A young unknown Dublin athlete named James Walsh came third and proved better than such old champions as Fegan Curtis and McArdle, all of whom qualified for prizes. Michael Downes, a County Meath competitor finished fourth. Twenty nine started in the race and it is known that 25 of those competitors competed the distance under 2 hours.

The description of the race continues: "From the point of view of competitors and the general interest and enthusiasm yesterday's race eclipsed all its records of previous years. The race, promoted as it is by the Evening Herald", entered on the seventh year. Its popularity appears to increase with the advance of years and yesterday there were entries from all parts of the country. Dublin, of course claimed the largest member of competitors but the provinces were also strongly represented and counties so far removed as Tyrone and Waterford sent their athletes to compete for their athletes to compete for this coveted trophy. No fewer than 72 competitors were entered and of these 29 faced the starter.

"Previous races have been usually associated with the sweltering heat of the day when it was almost a burden on one to walk much less to undergo such a trying test of physical endurance as to cover 17 miles within a space of time considerably within two hours. Yesterday, however weather conditions were all that could be deterred, the race being run on a cool afternoon with a delightful refreshing breeze blowing.

"At Drogheda, the streets of that historic town was filled with spectators waiting for the start of the great race and there is a rush for vantage points then the start took place. Fagan, Dublin and Curtis, Ashburne, who recently ran in the Great Marathon Road race at Madison Square Garden, New York were among the competitors. Fagan was strongly fancied for the event, as was Hynes of Galway who was yesterday installed favourite".

But very few spoke of Thomas O'Flynn, the man from Ballinamult who without once breaking his style



TOM O'FLYNN

of running, fresh man and a satisfactory journey to Navan an exceedingly distance in front of Hynes.

The account continues — They're off!! The run to Navan! As the town clock fled 2 o'clock the starting pistol rang out and the competitors bounded away. As they passed along the street the excited onlooker waved and peered and pressed in on their favourites like waters on the track of a ship. One of the first to row in front was a hair-haired youngster, Peter Rooney, of Slane and the crowd signalled their encouragement and admiration of his pluck. For the first couple of miles Peter, held his own pretty well, but the superior stamina of his rivals soon told.

"After leaving Drogheda at a strong pace, the team straggled off nearing the Boyne Bridge and were scattered on the road for nearly a mile. Although the road was black with vehicles, pedestrians and cyclists no inconvenience was occasioned to the runners. Admirable order was preserved throughout and not a single incident or obstruction occurred at any points".

### Running Order At the Boyne

At the Boyne Obelish, the leading competitors were" O'Flynn, Waterford going strong with a long regular stride and was well ahead of last year's winner. Pat Fegan, Dublin. Fegan headed a bunch a few yards only separating each - Cummins, Oldcastle and Hynes, midway running in grand style, and McArdle Louth: Downes, Meath, and Walsh, Dublin. The others were anywhere from a hundred yards to a half mile behind.

There was a big crowd awaiting events at Slane village, halfway to Navan, where O'Flynn was seen in the front to even greater advantage. He had covered eight miles in 45 minutes and he led by about seventy yards from Fegan, who was looking somewhat distressed but bore on spiritedly. McArdle, Downes, Timmins, Hynes and Walsh followed Fegan in close order and separated themselves from Curtis, Meath, by a clear 100 yards while Curtis was about 300 yards from his nearest follower.

### O'Flynn Keeps the Lead

Coming on to Slane Castle, Walsh, Dublin burst out in pursuit of O'Flynn and was now in front of Hynes who still looked fresh and kept his brisk stride. Fegan had lagged back into fourth place and 300 yards behind Fegan were McArdle, Downes and Timmins, followed by Curtis, Geraghty, Kells and Keegan, Dublin strongly fancied for the event.

Passing Stackallen, O'Flynn was loudly cheered by the crowd, who saw him leading the great Hynes by about 40 yards with Walsh dropping back after his effort now hanging on the heels of the Galway man. Behind in straggling order came McArdle, 50 yards in front of Fegan, pursued by Downes and his fellow countrymen Timmins and Curtis while Geraghty, the Kells man was plodding along half-mile in the rear. This order was unchanged along Flawe Hill, where a multitude cheered the leader, who was striding rapidly but easily.

### At The Finish - O'Flynn's Enthusiastic Reception

Nothing could have executed the enthusiasm of the people of Navan as the line approached for the finishing scenes of the race. From long before noon, crowds began to pour into the town and when the time approached for the final scene, everyone of the thousands who thronged the streets was in a state of subdued excitement. The minutes flew and all eyes were turned to

wards the outskirts of the town awaiting the first glimpse of the hero of the day, whoever he may be. Just five minutes after the clock of Navan chimed out half past three, a cheer arose at the north eastern entrances to the town. It was taken up along the dense line that blackened Watergate Street, Market Street and Trimgate Street and was continued far beyond. It announced that the leader, the fleet-footed Ballinamult man had arrived and was sprinting like a school boy over the course that led to the tape of victory. Everybody cheered O'Flynn, everybody waved their caps and hats and those of the crowd that had neither caps nor hats, waved handkerchiefs. Old men held their grandchildren up high in their arms to see O'Flynn and young men supported old men who craned their necks over other people's shoulders to "get a good luck" at O'Flynn. But the Ballinamult man as he tripped through Trimgate Street paid no heed to the jubilation of the throng. He looked neither to the right or left, but firmly kept his eyes fixed on the tape at the top of the hill. He was not overheated or panting and seemed as fresh as when he left the starting point. He just sprinted a little when he came in sight of the tape just to show that he could run back to Drogheda again if necessary. He covered the distance of 17 miles in 1 hour 35 minutes and 50 seconds without ever getting out of his steady pace and well did he deserve the royal reception extended to him by friend and stranger alike.

Scarcely had the excitement consequent on the glorious entry of O'Flynn subsided when Tom Hynes from Galway came in sight. Hynes had a splendid record as a long distance runner but was not as fresh as O'Flynn. He looked more or less flagged when he breasted the tape, although he made a sporting sprint in the last few yards. At his heels came Walsh of Dublin, and a minute and a half later came Downes, whilst P. Fegan, Dublin who had won the previous year's race entered fifth looking none too well after his strenuous efforts to maintain his place.

This is the story as published in the Press of that period of one of the outstanding events in that brilliant career of one of Ireland's famous athletes. To the older residents and readers it will awaken memories of the past. To the youth it will be a story retold of one whose name will ring down the ages wherever and whenever the names of Ireland's great athletes are recalled.

Tom O'Flynn died at the age of 35 years after he was given Caustic Soda instead of medicine by a chemist.

Tom's twin brother Pat O'Flynn was the mile champion of Ireland in the very early years of the 20th century.

Tom O'Flynn's nephew John O'Flynn, former Newsagents, The Square, Dungarvan currently lives in Ballinamuck, Dungarvan.



PAT O'FLYNN

**WEST WATERFORD ATHLETIC CLUB NEWS**

**NATIONAL MARATHON**



# In The Long Run

The long run is the staple of every distance runners diet, if your training for a marathon they are a must, novice runners use them as a springboards to the finish line, and elite marathon runners do multiple long runs to improve their times. But what is the specific purpose of the long run? Is there a perfect long run distance? And how frequently should you do them, and at what pace? The one thing all athletes agree upon is the critical role long runs play in any marathon schedule, shun them at your pearl, here are some of the answers to a number of the crucial long run questions.

## 1. WHAT IS THE MAIN PURPOSE OF THE LONG RUN?

A long run is a dress rehearsal for your race, think of it as a test, it gets you used to the stress of lugging your feet up and down nearly 5,000 times in a marathon, long runs build confidence in your ability simply to run

for a long time, equally important you learn patience, "many runners push too hard on daily runs", the long run forces them to slow down and pace themselves wisely, one of the most important reasons for long runs is to condition the muscles to delay the onset of fatigue.

## 2. WHAT IS THE BEST LONG RUN TRAINING DISTANCE FOR MARATHONERS

In short there is no perfect distance, there are some marathon training schedules which never take you further than 13 miles and ones that suggest you run the complete distance or further in training, but most marathon schedules suggest you don't go further than 20 or 22 miles. Most coaches feel that once you reach 14 miles your in long run territory, that's the point where the psychological and physiological changes start to take place, some athletes prefer to keep track of the long run by time

rather than distance which is the approach generally, recommended for the slower groups training for the marathon. Your time goal for your longest run should approximate the total length of time you expect to run in the marathon itself, without worrying about the distance or the speed. For example, if your marathon goal is 3 hours, you should probably do at least one long run of close to 3 hours. The exception, if you're a first timer with a goal of 4 hours or slower you shouldn't do a long run of that length, instead, do a long run of around 3 hours but no more than that.

## 3. HOW FAST SHOULD YOU RUN DURING LONG RUNS?

Speed is of limited importance during long runs, its more about time spent on your feet, first timers, following most training schedules will often run them at a pace close to the one they will run in the race, that's because they are encouraged to select a conservative time goal to guarantee that they finish, the normal rule of thumb is if you can't hold a

conversation during the closing miles of your long runs the pace was probably too fast. Experienced marathon runners who do long runs at race pace risk both injury and over training, while you need to do some training at race pace to condition you muscles to that specific pace, you should do this only for selected stretches of your long run, or better still during midweek speed sessions, or steady runs, not every long run needs to be done at the same pace, nor does the pace within each run need to stay the same it is suggested you should try and run a negative split in your long run, that is, run the second half marginally faster than the first half. this is also the strategy you should aim for on race day. The rationale in training is that by following this plan in your long runs you establish the discipline of going out slowly, rather than allowing the excitement of the marathon to push you on at a pace that you'll pay for later, if your looking for a specific pace for your long runs aim 60 seconds slower per mile than the pace you expect to run the marathon, don't worry if your ever slower, it isn't a problem.

## West Waterford Athletics Makes Presentation To Mary Ashe



▲ Timmy Foley, Chairman West Waterford A.C., makes a presentation to club member Mary Ashe in recognition of her appointment as Chairperson of the Irish Schools Athletics Board.

## LONG RUN RULES

Here are five key principles to guide you through your long runs.

**Distance:** Most coaches advise long runs of 16-23 miles, depending on your experience. Slower runners should concentrate more on time than distance and do runs of three to three and a half hours.

**Frequency:** Most coaches suggest three to six long runs of 16 miles or more in the three months leading up to the marathon.

**Pace:** Run at a comfortable, conversational pace. This may be marathon goal pace for slower runners, or 30 or 90 seconds slower per miles than goal pace for sub-3 hour marathoners. Take short walking breaks if they help you cover the distance or if you're planning to take walking breaks during the marathon.

**Recovery I:** You can improve your long run recovery by making sure you are adequately hydrated during your long run. And immediately after the run, be sure to drink plenty and replenish lost muscle glycogen stores with carbohydrates.

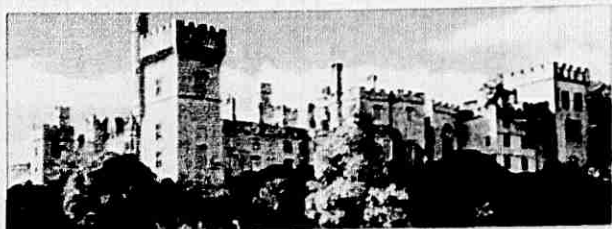
**Recovery II:** Always have an easy day or a rest day after your long run days.

(Next week we will look at other aspects of marathon running.)



Victor Mullins (race founder) presents the Colligan Juvenile Shield to winner Natasha Behan (Childers Estate). Also included are the other prize winners (l. to r.) Eileen O'Sullivan (Sliversprings), Ashlee Keohan (Childers Estate), Elaine Curran (Twomilebridge) and Mark Shalloe (Ballintaylor).

# LISMORE NOTES



## LISMORE GOLF CLUB MOTES



Winners of the Spring League at Lismore Golf Club, sponsored by Dave Feeney, Building Contractor, Conna. Seated (left to right) Eddie Hickey, Jack Aherne, Club President, Dave Feeney (sponsor), Tim O'Leary, Club Captain and Seamus Beecher, Team Captain; Standing: Sonny Landers, Martin Walsh, Brian Russell and Jim O'Reagan. Missing from photograph, Tom O'Sullivan. —(Photo: Sean Byrne).

### Results

Patrick's Weekend Club Development Classic. Saturday 17th, Sunday 18th and Monday 19th. Sponsored by Glanbia and Kilmeaden Tractors. Winners Cat 1 (0-39) Richie Ormonde (9) Billy Ormonde (11) Dave McGrath (16) 53 pts. Winners Cat 2 (40-59) Noel Landers (12) Anthony O'Rourke (14) John McGrath (17) 56 pts. Winners Cat 3 (60 & Over) Liam Ryan (18) Pat Ryan (19) Ann Bennett (40) 61 pts. Winners Ladies Eileen O'Leary (20) Rena O'Leary (21) Mary Beecher (24) 50 pts.

### Fixtures

Saturday 24th and Sunday 25th 18 Hole Stableford Competition sponsored by TSB Bank, Youghal. Saturday 24th Tee Reserved Examiner Society 12.05 pm - 1.01 pm.

Sixty teams took part in our Patrick's weekend course development classic which is a great reflection on the healthy state of Lismore Golf Club at the present time. In a weekend of mixed weather there was always a cold chill in the air. It didn't effect the scoring though the winners in category 1 were the Or-

monde brothers namely competition secretary Richie (9) and "What's the Buzz" Billy (11). Making up the three was ex captain Dave McGrath (16) with a fine score of 53 points. The runners up in this category were Chris Whelan (6) Pat Bennett (9) Paul McCarthy (10) with 51 points. In category 2 Noel Landers (12) Anthony O'Rourke (14) and the in form John McGrath (17) were the winners. Anthony and John being new comers to the game with a great score of 56 points. The runners up in this category were

Pa Morrissey (13) Charlie Barry (15) and Eamon Costin (16) with 53 points. In Cat 3 it was a family affair as the Ryan brothers Liam (18) Pat (19) were joined by sister Ann (40) to post an excellent 61 points. The runners up in this category were the Fermoy three namely Tony O'Meara (18) Pat Walsh (24) and Mark Smyth (26) with 53 points. The winners of the ladies category were Eileen O'Leary (20) Lady Captain Rena O'Leary (21) and recent captain Mary Beecher (24) with a nice 50 points winning on the back nine from Mary Murphy (23) Chris Radley (31) and Marion Moore (35). We would like to take this opportunity to thank our members for their excellent support for this event.

### LADIES BRANCH Results

Wednesday 7th to Tuesday 13th - 12 Hole Stableford. 1st Berna Peterson (26) 28 pts. 2nd Christine Radley (31) 27 pts. 3rd Brid Henry (18) 26 pts. 4th Karen Casey (32) 25 pts.

### Fixtures

Spring League cancelled until further notice.

Wednesday 14th Mar to Saturday 24th Mar - 12 Hole Stableford Ongoing. 5th Round Spring League Sunday 25th Mar - Saturday 31st Mar - 18 Hole Stableford. 6th Round Spring League Sunday 1st April - Saturday 7th April - 18 Hole Stableford. Easter prizes Sunday 8th April to Wednesday 11th April.



Lismore Golf Club, Club Championship 2000 Presentation (left to right) Jack Aherne, Club President, Richie Ormonde, Runner-up, Paddy Ahern, winner and Tim O'Leary, Club Captain. —(Photo: Sean Byrne).

## Lismore Camogie Club Notes

The annual general meeting of Lismore Camogie Club took place on Friday night last in the Lismore Community Centre. Both the Chairperson and Secretary in their addresses congratulated the club on bringing four county titles to Lismore: Senior League, U-12 and 14 Championships and U-14 Feile na nGael and on reaching an All Ireland final.

They also gave a big thank you to all the people who supported us in our fund raising and in other ways during the year, especially the parents of all our players for their tremendous support, the many local businesses who contributed and Lismore GAA club for their continued support.

The new officers are as follows: Chairperson, Johnny Flynn; Vice Chairperson, Anne Marie O'Gorman; Secretary, Jo Jo Tobin; Assistant Secretary, Ciara Tobin; Treasurer, Martina Hale; PRO, Ciara Tobin

Committee: Emma Dunne, Ber Prendergast, Geraldine Barry, Mary Hennessy, Margaret Morrissey, Karen Brennock, Eilish McGlone, Siobhain Leahy, Jakki Feeney.

There will be senior and u-18 training in the community centre at 5pm on Saturday next.

## LISMORE MOCHUDA DEVELOPMENT CO. LTD.

### ALPHA LOTTO

The Lotto draw was held in The Red House, Lismore on Tuesday, 13th March. The Letters drawn were H M P T for the Super Jackpot (there was no winner) and A F J R for the Bonus Jackpot (there was also no winner).

The following people received consolation prizes of £10 each — Jean Power, Chapel Street; Mary McGrath, Main Street; Breda Condon, Bank of Ireland, Lismore; Maura Fenton, New Street.

Great value for £1, three chances to win a prize: Super Jackpot Draw £3100 and Bonus Jackpot Draw £100, 4 prizes at £10.

Our sincere thanks to everybody, who subscribed to our Lotto. Don't forget to buy your ticket, support your local community. The next draw will be held in Celia Foley's on Tuesday, 20th March 2001.

## BALLINVELLA COMMUNITY CENTRE RESULTS

### 45 DRIVE

Due to Foot and Mouth scare our card drive was cancelled last Thursday. We apologise for any inconvenience this may have caused but hopefully we will be in action on Tuesday week, 27th March at 8.30 pm. We look forward to seeing you all again on that night.

### AGM

We have a date for our Annual General Meeting, Tuesday April 17th at 9 pm. Venue Ballinvella School House. We look forward to seeing you all as your support is greatly appreciated.

### DEEPEST SYMPATHY

On behalf of the Ballinvella Community Centre we would like to send our deepest sympathy to the O'Brien family, Owbeg on the death of their mother, Maureen O'Brien RIP. May she rest in peace.

## ST. CARTHAGE'S HOUSE PROGRESSIVE 45

### RESULTS

12th March. Winners Pat O'Connor, Jim Russell, Kevin Keniry, Billy Coughlan, Noel and John Pratt. Raffle Nora McCarthy, Mary Power, Jackie Houlihan. Lucky tables Mary Hyland, Mossie O'Brien, Nellie Brackett, Jo Lineen.

Results 19th March. Winners Jack Cotter, Linda McCormack, Jackie Houlihan, Rosemary Prescod, Liam Power, Mary Power. Raffle Tom Brennock, Helen Cunningham. Lucky tables Mary Hyland, Mossie O'Brien, Kevin Keniry, Billy Coughlan.

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98 Nissan Primera 1.6 SLX				25k
98 Fiat Punto	Red	£32.50	5 yrs.	30K
99 Peugeot 106	Red Met.	£36.50	5 yrs.	13K
99 Daewoo Lanos Sal.	Silver	£39.00	5 yrs.	28K
97 Micra 1.0 5Dr.	Choice	£35.00	4 yrs.	40K
97 Ford Fiesta 1.3 3 Dr.	Blue	£38.00	4 Yrs.	30K
97 Nissan Primera 1.6 Sal. Blue		£42.00	4 yrs.	45K
97 Suzuki Balero 1.3		£27.00	4 yrs.	80K
96 Opel Astra 1.4 Sal.	Gold	£36.00	4 yrs.	30K
96 Fiat Punto				
95 Almera 1.4 Sal.	Blue	£34.00	3 yrs.	80K
95 Primera 1.6	Blue	£39.00	3 yrs.	80K
95 Mitsubishi Lancer 1.6		£31.00	3 yrs.	67K
99 Micra 1.0 automatic				
99 Opel Astra 1.2 Saloon				

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# Deasy Graphically Details Trail of Destruction

lorry and car in head on collision with car bursting into flames.

Cllr. Deasy said he is aware that the Council has tried to get the National Roads Authority to look at the area as a serious priority, and they should do so again, this time by contacting the NRA chairman (Dungarvan born

Michael Tobin).

Cllr. Deasy said he would be surprised if there is another stretch of roadway anywhere in the county quite like the one at Cushcam. "Everything the County Council can do it is doing, the issue now is to get a new design to the NRA, and I would propose also that we

### CONTINUED FROM PAGE 1

write once more to the NRA highlighting once more just how serious the situation is", he said.

"It is in fact at this point a matter of life and death", he added.

County engineer, John O'Flynn, said the situation at Cushcam is exactly as Cllr. Deasy has analysed it. It is undoubtedly an extremely dangerous junction, and while they had submitted a scheme to the NRA they were not entirely happy with it so they had submitted another one.

Mr. O'Flynn disclosed that the NRA's safety adviser had visited the location at Cushcam and is now talking about a significant realignment programme which it is hoped will be done as soon

as possible.

He went on to confirm the intention to construct a massive multi million pound outer Dungarvan bypass road that would take all vehicular traffic away from Cushcam. The time, he said, is fast approaching when they will need that new route but the likely start of its construction would not be earlier than 2006.

Mr. O'Flynn said they will again write to the NRA regarding the Cushcam situation and will also furnish them with the details of the serious accidents of the last twelve months as outlined to their meeting by Cllr. Deasy.

"Clearly the County Council is treating the matter as an urgent priority, and I thank them for that", Cllr. Deasy added.

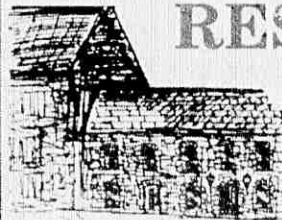
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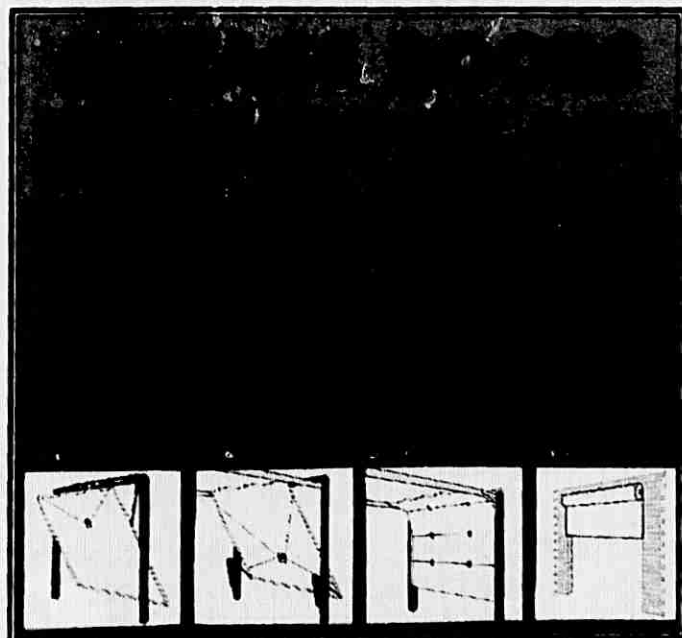
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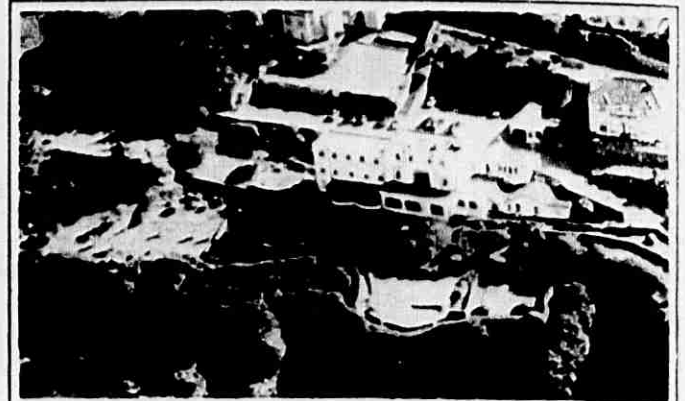


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